

**abhaya FOUNDATION**  
an assurance for no fear...



**News Update**  
**February 2020**



[www.abhayafoundation.org](http://www.abhayafoundation.org)



# abhaya FOUNDATION

an assurance for no fear...

## About abhaya News Update:

abhaya touches the heart of every one's lives through its social work. We are committed to support and empower the most deserving communities in the country. abhaya team upholds its noble activity every month through this news letter. abhaya SoulDeers (Volunteers) work tirelessly with abhaya projects work related data, updates, reports, photos, feedbacks, quotes, donations, etc., to design and update every news. The "abhaya News Update" reaches about 25,000 abhaya donors, well wishers, supporters, corporate, NGOs and others across the globe in the first week of every month by email and further it is posted in FB, WhatsApp, abhaya web links, Blog and Twitter, reaching another 25,000 people. This task of sharing our experiences with people has been going on since 2006. We aim to make people aware of our tremendous effort at abhaya for the betterment of human lives and we need their kind consideration, care and support. Their association with abhaya and feedback would help us transform lives and help people reach their full potential.

Please share this newsletter within your community and with your support we can create significant and long-term change in the social work for people who rely on it.

### Editorial Team

CS Balachandra Sunku, Founder  
KSV Sivakrishna, Secretary (Content/Editing)  
K Sai Prasanthi (Editing)  
A Rajasekhar Reddy (Special design support)  
G Srinivasulu (Designing & Publishing)  
Manohar Choudhary (Social Media)

# STOP

# READ

# MOVE



## PARTICULARS

## PAGE

abhaya adarsha Banner	3
abhaya Impressions & Expressions	4
abhaya adarsha Event Inspiration	13
abhaya adarsha Event Messages	20
International Women's Day Special Story	40
abhaya Projects need CSR Funds	42
abhaya Home - Latest Update	43
abhaya Nithyanna Seva Scheme	45
H.E.A.R.T - Transformation Update	46
Bank Details	48



# MISSION TO SERVE WITH H.E.A.R.T

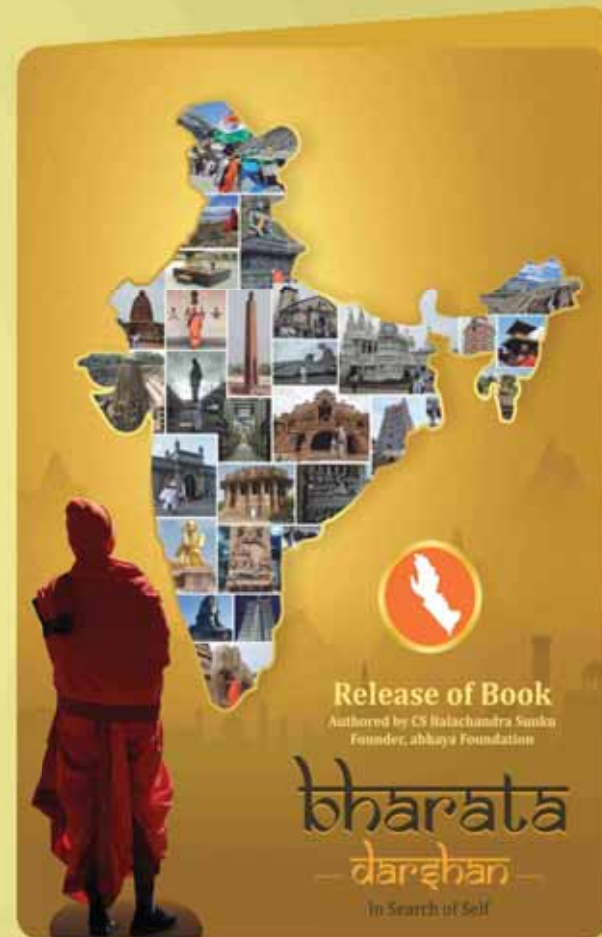
Healthcare | Educare | Awareness | Rural Development | Transformation

**abhaya** FOUNDATION  
an assurance for no fear...

**abhaya**

**ādarsha**  
IN PURSUIT OF SERVICE

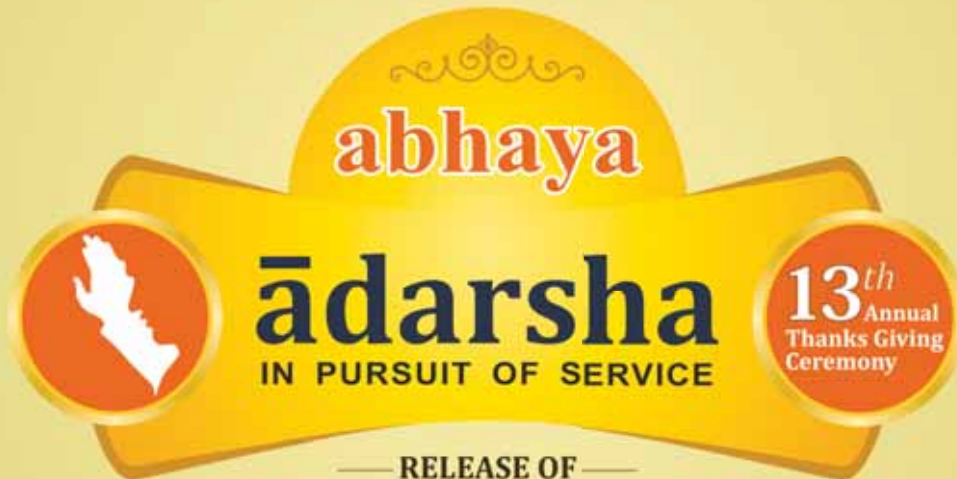
**13<sup>th</sup>** Annual  
Thanks Giving  
Ceremony



## Invitation

**abhaya** FOUNDATION  
an assurance for no fear...

Cordially invites you to join us for



— RELEASE OF —  
**Bharata Darshan**  
In Search of Self  
BOOK

@ 3 PM on Saturday 29th, Feb 2020  
at Sandhya Convention Center,  
Next to HP Petrol Pump, Mouryas  
Rangaprasad Avenue, Gachibowli, Hyderabad.



Hosted by Sandhya Hotels Pvt Ltd.

[www.abhayafoundation.org](http://www.abhayafoundation.org)

**abhaya**

**ādarsha**  
IN PURSUIT OF SERVICE

**13<sup>th</sup>**  
Annual  
Thanks Giving  
Ceremony



**abhaya** FOUNDATION

"abhaya", 6-3-609/140/1, Anand Nagar, Khairatabad, Hyderabad-500 004

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Visit us: [www.abhayafoundation.org](http://www.abhayafoundation.org) | Mobile: 9963002727 **abhaya** FOUNDATION



# Submitted INVITATION With Prayers



[www.abhayafoundation.org](http://www.abhayafoundation.org)

I am very much blessed to associate with abhaya foundation in serving under privileged. The selfless Service of abhaya and its members are impeccable. The abhaya foundation's ideologies and transparencies are very unique in the present world. In order to support these underprivileged we seek support from like minded people like you and more particularly corporates, as abhaya foundation activities are in line with CSR specifications.



**CA SN Rangaiah**  
**Founder Trustee**  
**Bengaluru**



Met and sought the blessings of Padma Shri Dr T Hanuman Chowdary, who had contributed the most to the telecom revolution and IT development in country.

My experience in words during less than two years of my Association

ABHAYA means...

Aspiration for service  
Best friend in deed  
Honesty in Implementation  
Assistance for Women empowerment  
Youth in Ideology  
Abhayaam for every rupee

All together ABHAYA is a Home of happiness

Waze off to the founder, members and team for your support and service to the Nation. I request All to come forward and take part in present and future activities of the Foundation.



**CMA S Kiran Kumar**  
**Finance Expert**  
**Hyderabad**

With heartfelt gratitude, we thank Sri Ch Rajendra Prasad Chairman, CCL Products for the generous contribution of Rs.2,00,000 On the eve of abhaya Nadarsha



  
**CONTINENTAL  
COFFEE**



*I always admire the selfless support and kindness of Abhaya Foundation which transforms the life of those who are in desperate condition and your excellent service towards alleviating suffering in the society. My heartiest best wishes to Abhaya Foundation for their phenomenal contribution to our Nation and my best wishes for them to continue their good work in the years to come.*



**G Mallikarjuna Rao**  
Group Chairman  
GMR Group  
New Delhi

*I am really happy to associate with abhaya Foundation as Member of National Advisory Council and place on record great appreciation to the entire team of abhaya for serving selflessly to the most deprived society be it caring senior citizens, empowerment of rural women, motivating students at Govt schools to pursue their dreams and so on since last decade.*

*Very fortunate to participate at the annual event more so to witness release of Bharata Darshan by Sri Balachandra sunku garu who has dedicated his life to serve the society by all means.*

*Best wishes and infinite compliments to the team abhaya.*

**C-A IS Prasad**

President - KAFVCT  
Vice President - PKCCI  
Bengaluru



*It's my privilege to get associated with abhaya Foundation. We have been working for 2 years now and part of many initiatives especially in Educare Projects. We jointly worked on more than 10 Government schools in various Districts of Telangana and provided support by setting up Digital Labs, Science labs and other facilities.*

*Our gratitude to abhaya for Mentoring 100 Smiles Charity Foundation and giving us an opportunity to serve the most deserving communities.*

**Manoj Kumar Chittimalla,**  
Founder  
100 Smiles Charity  
Foundation  
Hyderabad



***Make sure Swamiji is confirmed, rest all ok! if He confirms then I am fine!!***



**Best Luck**  
**Challa Rajendra Prasad**  
**CCL Products India Ltd**

***abhaya Foundation has not only surprised us but also motivated more and more ordinary humanbeings to turn themselves as great philanthropists.***

***The Charitable & Philanthropic services require sacrifice, empathy, persistence, passion and zeal to get others also motivated to make them to join the cause.***

***Balachandra Sunku, an impeccable character, has inherently imbibed with all such qualities in him, that is why, I have no second thought to put it in writing that he is not living at the heart of abhaya Foundation but the very abhaya lives at his heart because abhaya in his pulse being an inseparable part of his dedicated life. Hats off to abhaya Foundation, its Founder, dedicated Trustees and Teams.***

**- D Vijaya Bhaskar, ICJS (Rtd.)**  
**Legal Consultant in Corporate Laws.**  
**Hyderabad**  
**India**





*We are very proud to be abhayans, our association is of decade old and it gave us a platform to serve the Nation.*

*abhaya is passionately working for empowering thousands of under privileged youth specially women and very delighted to see their success stories in real life with new skill sets acquired with abhaya and it given us immense satisfaction for me and my wife to be instrumental behind women empowerment projects in the country and serving with HEART.*

*Thankful to Balachandra for guidance and for mentoring us in SEVA and Spirituality as well.*

*While congratulating the Team abhaya, pray God to give us more strength and opportunities to serve. LOVE ALL SERVE ALL.*

*While congratulating the Team abhaya, pray God to give us more strength and opportunities to serve. LOVE ALL SERVE ALL.*

*Rangarao Kothamasu  
President  
Krishna Veni Rangarao  
Director*



*Am extremely happy to have associated with abhaya Foundation since its inception. abhaya is passionately working on empowering rural unemployed youth which is very important for our country to bring inclusive and equitable growth.*

*Am sure over next decade abhaya will create lot more impact in the society. Am thankful to the family, colleagues, friends, corporates and God for this opportunity of service.*

**CS Raghu Babu Gunturu**  
(President 2014-2016)  
Trustee  
Hyderabad



*It gives me immense happiness and satisfaction to be associated with abhaya foundation. Women do not lack in any area of talent with comparison to men but what they are not encouraged for is acquiring the skill to monetize that talent. abhaya initiatives to provide skill to women and making them independent so that they can explore their talents and take them to the next level.*

*It's not only their selfless work but they are also collating these activities beautifully into a monthly newsletter and communicating it to 50000 people through electronic and social media. It was through this newsletter we found out about the noble work abhaya is doing.*

*A grand salute from our side to this amazing initiative and would be our honour to lend a hand in whatever way possible.*

**D Chandrima Murthy**  
Director  
Dhanush Healthcare  
Hyderabad



*Since inception, I have been associated with abhaya Foundation. The EEE - initiatives, abhaya taking up are commendable. Especially the Skill Development Programs making 1000s of people to lead their life independently...thereby contributing to overall development of Nation.*

*Every year abhaya organises the event of thanks giving, which gives opportunity to both Donors and donees to connect and thank each other. I am thankful to abhaya for giving me the opportunity to travel along in this journey. Wishing a great success ahead in the years to come*



**CA S Radhakrishnan**  
EEY Bengaluru  
Trustee

*As a founding Trustee of abhaya, it's my privilege to see the consistent growth & the great work that has been happening with abhaya foundation for the past 13 years.*

*Started with meager support from very few like minded people, none of us had imagined that in just 13 years, we would reach where we are today in serving lakhs & lakhs of people in need of any kind rising above cast, creed & religion.*

*Kudos & Happy to be part of this wonderful organization run by dedicated team working relentlessly to serve the society.*



**SV Hariprasad**  
Business Man  
Bengaluru

*The most I like about abhaya Foundation is the way it gives livelihood to people who are in need. Giving financial help goes only that far where as empowering people to secure a job pays them forever. abhaya has done this in an exemplary manner. I firmly believe that any donation made to abhaya is put to good use.*

*I am glad to have gotten an opportunity to be a small part in abhaya's big success by sharing the sale proceeds of upcycled jewellery and craft items that I make with magazine papers and newspapers. I will be happy to teach my craft to anyone who is interested.*

**Bharathi Suresh**  
<http://www.facebook.com/CeluloseJewellery>  
Bengaluru



*When I look back to the day I got connected as a volunteer (26.01.2012, to be precise) with this selfless, service oriented abhaya Foundation, I have nothing but AWE and ADMIRATION!!*

*How far has this Foundation moved forward in upholding it's motto from day one and what herculean efforts are made by each and everyone connected with it to achieve this level.*

*As a retired individual from a gigantic institution like IIC, the greatest compliment I got in life is to be known as "abhaya prasad", in close circles rather than epp.prasad which is my original name given by my parents.*

*Thank you, oh MIGHTY, for your mercy on me for connecting me to this abhaya FOUNDATION.*

*May it go from strength to strength...for ever, with godspeed!!*



**abhaya Prasad**  
Hyderabad

*My life style is different before I was connected to abhaya in the year 2014. The time I spent with abhaya completely changed my perspective towards life. I have seen miracles happening with abhaya. Very closely observed the founder as to how he is able to be so selfless in his attitude...how he understand others...forgiveness...such traits transformed me a lot. Earlier I used to think what's it for me in everything...But today I am thinking what can I do for someone.*

*I had the fortune of being the founder of abhaya Hyundai Motor Driving School at Ibrahimpatnam, RA Dist, TS with the support of Office of RTI and be instrumental behind running driving classes in all South Indian States through abhaya benefiting thousands of young men and women.*

*I am thankful to abhaya and it's Founder, Balachandra...More thankful to my friend Sri Gowrishankar, field RTO who connected me to abhaya. Long live abhaya.*

