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abhaya FOUNDATION

an assurance for no fear...

News Update
March' 2014



Signature
page



In our day to day life, be it personal or professional... we hear the words like "Charity", "Corporate Social Responsibility", Giving back to the Society and so on.

Some regard charity as being properly directed toward other members of their particular group. Although giving to those nearly connected to oneself is sometimes called charity — as in the saying "Charity begins at home" — normally charity denotes giving to those not related. Most forms of charity are concerned with providing basic necessities such as food, water, clothing etc., But there are other actions of charity viz; visiting the imprisoned or the homebound, ransoming captives, educating orphans etc., Donations to causes that benefit the unfortunate indirectly, such as donations to fund cancer research, are also charity.

abhaya Foundation is one such non-profit organization that embraces the definition of Charity to its optimum. The objective of abhaya is to transform the life of the less fortunate in our society by providing education, medical aid and awareness to the rural segments of the society of their rights, duties and responsibilities...in turn transform the person doing charity.

All the actions done by abhaya are from the HEART, with HEART and for HEART. The inspiration stems from the Founder and percolates to all its volunteers who work with dedication and with absolute purity. This is what attracted me to join in the good work.

While as much as I would like to play an active part of the good work done by abhaya, am often struck due to my pre-

occupation both professional and personal issues...but all I can do is appreciate the good work and spread across the message to all people like you to contribute in anyway which you can.

Charity need not necessarily be by way donations either in kind or cash (which is very no doubt very important) but also by way of actions such as teaching the uneducated, taking care of the ailing, covering a blanket on a person lying on the road and withering in the cold or bringing the absolute needy and homeless to a shelter such as the a abhaya Home of Happiness — A home that is built by abhaya Foundation with lots of love and care to provide shelter to the destitute and the less fortunate.

I would like to end this with a beautiful quote by— Sam Levenson

For Attractive lips, speak words of kindness.
For lovely eyes, seek out the good in people.
For a slim figure, share your food with the hungry.
For beautiful hair, let a child run their fingers through it once a day.
For poise, walk with the knowledge that you never walk alone.

People, more than things, have to be restored, renewed, revived, reclaimed, and redeemed. Remember, if you ever need a helping hand, you will find one at the end of each of your arms. As you grow older, you will discover that you have two hands, one for helping yourself and the other for helping others."

Love for the countrymen

A handwritten signature in red ink, appearing to read 'Rashida'.

CS Rashida H Adenwala
Member - abhaya Home
Founder Partner - R&A Associates
Hyderabad



abhaya Home of Happiness

Latest Update



Further during last month minor correction work was carried out for the buildings. Many volunteers started visiting the campus on weekly basis and in turn, abhaya could visit close to 15 High Schools in and around Ibrahimpatnam. Interacted with more than 10,000 students targeting the issues the students are facing in preparing for exams. On one side such exercise is added value to the young volunteers and propagating abhaya cause across the village on the other hand.

As of now there are about 10 inmates/ caretakers being accommodated. for the past 3 months, kitchen garden was developed for the benefit of inmates. The inmates are doing hale and healthy with lots of positive vibrations.

Internal land scaping work being initiated in the month of March'14 and now the campus is spread with lots of greenery.

During the month of March'14, State Bank of India, very kindly donated TATA Winger Ambulance for the benefit of inmates and abhaya Home of Happiness. It is a matter of grate inspiration to know as to how this has come in the shortest span of 4 months.



it's almost 7 months back, abhaya Foundation dedicated the campus to serve the country men who are in dire need of support. At present abhaya need to pay close to Rs. 20,00,000/- to those who involved in the construction work. The board is of the view that until we settle all the bills, the full-fledged operations not be initiated.

Kusuma birthday celebrated

Celebrated KUSUMA's Birthday on 04/03/2014... look at the impressions and expressions of how she transformed her life at abhaya Home since last 9 months of her association... very happy to reprogram her life... she needs to get her hip replacement done in next couple of months. Appeal everyone to stand by her so that she can stand for life on her own feet... Thanks to Ramesh, Dileep, Shiva, Srinivas, Naveen, Raju and other volunteers who celebrated birthday to her pleasant surprise...and all the inmates of home for making it grand... GOD Bless everyone who does HIS work.



Kusuma (25) a B.Com., graduate living with aged mother, struggling to walk post accident in 2009... 2 bikes hit her back on ran... her hips smashed and since then became immobile. Press gave her abhaya reference, abhaya sent her to Doctor for consultancy and Sai Devotees at Prasanth Nagar gave her provisions...
Waiting for medical reports.
www.abhayafoundation.org



abhaya invited Kusuma whose story was published in media about couple of years ago...
Whose story also further published in abhaya news letter to stay at abhaya Home.
arranged a vehicle for them to visit the campus.



www.abhayahome.org

She finds it WELCOMING to REPROGRAMME her LIFE.

informed Kandukuri Ramesh, Journalist friend who got connected to abhaya through Kusuma about the same.

Let us hope She along with her mother will be able to make use of the opportunity there by gives inspiration to many such needy people.





Kitchen Garden: Lot of vegetables...just trying to give excess quantities to all the visitors to home...very healthy crop...no fertilizers but just cow dung and related manures used. 60days of good work by couple of inmates at abhaya home. Good work done by gardening Team Ramanna & Ramarao at the campus. There is lot of labour involved in bringing these vegetables up. Healthy food leads to healthy life.



Founder accompanied by Chairman Sri Meda Narasimhulu taken delivery of "SBI - abhaya" from TATA Motors and Sri G Vidyasagar, Board Trustee dedicated it to the nation offering prayers at Baba's feet. Thanks to CS Balachandra Sunku, Sri Meda Narasimhulu, Sri G Vidyasagar, Smt Jyothi Sagar, EJP Prasad, Sharath Pola, Haritha and others for their kind presence. Thanks to Pattabhi garu at Sivam Temple for offering prayers on the eve. Thanks to abhayans CS G Narender Gandhari, CA Sarathchand, CA BV Prasad for all that they did for the past 6months in true spirit of love & care for abhaya and its mission to serve with H.E.A.R.T.

abhaya TEAM eagerly waiting to have formal dedication event at abhaya Home by SBI Officials soon enabling to put the Ambulance to Service.



"SBI-abhaya" Ambulance





abhaya Home of Happiness

Loving Hearts & Serving Hands



abhaya team pleased to have Sharath Pola, abhaya Sankalp USA for his kind visit to abhaya home while SBI donated Ambulance reached abhaya home. He promised to do his best support in maintaining the Asset with the help of abhayans at USA.

abhayans Lakshmi Janaki & Sai Subramanyam, Singapore named their just born baby girl as Midhuna with a donation to abhaya Home. Prayers for the little child and their Parents.



abhaya Home of Happiness - Volunteers



15 Engineering Colleges covered for abhaya 5K Run. 1000 students registered for run on 30th Jan 2014. 800 Students took part in abhaya 5k run. 40 students expressed their interest to join abhaya as volunteers. 20 youngsters shown their faces couple of times... in the last 40 days. 10 volunteers worked on Mission - abhaya awareness program. The team visited 15 high schools in and around IBP. Addressed more than 12000 high school students in the last 30 days about how to study well and face the exams.

Leadership, Confidence, Communication Skills, Team work, Awareness are some of the learnings for volunteers noticed by the team and time management, commitment, each one catch one, Public Speaking Skills to be seen lacking in volunteers. Now...focus is on next level of activity while correcting those lapses for transforming one in serving the community. Come...let us build a nation with a difference.

Thanks to Ramesh, Dileep, Naveen, Vinod, Srinivas, Ramesh, Neha, Aparna, Naveen, Sreedhar, Sanjay, Madhu, Shiva, Shiva Raj, Raju, CS Balachandra Sunku and others who spent their value time for activity

Volunteers -Aspiration...Inspiration

Post abhaya 5K Run at Ibrahimpatnam on 30th January '14, many engineering students got connected to abhaya Home of Happiness and it was decided to have acquaintance with each other by meeting every week on Monday. There are at least 10 meetings taken place since Feb'14 till date. Lot of energy brought out from such meetings.