**PSR Murthy**  
Director  
Youth Empowerment Projects  
abhaya Foundation

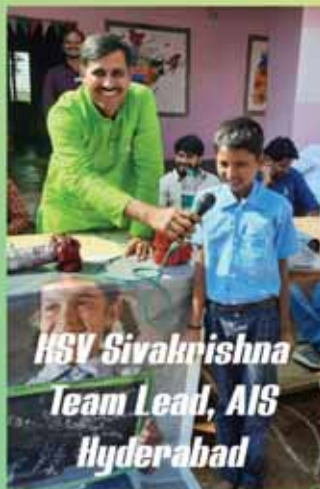




*It was in 2006, when I approached abhaya for support for my education. Since then my association with abhaya changed in different stages. I started my journey as a beneficiary, after getting job turned as volunteer, educare team mentor and to a Board Member and presently Trustee & Secretary. I really feel blessed to be an abhayan.*

*Right from the mission statement to the service activities, abhaya has a unique approach and that makes many to stick with this organization for years together. I have personally seen the growth of abhaya from one city to PAN India and am happy to be part of the team while it is growing.*

*While we celebrate 13th annual event, we request all the associates to come forward and treat it like their home event. Again, this is a unique way of expressing our gratitude to all our donors and thanking the beneficiaries for giving us an opportunity.*



**HSV Sivakrishna**  
Team Lead, AIS  
Hyderabad

*I had known Bala for more than a decade. What started as a professional relationship soon transcended beyond that. I was fascinated by not just abhaya's desire to serve the needy but their involvement, engagement and execution. I am familiar with several other social organizations but honestly what sets abhaya apart is their unparalleled thirst to do more and eagerness to reach out to every person in need.*



**KV Ramakrishna**  
CEO - Kotak PE Group  
Mumbai  
Member - abhaya NAC

*As abhaya celebrates its annual event, my prayers to the Lord to give abhaya Team... the strength, resources and the opportunity to serve the needy and the less privileged*

## Extended Invitation to the Board Directors of My Home Group, Hyderabad.

### Sri Ranjith Rao, MD appreciated the good work happening through abhaya



*I am In Nagaraju, I've been watching the work happening at abhaya for quite some time. The old adage is that "One man can make a mighty difference" is very true in the case of abhaya's work. A very impressive transformation in the lives of thousands of people have been brought upon. abhaya and it's Team have done extraordinary brilliant work and instrumental in bringing about the transformation in the lives of several deserving poor and needy people.*

*I heartily Congratulate the office bearers and wish abhaya Foundation all the Best!*

**In M Nagaraju**  
Advisor  
NIONS Club International  
Hyderabad



మనంద సేవను మార్గం నీడ అయ్యారు పిల్లలు. నేను అభయన్ అని చెప్పినప్పుడు నీడలో నీడలో పనిచేస్తున్నాను. అభయన్ అనిపించుకున్న వారికి సాయం చేయడమే కాదు వారు తమ జాతీయ పేద జాతిని వెలుగులోకి తెచ్చేందుకొచ్చి మార్పుని సాధించారు.

నేను సామాన్య గృహిణి... కానీ సామాన్యతలో కొంత అభయకు అందిస్తుంటాను. మా పిల్లలు, స్నేహితులు, బంధువులు అందరూ నీడా వుత్సవం అనిపించుకోవడానికి అది దోహదం చేసింది అనుకుంటాను.

మా కుటుంబంలో ఏ సంబరం చేసుకున్నా ఆ సందర్భంగా మాకు తోచినంత అభయకు నీడాలో ఇస్తుంటాము... తద్వారా ఆ ప్రత్యేక సేవ రోజు నుంచే అందరూ దానితో అనుకుంటుంది.

నీడ చేయొచ్చు అలాగే నీడ వుంటే వాయి... అదాయం వున్నా లేకున్నా... పట్టణాన్ని పెద్దదిగా... తోడే వారికి సాయం అందించే వస్తున్న నీడ అభయ ద్వారా తెలుసుకున్నాను.

**అమృత సుధా సతీష్**  
గృహిణి, బెంగళూరు



*I have been associated with abhaya since it's inception and witnessing the dedication and commitment with which miraculous things are happening in doing good. I feel extremely happy and proud to be associated with abhaya, which gave me an opportunity and immense satisfaction in serving the needy. I can proudly and profoundly say that, one can derive lot of satisfaction in doing serve along with abhaya.*

*Congratulations to the team abhaya and Gratitude to the Individual & Corporate Donors who reposed confidence in abhaya!*

**CS R. Ramakrishna Gupta**  
Trustee & Treasurer  
abhaya Foundation  
Former Chairman, ICSI-STRC



*We feel proud to have people like our Mallikarjuna, Pharmacist, Hyderabad who always work like a True SoluDeer of abhaya. His association goes beyond a DEC/IDE with us. He may have connected at least 100 people to abhaya.*



*My association started with abhaya 6 years back for the sake Vinod, whose legs were amputated and was in search of financial support, abhaya Founder and Secretary responded immediately and gave him the best help, he got prosthetic legs and he is leading a normal life post marriage with family.*

*abhaya Hunt the Winter and Hunt the Summer are two other notable works of abhaya, I am hugely impressed about, I would recommend abhaya to all my friends to carry out charity.*

**Sana Spidhar**  
Team Lead - Cognigent  
Member - Yuva Ozha  
Hyderabad





God is not a stone or tree, but a "Helping Hand"...abhaya  
abhaya is a movement of service, taking along thousands of  
people in the path of selfless service.

abhaya is serving the people of all ages, genders in the field  
of Education, Empowerment and Enlightenment. More  
particularly it's helping younger generations to imbibe the  
qualities of good citizenry by engaging them in various  
programs apart from imparting livelihood skills.

I am very fortunate to be part of  
this movement since inception of  
abhaya. I wish abhaya and it's  
journey to continue eternally in the  
service of needy.



C/A AV Sathish Kumar  
Girish Murthy Kumar & Co.,  
Chartered Accountants  
abhaya - Founder Trustee  
Bengaluru

'Service to mankind is service to God' and this  
philosophy is being strictly followed by abhaya and  
also a navigator to many people to live their life  
purposefully.

abhaya with its hub of true service activities became  
the ideal for many NGOs in the country.

The founder Balachandra is true  
lover of God, nation, people,  
service and so on. While he  
melling himself for the society, he  
involves many people along the  
way in serving the mankind.

I am proud to be an abhayan and  
participate in foundation  
activities to the extent possible.



C/A BV Prasad  
Hyderabad

abhaya SoulDears Smt  
Gayatri Chandra & Dr  
Chandra Sekhar.. The  
couple did out standing  
service at abhaya Youth  
Empowerment Campus  
coming up at  
Anantapuram, AP.



Inspite of they being working professionals, both of  
them selflessly dedicated their leisure time for  
abhaya cause since 2 years at the site. We salute  
them for their good work.

The couple added lot of value to the project even  
in adverse conditions! Such people become  
assets for the society.

I am very fortunate to be a abhaya child since 9  
years...may be due to the penance in previous births, I  
had such an opportunity. This unique, pure and  
transparent platform of abhaya nurtured children like  
me with love, care, values, morality, knowledge,  
wisdom etc., which made us to realise the essence of  
service and finally helped us evolve as good citizens.  
With abhayam, I successfully accomplished MBBS  
and further geared up for post graduation.

Thank you everyone at  
abhaya for holding my hand  
in every aspect. Praying and  
hoping to shower the same  
love as a token of my  
gratitude to abhaya in the  
journey ahead



Dr K Sailatha, MBBS

The Team abhaya  
visited Sandhya Convention  
Center, Gachibowli  
to discuss about ACTION  
Points for the event



It's a privilege to have been associated with Abhaya  
Foundation since it's inception, 13 years ago. It is very  
fulfilling to see how Abhaya has grown from a small plant in  
the backyard to a giant tree and has meaningfully impacted  
thousands of lives across the country through numerous  
programs and initiatives. The journey has been fantastic and  
is an inspiration for many of us.

My heartfelt gratitude to all the compassionate donors and the  
super energetic Abhayan volunteers whose relentless dedication  
and hard work helped bring Abhaya's mission to life and made  
a difference in the lives of thousands of people in need.

Wishing Abhaya and the team many  
more years of great work in  
transforming lives across the nation.

A Kartik Kumar  
Board Member - abhaya  
USA



I am with Abhaya from day one and I am very  
privileged to be part of such a wonderful foundation.  
It is doing selfless job in helping people in need.  
There are students who fulfilled their dreams  
through Abhaya. It has transformed lives of many  
people by training them in tailoring, driving,  
making bags. The Abhaya home of happiness is  
giving shelter to destitutes and taking care of them. I  
would like to appreciate the volunteers, donors and  
the board members for their continuous effort in  
making this happen.

Wishing Abhaya for the  
outstanding service and also  
wish to grow more in coming  
years and serve the people in  
need.



G Keerthi Murthy, New Delhi

abhaya SoulDear  
Manohar  
Hyderabad



He is the man behind updating abhaya news in  
all mediums since long time. Very silent volunteer.  
May be belong to middle class, but stood by abhaya  
with his time and resource. We thank him for his good  
work and pray for his family.



Looking at the event invites takes me back to the time when I first met abhaya and how I was involved in the first annual event. I still remember how much care Balachandra Annaiah took for all the educare team members and how much time he spent with us all in person right from guiding us, preparing us for the event, following up on travel arrangements, sponsoring for white dresses and transport..checking if we all reached home safely after the event that night. there was so much positive vibe and chills in the audience and abhaya members during the event..and I am sure it is even more now. I want to tell you that I truly miss those all moments but even more than that I am blessed to experience those few times in the past.

I miss attending the event this year and my hearty congratulations to abhaya on reaching new heights which directly means the increasing number of people receiving abhaya in their lives. I wish the event a great success. All love to abhaya.

Sushma, UK



'We can't find any NGO in the country who can stand by a person whose Dream is climbing Mt. Everest... which costs 25 lakh.

Myself Bharath Thammineni from a middle class family hailing from Kurnool, I am more passionate towards taking up new challenges every time, which made me climb Mt. Everest.

Through Srinivas uncle who was a good friend of my father I was connected to abhaya, after listening to me without any second thought Bala sir stood beside me like a rock.

Today I can tell very proudly that I am among very few people around the world who can lead expeditions around the world... This is just because of abhaya who catch my finger and made me walk this way like a father who holds his Son and make him learn how to walk...

Love abhaya...  
always with abhaya  
Bharath Thammineni  
Wish to keep abhaya  
on the TOP



We salute  
abhaya Soul Dear  
CS Mohith Gurjar  
who stood by abhaya.  
He takes extra care  
for the good work.  
He is just not  
partnering with the  
growth...But also  
witness to the Regd  
Deed of abhaya  
Foundation in 2006.  
He arranges Silver &  
Gold Souvenirs to  
abhaya.



**Rural Women from  
abhaya Empowerment Center  
Mall, RR Dist practicing  
Kolattam for the event**



[www.abhayafoundation.org](http://www.abhayafoundation.org)

I am blessed to associate with abhaya since 9 years. I did my B.Sc., M.Sc., with the support of abhaya. I learned life skills apart from livelihood skills. I'm married to Chandra S Reddy and happily leading family life. Donating to the cause regularly. Standing by abhaya as volunteer

abhaya Educare Initiative is one of the most wonderful activity for empowering poor and meritorious youth like me who are perusing higher education.

We express our gratitude to the donors who are regularly supporting.

Teeta Chandra  
Bengaluru

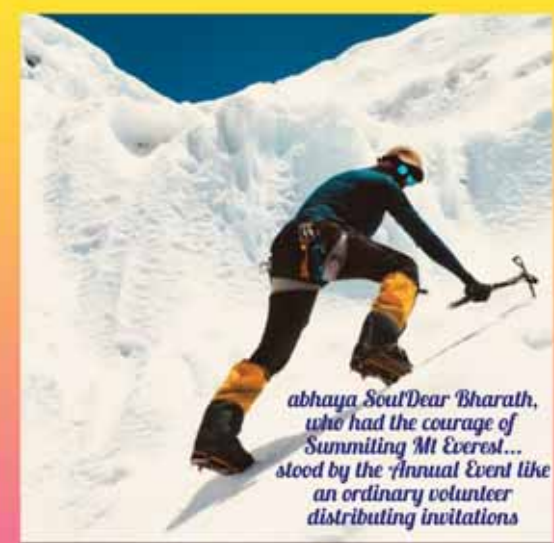


"abhaya" truly an abhayam for many but for me its a check point to be on righteous path and with the underprivileged. The Founder, whom I fondly call as Bala, a shrewd man with kind heart in serving those in need. Bala inspired many like me in the Country to serve the mankind. Hats off to abhaya Team on its 13th Anniversary. Proud to be called as abhayan.



CS Devaki Vasudeva Rao  
BJP MP Contestant - Khammam  
Company Secretary  
Trustee, Sri Ramanuja  
Sahasrabdi Project  
Hyderabad  
9989345999

**Students of abhaya  
Women Empowerment Center,  
Kulukulapally, RR Dist.,  
practicing Bathukamma for  
abhaya Annual Event**



abhaya Soul Dear Bharath, who had the courage of Summiting Mt Everest... stood by the Annual Event like an ordinary volunteer distributing invitations



abhaya is doing real good for those in need since 13 years. Hats off to the people who are donating/supporting for the noble cause. It means a lot. Very few people has a habit of giving back in life. How much is not the matter but, with what attitude is truly matters. Everyone has to come forward voluntarily for the cause. Best luck to abhaya Foundation

**Sunku Srinivasa**  
**abhaya Board Member**  
**South Africa**



abhaya Foundation is my Mathru foundation and I am volunteering with it for a decade. One of my interactions with Shri. Balachandra Sunku in 2012 changed entire perspective of my thoughts in life which paved the way for Yuva Shakthi Foundation.

abhaya and Yuva have taken up many projects jointly in Karnataka. abhaya Youth Empowerment Centre is coming up near Whitefield, Bangalore. Their commitment in serving the needy people is an example to any NGO in the Country.



**Bhushan Bharateeya**  
**Volunteer, abhaya and**  
**Yuvashakthi Seva Foundation**

I have booked the flight tickets to Hyderabad for the program . I will try to cancel my felicitation program scheduled on same day

**CA IS Prasad**  
**FICCI**  
**Bengaluru**  
**Member - abhaya NAC**



"abhaya" as the name speaks, an abhayam for all those in need, it is an organisation that doesn't just support the people... their lives are transformed in all fronts! As a close associate of abhaya, I my life too is influenced and I am grateful for it! And the new gift of abhaya 'Bharata Darshan' is going to cherish you all with amazement and merry!

**S Lalitha Lahari**  
**B.Com., LL.B.,**  
**Proddaturu**



అభయ కుటుంబంలో నేను ఒక సభ్యురాలిగా వున్నందుకు నేనెప్పుడు ఎంతో సంతోషంగా వుంటాను. అభయ చేయూత వల్ల అవసరంలో వున్న ఎంతో మందికి నిజంగానే అభయము లభిస్తుందనటంలో సందేహం లేదు. భగవంతుని ఆశీస్సులతో ఈ స్వచ్ఛంద సంస్థ ఇంకా ఎన్నో సేవా కార్యక్రమాలు నిర్వహిస్తూ దేసాభ్యున్నతి కై పాటు పడాలని ఆశిస్తున్నాను

ఇలాంటి సంస్థకు అందరం చేయూత అందిస్తే మరింత మందికి మంచి జరుగుతుంది

**A Revati Mohan**  
**House Wife**  
**Tadipathri**



We are very much satisfied by being with abhaya since 3 years. The way abhaya gives support to the needy in terms of shelter to destitute, excellent empowerment to rural youth and hunt the summer / winter etc., describe their intent & content. No words to explain abhaya service. We always support abhaya for any social cause. We thank GOD for giving us an opportunity to serve the society.