Here is the brief account of one such Meeting with Volunteers who are aspiring to be long term associates of abhaya.

It was attended by around 25 people including young engineering students from 6 Engineering Colleges viz., RVR, TKR, YELLANKI, MALLAREDDY, TKR, SRI DATTA and few abhayans / guests, Sri EJP Prasad, Sri Sunil Nair, Sri Karthik, Sri. A Ramakrishna, Retd Div Manager, LIC of India and Sri. Mangapathirao, who did his MA from SV University with distinction and presently maintaining a book stall in Silparamam, Hyderabad.

Sri.Ramakrishna, who visited abhaya for the first time felt happy to be among such group and called abhaya as a "legend". When asked to define the same, he stated, a legend according to him is one, who gives satisfaction, love to others and who wipes out tears from the eyes of the poor / downtrodden humans.





Welcoming the participants, who are aspiring to be abhaya Volunteers by contributing their time and energy for abhaya Foundation, the founder shared the essential qualities of a volunteer.

Then there was a brief presentation about abhaya Foundation which was prepared to show to the corporate

houses and elite citizens of this country. It was informed that with the notification of Companies Act, 2013 by Indian Government, the prescribed Companies are to contribute 2% of their net profit towards Corporate Social Responsibility (C.S.R) and it is expected that nearly Rs.28,000.Crores are to be spent towards many welfare activities- specially for the benefit of the poor/ invalid/ orphans in the society, every year. Each NGO is expected to know its role in C.S.R, as per G.O.I. He opined and suggested to the concerned that instead of Corporate Social Responsibility, the Act should have been named "Citizen's Social Responsibility" He emphasized that all those who are volunteers, and also who are aspiring to be future volunteers need to know these and many other aspects to become successful and to be volunteer "in true sense".

He suggested and wanted "abhaya app" to be developed in days to come provided youngsters associate with abhaya at Ground 0. Nearly 20 lakhs of rupees are available in the Foundation's Corpus. Every month Rs.1 lakh is spent for expenditure of 2 schools and HOH. On an average Rs 24 lakhs is received from various segments as donations.

Every volunteer has to first "TRUST" the organization he / she works for, and then take up any work that is "ENTRUSTED" in right earnest. He advised that one need to keep the activities handy by making use of the latest technology available viz., videos, smart phones, FB, twitter, mail etc so that public will have the on the spot idea of what a Foundation is doing. "Seeing / hearing is believing" is the catch word in the present day situations, and one has to be fully prepared with complete data to convince others and to be successful in extending social work.

The formats related to the definition of Volunteer, their role in abhaya and the essentials expected from each one are explained in detail by the Founder.

He felt happy that many youngsters who are connected through IMPACT at Hyderabad and 5K Run at Ibrahimpatnam (30.1.2014), have come forward to become volunteers for abhaya and also started doing good projects for the last 2 months, like Babu, Vinod, Srinivas, Ramesh, Neha, Aparna and others who have gone to remote villages around Ibrahimpatnam, to spread the message of abahay and to extend counseling to school children to face the ensuing exams. This is making a tremendous impact in the villages and brought awareness of abhaya's activities.

It is decided that:

1. Every Monday volunteers to meet at abhaya HOH at 6.30 AM
2. Common task of organizing seminars in colleges/ establishing social clubs.
3. Publication of Book based on experiences of abhaya in schools.
4. The book is being published in 3 languages
5. Making the Graduate Engineering Team, a reality.

Then the availability of each volunteer is recorded in excel sheet for the common information of all concerned.

When asked to give his impressions about the deliberations at the meeting, Sri Ramakrishna expressed his disbelief at the commitment, energy level, and the human concern the Founder has exhibited continuously for 3 1/2 hours and felt that his life time ambition of seeing / hearing Swamy Vivekananda is fulfilled by seeing the Founder. He promised to contribute his might after he undergoes knee replacement in a couple of months. He would also propagate abhaya's philosophy in USA, where his sons are residing now.

Sri. Mangapathirao, University first from SVU (who did MA,) also felt blessed being part of today's meeting. He promised to do his bit for abhaya. He distributed some books / specially made chocolates to all. - **EJP. Prasad, Coordinator, RPL, abhaya**





abhaya Home of Happiness

abhaya awareness Program



"Take up one idea. Make that one idea your life-think of it, dream of it, and live on that idea. Let the brain, muscles, nerves, every part of your body, be full of that idea, and just leave every other idea alone. This is the way to success, and this is the way great spiritual giants are produced. Others are mere talking machines." says Swami Vivekananda...

This is true when you look at the bunch of aspiring volunteers who got connected to abhaya Home of Happiness couple of months ago through abhaya 5K Run/ IMPACT'13.

The MISSION started to be of some support to the high school students while they are all focusing on final exams in the month of March'14. Though these youngsters are new to the concept of serving the country... their zeal / enthusiasm made them to overcome the fear/ shyness and lead them to more than 20 high schools... not just Ibrahimpatam, but beyond RR District. Just 25 volunteers in small batches toured 6 Districts (Ranga Reddy, Hyderabad, Medak, EG, Vizayanagaram & Warangal) of Andhrapradesh and visited more than 20 high schools and interacted with more than 12000 students.

This is the unique activity abhaya TEAM could do in the Month of March 14 proving a point to the country that... if we come together with an IDEA... it will bound to happen... if it is good idea, then the result will surely be DIVINE. This is the cover story for the month.

Though, there were hardly 30 volunteers hearty connected... it was not much a matter of concern to anyone. More than quantity, the quality is important. With such philosophy in mind, abhaya welcomed them with love and affection.

The team fixed simple task of meeting every Monday at abhaya Home, Ibrahimpatnam before they go to their respective colleges. More than 60% of the youngsters could make it for more than 8 weeks. The discussion/ debate during such meetings lead the team to do something useful to the community around Ibrahimpatnam. Many ideas were listed and at last everyone agreed to visit as many Government High Schools as possible in and around Ibrahimpatnam.

Started with teaching kids... ended with learning our self says... Babu Reddy!



The visit to high schools in and around Ibrahimpatnam is a great learning experience which taught us many things. We initiated the project thinking of teaching study techniques and motivating the students, we planned it as a part of AWARENESS to students,

but it TRANSFORMED us, it taught us more than the students many things!

We did lot of research on internet and we took few inputs from various books written by various eminent persons on study techniques. We could come out with various techniques to overcome the obstacles to students' success. In this process, we indeed learned so many techniques to overcome obstacles in our path to success.

The greatest fear in the world is public speaking. We as volunteers are no exception. But we did enough homework on study techniques and motivational stories that can show impact on students. Our fear on stage disappeared the moment we understood it as sessions are for our own kids.

We were successful in overcoming two issues, stage fear & lack of public speaking skills and we tried to make the sessions very interactive, jovial coupled with stories and anecdotes that could connect to students. We gained more confidence and we came to know the importance of style of expression in public speaking. The things are same, but the way we encapsulate them and the way we express them is very important.

We did lot on background from editing job to planning, team management to time management. In all those respects we improved ourselves a lot. Our daily routine was to fix the program on a particular feasible date, messaging the details to all abhayans, finding out available volunteers for that day, planning transportation, verifying our resources like sound system, camera, palm plates etc. so many people worked for this mission, few in foreground, few in background, few in both. We can estimate how much planning and coordinating involved in this. We improved ourselves in those matters manifold.

We could recall our school days. The way we behaved, the way we learned. That made us to feel a sense of connectivity and belongingness with the students. The innocence of the students, the ignorance of the parents, made our hearts to burn some times. Some principals shared so many social issues involved with students in high school. Few are getting married immediately after 10th class. A few are working part time. Few lack proper uniform. So many social issues like this multiplied our energy to act fast on various issues.

We came to know some lags in the education system itself. The limited skills of the teachers, the ignorance of parents are threats to future India. We need to act immediately, and we should do something as great as we can.