**C/1 Narayana Murthy Sanka**  
**Chartered Accountant**  
**Hyderabad**



అభయ అంటే అక్షర విద్య  
అభయ అంటే ఆచరణము  
అభయ అంటే అన్నదానము  
అభయ మరో పేరు ఆదరణము  
అభయ ద్వారా ఎందరికీ ఆరోగ్యం  
అభయ తో ఆడవారికి సాధికారత  
అభయ ఆలోచన లే ఆదర్శములు

ప్రతి క్షణం నిరంతర  
సేవా తత్పరత తో  
ముందుకు వెళుతున్న  
అభయ సంస్థ లో  
రన్వంత అయినా  
చేయగలిగుతున్నందుకు

శతధా సహస్రధా బహుధా  
నమస్సులు.



**G Madhu Mohan**  
**Tax Consultant**  
**President :**  
**VYSPRO India**  
**Board Member :**  
**abhaya**

**abhaya Board Member**  
**Dr Sulapani**

**MD, Rajya Lakshmi Hospitals,**  
**Hyderabad agreed to perform**

**"Sri Krishna**  
**Rayabaram"**  
**at end of the**  
**Event**





*We salute our Srinivas, the member of Editorial Team of abhaya News Letter since a decade... Whose association with us is very inspiring... Infact Sri Chinna Jeeyar Swamiji connected to abhaya through one such news letter in the year 2014*



*We thank our Rajasekhar who is standing by abhaya since inception in 2006. This SoulDear is the seed behind abhaya Brand. He never let us down, we are indebted to him for his selfless work. He never accepted a rupee from abhaya saying he is a volunteer*



*We salute Ms Kusuma who was our 1st inmate at abhaya Home (2013) in a hopeless condition. She served and managed 50 inmates since then and now leaving home... leading an independent life in Hyderabad... An example of true empowerment! (2020)*



*abhaya SoulDear Manga Her association with abhaya is of 7 years... She is yet another example of Women Empowerment. May be poor in living but Pure in serving. She motivated thousands of rural youth to join abhaya skill development centers across south India. We feel honoured to have such women with abhaya.*



*Dear Sir,  
I am at the  
Top to show  
highest peak  
of Australia  
Mt. Kosciuszko!  
Congratulations  
Team abhaya  
- Bharath*



**THANK  
YOU**



*Granted Rs.1,00,000/- to Mountaineer Bharath for haunchenjunga Summit*







# Inspiration



abhaya Adarsha, Grandeur and great success!

Abhaya Adarsha, the 13th Annual Event of abhaya was long awaited and precious than any other event of abhaya, owing to the release of Bharata Darshan.



The day started with scores of Volunteers setting up the stage at Sandhya Convention, Gachibowli, Hyderabad. More than 50 volunteers tirelessly engaged in beautifying the venue with the support of another 50 workers. Huge stage was erected, LED Screens arranged, Standies, Banners, Stalls, VIP Seating, Donors Seating, Beneficiary Seating all put together 2000 people capacity seen. Lighting and sound system are perfectly done.



PS Rao & Associates arranged lunch for 1000s of beneficiaries arrived from different parts of the state of Telangana.

On the other hand, abhaya Educare Members met in the same hall and their progress is reviewed by senior member of Educare Initiatives.

abhaya Aadarsha event started with Vandematharam and a prayer by our 3 abhaya educare members (Prashanthi, Dr Sailatha & Leelavathi) turned independent women, while abhaya Chairman Sri Meda Narasimhulu, Management Committee member Smt Jyotsna Apparao, President Sri K Ranga Rao and Director of Women Empowerment Smt Krishnaveni Ranga Rao lighting the Lamp of abhaya Aadarsha.



Smt Sujitha Chaitanya, the long term associate and donor of abhaya performed the Welcome dance and Secretary Sri KSV Siva Krishna presented the annual report with the audience.







Ex MLA, Vinukonda, Sri GV Anjaneyulu, the seed behind abhaya Youth Empowerment Projects and Donor since inception of abhaya...spoke about his association with abhaya and conveyed his best wishes to everyone.

Later, Healthcare beneficiary Karan, who met with an accident and injured last year. His mother shared how abhaya supported them in the hour of need.



Women Empowerment team from Kolkulapally performed a folk dance on Bathukamma. It was a feast for the eyes to the audience showcasing Telangana tradition.

Educare members Ms GNB Vyshnavi and Mr Bharath Kumar shared how they got to know about abhaya and how they got benefited and motivated by abhaya and how they are leading a respectable life with the placement in MNCs.

Educare Coordinator, Sri Mahesh presented a short film about how abhaya educate members mentored for life.



abhaya's activities are spread across the 5 states of southern India and it has representatives from all those states on the Event.

Sri Bhushan Bharateeya, founder of Yuva Shakthi Seva Foundation shared how he got motivated by abhaya foundation to start a foundation in Karnataka and serving the needy. He spoke in Kannada.

Sri Manoj Kumar, Founder, 100 Smiles Charity Foundation shared as to how they collaborated for working on adding value to different Govt Schools and got inspiration from abhaya on doing more good work.

Sri Sajjan from Kerala who is Govt Staff Reporter who lost his video camera during floods shared his experiences in Malayalam detailing service activities takenup by abhaya in Kerala State.

Smt Padmavathi, spoke in Tamil detailing as to how abhaya Hunt the winter is carried out in Tamil Nadu for past 5 years benefiting 1000s of people shivering on the roads.

Sri Netaji from Srikakulam, AP shared his thoughts about abhaya rehabilitation projects post Titli Cyclone in Rajam, Geddavuru, Dummuru and other villages.





Sri Panindra, Anantapuram, AP, expressed his thoughts about Youth Empowerment Projects jointly undertaken by abhaya Foundation & Meda Charities. He conveyed that there is huge need for the funds to complete the project.

The Divine Guest, HH Sri Chinna Jeeyar Swamiji and the Chief Guest, Her Excellency Dr. TAMILISAI Soundararajan, Hon'ble Governor of Telangana and Challa Rajendra Prasad, Chairman, CCL Products, India Ltd., were welcomed by Dr Sulapani and his team with Purnakumbham. These guests added glamour and grandeur to the event.



President K Ranga Rao welcomed the gathering, Guests to the event and Chief guests on to the stage. Smt Sandhya Sreedhara Rao and CS Rashida, Member, abhaya National Advisory Council, honoured the Governor. Sri Meda Narasimhulu and Dr Sulapani honoured HH Swamiji. abhaya Foundation expressing its gratitude to Swamiji offered Rs.50,000/- cheque to Ramanuja Sahasrabdi Project and the Founder too presented a cheque to the Project.



Sri Ranga Rao and Smt Krishna veni honoured Sri Challa Rajendra Prasad.



Her Excellency the Governor presented abhaya SoulDear Awards & Gold Medals to the Volunteers, who did exceptional work with abhaya. Mr Manohar Chowdhary, Ms Kusuma Kumari and Smt Manga received these awards this year. Their happiness found no limits. Smt Gayatri & Prof Chandra Sekhar, Anantapuram received the Award for their outstanding contribution for Anantapuram Project.



Ms Lalitha Lahari later presented the Book - Bharata Darshan authored by the Founder Balachandra Sunku post he getting intuition. He authored a book with all the experiences and the same book is been blessed by HH China Jeeyar Swamiji.





The Publishers of the book, Sri Gowra Subbaraju, Sri Ch Venkateswara Rao, Sri GSP Veera Reddy and CS Devaki Vasudeva Rao, who supported and stood by Bharata Darshan book with their voluntary contributions, presented book to Swamiji for releasing it. HH Swamiji while adding Mangalasasams released the book for everyone and spoke the finest and much needed words about service and mankind. Bharata Darshan Book and Rudraksha has been given to the supporters of Bharata Darshan by the Founder.



Bharata Darshan and Sunday Thoughts books were sold at the venue to pool resources for abhaya Youth Empowerment Project, Anantapuram.



Her excellency Dr. Tamilisai Soundararajan, the First Lady took the first copy of Bharata Darshan from the divine hands of Swamiji, she emphasised the need of service in this existing world of selfishness. The Hon'ble Governor was kind enough to spend her valuable time for abhaya and added value to the foundation and its event.

Her excellency Dr. Tamilisai Soundararajan, the First Lady took the first copy of Bharata Darshan from the divine hands of Swamiji, she emphasised the need of service in this existing world of selfishness. The Hon'ble Governor was kind enough to spend her valuable time for abhaya and added value to the foundation and its event.

HE Governor while leaving expressed her desire to visit the stalls set up by Women Empowerment Projects. The women at these stalls became spellbound by such a pleasant surprise given by the Governor.



HH Swamiji also spoke to many associates of abhaya and enquired about their well-being with utmost love and care. Very lovingly and caringly Swamiji spent his time generously at the event.



Later abhaya Women Empowerment team from Mall presented a Kolatam.





Ms Srujana and team presented Telangana Vaibhavam in a classy way.



abhaya Women Empowerment beneficiaries spoke about their backgrounds and how they got benefited by tailoring training. Tailoring Trainers Vijaya, Swapna are standing as an example of real empowerment in life.

Ms Mrudula (D/o abhayan CS A Nagaraja Kumar) and her team from Abinaya Kuchipudi Kalakshetram presented Mahaa Bharathoham.



Sri Avinash, Hyderabad, a long term donor shared his thoughts about abhaya Foundation and the Founder while detailing his experiences during Hunt the Winter.



Students from NG Hukrana MPUP School presented an energetic performance. Their HM briefed audience about the development activities taken up at their school and thanked abhaya and 100 Smiles Foundation.



At one instance, the Founder started dancing and that made the entire hall filled with around 2000 people started dancing together.

Smt Chandrima, Director, Dhanush Healthcare, Hyderabad signed MOU on the eve and declared their support to abhaya Foundation with their CSR Funds.



Vivo Hyderabad agreed to lend their CSR Funds to develop 4 Govt Schools in AP/TS.

Sri PSN Murthy, GMR International Airport, Hyderabad assured their support for abhaya Projects.







Students from Gagillapur MPUP School sung a beautiful song and HM thanked abhaya and all the corporates for coming forward to rebuild their school, which is now benefiting hundreds of students.



Certificates were distributed to all the women, who completed their tailoring course at Saibaba Huts and Tangedupalli, Maggam course at Telecom Colony. Sri Ramakrishna Gupta,



abhaya Board Members CS Jinesh and CS Mohit presented exam pads and stationery kits to the 100s of students who participated in the event from different schools.



At the end, Sri Krishna Rayabharam Drama by Dr. Sulapani and Team was visual delight with a piece of surprise to the audience. No one could recognise that the Founder Balachandra Sunku was enacting the charectar of Vidhura in the drama until he started uttering the dialogues. Everyone was amazed by the performances of the drama team and were delighted to see a drama and know the story for the first time.





Treasurer of abhaya Foundation declared Bonus for all the teaching staff who completed 12 months of service and engaged in Women Empowerment, putting in great efforts in empowering 1000s of rural women.



Many other dignitaries associated with abhaya shared their valuable words of wisdom and once again emphasised the importance of service and how abhaya is a genuine organisation that is working relentlessly towards it. abhaya felicitated the best volunteers. Many beneficiaries who stood by all the odds to face their grievances and won the battles were recognised and felicitated by the foundation.



Of all the things, it was the book Bharata Darshan, that stood out, with exciting and exuberant stories hidden in it, to be told to public. Many bought the book for themselves and for others to spread the delight to all and be a part of the charity that happens with the purchase of the book.

abhaya adharsha was the most beautiful event conducted by abhaya till date, it was a delightful package that kept each person who visited the venue stuck to their seats drawing inspiration and motivation from the things happening for more than 6 hours.

Sri Netaji supervised the Press and Media...The trail was successful as many channels and news papers covered the event live and videos were uploaded in the social media.

Finally, Sandhya Convention and it's Management arranged sumptuous dinner for all the guests. Every participant had a good dinner and left with good memories of abhaya aadarsha.

The credit goes to the abhaya Volunteers who worked tirelessly like soldiers for the success of the event, but for them nothing could have happened in real. Their tiresome faces and ever ready attitude spoke how and what kind of work was put in by them towards the program. Kudos to abhaya and Salute to all the volunteers that were involved.

**Samastha Loka Sukhinobhavanthu**

**- Reported by S Lalitha Lahari, Proddaturu.**





# Messages



## Annual Report by Sri KSV Siva Krishna, Secretary, abhaya Foundation



On the eve of 13th abhaya Foundation - Annual Event / abhaya ādarsha, we wish to take this opportunity to thank all the members connected to abhaya in doing good work.

The year 2019 is yet another memorable year for abhaya in terms of service activities. During the year, India witnessed a major terror attack at Pulwama and entire country stood in solidarity to the families of Soldiers who laid their lives at our Borders. abhaya too pooled amount for the Brave hearts of India and donated Rs. 1.5 lakhs to Soldiers Welfare fund.

abhaya Women Empowerment office at Ibrahimpatnam has been moved to a new premise for having more activity. We thank Squares Interiors to come forward and set up the office as their contribution.

Rehabilitation Projects at Kerala has been concluded at Alleppy & Ernakulam Dist. abhaya could pool resources to the tune of Rs.5Cr for providing Houses for 10 beneficiaries, 6 cattle, 20 fishing canoes, bridge scholarship to selected, 6000 water purifiers, repair and maintenance of 3000 home Appliances, Digital Class room at RK Vidya Mandir and Rs.50 lakhs to the Govt of Kerala

Kerala Finance Minister Sri Issac Thomas, Minister of Fisheries Smt Mercykutty Amma appreciate the work done by abhaya. We thank administrative staff at Alleppy and Ernakulam. Our special thanks to Sri Krishna Teja, IAS for their cooperation while executing the projects.

Serving Srikakulam concluded with the help of Rs. 1cr donations. Financial grant to 100 villagers for laying the foundation for their new houses, 10 Community toilets, 5 RO Water plants, 2 tailoring Centres, 1 computer center and other projects benefiting 10000 people post Titli cyclone relief works at Srikakulam district completed.

The founder Sri Balachandra got intuition to take up Bharata Darshan. He was away from the regular activities for about 6 months. We thank all the Board Trustees and other members, who stepped up to fulfil the gap and complete the activities in regular manner.



We collaborated with BIRED, Meda Charities, Yuvashakthi Foundation, RRDS, P Siva Rama Prasad Memorable charity Trust, 100 Smiles Charity, Ramesh Gelli Foundation, GSPV Trust, Sri Sathya Sai Seva Organisation and other NPOs could make heavenly difference to more than 10000 people across the country through various initiatives.

This year we could train more than 1200 women on tailoring, Maggam, Beautician, Mehndi design and Driving and 300 men in Driving. We thank RTO, Manneguda for their support in empowering 500+ rural youth at Ibrahimpatnam. We thank all the corporate houses, especially CCL, BNP Paribas, Avineon, Bright Solar and Deccan, Hyundai, NATCO Pharma, Sivashakthi Group, GVPR Engineers, Gowra Group and companies for standing by abhaya with their CSR Funds.