"At the end of this project, we realized that we transformed ourselves, we became more patriotic, humane, morale. We improved a lot on our leadership skills, sometimes few led the teams while few followed the instructions, the positions changed according to situation. We became confident of implementing any sort of project successfully. We spent days of more satisfaction, with a sense of living for a purpose gave us the impression that, we are truly living the way we ought to. We earned brothers and sisters in and around ibrahimpatnam, who came and will come to us with a heart full smile and wish us 'hi annayya' (brother). We felt we are connected with ibrahimpatnam, we wish to connect more with whole India."

March 5: abhaya Team (Babu, Naveen, Vinod, Srinivas, Madhu) visited Nagarjuna High School Elementary students at Dandu mailaram village, IBP in the morning session and interacted with 4th and 5th standard students, that was a challenge for the team to talk about career and study techniques with the kids, but we succeeded in doing so, they showed their passion to learn by listening 2 hour long session. In the afternoon session, the team visited Nagarjuna High School at IBP at 2.00 and they told the team to complete by 4.15, but the kids very interested to listen till 5 PM. The feedback from students, teachers, and fellow volunteers is good and satisfactory...thanking abhaya for making us use our time n energy for building a Nation with a difference.



March 10: Session at Sri Veda High School, Mall near Ibrahimpatnam. About 10 abhayans lead by Founder interacted with more than 800 students. It was yet another learning experience for all team members. Thereafter the team proceeded to Layola Model School for next session.



Another session at Layola Model School, Ibrahimpatnam from 2:30 to 4:30, and the team independently handled the session. Dileep & Naveen with the support of Vinod & Srinivas did their best. They interacted with more than 200 students. It was yet another learning experience for all team members. abhaya feels proud to have such committed volunteers... KUDOS to them.



March 1: Awareness Session at Govt ZPH School for Girls at IBP... this time handled exclusively by Ramesh & Naveen along with other abhayaans... also visited close 10 high schools in the locality and fixed up the sessions in next 1 week. KUDOS to the TEAM.



March 3: Volunteers met at home at 8AM... then after had a brief interaction about ACTION pending... everybody agreed to do their bit in coming days. Hoping for the BEST. abhaya Team visited TRR High School and addressed about 500 students. Smt Chandra Bhanu (Retd Principal) and Deepak Palli - Raviteja were the special attraction over there for the session. More about 10 Engineering Graduates attended the program in the morning hours.



There after the team travelled about 100 kms and reached Patancheru with the invitation of Winner's Foundation friend to address more than 800 Govt High School Students of Patancheru Mandal that too all class X Students. It was a great session for each one who made it possible. Special thanks to MEO who put in efforts to organize such an event for the benefit of students. Press covered about abhaya awareness program organized by MEO and Winners Foundation, BDL, Bhanur at Vedika Function Hall, Patancheru on 3rd March'14. Thanks to Eenaadu and Sakshi reporter friends. (See Page No. 30)

March 4: Awareness Session at Sastha High School, Ibrahimpatnam... a fine example of TEAM work by abhaya Volunteers lead by Ramesh & Dileep Reddy. Organised yet another Session at Vidyaniketan High School at Ibrahimpatnam... this time team lead by Dileep Reddy accompanied by Naveen Reddy, Srinivas Bantu, Vinod Islavath, Madhu & Sowmya who joined today from Srinidhi



March 13: The team abhaya (Balachandra Sunku, Chandra Bhanu and Ramesh) visited Vizianagaram/Gajapathinagaram for a day. Yuva Saradhi Team lead by Deepak Palli n Ravitheja Cheekati post visiting Hyd and abhaya...got an idea of inviting the Founder n organising abhaya awareness programs for Class X Students at 2 towns. Team interacted with young and old aspiring volunteers of Yuva Saradhi about what each one can do for the country.



abhaya TEAM interacted with more than 500 high school students at Gurajada Public School, Vizianagaram and travelled to Gajapathinagaram where the team addressed more than 1000 high school students who are drawn from different Govt/ Private High Schools in and around Gajapathinagaram. Yuva Sarathi Team made all arrangements.



March 14: Had wonderful session today morning @ZPHS, Sheriguda. Total 8 abhayans(Me, Naveen Reddy, Korra Ramesh, Srinivas, Vinod, Shankar, Sathvik, Madhu) started the program by 10.30. The program was satisfactory. We could not connect ourselves with 6th class students sat far away from the dais, some problem with audio system added to that. But overall it went great. The students were very interactive. Hope we could ignite spark in them. Afternoon session started by around 2:15PM and lasted till 5:25PM, The time was sufficient to discuss very clearly on various issues students face while studying and in the exam hall. The program went interactive, All most all of the students listened as if i hypnotized them to listen the session. The voluntary interactions increased as we move. They were inspired, ignited and filled with techniques to face the exam successfully.



MARCH 19: abhaya awareness program at KB School of Excellence, Turkanjal, Sagar Rd... Thanks to Dr. CN Reddy, Founder of KBSE personally received abhaya team. Grate school of excellence in fact. Saluting abhaya team lead by Aparna...the only lady volunteer who initiated the event... she is there inspite it was a night session. Kudos to Babu, Sreedhar, Naveen, Aparna, Srinivas, Madhukiran, Ramesh, Shivashankar and Sakethram...for their presence.



MARCH 20: wings of inspiration spreading at WARANGAL...Good work done by abhayan Ramesh & MARCH 22: Today abhaya team motivated the students of govt high school, shivanagar-warangal. Students & Teachers were inspired from abhaya and they invited us to conduct different types of seminars for next academic year.



అవగాహన కార్యక్రమంలో మాట్లాడుతున్న రమేష్

జ్ఞాపకశక్తిని పెంపొందించుకోవాలి

ఢిలా వరంగల్, స్కూన్లెన్ : ఏకాగ్రత ద్వారా విద్యార్థులు జ్ఞాపకశక్తిని పెంపొందించుకోవాలని ఆదయ షాండ్షన్ నిర్వాహకుడు, వ్యక్తిత్వ వికాస నిపుణుడు దడిగల రమేష్ సూచించారు. ఆందర్ రైల్వేగ్రేట్ వరిడిలోని పెరు కవాడ ప్రభుత్వ ఉన్నత పాఠశాలలో ఇన్వార్డ్ హెడ్మాస్టర్ భూపాల్ ఆధ్వర్య తన ఆదయ షాండ్షన్ ఆధ్వర్యంలో బుధవారం వ్యక్తిత్వ వికాసంపై అవగా హన కార్యక్రమం నిర్వహించారు. ముఖ్యఅతిథిగా రమేష్ మాట్లాడుతూ వ్యక్తిత్వ వికాస కార్యక్రమాలు విద్యార్థుల సర్వతోముఖాభివృద్ధికి తోడ్పడు తాయిన్నారు. తల్లిదండ్రులు, గురువులను గౌరవిస్తూ కష్టపడి చదివే విద్యా

వ్యక్తిత్వ వికాస నిపుణుడు రమేష్

ర్థులు మంచి భవిష్యత్ను అందిపుచ్చుకుంటారని పేర్కొన్నారు. పోటీ పరీక్ష లతో పాటు పదోతరగతి పరీక్షలో సులువైన విజయాలను సాధించడానికి అనుసరించాల్సిన విషయాలు, సెల్ఫ్ కాన్ఫిడెన్స్, స్టడీ టెక్నిక్స్, జ్ఞాపకశక్తి, ఆత్మ విశ్వాసం తదితర అంశాలను వివరించారు. కార్యక్రమంలో డిలీప్, రాశేష్, కొశిక్, ఉపాధ్యాయులు సరేంద్రస్వామి, భాస్కర్ రావు, శ్రీనివాస్, సుప్రజ, లలిత, అప్పర్, తిరుపతి, చక్ర, విద్యార్థులు పాల్గొన్నారు.