Youth Empowerment campuses at Anantapur and Bangalore are under construction and need resources to complete. We thank Megsan Labs and ACE academy for coming forward and supporting Anantapuram project.

30 Rural Men & Women who are otherwise restricted to homes now trained as Teachers to provide livelihood skills and life skills to thousands of unemployed. Their stories are now an Inspiration to many. 2 biggest assets abhaya own in the years...Smt Krishna Veni Rangarao and Sri P Sriramachandra Murthy who are the persons behind empowering thousands of people in the country. We salute them.

Around 30 students re programming their lives with abhaya. We thank KSR & KVG Educational Trust and Sealwell Corporation for partnering us in Educare. We could enhance the infrastructure facilities of 10 schools across Telangana and Andhra Pradesh.

We distributed 6000 blankets in more than 10 states of India under abhaya Hunt the Winter. 500 abhayans across the world joined their hands and hearts in pooling the resources and participated in the distribution. We thank all the volunteers for their wonderful support in this regard.

abhaya Home of Happiness at Ibrahimpatnam serving 30 destitutes who don't have love and care in life. Kusuma Kumari, who is our first inmate is now leading a life on her own. We congratulate her and wish her all the very best.

My Home Jewel Community, Maharshi Rice mills, Miryalaguda, Manikchand group, Srinivas, Samrakshana Foundation and many others stood by the inmates and 150 abhayans registered for Nityanna Seva scheme. We thank Dr Sulapani, Dr Himabindu and Rajya Lakshmi hospitals for taking care of abhaya inmates whenever there is a need.

Abhaya after completing 12 years of service, decided to have more focus on EEE - Education, Empowerment and Enlightenment. We are sure that with such enhanced focus abhaya will reach new heights in the years ahead. We thank abhaya National Advisory Council, Board Trustees, Members and Office Bearers...More specifically thousands of Donors across the globe for their continuous and consistent efforts in making abhaya a transparent and inspiring NGO.

Finally, we all bow before thousands of beneficiaries who granted all of us at abhaya for the opportunity of serving them with our might.

We offer this report to all of you with pranams to the lotus feet of HH Sri Chinna Jeeyar Swamiji.

**Jaihind**





## Excerpts from the talk by Sri Bhushan Bharatiya, Karnataka



ಶುಭ ಸಂಜೆ ಮಿತ್ರರೇ, ದಿನಾಂಕ 29ನೇ ಮಾರ್ಚ್ 2020ರ ಸಂಜೆ ನಡೆದ ಅಭಯ ಫೌಂಡೇಷನ್ ನ 13ನೆ ವಾರ್ಷಿಕೋತ್ಸವ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ, ಬೇರೆ ಬೇರೆ ರಾಜ್ಯಗಳಿಂದ ಬಂದ ಸಂಘಟನೆಗಳಿಗೆ ತಮ್ಮ ಸೇವಾ ಚಟುವಟಿಕೆಗಳ ಬಗ್ಗೆ ವಿವರಿಸಲು ಕರ್ನಾಟಕ ರಾಜ್ಯದಿಂದ ಯುವಶಕ್ತಿ ಸೇವಾ ಫೌಂಡೇಷನ್ ಗೆ 3 ನಿಮಿಷದ ಕಾಲಾವಕಾಶ ದೊರಕಿದ್ದು ನಮ್ಮ ಅದೃಷ್ಟ.

ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ತೆಲಂಗಾಣ ರಾಜ್ಯದ ರಾಜ್ಯಪಾಲರಾದ ಶ್ರೀಮತಿ ತಮಿಳು ಸಾಯಿ ಸೌಂದರ್ಯರಾಜನ್ ರವರ ಘನ ಸಾನಿಧ್ಯ ಮತ್ತು ಶ್ರೀ ಶ್ರೀ ಶ್ರೀ ಚಿನ್ನಜೀಯಾರ್ ಸ್ವಾಮೀಜಿ ಯವರ ದಿವ್ಯ

ಸಾನಿಧ್ಯವಿತ್ತು. ಯುವತಂದೆ ಕಾರ್ಯಕರ್ತನಾಗಿ ಕನ್ನಡದಲ್ಲಿ ಮಾತನಾಡುವ ಅವಕಾಶ ಲಭಿಸಿತು. ನನ್ನ ಮಾತುಗಳ ಸಾರಾಂಶ ಹೀಗಿತ್ತು.

ಯುವಶಕ್ತಿ ತಂಡ, ಕರ್ನಾಟಕದಾದ್ಯಂತ ವಿದ್ಯಾರ್ಥಿಗಳಲ್ಲಿ ಸಣ್ಣ ಸಣ್ಣ ಪರಿವರ್ತನೆಗಳನ್ನು ತರಲು ಪ್ರಯತ್ನಿಸುತ್ತಿದೆ. ಕೆಲಮಟ್ಟದಲ್ಲಿರುವ ಮಕ್ಕಳ ಪರಿವರ್ತನೆ ಮತ್ತು ಜಾಗೃತಿ ಮೂಡಿಸಿ, ಆಹಾರ, ಶಿಕ್ಷಣ, ರಾಷ್ಟ್ರೀಯ ಮಟ್ಟದ ಮತ್ತು ಅಂತರರಾಷ್ಟ್ರೀಯ ಮಟ್ಟದ ಶ್ರೇಷ್ಠತೆ ಗಳಿಗೆ ಹಣ ಸಹಾಯ ಮತ್ತು ಪ್ರವಾಹ ಪರಿಹಾರ ಸೇವೆ ಮಾಡಿದ್ದನ್ನು ವಿವರಿಸಲಾಯಿತು.

ನನ್ನ ಮತ್ತು ಅಭಯ ಫೌಂಡೇಷನ್ ನ ಒಡನಾಟ ಒಂದು ದಶಕದ್ದು. ಅಭಯ ನನ್ನ ಮಾತೃ ಸಂಘಟನೆ. ಸೇವೆಯಲ್ಲಿ ಅವರು ನನಗೆ ಅಭಯ ಸದಾ ಸ್ಫೂರ್ತಿ. 2012 ರಲ್ಲಿ ಶ್ರೀ ಬಾಲಚಂದ್ರ ಸುಂಕು ಅವರೊಂದಿಗೆ ನನ್ನ ಒಂದು ಅರ್ಧ ಗಂಟೆಯ ಸಂವಹನ ನನ್ನ ಆಲೋಚನೆಗಳ ಸಂಪೂರ್ಣ ದೃಷ್ಟಿಕೋನವನ್ನು ಬದಲಾಯಿಸಿತು. ಅದು ಒಂದು ಅದ್ಭುತ ಅನುಭವ. ಶ್ರೀಗಳಿಗೆ ಧನ್ಯವಾದಗಳು.

ಅಭಯ ಮತ್ತು ಯುವ ಫೌಂಡೇಷನ್ ಕರ್ನಾಟಕದಲ್ಲಿ ಜಂಟಿಯಾಗಿ ಕೆಲವು ಕಾರ್ಯಗಳನ್ನು ಮಾಡುತ್ತಿರುವುದನ್ನು ವಿವರಿಸಲಾಯಿತು.

ಪ್ರಮುಖವಾಗಿ ನಾವು ಬೆಂಗಳೂರಿನ ವೈಟ್‌ಫೀಲ್ಡ್ ಬಳಿ ಮಕ್ಕಳಾಶ್ರಮದ ಜೊತೆ ಅಭಯ ಯುವ ಸಬಲೀಕರಣ ಮತ್ತು ಪರಿವರ್ತನಾ ಕೇಂದ್ರಕ್ಕೆ ಅವರ ಸಹಾಯ ಪಡೆದು ಕಟ್ಟಡ ನಿರ್ಮಾಣ ಮಾಡಿದ್ದೇವೆ. ಇನ್ನೇನು ಕೆಲವು ತಿಂಗಳುಗಳಲ್ಲಿ ಆಶ್ರಮ ಮತ್ತು ಯುವಸಬಲೀಕರಣ ಕೇಂದ್ರ ಪ್ರಾರಂಭವಾಗುವುದು.

ಯುವ ತಂಡದ ಹಲವಾರು ಪ್ರಶ್ನೆಗಳಿಗೆ ಅಭಯ ಯಾವಾಗಲೂ ಉತ್ತರವಾಗಿ, ಎತ್ತರವಾಗಿ, ಮಾದರಿಯಾಗಿ ನಿಂತಿದೆ. ಅಭಯಾ ಜೊತೆ ಕೆಲಸ ಮಾಡಲು ಹೆಮ್ಮೆಯಿದೆ. ಅಭಯ, ನಿಸ್ವಾರ್ಥ ಸೇವೆಗೆ ಹೆಸರುವಾಸಿಯಾಗಿದೆ. ಅಗತ್ಯವಿರುವ ಜನರಿಗೆ ಸೇವೆ ಸಲ್ಲಿಸುವಲ್ಲಿ ಅವರ ಬದ್ಧತೆ ಯಾವುದೇ ಸಂಘಟನೆಗೆ ಉದಾಹರಣೆಯಾಗಿದೆ. ನನಗೆ ಈ ಅವಕಾಶ ಕಲ್ಪಿಸಿದ ಅಭಯದ ಸ್ಥಾಪಕರಾದ ಶ್ರೀ ಬಾಲಚಂದ್ರ ಮಹೋದಯ ಅವರಿಗೆ, ಅಭಯ ಫೌಂಡೇಷನ್ ಟ್ರಸ್ಟೀ ತಂಡಕ್ಕೆ, ಅಭಯ ಕಾರ್ಯಕಾರಣಿ ಸಮಿತಿಗೆ ಹಾಗೆ ಅವರ ಕಾರ್ಯಗಳಿಗೆ ಬೆಂಬಲವಾಗಿ ನಿಂತ ಎಲ್ಲರಿಗೂ ಯುವಶಕ್ತಿ ಸೇವಾ ಫೌಂಡೇಷನ್ ವತಿಯಿಂದ ಧನ್ಯವಾದಗಳು.

ಭಾರತ್ ಮಾತೆಗೆ ಜಯವಾಗಲಿ





## Excerpts from the talk by Sri Manoj Kumar Chittimalla, Telangana



I am Manoj working as a software engineer in an MNC and I started a Ngo in 2016 called "100 Smiles Charity Foundation" with the help of my friends to betterment the quality education in rural Government schools.

The Main moto behind starting this foundation was to provide quality education to government school children and ensure that every child is able to fulfill their potential, irrespective of his or her circumstances and background.

And then we started to go back to schools and addressing the unaddressed issues so far, we believed that through digital education we can provide quality education to the students, and then we started Digital labs, science labs, libraries, Digital classroom in government schools which are very far from Hyderabad a complete rural schools.

And we became a bridge between the students, parents, teachers, village panchayat's & government officials. And till

date we have provided the services to 25 Government schools, 7000 students in 2 telugu states.

In this process I met abhaya Foundation founder Balachandra garu and came to know about the activities of abhaya, I was amazed to know about their selfless works for the nation, they are been in pan india and addressing issues in various sectors like education ,health, livelihood, women empowerment and what not where there is a need there is abhaya.

And then I started working with abhaya, Initially I worked with them in Srikakulam for the welfare of Titli Cyclone victims, we built houses, water plants, community toilets in 6 villages in the Srikakulam. This was great learning experience for me which Abhaya gave me, It has been more than 2 years I was associated with them.

Till now in collaboration with abhaya we have developed 10 Government schools in TG & AP last year by setting up Digital labs, Science Labs & other support. And this year we are going with some more schools in collaboration.

I thank our CSR partners VIVO, DXC Foundation, Aspire Sytems. For supporting all our initiatives.

I should specially thank Team abhaya foundation & founder bala sir for trusting me and sharing his work with me. Its always a great experience working with you sir, you are my guide, teacher and my father. I become more disciplined after working with you and I transformed myself as a good human being in this journey.

Thanks for mentoring me & my foundation. Looking forward to continuing this journey.

Lets together make nation a best place. Thank you

**Jai Hind !!!**



# Excerpts from the talk by Sri Sajjan, Kerala



നമസ്കാരം എന്റെ പേര് സജ്ജൻ. ഞാൻ കേരളത്തിൽ ആലപ്പുഴ ജില്ലയിലെ കേരള ഗവൺമെന്റ് പബ്ലിക് റിലേഷൻസ് ഡിപ്പാർട്ട്മെന്റിൽ ക്യാമറമാനായി ജോലി ചെയ്തു വരുന്നു. 2018 ലെ പ്രളയകാലത്ത് എന്റെ ക്യാമറ വെള്ളത്തിൽ വീണു നഷ്ടപ്പെടുകയും ജോലി ചെയ്യുവാൻ കഴിയാത്ത സാഹചര്യത്തിൽ ആകെ മാനസികമായി തകരുകയും ചെയ്തു. സർക്കാരിന്റെ ഭാഗത്തുനിന്നും ക്യാമറ ലഭിക്കുന്നതിന് സാധ്യതകൾ ഒന്നും തന്നെ ഉണ്ടായിരുന്നില്ല ആ സമയത്താണ് ആലപ്പുഴ സബ് കളക്ടർ ആയിരുന്ന കൃഷ്ണ തേജ സാറിനെ കാണുകയും ഈ പ്രശ്നങ്ങൾ അവതരിപ്പിക്കുകയും ചെയ്തു അങ്ങനെ അദ്ദേഹം മുഖാന്തരമാണ് അഭയ ഫൗണ്ടേഷൻ എന്നെ ബന്ധപ്പെട്ടതും, ഈ ക്യാമറ എനിക്ക് അഭയ ഫൗണ്ടേഷൻ നൽകുകയും ചെയ്തത്. ഇത് ക്യാമറ മാത്രമായിരുന്നില്ല കാഴ്ചയുടെ പുതിയ മൂന്നാമതൊരു ലെൻസ് കൂടി ആയിരുന്നു. നന്മയുടെയും, സ്നേഹത്തിന്റെയും, സേവനത്തിന്റെയും പുതിയൊരു കാഴ്ചപ്പാട് എനിക്കു കാരണമുണ്ടായി. അന്നുമുതലാണ് അഭയ ഫൗണ്ടേഷൻ 2018 ലെ പ്രളയകാലത്ത് കേരളത്തിൽ നടത്തിയ അഞ്ചുകോടി രൂപയിൽ പരം ഉള്ള ദുരിതാശ്വാസ പ്രവർത്തനങ്ങളിൽ ഒന്നു മാത്രമാണ് എനിക്ക് ലഭിച്ചതെന്നും ആലപ്പുഴ എറണാകുളം ജില്ലകളിലായി അഭയയുടെ സേവനം ലഭ്യമായിരുന്നു എന്നും ഞാൻ മനസിലാക്കി. മൂവായിരത്തോളം വീടുകളിൽ കേടുവന്ന ഫാൻ,

ഫ്രിഡ്ജ്, മിക്സി വാഷിങ്മെഷീൻ മുതലായ ഗൃഹോപകരണങ്ങൾ നൂറോളം വരുന്ന വോളണ്ടിയേഴ്സ് ചേർന്ന് ശരിയാക്കുകയും, 6000 ടിടികെ പ്രസ്റ്റീജ് വാട്ടർ ഫിത്ത്, 20 ഫിഷിങ് ബോട്ടുകൾ, 6 പുതിയ വീടുകൾ എന്നിവ നിർമ്മിക്കുകയും, 8 പശുക്കളെ നൽകുകയും, 20 സ്കൂളുകൾക്ക് സ്കോളർഷിപ്പ് നൽകുകയും, ഒരു ഡിജിറ്റൽ ക്ലാസ്സ് റൂം ആരംഭിക്കുകയും, കേരള സംസ്ഥാന സർക്കാരിന്റെ മുഖ്യമന്ത്രിയുടെ ദുരിതാശ്വാസ നിധിയിലേക്ക് 50 ലക്ഷം രൂപ ധനസഹായമായും നൽകിയിട്ടുണ്ട്. ഇതൊക്കെയും അഭയ ഫൗണ്ടേഷൻ കേരളത്തിന് നൽകിയ സഹായങ്ങളുടെ ഒരു ചെറിയ കണക്ക് മാത്രമാണ്. ഏകദേശം പതിനായിരത്തിനും മുകളിൽ ആൾക്കാർക്ക് അഭയ ഫൗണ്ടേഷൻമൂലം പതിനായിരത്തിനും ആളുകൾക്ക് ഗുണം ലഭിച്ചിട്ടുണ്ട് കണക്ക് കൂട്ടലുകൾക്കും അപ്പുറമാണ്. ആ പ്രവർത്തനങ്ങൾ കണ്ടും അനുഭവിച്ചും ഞാൻ മനസിലാക്കിയിട്ടുള്ളതുമാണ് ആറുമാസത്തോളം ഹൈദരാബാദിൽ നിന്നും 1500 കിലോമീറ്റർ ഇപ്പോഴും എത്തി അഭയ വോളന്റിയർമാർ നടത്തിയ പ്രവർത്തനങ്ങൾക്ക് ഉള്ള നന്ദിയും കടപ്പാടും കേരളത്തിൽ നിന്നുള്ള പ്രതിനിധി എന്ന നിലയിൽ ഈ അവസരത്തിൽ രേഖപ്പെടുത്തുന്നു.