abhaya Home of Happiness

Donations in March 2014

DONOR'S NAME	Amt in Rs.
STATE BANK OF INDIA (AMBULANCE), HYD	903,162
SRI MEDA NARASIMHULU (CORPUS), HYD	100,000
ABHAYA FOUNDATION	100,000
SMT S NAGARANI USA	50,000
JASPER INDUSTRIES PVT LTD, HYDERABAD	25,560
K.V.RAMAKRISHNA, MUMBAI	25,000
CS CPN KARTHIK, HYDERABAD	12,000
PRIYADARSHINI TRADERS, KURNOOL	10,000
ANAGHA SURFACE TRANSPORTS, KURNOOL	8,000
LAKSHMI DEERGA SAI MIDHUNA, SINGAPORE	5,000
SUSHMA BHONAGIRI & FRIENDS, HYDERABAD	5,100
DHARAMAVATHI, HYDERABAD	5,000
LAKSHMI VENKATESWARA INDUSTRIES	5,000
HEMALATHA GUNTURU, HYDERABAD	5,000
CS RAVITEJA, CHENNAI	5,000
CHANDRA BHANU NIYOGI, HYDERABAD	5,000
TOTAL DONATIONS FOR CAPITAL FUND	1,268,822

DONOR'S NAME	Amt in Rs.
SHARATH POLA	3,000
SHUBH RAJ SINGH, HYDERABAD	3,000
B VENKATA PRASAD, HYDERABAD	2,000
OTHERS	1,000
KIRAN KUMAR GUNDA, HYDERABAD	500
CS B SIREESHA, CHENNAI	500
CS GSLN GUPTA, HYDERABAD	500
BRN-BY CASH	500
GUNDAVARAPU V S, HYDERABAD	400
CS ROOPENDRA PRASAD B, HYDERABAD	100
TOTAL DONATIONS FOR OPERATIONS	11,500.00

an appeal

Let us not shed tears at someone's dire conditions of life...
Enough number of people has shed tears
Let us not be empathetic for the needy!
Many people showed concern in their own ways.

Let us not suggest ideas for the improvement for them.
Many more suggested and discussed ideas of uplifting the lives.
Enough is enough.
All we need is ACTION, NOW or NEVER.

Come, Let us do our part for the betterment of our own fellow beings!
Thereby let us transform our self and live with a **PURPOSE** in LIFE
Abhaya's Mission is to serve with H.E.A.R.T
Here is an answer for all those who are in need...

abhaya Home of Happiness



How to Donate?



Bank details for Indian Donations:

Beneficiary : abhaya FOUNDATION - abhaya Home of Happiness
Account No : 912010024839320
Bank : AXIS Bank Ltd
Branch : Hyderabad
MICR Code : 500211002
RTGS/IFSC Code : UTIB0000008

Bank Details for Foreign Donations:

Beneficiary : ABHAYA FOUNDATION
Account No : 052210011051007
Bank : Andhra Bank, S.R. Nagar Branch, Hyderabad
MICRI Code : 500011042
RTGS/IFSC Code : ANDB0000522

abhaya FOUNDATION
abhaya, 6-3-609/140/1,
Ananda Nagar, Khairathabad,
Hyderabad - 500004.
Ph: 9963002727/ 9866593535



State Bank of India

abhaya FOUNDATION

A/c No.: 33292038898

Bank: State Bank of India

Add: SPL PBB, Jubilee Hills

IFSC: SBIN0004155



abhaya
FOUNDATION

abhaya HUNT THE WINTER 2013



Hunt the Winter @ Arunachal Pradesh

abhaya got an opportunity to serve the most needy tribal people at Arunachalpradesh... thanks to CSC India for pooling resources... Saluting RK Math Narotham Nagar for taking up the distribution



Dear Shri Balachandraji, Namaskars. Long time lapsed when we interacted last. I was busy with our class x, xii CBSE Exams. Now I am relieved. What about you. Once again thank you for the blankets provided by you. All the villagers are very happy and grateful for the gift. Our Secretary Maharaj told me that he has forwarded you the photographs What is going on, on your side—Interested to hear from you. - **Manish Maharaj**



Ramakrishna Mission

(A branch centre of Ramakrishna Mission, Belur Math, Howrah, W.B.)
Narottam Nagar – 792 129
Dist. Tirap, Arunachal Pradesh
Phone : (03786) 255230, 255237 Fax : (03786) 200160
rmission.mr@gmail.com www.rkmanarottamnagar.org

Ref: RKMNN/Appeal/2014/410

March 10, 2014

Shri C S Balachandra Sunku
Abhaya Foundation
Abhaya 6-3-609/140/1
Anand Nagar, Khairatabad
Hyderabad 500 004
abhaya@abhayafoundation.org

Dear Shri Sunku,

I am glad to inform you that we have distributed the blankets among the poor and needy as per details below:-

<u>Date</u>	<u>Area</u>	<u>No of Blankets</u>
3 rd March, 2014	Namsang Pubaran Village under Naharkatia Sub-Division in Dibrugarh district, Assam	120
9 th March, 2014	Longling, Lazu, Pongkong, Simu & Raho in Lazu circle under Khonsa Sub-Division of Tirap district in Arunachal Pradesh	170

We are sending you a CD containing some still and video clips by courier.

Needless to mention that your support was of great help to serve the less privileged people of this backward area. We hope you will extend us the similar patronage in future also.

With kind regards,

Yours in the Service of God,

Swami Gitatmananda
Secretary



abhaya
FOUNDATION

“HEART”

Healthcare Update



Mission Chandan: We came across with a 5 year old boy having Cancer, which requires treatment and the expenses running into Lakhs. The boy is bright, talks very well...His father is an auto driver and they are from very moderate family...may not be able to sustain this much heavy expenditure. The boy is taking treatment at Sankara Cancer Hospital/Rangadore Memorial Hospital. Our contribution will be of immense help to them.

I along with abhayan CS R Srinivasan will take-up the ownership of this project, I had visited the hospital and interacted doctors, the case is fit to support and the disease is under early stage, the doctors are confident to cure the disease. Till time none of the health care cases, I approached any of abhaya present and past officer bearers.

I am sure that I can take up the issue and involve them and try to pool the resources, as money is not required in one go. I have taken some photographs. CS Srinivasan is seen one photograph.

The parents and hospital people are going to intimate us monthly remittance. 3-4 voluntaries have come forward to support this mission. One they confirm I will start pooling the resources. Some of the friends are interested to get the medicine at good discount and to donate blood. I will keep you posted. - **CS. G. Tirupal, Trustee, Bangalore**



Mission Shazaib Husain

I Dilbar Hussain R/O Siddiq Nagar, Musheerabad, Hyd. My son Shazaib Husain 4 years old he is suffering hearing loss and I am a daily wage earner working as labour I cannot afford that surgery expenditures so kindly help me. I am very poor, if u want to enquire about my family and my financial status, please do help me for that surgery. I attached hospital estimation copy pl find attachments. - **Dilbar Hussain**



We have received 3.0 lakhs from PMRF and he needs 4.71 lakhs. There is no response from CMRF and we will try to collect some funds from relations and friends in this week. - **Farid, Sneha Health Care Center, Tollychowki, Hyderabad**

Mission Umacchandar: We are fine and doing better by god's grace and with the help and support of abhaya. I am herewith attaching the medical bills. Regarding my work I am now used to the work and I am enjoying my work. Regarding my husband Umacchandran, he is also doing well now and he is continuously practicing to read but his eye nerves are not helping, he is not able to read normally. We are giving medicines and he is doing eye exercises regularly. His memory power is also better than before. He wants to do something to the family and also to society, but nature and god has to help him. Regarding my children, Rohit is doing his 12th standard exams well. Please bless him sir. Aakanksha is writing her 9th standard exams. We all are praying for your good health and more prosperity. And also pray for the vast and incredible development of abhaya FOUNDATION.

- **M. G. Padma Latha Umacchandar, Chennai**



Mission Sirisha & Divya:

I have visited Sweekar Upakar this month to pay the physiotherapy bill for Sirisha and Divya. At the same time, I had a brief chat with doctor. With various health issues, the kids are not regular to their physiotherapy. Though they are taking a few medicines, seems they are not effective in curing. After listening to the Doctor and Manga, I suggested them to get a review with Dr. Hanumantha Rao for medicine and to be regular for exercise sessions. I have also stressed on the regularity also told if they are not punctual, it's not possible to support. They have a plan to visit Dr. Hanumantha Rao this week and will update the status to abhaya.- **KSV**

Siva Krishna, Tresurer

Mission Mukesh: Mukesh is progressing well as compared to last month. Now he is able to sit for 5 minutes at a stretch on the floor like sitting on Indian toilet which will also further improve since continuous physiotherapy is going on at the rehabilitation centre at Bhadrak. It is hopeful by end of April or May he will be discharged and can be able to go by bus to his village and can pursue his studies. This is definitely a miracle which could be possible for blessings and prayer of all associated with the mission. Rs.3000/- have been pooled in this month and cash deposited in Abaya Foundation Account No 33292038898 with SBI SPL PBB Jubilee Hills Branch on 24/03/2014 - **CMA Braj Raul, HAL, Bangalore**



Mission Swathi: This month Chemo is done on 14th February instead of 7th Jan. After this treatment M-II and oral-I treatment should also be taken on 4th March. Now Swathi is clinically stable in condition and her health is also good compared to last few months. We added a special home made tea, made from Graviola Leaf to her daily diet from last month onwards. This tea can reduce the risk factor. The Expenditure of these two months

treatments is about Rs.22,000/- including consultation charges. The balance at Hospital is about Rs.3,500/- which can be utilized in next visit.

In recent times, my father is suffering with Neurological problems. Doctors diagnosed it as Generalized Seizer disorder (FITS) and he is taking treatment at Hanumakonda. The course duration is one year. As I am out of station and busy with hospital workd, was not able to give the health update in time. Kindly excuse me. - **M. Venkateshwarlu, Asst. Professor, TKR Engineering College**

Hrudaya Himabindu... She is in need of our **SUPPORT & PRAYERS** :

I am **V. Venugopal, Advocate at Nakerekal**, Nalgonda Dist, A.P. We have only one daughter namely Hrudhya Himabindhu who is suffering with Fungal Infection for last 5 years now. She was treated in NIMS hospital in 2010. She underwent a brain surgery, her left eye was completely removed, till now I have spent more than Rs.40.00 lakhs. Now I have shifted my daughter to KIMS hospital and couple of weeks back she was discharged for gaining strength for taking operation. Now I am facing with severe financial crisis. Presently I need minimum of 15.00lakhs to complete my daughter's treatment. Please kindly help me to save my Chaild



Mission Saipriya: Sai Priya, doing well with regular nutritious food and medication. Recovering slowly... abhaya trying to support them every month by providing Rs. 5-10k. They are in touch with abhaya by email/phone/person. We will be continuing our support for next couple of months. abhaya thank CS Venkat Reddy Emani, USA for kindly coming forward to support the girl for the past 3 months. - **abhaya Team**



ORTIN LABORATORIES LIMITED

Ortin Labs supported Tribal folks through Rama Krishana Math:

Sri.Muralikrishna, M.D, Ortinlabs, Barkatpura, Hyderabad, has again donated

medicine

s for the consumption of GVKS, Addateegala, E.G Dt. 2 cartons of medicines are dispatched through SRMT, today. Vide LR No.8296963 / 15/3/2014 to Sri Nanda Kishore Gavvar, Vaman Traders,Kambam satram street, Rajahmundry-5. abhaya foundation profusely thanks Sri.Muralikrishna, for his GODLY gesture and his continued support to the Foundation. - **EJP. Prasad, Co-ordinator, abhaya RPL**





“HEART”

Educare Update



Haritha: I wrote my M. Tech, 1st semester exams very well. I am preparing for competitive exams. I am attending to small tasks on Sundays at ABHAYA HOME whenever possible. I am reading English news papers and collecting meanings to the words which I don't know and using those words many times. I am very proud to say that I am an ABHAYAN because I am thinking that whatever I am learning from ABHAYA FOUNDATION is very useful in building my character and personality. Moreover I am very thankful to ABHAYA FOUNDATION for their support in everything. -

M Haritha, (M.Tech) Aspiring to become IAS

Sailatha: I am very much fine here with ever showering blessings of Abhaya & hope all abhayans are leading a healthy, prosperous & good life. 1st internals, viva, practical, everything completed & I passed in those exams. I came to know about the mistakes what I have done in exams and I will rectify them & I hope that I would come up in a better manner in next exams. Why I don't know after coming to professional course, am thinking just passing in exams is the great thing. I has to change this idea immediately. I am serving regularluy medical camps. I participated in meeting on community work conducted by abhaya at Anantapur. I could motivate couple of friends to that session. I don't about others but I was fully motivated & enjoyed. From then onwards many ideas started provoking in my mind. Internally there was fighting in me about service. I started searching for service & then I got an opportunity to serve the needy. So I want to say this only after accomplishing it .i.e., the service activity what we are going to do.



On 14th my professor simply gifted me a book by name TO BRAVE YOUTH by Swami Vivekananda. Each and every sentence in it conveys about service, self confidence etc., thus every sentence gives me strength. I hope that we would accomplish the task what we undertook with energy levels provided by my beloved uncle Balachandra. -

K Sailatha, I MBBS, Anantapur



Govinda Rajan: I had scored well in my 1st internals with 88% and stood 2nd rank. Participated in debate and inter college Cricket tournament in last month. Only 10 of my classmates are agreed to donate Rs.10 every month. So I could collect only Rs.100/- every month. If the amount is okay I could give it to abhaya.

Me along with my friend won second prize on debate competition held in J.P.R Institute of Engineering on Technical symposium held on

February 28 and won Rs.1000/- in inter college cricket tournament all the player shared the money and I got Rs.100/-. I'm concentrating well on my academic as well as on my course. I wish to do them effectively. I'm preparing for my placement training and equipping myself to get placement in this year. I'm practicing aptitude weekly two hours.

I'm becoming more responsible both in my family and also in my college with your guidance. My dream of studying networks has come true only because of you. The thought of helping others was strongly initiated in me by abhaya. Thanks to abhaya for the transformation and your support. I need this support till end.



Leelavathi: I am S. Leelavathi pursuing M.Sc in S.V. University at Tirupathi my exams are postponed because of band and I stayed 10days at my home. I completed my 1st semester examination I wrote them well. I applied for CSIR for entrance of Ph.d., Program. Now that I am free, preparing for S.S.C(Staff Selection Commission) exam on April 27. My 2nd semester classes will start from Monday onwards. I am regularly participating in bhajans at Sri Satya Sai mandir at Tirupathi with help to Sankutala madam. My health is fine and I hope all abhayans are fine. At present mother's health is fine. We will come to Hyderabad for checkup during this month. I am planning to take moral classes at SV School soon.

Dhanunjay Rao: is a meritorious student from middle class back ground hailing from a village near Srikakulam. His parents are depending on agriculture for livelihood. He got good marks in SSC and Intermediate and in intermediate he decided to do CA course. He joined in SuperWhizz and his father adjusted fee from friends. He successfully completed CPT and also completed coaching for IPCC and writing exam in the month of May. He is staying in a private hostel along with friends. His monthly expenditure will be around Rs.4000/-. As his father has already taken loans not in a position to afford these expenses. Hence he came to abhaya for possible help. Considering his marks, abhaya supporting him for next three months and suggested him to search for a part time job after that. Abhayan Sri Babulal referred him to abhaya and also promised to support his best.



abhaya - Vignan School

Half day school sessions were started at abhaya Vignan School from 17th March. All the classes are going on regularly. Students are preparing for Annual Examinations. Saraswathi pooja was celebrated by staff & Students and the program went fine. This month the fee collection was very less, as most of the children are from agricultural families and the paddy rate is very low. We are anticipating good collection in the next month. -

B. Padmavathi,
Correspondent



abhaya - Tribal School



While praying for you on the eve of Holy Holi...sharing the most colourful impressions of Holi from the Founder's visit to Tribal School in EG Dist of Andhra...who had spent a day's time with 175 tribal kids...serving them in many angles. Class X Students

at Girijana School performed Saraswathi Pooja for success in forthcoming final exams. Their devotion and teachers dedication is unmatched every angle when compared to urban kids. Let us pray for these Tribal Kids. Founder interacted with Class IX n X Students at Tribal School in the night and addressed their common issues in preparing for exams. - **abhaya Team**

2 cartons of kid's wear were dispatched to Girijan Vikas Kendra School, Adda Theegala Village, EG Dist by the members of Walkers Club International, Bhaglingampally, Hyderabad. Sri Ramalingeswara Rao kindly initiated this drive and the same were handed over to Sri NK Jawar, Rajhumndry. abhaya conveyed its profuse thanks to members of Walkers Club. - **EJP Prasad, Coordinator, abhaya RPL**



Cognizant



CTS - Out Reach to organise Summer Camps @ abhaya Schools

As communicated earlier, we will start our activities with the support of regular volunteers. Adding to this we would like to conduct the Summer Camps in your supported schools(one at Yerraguta Village, Kanekal Mandal, Anantapur Dist, AP and other is at Veduru Nagaram Village, Addateegala Mandal, East Godavari Dist) during the below dates as per the below schedule if you are fine with this. Summer Camp Programs will be on Every Saturday and Sundays (If you can provide the accommodation for the volunteers on Sundays at your schools) of mid of April, May and Mid of June. Purpose of this summer camp is to teach the basic Values through games and basic knowledge in subjects.