അഭയ ഫൗണ്ടേഷൻ സ്ഥാപകനായ ശ്രീ ബാലചന്ദ്ര സുൻകുവിന്റെ സ്നേഹ സാമിപ്യങ്ങൾ ലഭിച്ചതിലും, അദ്ദേഹത്തിന്റെ ജീവിത അനുഭവക്കുറിപ്പുകൾ ഉൾപ്പെടുത്തിയ "ഭാരത ദർശൻ" എന്ന ഈ പുസ്തക പ്രകാശനത്തിന്റെ ഭാഗமாகാൻ കഴിഞ്ഞതിൽ ഞാൻ സന്തോഷവാനാണ്. ഭാരതദർശൻ ഭാഗമായുള്ള സ്വാമിജിയുടെ കേരളത്തിൽ ഉള്ള യാത്രയിൽ അദ്ദേഹത്തെ അനുഗമിക്കാനും കേരളത്തിന്റെ ധനകാര്യമന്ത്രി തോമസ് ഐസക്, കൃഷി മന്ത്രി വി എസ് സുനിൽകുമാർ, പൊതുമരാമത്ത് വകുപ്പ് മന്ത്രി ജി സുധാകരൻ, ഫിഷറീസ് മന്ത്രി ശ്രീമതി മേഴ്സി കുട്ടിയമ്മ തുടങ്ങിയ മറ്റു പല മന്ത്രിമാരും അഭയ ഫൗണ്ടേഷൻ നൽകിയ പ്രവർത്തനങ്ങളിൽ നന്ദി അറിയിക്കുകയും സ്വാമിജിയെ ആദരിക്കുകയും അനുമോദിക്കുകയും ചെയ്യുന്നതിന് സാക്ഷ്യം വഹിക്കാനും എനിക്ക് സാധിച്ചിട്ടുണ്ട്. ഈ ധന്യ മുഹൂർത്തത്തിന് ഭാഗമാകാൻ കഴിഞ്ഞതിൽ ഒരുപാട് സന്തോഷം അറിയിച്ചുകൊണ്ട് എല്ലാവിധ നന്മകളും കടപ്പാടും രേഖപ്പെടുത്തിക്കൊണ്ട് നന്ദി.



## Excerpts from the talk by Sri K Sai Phaneendra, Andhra Pradesh



Invoking divine blessings

I'am Phaneendra from Anantapuram.

I'm here to talk about the joint project by SSSMSS and abhaya at Rotarypuram Anantapuram, The Anantapur Project.

I stand as a witness to that project since it's inception.

To talk precisely even before the inception. When Meda Uncle was praying at Bhagwan Baba's Sannidhi in Prasanth Nilayam he got an intuition, which he considered as message from Baba himself that abhaya foundation should be given a chance to serve with youth empowerment initiative at the Anantapuram project for which around 1 acre of land was allotted to abhaya to start and set up a rural empowerment center. Where almost 20000 sqft is being built.

abhaya didn't wait for all the infrastructure to come. We went into the villages spoke to them. Spread words of

encouragement and awareness. And we started many empowerment initiatives like driving tailoring to many batches.

A computer training center was also setup for unemployed youth. Could you imagine HH Chinna jeeyar swamiji and HH vidhu Sekhara Bharathi Tirtha swamiji visiting campus even when it is under construction.

HH vidhu sekhar bharathi swamiji added that he could feel Sarada amma's presence in the site and he blessed Anantapuram project to become a great center of spirituality, empowerment and happiness. Swamiji also blessed the project with a donation of 1lakh on behalf of singeri math and assured all support.

The abhaya's youth empowerment center was 80% done and has come to halt since a year because of lack of funds. I would like to request all of you to come forward so that we can complete and inaugurate the center within the time we thought.

I also wish that we may celebrate upcoming abhaya annual events in Anantapuram project.

We look forward to invite everyone here for Anantapuram project inauguration while we dedicate it at His lotus feet and to fellow country men.

**Jai hind**





## Excerpts from the talk by Ms Latha, Tamilnadu



అణెవరుకుం ముల వణకకం. నుం  
తమిళనాడెశ్ శేరంతవన్. కడంత 5 ఆండుకలక, అబయ అరకకడలె కులీరకలత్తల ఢున్డ ఁడన్ తమిళకత్తిరకు శేవె శెయ్తు వరుకలరు. పల ఆండుకలక, అబయ 3 0 0 0 క్కుం మేరపడడ పురవకలె ఆరణి, తిరుత్తణి మర్రుం పిరు పకుతికలల వలనీయొకిత్తులలర. వలనీయొకం ఁనపరు పురవకలె శేమిత్తు వైపపరు మర్రుం శేకరికక మకకలె అమైపపరు మడడుమలల. తన్నారవలరకల నలలరలల శాలెకలల శెన్రు ఁణమెయలన తేవె ఁలలవరకలె అడయలగం కండు అవరకలకు శేవె శెయ్వలరకల. ఇంత శెయలపాడు పంగేరర అణెత్తు తన్నారవలరకలకుం మికుంత మకిమశ్శియెయ్యం, మికుంత తిరుప్తియెయ్యం తరుకలరు.

## Excerpts from the talk by Smt K Veni Ranga Rao, Director, Women Empowerment

సామన్య మహిళను నేను. అసామన్య మైన సేవలు చేయడానికి నన్ను ప్రోత్సహిస్తున్న అభయకు సదా నేను రుణపడి వుంటాను. శ్రీ సత్య సాయి బాబా వారి అనుగ్రహం వలననే ఇన్ని వేల మందికి సేవలు చేసుకునే అద్భుతం కలిగింది. ఈ సేవా ప్రస్థానములో మా వారు శ్రీరంగారావు గారు మా కుటుంబ సభ్యులు



అందరూ నాకు అందిస్తున్న ప్రోత్సాహం నాకు నిజంగా ప్రాణ వాయివు. గత 6 సంవత్సరాలుగా అభయ సంస్థ ద్వారా సుమారు 8000 మంది మహిళలకు నా లాంటి సామన్య గృహిణి ఉపాధి శిక్షణ అందిస్తున్న క్రమంలో...మొదట నన్ను నేనే తీర్చి దిద్దుకున్నాను అనుకుంటున్నాము. నిజమైన మహిళా సాధికారత కు నిలువెత్తు నిదర్శనం నేనే. మా ఇంటినే సాధికారత కేంద్రంగా మార్చేసుకున్నాము. ఇక్కడ వున్న మహిళలందరికీ నేను చేసే విన్నపము ఒక్కటే... అడ వాళ్ళు ఎవరికీ తక్కువ కారు. అవకాశం ఇస్తే మహిళలే మణి దీపాలుగా ప్రకాశిస్తారు. జీవితంలో చివరి క్షణం దాకా సేవలలో బ్రతుకుతామని నేను మా వారు అనుకుంటూ వుంటాము. చచ్చిన తరవాత బ్రతికే పనులు చేసి పోదామని మా ప్రయత్నం. ఈ అవకాశం ఇచ్చిన అందరికీ వందనాలు

## Excerpts from the talk by Avinash, Telangana



I would like to thank Balachandra garu for inviting me on this wonderful occasion of abhaya's 13th birthday. Balachandra sir is a role model to me and I salute Balachandra sir's meticulous vision & relentless pursuit to make every program successful. How a mother feels towards her child similarly Balachandra sir shows his motherly love and responsibility. He goes to the beneficiaries level of understanding and inspires them.

I learnt 3 qualities from my mother: Discipline, Dedication & Hardwork. These are the foundation stones for the growth of individual & society. The same thing I said when we went to Jedcherla to distribute sewing machines to unemployed and uneducated women so that they can earn their livelihood thereby enabling them to stand on their own feet. I could understand Balachandra sir's pain in making sure that they understand the importance of the program. Donating is easy but implementing the welfare programs and coordinating at ground level is very difficult.

Since the start of my professional career, I have been donating to Abhaya's Monthly support scheme. Whenever I participate in the Hunt the Winter program, I get some sort of satisfaction. Balachandra sir says "serving hands are better than praying lips". I felt this true while participating in the program viz. distributing blankets to the poor and homeless people sleeping on the streets enduring chilling winter cold.

I want to give happiness to others. I am glad that I am contributing to the welfare of the society and I am able to give happiness to many people through Abhaya Foundation. Spirituality combined with Technology will bring miracles to the society.



## Bharata Darshan brief by Ms S Lalitha Lahari, Volunteer



Bharata Darshan was no ordinary journey and it is not any other book. Frost biting cold or body biting Sun, intimidating altitudes or infinite deep seas, sprained leg or blistered back and not even the demise of his beloved Father has stopped him from culminating his Quest. A quest with a burning desire and a profound prayer of Samastha loka Sukhinobavanthu. It once again brings out attention to the fact that if intentions are pure God will always stand by you and one shall find various such instances in this book, where Sri Balachandra Sunku, I fondly call him uncle, was protected by God through human beings, stolen or forgotten, his valuables always came back to him, Darshan at many Sanctum Santorums was awaited for his arrival, many unknown people lent their helping hands, restricted places for commoners were accessed and despite the extreme weather geographical conditions of India, nothing made him seriously sick. And not just, animals also are no exception to this fact; you will find a witty encounter of uncle with the Monkey God is one such instance. As a sceptic I can re assure you all with my personal experience that this is not exaggeration but an apt elucidation.

The Author has been struggling for months with existential question as to search the purpose of Life even before the thought of Bharata Darshan. And it is indeed HH Chinna Jeeyar Swamiji who has given life to his intuition with his mangalasasanams, with utmost love and care Swamiji has guided uncle personally for the Yatra, he stood by him from inception to culmination and it is for his divine blessings that Bharata Darshan had been a tremendous success and we all are here witnessing it. There are many people who lent their support; donations ranging from one hundred to one lakh were

poured down with love and submission. Many other supported him by taking care of logistics and a few fortunate people could accompany him.

Bharata Darshan is just not a travelogue capturing the historical importance of various places with its rich religious and cultural importance. It is a firsthand inspirational experience of our Bharat the incredible India, an insight into the rich heterogeneous culture and the influence it has given to preserve, protect and re build all the significant sites with the help of modern technology. A culture like Bharat and a chronicle like Bharata Darshan can never be found elsewhere in the World. Many people like Sri Kashyap Choksi, Gopi Krishna Pidatala, Rajashekar Reddy and many people spent invaluable man hours in collecting...correcting...editing... designing the journals to bring it down to a beautiful book. I've also had the fortune of rendering my services to this verbal wonder. HH Chinna Jeeyar Swamiji himself took the pain of reading the entire book to bless it. This book is to be treated as a reverential offering to God and our God full Country Bharat, blessed by our revered Chinna jeeyar Swamiji, and not as any other commercial commodity. My dear friends please don't go by the price of the book the ecstatic experiences you attain when you buy the book are no match to its price. And the sale proceeds of this book will go to abhaya foundation and not to any individual's pocket.

This book is a 12 months old baby, 6 months of intense Yatra and 6 months of Sadhana has finally resulted in the release this book in the hands of Swamiji on this very auspicious leap day of 29, Feb, 2020. Swamiji, it is blessing and love alone has made everything a reality today.

And at last let us not forget to thank our Sponsorers Sri Vasudevarao Devaki, Sri Gowra Srinivas, Sri Sri Ch Venkateswara Rao, Sri GVP Reddy have given us this book today. It is their hard earned given with utmost love, care and reverence that have brought these chronicles Life as Pustaka Prasadam.



## Excerpts from the talk by Sri Challa Srishanth, MD, CCL, Hyderabad



An organisation which is serving the community selflessly since one and half decade is not an ordinary thing...I must congratulate abhaya Foundation for their selfless work on the eve of their Annual Thanks Giving Event on this day.

I wish to congratulate all the Board Trustees of abhaya Foundation who are shouldering the responsibility of taking forward the philosophy of abhaya in true word and spirit. I am amazed to see their belief zeal and commitment since inception in the year 2006.

We at the CCL Products India Ltd., Believes in doing good work wherever possible treating GOD as our partner. Same is the case with abhaya. May be this is the reason why we partnered with abhaya in serving the country men.

Love All - Serve All is what needed for any NGO today in the world. I can see huge impact of such spirit here in this gathering today. I wish to appreciate hundreds of Individual Donors and scores of corporate donors who became the life line for abhaya observing the deserving people. I understand there are people who are contributing Rs.100 every month...It means those

whose earning is minimum too lending their hands of support. The most beautiful image in the world is that of a genuine smile, a smile that naturally occurs in someone when we minimize their pain through our little deeds of selfless support and kindness. This is the precept behind abhaya: 'alleviation of suffering!' The small acts of help many times go a long way in bringing relief to someone who is acutely suffering in some way. The philosophy behind abhaya Foundation is the delivery of reassurance that help is available to anyone who is in desperate need of something. Something that can help him not just survive but live a better life and in turn spread the message of service. Our scope is not restricted to caring for just the sick or the destitute, but goes far beyond and covers a repertoire of social services that become our Mission: 'Service With a HEART.' This encompasses Healthcare, Education, Awareness Creation, Rural Development and Transformation.

Seeing the good work happening on these lines...i really felt very happy today. Today NGOs like abhaya are in need of support from Corporates as the Govt is now asking them to spend their 2% profit for communities connected for them under Corporate Social Responsibility.

CCL is doing such CSR work voluntarily since it's inception...we are happy to spend our funds in making the world a better place to live...hence joined hands with abhaya Foundation since a decade. Today I am happy to be the CSR Partners of abhaya which is empowering thousands rural youth by providing them free livelihood skills and life skills.

abhaya need thousands of volunteers to help them bring some comfort to the unfortunate. Come and join hands with abhaya and demonstrate your love for your fellow beings.

Come and be part of a movement that will surely gladden your heart, come and show that together we can bring about a change in the world. Come and show that you too have a heart, and in the process of serving those in need we will truly be transformed.



## Message by Her Excellency The Governor of Telangana, Dr Tamilisai Sounderarajan



Good evening to all, and my pranams to Chinna Jeeyar, who appreciated me for coming here saying that abhaya foundation is doing exemplary work in doing service. Then I told wherever there is service activity, Swamiji will be there, governor will also be there and that is the attitude of Telangana.

My respects to Rajasekahar garu, Meda Narasimhulu garu, Ranga Rao garu and Balachandra garu, who also authored a book 'Bharatha Darshan'. I really honored to be here, it is not easy to come out with different service activities in this era of selfishness. Abhaya foundation is doing extraordinary work in the fields of Education, village development, self help group sector and skill development. I appreciate three award winners.

When they were announced, they introduced as Middle Class. I feel there should be only two categories, who ever serve others should be upper class and other selfish

people should be lower class. While going through Bharath Darshan, Bharath is a great country. Real citizen of Bharath can never avoid service as it is in our genes. Even Sri Vivekananda said, before going to abroad I liked India and after returning I worship India.. That is the nature of Bharath. Hanuman says, wherever Rama's name is changed he will be there similarly, wherever service is needed, abhaya will be there. That is what I got from the activities of abhaya.

Abhaya is truly implementing the words of Sri Shirdi Sai Baba and Sri Satya Sai Baba, to love all and serve all. I appreciate the service activities and honoured to share the stage with saint HH Chinna Jeeyar.

I am happy to know, abhaya foundation is coming with huge facilities for youth empowerment and women empowerment. I sincerely appreciate Sri Meda Narasimhulu, Chairman, Sri Bhushan Bharateeya of Yuva shakthi for working on building campuses in Anantapuram and Bengaluru. Abhaya supporting meritorious students under educare is commendable. I appreciate service activities of abhaya and thanking everyone.





# Mangalasasanams by HH Sri Chinna Jeeyar Swami ji



Jai Srimannarayana! Service is a difficult word to practice than to say. People always talk about Service activities. But we rarely find people doing it. Why one do service? Is it for benefiting others or for Self-Satisfaction. If one think that the service benefits someone else, arrogance will increase, but when we do service for our own joy, one will enjoy the activities.

Founder Sreeman Balachandra, through abhaya foundation, is doing wonderful service activities for his own satisfaction and his own joy. Anything that you want to do to a person, will always be through body, we cannot touch soul, but can touch body.

Everything we see around is the divine body of God. When one wish to serve the God, serve where there is need. People most of the times think that they are serving needy. They should understand, how they are connected to it. Most of the times people miss this connection. Sreeman Balachandra with guidance of Sri Meda Narasimhulu and with the support of powerful team, and all the donors providing wonderful services. We appreciate the First Lady of Telangana state to be here with abhaya on its annual day and giving her wonderful message.

We are giving mangalasasams to all, because as per Maha Bharata, the benefit goes to does, taker, watchers and who done throw any obstacles. All of you are part of great work to God happening through abhaya. So we are giving our mangalasasanams to everyone present here.

Most people feel that service activities are something which are done by people who don't have any work to do. If other body parts don't respond to an injury and pain, we say those parts are useless. All the body parts will respond to the pain, to prove their existence. Similarly, we are all different parts of the same body. One can extend the horizon to village, state, nation and world. But if one person is suffering, other should respond and see that the pain is reduced.

Sreeman balachandra started his bharata darshan when his father health is not so well. Even then, he covered all the corners of the country, met many saints, visited different cultures and shared his learning with others. Thus he strengthened the pillars of abhaya foundation with his learnings and wrote this book, "Bharata Darshan" to share his learnings in the yatra.

abhaya foundation is responding well for different causes like, Hunt the winter to distribute blankets in chilling weather, motivating students before exams, and supporting patients for their medical needs. All these activities are carried out without expecting any return. That is why we congratulate abhaya on its 13th anniversary.

We should extend the horizon of service, as all of you know telugu saying "Manava Sevaye Madhava Seva", which translates to 'service to mankind is service to God'. But it is not 'service to mankind alone is service to God'. People took the literal meaning and behaving badly with the environment and with self-ideology started cutting trees, killing animals, spoiling the water, spoiling the air. All these elements are parts of divine parts of the same God.

When we treat all the elements with love and care, God in them will be feeling happy. So Sarvapranī seva is Service is God. The ideology of abhaya and its founder is also same. We are giving our mangalasasanams for the book "Bharat Darshan", authored by founder and blessing sreemaan Balachandra and sreeman Narasimhulu, who is in his early 80's with good health to do more and more good service activities. We also appreciate the Governor Smt Tamilisai Sounderarajan for encouraging organizations like abhaya and sparing their time for service activities.



## Excerpts from the talk by Smt Chandrima Dendukuri, Director, Dhanush Healthcare, Hyderabad



Dear All,

A very good evening to all of you.

I slept and dreamt that life was joy.

I came across Abhaya Foundation's newsletter. I awoke and saw that life was service. I met Sri Balachandra Sunku at Abhaya, got acquainted with their work towards service of mankind. I acted and beheld that service was joy.

Today I am very happy to sign the MOU between Dhanush Healthcare and Abhaya Foundation to work in collaboration for the cause of needy and under privileged.

We intend to adapt a village and impart skills to the residents through skill development programs. The reason being - we feel that if we give food or money, it is one time . But if we Impart skill, it is for lifetime. Hence, Specific courses such tailoring, maggam zardosi work, beautician and driving courses have been structured through 3 months training programs to empower 100 men/ women in that area in a year.

On the event of Abhaya Foundation 's Annual day , I thank Abhaya for their magnificent benevolence to the Society and my special thanks to Sri Balachandra ji for his tireless efforts and relentless pursuit towards this cause. God bless and my best wishes on behalf of Dhanush



ప్రశంసాపత్రాలు ఇస్తున్న గవర్నర్ తమిళనాడు, చిత్రంలో చినజీయర్స్వామి

## సేవాగుణం ఉన్నవారే ఉన్నత తరగతి ప్రజలు : గవర్నర్

గచ్చిబౌలి, న్యూస్ టుడే: ఆపదలో ఉన్న వారికి సహాయం చేసే సేవాగుణం ఉన్న వారే నిజమైన ఉన్నత తరగతి ప్రజలని రాష్ట్ర గవర్నర్ డా. తమిళిసై అన్నారు. స్వచ్ఛంద సేవా సంస్థ అభయ ఫౌండేషన్ 13వ వార్షికోత్సవం 'ఆదర్శ' పేరిట శనివారం గచ్చిబౌలిలో నిర్వహించారు. ముఖ్యఅతిథిగా గవర్నర్ మాట్లాడుతూ మానవాళికి సేవ చేయాలనేది భారతీయ జీవనవిధానంలో భాగమన్నారు. స్వార్థపూరితంగా మారిన నేటి సమాజంలో విద్య, వైద్య రంగంలో ఉత్తమ సేవలందిస్తూ గ్రామీణాభివృద్ధికి అభయ ఫౌండేషన్ చేస్తున్న కృషి అభినందనీయమన్నారు. ఇలాంటి సంస్థలను స్ఫూర్తిగా తీసుకొని ప్రతి ఒక్కరూ తమవంతుగా సేవలో పాలుపంచుకోవాలని ఆమె సూచించారు. త్రిదండి రామానుజ చిన జీయర్స్వామి మాట్లాడుతూ... సమాజ సేవ చేయాలంటే విశాలమైన మనస్సు ఉండాలన్నారు. సర్వప్రాణి సేవ చేయడమే నిజమైన మాధవ సేవ అన్నారు. అనంతరం ఫౌండేషన్ వ్యవస్థాపకులు బాలచంద్రసుంకు రాసిన 'భారత్ దర్శన్' అనే పుస్తకాన్ని గవర్నర్, చిన జీయర్స్వామి చేతుల మీదుగా ఆవిష్కరించారు. ఫౌండేషన్లో ఉత్తమ సేవలందిస్తున్న పలువురు వాలంటీర్లకు ప్రశంసాపత్రాలు అందజేసి సన్మానించారు. కార్యక్రమంలో అభయ ఫౌండేషన్ ఛైర్మన్ నర్సింహులు, సీసీఎల్ ప్రొడక్ట్స్ ఇండియా లిమిటెడ్ వ్యవస్థాపకులు చల్లా రాజేంద్రప్రసాద్ తదితరులున్నారు.





తోటివారికి సాయం చేయలేనివాడే నిజమైన పేదవాడని, తనకున్న దాంట్లో చేతనైన సాయం చేయగలిగినవాడు నిజమైన ధనికుడని గవర్నర్ తమిళ సై సాందర్ రాజన్ చెప్పారు. పేద, ధనిక, ఉన్నత అనేది ఆస్తులను బట్టికాకుండా వారి సేవాగుణాన్ని బట్టి చూడాలని పేర్కొన్నారు. శనివారం హైదరాబాద్ లోని గచ్చిబౌలిలో అభయ ఫౌండేషన్ ఆధ్వర్యంలో 'భారత దర్శనం' పుస్తకాన్ని చినజేయర్ స్వామితో కలిసి గవర్నర్ ఆవిష్కరించారు. ఈ సందర్భంగా గవర్నర్ మాట్లాడుతూ.. అభయ స్వచ్ఛంద సంస్థ గ్రామీణ ప్రాంతాల్లో స్వయం ఉపాధి కేంద్రాలు, నైపుణ్య శిక్షణ కేంద్రాలు నెలకొల్పి గ్రామీణుల్లో స్వయం ఉపాధిని ప్రోత్సహిస్తున్నదని చెప్పారు. కార్యక్రమంలో అభయ సేవా సంస్థ ప్రతినిధులు తదితరులు పాల్గొన్నారు.

- హైదరాబాద్ సిటీబ్యూరో, నమస్తే తెలంగాణ

## ఆశించకుండా చేసేదే నిజమైన సేవ



మాట్లాడుతున్న తెలంగాణ గవర్నర్ తమిళ సై సాందర్ రాజన్ వేదికపై చిన జేయర్ స్వామి

గచ్చిబౌలి: ప్రతి ఒక్కరూ సేవా దృక్పథం అలవర్చుకోవాలని ఆది మానవ దర్శనం అని తెలంగాణ గవర్నర్ తమిళ సై సాందర్ రాజన్ అన్నారు. శనివారం గచ్చిబౌలిలోని సంధ్య కన్వెన్షన్ లో ఆదర్శ పేరిట నిర్వహించిన అభయ ఫౌండేషన్ 13వ వార్షికోత్సవానికి ఆమె ముఖ్య అతిథిగా హాజరయ్యారు. ఈ సందర్భంగా గవర్నర్ మాట్లాడుతూ.. జాతి ఉన్నతి కోసం, ఎలాంటి స్వార్థం లేకుండా చేసేదే నిజమైన సేవ అని పేర్కొన్నారు. వివేకానందుడు, గాంధీజీ చూపిన మార్గాలను అనుసరించాలని సూచించారు. స్వయం సహాయక బృందాల ద్వారా మహిళా సాధికారత, గ్రామీణ ప్రాంతాల అభివృద్ధి, యువకుల్లో వృత్తి నైపుణ్యం పెంపు

దల, పేదల ఆరోగ్యం కోసం అభయ ఫౌండేషన్ అం దిస్తున్న సేవలను ఆమె కొనియాడారు. త్రిదండి రామానుజు చిన జేయర్ స్వామిజీ మాట్లాడుతూ.. ప్రతి ప్రాణికి సేవ చేయడమే నిజమైన మాధవ సేవగా అభివర్ణించారు. మానవసేవయే మాధవ సేవ అంటే ఒక్క మనిషికి మాత్రమే సేవ చేసి ప్రకృతిని విద్విన్నం చేయడం, జీవులను హరించడం కాదన్నారు. సేవ చేయాలంటే ఎంతో విశాలమైన మనస్సు ఉండాలన్నారు. ప్రాంతం, ధనిక, పేద తేడా లేకుండా చేసే సేవను దైవసేవగా భావించాలన్నారు. కాలికి చెట్టు తగిలితే చేయి సాయం చేస్తుందని, నీటి బొట్టుతో కళ్లు ఏడుస్తుంటే నోరు అండగా నిలుస్తుందని ఆలాగే సమాజం కూడా ఒక శరీరంగా భావించి ఫలం ఆశించకుండా సేవ చేయాల్సిన అవసరం ఉందని ఉద్ఘోషించారు. అనంతరం అభయ ఫౌండేషన్ వ్యవస్థాపకుడు బాలచంద్ర సుంకు రాసిన భారత దర్శన పుస్తకాన్ని గవర్నర్, చిన జేయర్ స్వామి చేతుల మీదుగా ఆవిష్కరించారు. అభయ ఫౌండేషన్లో ఉత్తమ సేవలందించిన వారికి జ్ఞాపికలను అందజేశారు. ఈ కార్యక్రమంలో సీసీఎల్ ప్రొడక్షన్స్ ప్రెవేట్ లిమిటెడ్ చైర్మన్ చల్లా రాజేంద్ర ప్రసాద్, అభయ ఫౌండేషన్ అధ్యక్షుడు మేడ నర్సింలు తదితరులు పాల్గొన్నారు.



తోటివారికి సాయం చేయలేనివాడే నిజమైన పేదవాడని, తనకున్న దాంట్లో చేతనైన సాయం చేయగలిగిన వాడు నిజమైన ధనికుడని గవర్నర్ తమిళ సై సాందర్ రాజన్ చెప్పారు. పేద, ధనిక, ఉన్నత అనేది ఆస్తులను బట్టికాకుండా వారి సేవాగుణాన్ని బట్టి చూడాలని పేర్కొన్నారు. శనివారం హైదరాబాద్ లోని గచ్చిబౌలిలో అభయ ఫౌండేషన్ ఆధ్వర్యంలో 'భారత దర్శనం' పుస్తకాన్ని చినజేయర్ స్వామితో కలిసి గవర్నర్ ఆవిష్కరించారు. ఈ సందర్భంగా గవర్నర్ మాట్లాడుతూ.. అభయ స్వచ్ఛంద సంస్థ గ్రామీణ ప్రాంతాల్లో స్వయం ఉపాధి కేంద్రాలు, నైపుణ్య శిక్షణ కేంద్రాలు నెలకొల్పి గ్రామీణుల్లో స్వయం ఉపాధిని ప్రోత్సహిస్తున్నదని చెప్పారు. కార్యక్రమంలో అభయ సేవా సంస్థ ప్రతినిధులు తదితరులు పాల్గొన్నారు.

- హైదరాబాద్ సిటీబ్యూరో, నమస్తే తెలంగాణ





Dear Balachandra garu, Sri GM Rao garu Group Chairman of GMR Group told me to convey his best wishes for your today's Anniversary event of Abhaya Foundation. He conveyed all his admiration for the noble work you have been doing for the welfare of the underprivileged. – **PNS Murthy, Head - Organisational Values, GMR Group, Hyderabad International Airport**



Dear abhaya team, Kudos to each and every member of abhaya team who participated on the stage and behind the stage. The program was very well organised and superbly executed. Each one of the item was excellent and it was like a feast to eyes and heart.