“HEART” Awareness Update

Founder visited inmates of Open Jail at Cherlapally, Hyderabad



It is a divine experience to be there at Cherlapally Open Jail spending time with inmates. It is a grate feeling to see Members of Sai Seva Org, RR Dist., working for the welfare of inmates. Dental/ Eye camp was setup there. Inmates cooked food for sai org members and it was a feast for them. Ladies wing lead by Smt Chandrakala. They made it so hearty in the name of Lord Sai. There is so much to do...come let us join hands to make a difference to the inmates. - **abhay Team**

Founder addressed the participants of MSOP at ICSI - Hyderabad Chapter



Founder addressed the Commerce Graduates of Sri Sathya Sai Institute of Human Excellence, Dilsukh Nagar, Hyderabad





The IMPACT of Founder's session at IMPACT 13



IMPACT paved the way!!

P Deepak, pursuing his B.Tech at NIFFT, Ranchi and he was one of the participants of IMPACT'13 at Hyderabad. He with his passion to do something in his home district Vizayanagaram founded "YUVA SARATHI". He along with his friends got ignited with the thoughts shared by the Founder at IMPACT. Later the team got connected to abhaya through face book. The story starts from there.



My first experiences with abhaya & its Mission:

It was on 3rd March, 2014, we met the founder of abhaya Foundation and discussed our plan of Yuva Sarathi in brief. We then visited Cherlapalli Open jail and observed as to how the founder interacted with all



Travelling to Hyderabad to visit abhaya!



abhaya TEAM contacted Yuvasarathi through mail and guided the unexperienced members of YUVA SARATHI with the practical experiences of abhaya. It was

with the call of the Founder Myself along with my friend Ch Raviteja (ANITS) travelled to Hyderabad to understand more aspects of services. The TEAM Yuva Sarathi really had an excellent awareness regarding various social issues. We came to know personally what abhaya Foundation is doing to solve major issues prevailing in the society. abhaya Foundation with its innovative idea of serving the Country with H.E.A.R.T was really a successful mission implemented by abhaya.

the inmates. It was so caring and we really felt it our heart. In the afternoon session we went to Sree Satya Sai Institute of Human Excellence on the eve of it's 23rd Annual Day Celerbrations. Founder interacted with students of commerce and they were explained about their career vision. This interaction showed us how to interact with the college students effectively.

Next day, we visited abhaya Home of happiness and we were explained the vision and mission of the Home by abhayans Ramesh and Sridhar. This is a marvelous work done by abhaya in the shortest span of 9 months, which made us to realize the fact that anything can be done when they were dreamt with true passion.





We attended volunteer meeting and later visited TRR High school where high school students were greatly inspired with founder's session of motivational talk. In the afternoon we attended a huge gathering of 10th class students in Patancheru town, where they were provided with the tips regarding how to face the exams well. It was really a great experience for us to be with such a huge gathering.

We too were given a chance of organizing a similar event in Vizianagaram District by the founder. So this session was planned on 13th march.

On the 3rd day we visited Shastha School where the 10th class students were provided how to overcome the fear on exams and also many self-motivational tips by the trainer Ramesh and the session was really emotional and heart touching. In the afternoon we went to GHS-IBP and interacted with students of 6th to 9th classes where abhayans Dileep Babu, Naveen and Ramesh discussed tips regarding their career.



All these 3 days of social awareness led us to carry out works of Yuva Sarathi in much more effective manner. We really thank you from our hearts.

The feeling before & after visiting abhaya:

Before meeting abhaya, Yuvasarathi's work was slow in action, but after visiting abhaya and seeing their tremendous works for the welfare of society, we got realized that we should act as quicker as possible and then we decided to have our work started on 13th March 2014 under the guidance of abhaya, TEAM YUVA SARATHI organizing a huge event for Govt High School Students in Vizayanagaraam District which will be addressed by the founder of abhaya.

Yuva Sarathi... the journey started:

On 9th march, 2014 TEAM YUVA SARATHI had first official voluntary meeting and discussed about motto and objectives. We decided to have inaugural event on 13th March and collected different innovative ideas from the volunteers.

Yuva Sarathi inaugurated by the Founder at Viziayanagaram:

Much awaited 13th March, 2014 finally arrived. YUVA SARATHI was inaugurated by the Founder CS Balachandra Sunku at Gurajada Public School, Vizayanagaram. The team YUVA SARATHI lighted the lamp of wisdom signifying the inauguration. abhayan Smt Chandra Bhanu advised the students of Gurajada Schools. Later a very motivational session was given by the Founder which inspired the whole Gurajada as well as the team of YUVA SARATHI. At the end of the session abhaya FOUNDATION gave Rs.10,000 /- as their helping hand to YUVA SARATHI.





First program by Yuva Sarathi at Gajapathi Nagaram: In the afternoon session all students of 8th to 10th classes of both govt and private schools in Gajapathinagaram were addressed by the founder. It was one of the best sessions conducted in Gajapathinagaram and a huge response was received both from teachers and students.



Yuva Sarathi members meet abhaya TEAM: Later in the evening, the team along with couple of elders assembled at Gurajada School where in Founder again interacted with everyone. Many elders & Volunteers shared their thoughts. Further founder shared his Vision for Yuva Sarathi. Happy to have Team Yuva Sarathi who are willing to serve Govt. School kids in days to come. Kudos to the team...almost 30 members are being placed in most reputed companies in the country...but all of them desired to spare time for their district. Hope for the best. Some of the feedbacks given by members of YUVA SARATHI in the evening brain storming session had with the founder:

Learnt how to speak in community effectively and attractively. The 2 way speech was really astonishing. Our team work made us implement today's programme - **Dileep.**

We learned how to improvise the general speech by including creative and spontaneous ideas. The examples given were really great and made students to remember and follow them forever.- **Teja**

Interaction with students made us really happy and satisfied. I feel that I have taken re-birth of my work, ideologies and my attitude. - **Priyanka.**



Founder addressed @ 165th Personality Development Session @ Sai Baba Temple



Founder & Chairman... both were being given opportunity to visit Sri Shiridi Baba Temple at Bhagamberpet, Hyderabad on 23rd March'14 and address at 165th Personality Development Session organised by Sai Baab Temple Trust. It was like Baba calling abhaya Founder & Chairman to HIS abode at Bhagamberpet, Vidyanagar, Hyderabad... it was an inspiring session on Complete Personality at HIS divine feet... Thanking Madhumohan, Member of aHoH & Trustee of Temple for his invitation and saluting Sri Sai Baba, President of Temple Trust for the honor and love.