I am very proud of the abhaya achievements and its long term vision. During these 13 years the abhaya has reached a different peaks altogether. I take this opportunity to thank each and every donor, who have lent their support to this Nobel cause - **CA S Narayana Rangaiah, Founder Trustee, Bengaluru**



Fully agree with this. Governor and Jeeyar Swamiji spoke very well. 15-20 people came from our gated community. They are all very impressed with abhaya work and the way the program is conducted. Another good thing was full fledged dinner, beneficiaries enjoyed food and unlimited ice-cream. – **CS G Raghu Babu, Trustee, Hyderabad**

I was pleased to attend part of the 13th annual event of Abhaya Foundation. The energy and enthusiasm of Mr. Balachandra was mesmerizing. Very laudable work being done by the foundation. Was impressed with the dedication of some young volunteers who were recognised with medals. The gathering was much larger than I expected. I liked the message of HH Chinna Jeeyar Swamiji about service being for own happiness. The dance performances were very good.

I flipped through Bharat Darshan and was amazed at the adventurous spirit of Mr. Balachandra. I would like to emulate his travel, but do not have the courage to go the way he did. Best wishes, and thanks for inviting me. - **Rajivlal, Senior citizen, Hyderabad**

As always, our function is conducted like a well oiled machine. Compliments to the entire team, lead by you. All my friends felt happy to be connected (for the first time), and they promised to do their little bit for our abhaya. Already one of them, Mr. VST. Sai, contributed Rs.10,000/-, last week. God bless you all - **abhaya Prasad**



Briefed CA Veerappan, CS Manikandan & CS Naresh, HIL Ltd., Hyderabad about the need of CSR funds for running projects of abhaya. Hoping to have positive response from them.

Master, Please apply for times of India csr awards, please see today's times of India - **CS Venkata Ramana Reddy, Company Secretary, Hyderabad**



Thank you so much for inviting me to this event sir. After looking at the crowd who are benefited from Abhaya foundation I felt very emotional. I am member of me2we group where we do blood donations and do some support to students. I definitely want to be part of this Abhaya foundation. Thank you so much - **Mani, Kotak Mutual Fund**



Dear Board Members, Thank you each one of you for making it to event yesterday and stand by the cause. I know, without your support, we could not conduct such a wonderful event. Kudos to you all for making the event to grand success! - **KSV Siva Krishna, Secretary, abhaya Foundation.**

Sairam dear Bala. How are you after a hectic rewarding program. We were rewarded and very happy to have been with you all last evening. It was wonderful Divine event with Sri Jeeyar Swami and the HEx Governor Wonderful sentiments expressed Very good for abhaya. Thank you for making us part of you. The final outcome of the book is excellent - **H Srinivulu, Hyderabad**



Thank you for the invitation Bala, My mother and self are indebted to you for facilitating to seek Guruji's blessings - **Gowra Subbaraj, Industrialist, Hyderabad**

Forget about small things, the program is very planned and God blessed you and your team with success happy, May swami shower HIS choicest blessings on you abhaya for your future endeavors. - **M Udaya Bhaskar Reddy, Hyderabad**



Dear Uncle, abhaya Annual and Bharath darshan release went on like a feast for the heart with gathering of so many wonderful souls. Needless to say always you will be winning our hearts with your humble way of multi-tasking. It is not so easy to deal with big people and such a big function. But you did it with ease with lots of love. Honourable Governor and Sri Chinna Jeeyar Swamiji's messages were awesome. You have done lot of ground work and main work. Your body may tire but your soul is tireless uncle. Despite of such busy schedule you never miss making others happy by your presence with them, appreciation or participation in cultural part. Infact pleasing every one and remembering everyone is difficult thing. I take a bow to your relentless effort in trying to keep us intact with Abhaya and social service. Thank you for giving BHARATH DARSHAN book. - **Dr Sailatha, MBBS, Anantapuram**



Dear Balachandra, Congratulations, program went on well. grand success - **GV Anjaneyulu, Dist President, TDP, Guntur**

Dear Balchandra Uncle. It was an amazing... beautiful... happy moments for every person present at the hall to be a part of the abhaya

Aadrasha. It is always our pleasure to take part in such Celebrations. The programme was designed in a very beautiful manner encouraging and motivating every individual... enlightening with the message of service... recognising those who took part and also showing everyone like, how one gets to know himself better by way of doing service. I am happy that you have pendown your experiences of Bharat Darshan. It is an amazing narrative, for the reader, it is like you experiencing every location you been and Thank you for that uncle. I am again thankful for asking me for the feedback even though I am none to say about it for the work you doing so. - **Rohit Sathiraju, CA Student, Hyderabad**







It's all went very well. This year event is more inspiring when compared to all the previous years. It was not at all boring...Very engaging for us. All the Guests gave a very good message. The drama performance is simply super...I liked it very much. But, the crowd was leaving, due to their travel. You in Vidura character is awesome. - **Soujanya Krishna, W/o KSV Sivakrishna, Secretary, abhaya Foundation**

It was our privilege to be part of the event. Felt very happy - **PS Rao, Trustee, abhaya Foundation**



Excellent arrangements. Extraordinary execution Bala garu - **Dr K Narasimha Rao, BMS Engg College, Bengaluru**



My love for the cause and organisation is always there. It's not just a journey.... it's divine journey. Thank you - **B Sumathi, IPS, SP, Telangana Child & Women Safety, Hyderabad**



I was outside hyderabad, could not make it. I am always with the mission abhaya - **VV Lakshminarayana, IPS Rtd.**

Dear Sri Bala. I am very proud of you. Abhaya is doing great great work. I

love and happy to be there but due to my preoccupation am not able to attend the event. Kindly do not think otherwise. May God bless you always affectionately yours - **Datla Hanumantha Raju, Trustee, abhaya Foundation**



Very well organised and orchestrated program. Kudos to you and the entire team of Abhaya Volunteers. - **Rashida**



Swami ji, hearty congratulations for the great event that you organized and for taking care of every minute details. Pls take care of yourself and take lil rest today. - **Chandrima, Director, Dhanush Healthcare, Hyderabad**

I have seen the entire program through you tube ( live) . Right from national anthem to end national anthem both sung by you dear . God willingly I could watch the program sir - **CA IS Prasad, Vice President, FKCCI, Bengaluru**



Dr Tamilisai Soundararajan, Governor of Telangana, inspired us with her thought-provoking speech. HH Sri Thridandi Ramanuja Chinna Jeeyar Swamiji enlightened us.

Many of my friends, colleagues and students attended the event. Specially, my friend Satyam suryanarayana was inspired by abhaya and Balachandra anna. He then wrote a poem on the spot and sang on the dias. All the people in the event enjoyed Performances, Dances and specially Srikrishna Rayabaram. Fortunately, I was a part of a short film. Which was about love and care behind Balachandra anna's harsh voice. Finally, it was a great event and we got a good experience. Thank you abhaya. - **MMahesh, IAS Coach, Hyderabad**

మీరు చేస్తున్న సేవల ముందు...చాలా చిన్నది అండి మేము చేసింది. .  
- **Sandhya Rao, Sandhya Convention, Hyderabad**





Thank you for the love and affection and relieving. One feedback - considering the scale of event and VVIPs & dignitaries I felt for you managing, anchoring and coordinating the program was a challenge. Suggestion is one of it can be delegated so that focus and continuity are there. On that stage even a 2 second halt appears very long and may not look good in front of HH Swami and other VVIPs. Felt like sharing this for the good. - **Lakshmikanth Sunkara, Member - Hyundai CSR Committee, Hyderabad**



Swami ji, hearty congratulations for the book release and for taking care of every minute details. Thank you Swami ji. Sure Swami ji. I will transfer funds today to abhaya account. I will speak to my HR manager to set up a session to introduce Abhaya to my employees. That way we will send employee contribution to Abhaya also - **Chandrima, Director, Dhanush Healthcare, Hyderabad**



Congratulations. If you require CSR contribution for Abhaya, please send a request to GATI with all the relevant brochures. We will try to contribute from the company as well provided we have Documentation explaining CSR related activities. FY 2019-2020 is coming to an end. So please send it quickly - **CS Maharani, Company Secretary, GATI, Hyderabad**



Very humbling. The abhaya Foundation is doing such exemplary work for Society. I deem it a privilege to have witnessed such a nice program in the Divine presence of Chinna Jeer Swamiji. Mr.M.R.Chandu, who is also connected to Sri.Rajendra Prasad of CCL. - **Abhaya Prasad**

Balachandra garu...Thank you. I was so happy to attend the event so wonderfully conducted by you and I could understand the great and noble work being done by you. God Bless you. I am trying for a bigger donation from GMR. I will inform you soon. Please send me photos of my receiving prize from you on the Dias. - **PSN Murthy, GMR International Airport, Hyderabad**



Hearty congratulations for the wonderful event. Your role as Vidura was captivating & fabulous...It was definitely motivating for the people sitting in front and at the back many youth were standing....I myself wanted to leave after the book release...but programs kept me tied til the end Through bringing more ppl..I meant word of mouth ...or discussing on this. I had already discussed with known ppl. one lady who came with me had a negative feeling before coming, she was dumbstruck.

Advanced Technology is at its best use...people standing at the far back of the hall were also able to watch the program clearly. Sound system was perfect. As and when possible I shall surely support abhaya...Women empowerment stalls are very attractive. Huge change in work style..very good advancement. I bought many bags..though not of much use..just to encourage them... Thinking I can gift anyone when necessary without purchasing from outside - **Aparna, Hyderabad**



Dear BALA, a small suggestion that we should auction the Bharat Dharshan books autographed by Sri Chinna Jeeyar Swamiji . The proceeds of course will go to the abhaya. It happens at most of the events and occasions – **CA S Narayana Rangaiah, Founder Trustee, Bengaluru**





సాయిరాం, బాలు, కార్యక్రమం అంతా చూసిన తరువాత నాలో కల్గిన భావాలు ప్రాస్తున్నాను. వాస్తూమ్మ తరచుగా వెళ్లి రావాల్సి వచ్చింది. వస్తున్నప్పుడు సభా మంటపంలో కూర్చున్నప్పుడు. . . అందరిని గమనిస్తూ వచ్చాను ప్రతి ఒక్కరు ఎదో ఒక విధంగా అభయ తో లబ్ధి పొందినవారే పిల్లలు, మహిళలు, విద్యార్థులు, యువకులు, వృద్ధులు ఇలా అందరూ. ఎదో టైం పాస్ కోసం ఎవ్వరు రాలేదు... వారి సంతోషం పంచుకోవటానికి ఒక అవకాశం అని వచ్చిన వారే కనిపించారు.

వారి లోని ఆనందం గమనిస్తే నిజంగా అభయ విశ్వరూపం వారి ద్వారా ప్రకటితం అయ్యింది అనిపించింది. ఏమీ లేని స్థితి లో వచ్చి ఎదో ఒక వృత్తి లో స్థిరపడిన వారి ఆనందం చాలా చాలా స్ఫూర్తి దాయకంగా అనిపించింది ఏర్పాట్లు చాలా బాగున్నాయి. కారణజన్ముడు అన్న పదానికి నిజంగా నీవే నిలువెత్తు విగ్రహం. ఎదో కాలయాపన కోసం కాకుండా ఒక సందేశం ప్రయోగాత్మకముగా చూపించడానికి అన్నది ప్రతి క్షణం నిరూపించడం జరిగింది. గవర్నర్ మరియు స్వామిజీ వారు నీ పట్ల మరియు అభయ పట్ల ఎంత ఆదరాభిమానములు కల్గి వున్నారో చూస్తుంటే చాలా గర్వాంగా అనిపించింది మేము నేర్చుకోవలసినది, చేయవలసినది చాలా వుందన్న సందేశం అందించింది.చివరిగా ఒక్క మాట స్వామి వారి దివ్య అనుగ్రహం తో ఇంకా నీ జీవిత పర్యంతం లో ఎంతో మందికి స్ఫూర్తి, లబ్ధి, మార్పు, సమాచారం, సద్విచారం, నీ నుండి పొందాలని ప్రార్థన. - **T మధుసూదనరావు, హిందూపురం**

abhaya Adarsha, the 13th Annual Thanks Giving event is undoubtedly the best of all the events that I've witnessed in my 10 years association with abhaya. abhaya's prerogative to invite HH Chinna Jeeyar Swamiji and Hon'ble Governor of Telangana, and their kind acceptance and attendance to the event has added approbation to abhaya and it's Mission.



Their presence spoke volumes about the real time work that is happening at abhaya unlike any other organisation. The Cultural events have thoroughly engaged the audience irrespective of their age and background. Unlike ever I was also involved in the event immensely that I ensured to be there from beginning till end. Bharata Darshan is a magnum opus of

Balachandra Uncle's devout Bharata Darshan Yatra. This book has amazed scores of people with its comprehension of Indian Culture and the possibilities one can create with their pure intentions. Bharata Darshan is a book that cannot be explained but can only read and experienced!!! Do buy the book and contribute to abhaya with an added advantage of Bharata Darshan! - **S Lalitha Lahari, Proddaturu**



Reading the Bharata Darshan book and your visit and explanation are awesome.. I would say it is like "Lonely Planet's Discover India" tourist book with more focus on Religious place. very nice and proud of you.. I Must tell, I cried after you falicitated those kids working in MNCs post your support - **Venkat, Dell, Hyderabad**

Its a honour for being part of abhaya aadarsha grand event. No words for your tremendous energy, dedication, kindness, vision,'Service with heart' ... Hats off to you all. I am proud to be an Abhayan and put my small hands to serve. Thank you sir...I am blessed to receive Bharata Darshan book from your handa. I donate every year to abhaya ... I work with Shiva garu - **Durga, CSR Coordinator, DXC Foundation, Hyderabad**



సాయి రామ్ సార్... భారత దర్శనం వల్ల, మీ కళ్లతో చూసినవి మా కంటికి అద్దినట్టుగా చూపించి, మాకందరికి, మీరు చాలా అద్భుతంగా వివరించి, మంచి మంచి మాటలు, వెనకటి పద్యాలు, సూక్తులు, మా ముందు పెట్టారు... మీరు దర్శించినభారత దర్శన పుస్తకాన్ని నాకు భగవద్గీత, ఖురాన్, బైబిల్ తో సమానం లా అనిపించింది. . . భారత దేశంలోని ప్రముఖ ప్రాంతాలు, మీ మనసునుండి వచ్చిన మాటలు, వాక్యాలు, పుస్తక రూపంలో ముద్ర వేయించి మాకందరికి ఇవ్వటం చాలా నచ్చింది, మీకు ఎవరు సాటి

లేరు సర్...ధన్యవాదాలు... - **Aruna Prabhanjan, Karimnagar**





Wow sir. What a monumental journey you have accomplished. Many many heartfelt congratulations once again. May God bless you with more and more energy and spirit for accomplishing more for the country. Thank you so much for sharing.- **Sunil Nair, Mumbai**

Thanks for making us part of such a wonderful event and abhaya foundation...whether we discuss, agree, disagree...all we do it for a good cause and if the event leave a message for others to start lending hands of support for the cause then our responsibility towards society increases....Appreciate you sir for leading all of us - **CS Jinesh Kumar, PSRao & Associates, Hyderabad**



**Witty Chaat with my child, a software engineer turned into kindness Action - Balachandra**

xxxx: It was great to witness abhaya's bday . Mama did you upload the abhaya AV anywhere?