Founder addressed participants of EDP at ICSI - Hyderabad Chapter



Founder addressed office bearers of Vasavi Club International @ Hyderabad



Founder addressed Office Bearers of Vasavi Club International @ Rajhumndry



Founder addressed Class X students @ Patancheru

పదో తరగతి విద్యార్థులకు అవగాహన సదస్సు

పటాన్చెరు టౌన్, న్యూస్ టెలివిజన్: పదో తరగతి విద్యార్థులు ఆత్మ విశ్వాసంతో ముందుకు సాగాలని అభయ ఫౌండేషన్ వ్యవస్థాపకులు సీఎస్ బాలచంద్రన్ సుంకు అన్నారు. స్థానిక వేదిక ఫంక్షన్ హాలులో సోమవారం విన్నర్ ఫౌండేషన్ బీడీఎల్ భానూరు వారి సౌజన్యంతో మండల పరిధిలోని 14 ప్రభుత్వ పాఠశాలలకు చెందిన పదో తరగతి విద్యార్థులకు ఎంఈఓ ప్రవీణరెడ్డి ఆధ్వర్యంలో అవగాహన సదస్సు నిర్వహించారు. ఈ సదస్సులో బాలచంద్రన్ మాట్లాడుతూ విద్యార్థులు పాఠాలను గుర్తుంచుకునే విధంగా పలు చిట్కాలను వివరించారు. పరీక్ష రాయడానికి భయపడితే సమాధానాలు రాయలేరన్నారు. జవాబులు గుర్తుంచుకోవడానికి కొన్ని సూత్రాలు పాటించాలన్నారు. ఈ సందర్భంగా 'సాక్షి' దినపత్రికలో ప్రచురిస్తున్న ప్రశ్నాపత్రాల ఆధారంగా కాంతి ఫౌండే



మాట్లాడుతున్న బాలచంద్రన్

షన్, హైదరాబాదు వారు తయారు చేసిన బుక్ లెట్ ను విద్యార్థులకు ఉచితంగా అందజేశారు. ఆయా పాఠశాలల ప్రధానోపాధ్యాయులు, ఉపాధ్యాయులు, విద్యార్థులు విన్నర్ ఫౌండేషన్ సభ్యులు రఘు, రమేష్, ప్రభు, లింగం, నాగరాజు హాజరయ్యారు.



Founder addressed at CSR Seminar organised by ICSI Hyderabad Chapter on NGO's Role in CSR

భయాన్ని వీడితే మెరుగ్గా పరీక్షలు

పటాన్చెరు అర్బన్, న్యూస్ టెలివిజన్: విద్యార్థులు భయాన్ని వీడితే పరీక్షలు బాగా రాసి మంచి మార్కులు తెచ్చుకునే అవకాశం ఉంటుందని అభయ ఫౌండేషన్ వ్యవస్థాపకులు బాలచంద్రన్ సుంకు అన్నారు. పటాన్చెరు వేదిక ఫంక్షన్ హాలులో ఎంఈఓ ప్రవీణ ఆధ్వర్యంలో విన్నర్స్ క్లబ్ ఫౌండేషన్ సౌజన్యంతో ప్రభుత్వ పాఠశాలలకు చెందిన పదో తరగతి విద్యార్థులకు పరీక్షలకు ఎలా సిద్ధం అవ్వాలి అనే అంశంపై నిర్వహించిన అవగాహన సదస్సుకు ఆయన ముఖ్య అతిథిగా హాజరై మాట్లాడారు. ఎలాంటి జంకు లేకుండా నిర్భయంగా పరీక్షలకు హాజరు కావాలని తెలిపారు. తల్లిదండ్రులు ఎంతకష్టపడి చదివిస్తున్నారో తెలుసుకుని ముందుకు సాగితే పట్టుదల పెరుగుతుందని తెలిపారు. చేతి రాతను మెరుగుపరుచుకుంటే పలితం చెప్పారు. పదో తరగతి తరువాత భవిష్యత్తును



సదస్సులో మాట్లాడుతున్న బాలచంద్రన్

ఎలా తీర్చిదిద్దుకోవాలనే దిశగా వివరించే కరపత్రాలను పంచిపెట్టారు. ఈ కార్యక్రమంలో విన్నర్స్ క్లబ్ ప్రెసిడెంట్ వెంకట్రామిరెడ్డి, రఘు, రమేష్, ప్రభులింగం, నాగరాజు తదితరులు పాల్గొన్నారు.



UPCOMING EVENTS



Date	Day	Event/ Place	Brief	Contact
10th April'14 (Tentative)	Working Day	Dedication of SBI - abhaya Ambulance	SBI - CGM along with other dignetories will be visiting abhaya Home and dedicating the Ambulance to the benefit of abhaya - Home. Date is yet to be fixed by the Bank officials. Separate invitation will be sent.	CS G Narender: 9396207344
April' 14	Sundays	Abhaya - Hyd	Volunteers be handling many issues at abhaya, Masab Tank on all Sundays and interested may join the team in attending to work.	Karthik: 9885289432 Sivakrishna: 9959220450
13th	Sunday	Vasavi Club International	Founder will be addressing the Office Bearers of Vasavi Club International at Khazipet on " Leadership - Fellowship - Serviceship"	CS Balachandra Sunku 9963002727
19th- 27th	9 days	Summer Camp Yerragunta Village, Kanekal Anantapur	Cognizent Technologies, Hyderabad team came forward to organize summer camp at abhaya Vignan School, Yerragunta Village, Anantapur. This needs to have at least 5 volunteers to stay at School on each day of summer camp. Interested volunteers can join	Babu Reddy (abhaya): 8341111438 Sreedhar (abhaya): 8125672008 Bhavanarayana (GVSK):9491439931 Manikandan (CTS):9581432310
20th	Sunday	VCI, Vizag	Founder will be addressing the Office Bearers of Vasavi Club International at Araku Vally " Leadership - Fellowship - Serviceship"	CS Balachandra Sunku 9963002727
27th	Sunday	VCI, B'lore	Founder will be addressing the Office Bearers of Vasavi Club International at Bangalore on " Leadership - Fellowship - Serviceship"	CS Balachandra Sunku 9963002727
27th	Sunday	Board @ B'lore	Abhaya Board Trustees along with well wishers will be meeting	CS G Thirupal: 9448384064
28th	Monday	Bangalore	Meeting the corporate houses/ visiting colleges	CS Raju: 8970050966
28th - 30th	3 days	Hyderabad	News Letter will be prepared by the team during nights (6-12pm), interested may please join the work.	G Srinivas: 8096765869

Mission Venkatesh Update

Sri.Suresh resigned from Endoliteindia and became Director of Bionic Prosthetics& Orthotics India Pvt Ltd. His mail is self explanatory. We may refer if anybody is there. He informed that Venkatesh will be taken care by Endolite India, even though he is not with them anymore. Morning i happened to ring up Venkatesh. Still he is undergoing treatment and is yet to contact Endolite India for hand replacement. He said he would go there in a couple of days time. - **EJP. Prasad, Co-ordinator,**



abhaya plan to provide livelihood to Ms. Lakshmi

As a Volunteer, I have received the enclosed letter from Smt.Ch.Lakshmi (50) Alampuram seeking help from abhaya. He husband is a hopeless fellow who always be in drunken state of mind. She tried her best to set him right... in the process she gets beating from him every time. Her son is a welder in a nearby factory and earns around Rs. 4,500/- married, struggling with sustenance. I enquired and investigated about the family and its background and the case is genuine, I enquired with the people regarding the purchase of buffalo or Auto. All are expressed concern regarding purchase of auto as it may be herculean task for them to handle. Buffalo may cost around Rs.50,000/- and grass, food etc.. may cost around Rs. 5,000/- per month. The neighbors and relatives are interested to arrange some place, grass etc for the family.



After all the above enquiries, I have decided to do help from my side along with my friends, relatives to the tune of Rs.15,000/- for this cause and I will deposit the same in to abhaya's account when the amount is ready and I shall also motivate the family also look out for possible pool of money from their end. I request you to kindly do help from abhaya as much as possible. - **P Savithri, Asst Manager, NCC Group, Hyderabad**



“HEART”

Transformation Update



Founder had a wonderful opportunity of being part Holy Holi festival with Jawar family at Rajahmundry on 16th March evening. It was holy to listen about Holi significance from Mother of Jawar brothers. Hiranyakasipu when ordered Holika (Deman lady) to burn little Prahlada In fire...she without knowing the Power of Lord n his devotee tried burning the child, where as Prahlada came out un-harmed. Holika burnt herself in fire.

People started celebrating the event with great joy n devotion to God thereafter. Colours were used to show the happiness... sweets distributed...homes visited...bond of love ignited....love for god imparted...since then on this day.

Daughters at homes apply holy colours, Tilakam n give sweets to men at home n also give needed pidakalu (Cow dung pieces) to burn bad at a common place. They pray GOD to protect their family men from evil like that of Lord Vishnu saved Little Prahalada ages ago. It is indeed called as Holy rather than Holi. PRAY GOD be showering his blessings in multi colours on each one of this universe. - **abhaya Team**



Don't waste time... look at the opportunities around!!

In the first instance itself you reposed confidence in me when approached abhaya post IMPACT Session, you gave me an opportunnii, allowed me stay at though it was only just 3 times I met the team. Founder encouraged me to be a trainer, keeping lot of confidence on my ability etc. That is why I have love, fondness and great respect towards abhaya & Founder. I came to Warangal on 5th March for couple of days, where s because of my ill health, I had to stay back. It was during the week end, when I was little ok with the health condition, I thought of coming back to Hyderabad. Then I recollected the words of Founder **"do not waste time and instead look for opportunities around where ever you are"**. That is how I visited the school and the Head Master there, referred me to other schools. I strongly believe that it is because of Founder, I got this chance. Whatever teachings, messages given by him are being taught to the children, by me.

Whatever I am today, is because of abhaya and that is why I always tell that Balachandra Sunku is my "Guru", before I start any program. I have so much regard for him. **"Do not lose this chance"** are his words to me which I keep remembering and it may be for another 20 days only that I can teach in schools and hence I wish to stay back as by doing so I will get money for my sustenance. - **Ramesh D, Aspiring to be Personality Development Coach**





abhaya congratulates Siva Krishna

First graduate with whom abhaya started its mission to serve with HEART in 2006. It was HE who joined as Student...There after finished his MCA from HCU...employed...Volunteered...entrusted with abhaya Board's position...now serving as its Treasurer... Engaged with Lakshmi Sowjanya... true transformation in deed his journey is all about. Pray for his well being. Congratulations to most Beloved Siva Krishna Kuchi while he engaged with Lakshmi Sowjanya. Praying for happy... holy... divine... purposeful... life ahead. - **abhaya TEAM.**

abhaya greets Sharath Pola

abhaya wishing best luck to Sri Sharath Pola, USA while he decided to engage in life with Shilpa... the support that is being given by him to the community work is always an inspiration for abhaya. PRAYERS for their well-being.



I am Sai Pranathi B. from Bellary, Karnataka. My mother and myself are interested to help needy so we choose " A B H A Y A FOUNDATION" as the gateway. Very holy work of ABHAYA is that its helping many people around who are lack of basic amenities and



lending a support to see light in their lives. So, on my behalf and on my behalf of my family wish to convey that every month we will be joining hands with "ABHAYA" to help society.- **B Sai Pranathi, Software Engineer, L&T, Bangalore**

Best wishes to Sainath Reddy

Wishing Lavanya & Sainath for their coming together in life... Sainath is a long term associate of abhaya since last 8 years. He visited the Founder today and handed over his kind donation on the eve of their wedding... also promised to join monthly pool Mission. abhaya conveyed best wishes to both of them hosting a dinner for the new couple.



Vaishnavi wish to donate every month

I have always been inspired by the work Abhaya does and i am proud to be a part of this foundation. i would love to contribute to the betterment of the society and to be a part of the work Abhaya does for the needy. - **Vaishnavi S, IV B.Tech, RV Engineering College, Bangalore**





It was perhaps a month back that I happened to meet Sri EJP Prasad at a social function. My casual enquiry as to how he was spending the time after opting for retirement unfolded before me the infinite personality behind the finite personality of Shree Prasad with which I have been acquainted with until then. When he narrated



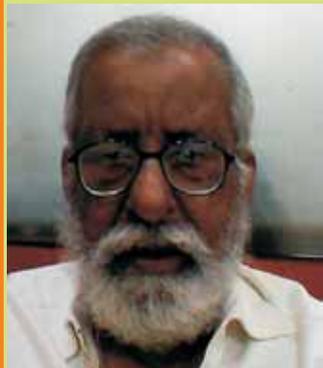
opportunity of meeting CS. Balachadra Sunku the founder of abhaya foundation. A man of magnificent individuality and a luminous mind. His voracious appetite and unalloyed and undiluted commitment is hope for hopeless.

the details about his association with abhaya foundation I was pleasantly surprised and awe struck. At the end I said, if I remember well, I am proud of you Prasad.

"What we are is gift by God and what we will be is our gift to God. The imprints one leaves on the minds of people and the foot prints one leaves on the sands of life."

Is true gift to God and now I am really proud of Sri Prasad forever. After a couple of days through him I had a great

As Arjuna remained bewildered on seeing the Viswarupa of Sri Krishna I too was bewildered on hearing the activities of the foundation. In the present day monumental disillusionment, he stands as streak of light with a blazing fire of urge to serve. The journey of thousand miles start with a single step and that first step should be in right direction to reach correct destination and joining the foundation is correct step in reaching the ultimate destination in life. Now I feel like joining the foundation, even at last phase of life, and do what I could, even it may be at microscopic level compared to cosmic magnitude of the objective of the foundation. - **Rama Krishna Aduri, Retd LIC Employee**



Words cannot describe the monumental humanitarian work undertaken by abhaya Foundation on an ongoing basis! The feelings of joy and relief on the face of the needy on receiving timely succor and assistance says it all! May Allah shower all HIS BLESSINGS upon each and

everyone associated with ABHAYA (fearless). Wish all is good with you. Keep reading your reports regarding abhaya activities and your indefatigable zeal and endeavors. I am on a holiday in Dubai and shall be in Hyderabad, Insha Allah, on 7/4. - **Firoz Kothawala, R&A Associates, Hyderabad**

News Bulletin was excellent. I pray the Almighty to give all the strength, health and wealth to the contributors, volunteers and organizers of this HEART. May you all always be blessed. I was very happy to see after long time Sri. M.V.Suryanarayana garu in the bulletin. GOD Bless U all. Please convey my regards to Sir. - **Uma Vasudev**

Very happy to see your pictures and really appreciate your work. But a humble suggestion, when you collage pictures sometimes the precious work you are doing is unclear... instead please upload them as an album so that each and every picture of the event is clear and we can learn more. I guessed, it may be precaution against misuse. I am pressed for now, but i would like to be part your mission in future. Whatever energy Swami gives - **Phani Kumar, USA through FB**



Most beloved
abhayans!

Happy Ugadi
2014

let there be
Victory, Peace
Progress...Devotion

'జయ' నామ వత్సరము...
జగతికి జయమును అందించాలి!
జనులకు శాంతిని అందించాలి!!

'ఉగాది' వసంతం మసలను
ఉన్న శ్వాసమంటి ఉన్నత శ్వాసకి
నేడిపించాలని... మన అంశరతో
భగవత్ ప్రేమను ఆశురింప
తేమాలన్న ప్రార్థనలతో...

జయ నామ ఉగాది పర్వదిన
దివ్వ శుభాకాంక్షలతో...



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Sometime back, I received a message about monthly saving for abhaya... stating that saving pocket money for the good work. But now, whatever little I am able to save is going to MAD (Made A Difference Foundation) already. - **Komala Subhadra Madineedi, IV B.Tech, Hyderabad**



I am glad to meet the Founder at YMS Function Hall from Bhagyarathi Degree College, Balanagar, Hyderabad. Really...he changed my concept, ambitions and aims. His attitude is so attractive for me and I wanted to meet him in my life journey - **Bharathi Pandu, Hyderabad**



IMPORTANT

Abhaya SB Account at **Andhra Bank** is designated account for **Foreign Contributions**.

All **Indian Donations** must be through **Axis Bank**.

Do not deposit / transfer any Indian Donations in / to Andhra Bank.

Quote Name, Nationality, Phone, Address, E-mail & PAN while sending contributions.

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