Balachandra: Not yet

xxxx: Once its done kindly send the link to me. I need to show to mom n few friends

Balachandra: What will happen if you do that

xxxx: They told they want to know about it so i asked you.

Ofcourse i have sent them the website link

Balachandra: If they know what will happen

xxxx: Mama even i dont know ... when they asked about abhaya I asked..."what will happen there after you know"

Balachandra: Dear...You know about abhaya since birth...You are yet to ACT even in 13th year...What will they do with one link. I suggest you to start your monthly donation...

xxxx: U will have answer now...Just transferred Rs.6000/-

Balachandra: Thank you my dear child...

నా అనుకున్న వారికే స్పందించడానికి అభయ పుట్టిన 13 ఏళ్లు పట్టింది. నీ లాంటి వాడిని నేను విరాళం ఇచ్చే వాడిగా కాదు చూడాలని అనుకుంటుంది. అభయకు మీలాంటి పిల్లలు విలాసం కావాలి...అంటే ధర్మకర్త కావాలి అని



**abhaya**

**ādarsha**  
IN PURSUIT OF SERVICE





# THANK YOU





**CONTINENTAL  
COFFEE**

## ***Gratitude to Sri Challa Rajendra Prasad, CCL***

***He is very happy about the event***

***Profusely happy about abhaya***

***All praises to Sandhya Mgt***

***Surprised for not meeting me until today***

***Assured support to ATP Project***

***Appreciated CS PS Rao & CS Sridevi, CCL***

***Complimented entire board members of abhaya***

***Respects to Sri Meda for his out standing service***

***Advised us to blindly believe GOD***

***[www.abhayafoundation.org](http://www.abhayafoundation.org)***



***Conveyed our Gratitude to Management of Sandhya  
Convention for hosting abhaya Annual Event***



***Thank You Dear CS Vasudeva Rao for  
standing by "Bharata Darshan"***



## సామాన్య గృహిణి అసంఖ్యాక గృహములలో వెలుగులు నింపింది.



మధ్య తరగతి నేపథ్యం...  
ఉమ్మడి కుటుంబం...  
సామాన్య జీవన విధానం...  
అంతంత మాత్రమే చదువు...  
అతి చిన్న వయసులో పెళ్లి...  
ఇంటి నుండి రాజధానికి ప్రయాణం...  
ప్రేమించే భర్త... ప్రేమను పంచే కుమార్తె...  
అన్ని తానుగా కుటుంబాన్ని చూసుకోవడం...  
వెరసి కృష్ణ వేణి నాలుగున్నర దశాబ్దాల జీవితము.

ఇవన్నీ విని, శ్రీమతి కొత్తమను కృష్ణ వేణి ని అందరిలా సామాన్య గృహిణి లాగానే అనుకుంటాము... కాదు, తాను సామాన్య గృహిణి అయినా, వేలాది ఇళ్లలోని సామాన్య గృహిణులకు దిశా నిర్దేశం చేస్తూ...వారికి జీవిత నైపుణ్యాలను అందిస్తూ...ఉపాధి శిక్షణ కార్యక్రమాలను ఉచితంగా ఏర్పాటు చేస్తూ...నిజమైన మహిళా సాధికారతకు నిలువెత్తు నిదర్శనంగా నిలచిన మహిళామతల్లి స్ఫూర్తి దాయకమైన కథ ఇది.

ఉమ్మడి కుటుంబములో వున్న కారణముగా చిన్నప్పుడు అందరి లాగానే కృష్ణ వేణి రాజమండ్రిలో తీరిక సమయములలో అల్లికలు, కుట్లు నేర్చుకునేది... సామాన్య మయిన ఉద్యోగం చేస్తున్న కొత్తమను రంగారావు ని పెళ్లి చేసుకుని, విజయవాడలో వున్నప్పుడు, భర్త ప్రోత్సాహం తో కుట్లు మిషను కూడా నేర్చుకుని ఒక కుట్టు మిషను కొనుక్కుని దాని సాయంతో తన కు తన కుటుంబ సభ్యులకు డ్రెస్సెస్ కొట్టుకుంటూ కాలం వెళ్లదీసేది. భర్త ఉన్నత ఉద్యోగం రీత్యా హైదరాబాద్ కు చేరుకుంది. భర్త తన ఆఫీస్ కి వెళితే తీరిక సమయంలో ఏమి చేయాలో తోచక కుట్లు మిషను బయటకు తీసి తోచిన విధంగా ఉపయోగించేది.

భార్య భర్తలు ఇద్దరు సాయి సంస్థలో సభ్యులు గా వుండే వారు. ప్రతి వారాంతం స్థానిక బోయనపల్లి ప్రాంతములో ని బాబా మందిరానికి వెళ్లి అక్కడ భజన మరియు సేవా కార్యక్రమాలలో పాల్గొనే వారు. బాబా వారు ఇచ్చిన ప్రేరణ వల్ల సుమారు 15 సంవత్సరాల క్రితం సాయి స్వచ్ఛంద సంస్థ వాళ్ళు గ్రామాలలో సేవలు చేయాలని బయలు దేరారు. వేణి రంగారావు కూడా చాలా క్రియాశీలమైన పాత్ర పోషించే వారు. గ్రామాలలో సేవా కార్యక్రమాలు చేయాలని ఆలోచించి మల్లా పూర్ అనే గ్రామంలో మొట్ట మొదటి సరిగా తాను నేర్చుకున్న కుట్టు పనులు గ్రామీణ మహిళలకు నేర్పించి తద్వారా వారికి ఆదాయ మార్గం కల్పించాలని సంకల్పించారు. అలా తాను నేర్చుకున్నది ఇంకో పది మందికి ఉపయోగ పడటం వేణి రంగారావు ని చాలా ప్రభావితం చేసింది. సాయి సంస్థ లో సుమారు 200 మందికి 2 నెలల పాటు 10 బృందాలకు స్వయంగా శిక్షణ ఇచ్చింది. ఇంటి దగ్గర కూడా చుట్టూ ఉన్న ఔత్సాహిక యువతులకు, మహిళలకు తీరిక సమయంలో కుట్లు అల్లికలు నేర్పించేది.





తరవాత కాలంలో, టెలికాం కాలనీ లో సొంత ఇంటిని కట్టుకుని అక్కడ స్థిరపడి పోయారు... స్వచ్ఛంద సంస్థకు దూరం అయింది. ఏమి చేయాలో పాలు పోలేదు. పది మంది మహిళలకు తాను సాయ పడాలన్న ఆకలితో అలమటించి పోయేది. తన భర్త లో చర్చించింది. కొత్త ఇంట్లో చుట్టూ పక్కల వున్న మధ్య తరగతి మహిళలకు పాఠాలు మొదలు పెట్టింది.

వాళ్ళ ఇంటికి, 2014 లో హైద్రాబాద్ వేదిక గా దేశ వ్యాప్తంగా సేవలు చేస్తున్న అభయ ఫౌండేషన్ సంస్థ సభ్యులు వచ్చి నప్పుడు కృష్ణ వేణి చేస్తున్న సేవా కార్యక్రమాల్లో అద్భుత మయిన నైపుణ్యము, అనుభవము, సేవా దృక్పథము, ప్రేమ, మానవతా విలువలు, సాధికారత వుండటం గమనించి అభయ సంస్థ ద్వారా ఇంకా వీలైనంత మందికి ఉపాధి శిక్షణ ఇవ్వమని అర్థించారు. ఆ తరవాత కాలంలో వేణి రంగారావు ఒక భోధకురాలి స్థాయి నుండి అభయ మహిళా సాధికారత శాఖకు దేశ స్థాయిలో డైరెక్టర్ గా ఎదిగింది. స్మార్ట్ ఫోన్ - టెక్నాలజీని ఉపయోగించి వాటిద్వారా సుదూర ప్రాంతాలలో వున్న కేంద్రాలను అనుసంధానం చేస్తూ ఎప్పటికప్పుడు శిక్షకులకు సూచనలు సలహాలు అందిస్తుంటారు. ప్రస్తుతము 20 అభయమహిళా సాధికారత బృందాలకు నేతృత్వం వహిస్తున్నారు

గత 5 సంవత్సరాలలో తన ఆధ్వర్యంలో ఇప్పటి దాకా తెలంగాణ, ఆంధ్రప్రదేశ్, కర్ణాటక మొదలగు రాష్ట్రాలలో 300 గ్రామ కేంద్రాలలో సుమారు 6000 మంది గ్రామీణ మహిళలకు కుట్టు మిషను, మెహింది, ఫాషన్ డిసైనింగ్, చందన్ వర్క్, ట్రై మేకింగ్, పేపర్ గ్రీటింగ్, డ్రెడ్ నగలు, టి షర్ట్ మేకింగ్, beautician ఇత్యాది శిక్షణా కార్యక్రమాలను ఉచితంగా నిర్వహించారు.

తన దగ్గర నేర్చుకున్న మహిళలకి మళ్ళీ తానే సంస్థ ద్వారా ఉద్యోగము ఇప్పించి వారి ద్వారా వందలాది గ్రామాలలో శిక్షణా కేంద్రాలు ఏర్పాటు చేశారు. అను నిత్యము తమ దైనందిక



జీవితములో ఇంటి పనులు చేసుకుంటూ తీరిక సమయాలలో గ్రామాల్లో కేంద్రాలను సందర్శిస్తూ అక్కడి వారికి మార్గదర్శనం చేస్తున్నారు. సమయం దొరికితే ఎలా వృధా చేసుకోవాలో అని ఆలోచించే చాలా మంది ఈ కాలం మహిళలకు వేణి రంగారావు నిజంగా ఆదర్శమే.

ఇప్పటి దాకా వేణి ఆధ్వర్యంలో ఎన్నో పెరిన్నిక గొన్న స్వచ్ఛంద సంస్థలు (శ్రీ సత్య సాయి సంస్థలు, BIRED, మేడ Charities, అభయ ఫౌండేషన్ మొదలగునవి) దక్షిణ భారత దేశంలో సుమారు 5000 గ్రామీణ మహిళలకు కుట్టు మిషన్లు / పనిముట్లు సబ్సిడీ మీద అందించారు. దేశములో ప్రఖ్యాతి గాంచిన సీసీల్ ప్రొడక్ట్స్, షేర్ ఖాన్, బైబిట్ సోలార్, డెక్కన్, హుందాయి, GVPR ఇంజనీర్స్ మరియు ఇతర కార్పొరేట్ సంస్థలు వేణి చేస్తున్న సేవలకు స్పర్ధి పొంది అభయ సంస్థలో చేతులు కలిపి ఆర్థిక సాయం అందించారు.



తాము నివాసం వుంటున్న ఇంటి మీద తమ స్వంత ఖర్చుతో తాత్కాలిక వసతిని ఏర్పాటు చేసి తమ ఇంటినే మహిళా సాధికారత కేంద్రంగా మలచి ప్రతి నిత్యము ఆ కేంద్రం ద్వారా ఎందరో మహిళలకు చేయూత ఇస్తున్నారు.

అంతే కాకుండా స్వయంగా పూనుకుని మహిళలను చిన్న బృందాలుగా ఏర్పరిచి వారికి ప్రదర్శనలు ఏర్పాటు చేయడం ద్వారా, టాన్ షిఫ్ట్ మరియు గేటెడ్ కమ్యూనిటీస్ లో కంపైన్ చేయడం ద్వారా, తెలిసిన వాళ్ళకు చెప్పడం ద్వారా...అన్ని రకాల పనులను వారి ద్వారా చేపించి... వారికి ఆదాయ మార్గాలను చూపిస్తున్నారు. అలా వారు సంపాదించుకున్న వనరులలో నుండి కొద్ది శాతం అభయ సంస్థ సేవలకు ఇచ్చే విధంగా ప్రోత్సహిస్తున్నారు. మును ముందు కనీసం 100 మంది ఔత్సాహిక యివతులకు ఒక చిన్న పరిశ్రమ స్థాపించి జీవితాలను ఇవ్వాలన్న పట్టుదలతో వున్నారు. ఈ దిశలో భాగంగా ఒక జ్యూట్ బాగుల యూనిట్ మరియు టి షర్ట్ కుట్టే యూనిట్ చిన్న స్థాయి లో ప్రారంభించారు.

తన లాంటి వారికి మరియు అభయ సంస్థకు కార్పొరేట్ సంస్థలు తమ సామాజిక సేవా బాధ్యతలో భాగంగా ఆర్థిక సాయం అందిస్తే ఇంకా ఎన్నో సేవా కార్యక్రమాల ద్వారా మరిన్ని వెలమంది గృహిణుల జీవితాలలో చిరుదివ్వెలు వెలిగించొచ్చు అన్నది వేణి ఆశ.





# abhaya FOUNDATION

## Projects need CSR Funds



**Dear Corporate Heads!**

**Sub: Seeking your kind CSR Funds - Reg., Greetings and gratitude!!**

We wish to convey our gratitude to the Board Directors of each Indian Company who are doing their bit for those in need with the available CSR Funds with them. abhaya FOUNDATION (<http://www.abhayafoundation.org>), Hyderabad have their service projects across the southern states of India. Following are the projects we wish to present before you for lending your hands of support

### Empowerment Initiatives:

1. Tailoring Classes for 30 Rural Women (1lakh per batch)
2. Driving Classes School for 10 Rural youth (50K per batch)
3. Driving Simulators for Youth Empowerment in AP, Telangana & Karnataka (Rs.3,00,000/- per simulator)

### People Care Initiatives:

1. Destitute Care at abhaya Home of Happiness (Rs. 12,00,000/- PA to take care of 25 uncared people)
2. abhaya Hunt the Summer (Distributing Umbrellas/ Canopies for Street side Vendors Rs.5,00,000/-) during every Summer
3. abhaya Hunt the Winter - Distributing woollen blankets for needy (Rs.10,00,000/-) during every winter

### Educare Initiatives:

1. abhaya Educare (Support for Poor and Meritorious students for perusing higher education (Rs.5,00,000/- per annum)
2. Breakfast service for 4 months to Class X students at Govt. High Schools (Rs.75,000/- per school)
3. Digital Class Rooms at Govt High Schools (Rs.2,00,000/-per school).

### Infracare Initiatives:

1. abhaya Youth Empowerment Center, Anantapuram, AP under construction: Need is Rs.50,00,000/- for completion
2. abhaya Youth Empowerment Center, Bengaluru, Karnataka under construction: Need is Rs.20,00,000/-

Your supervision and feedback is needed to improve our systems, processes and procedures. We request you to support our highly committed and passionate team who support one another.

We will be more than happy to meet you to present the activities if given an opportunity. With Love & Life for the Country: **KSV Siva Krishna, Secretary, (9959220450)**







# abhaya Home of Happiness

## Latest Update



Everyone at abhaya home are fine. Swapna is playing better than earlier. Manemma garu went to hospital twice as she had burning sensation in eyes. Yadamma garu is suffering from severe leg ache. Food is being brought to and served to Suryakatham garu and Kamalamma garu. But they are yelling, if any mistake is done by others. Suryakanthamma garu is suffering from leg pains. For a few days, food was brought to her bed. But now, she is going to dining room during mornings and afternoons. Kamalamma garu is better compared to earlier, has reduced yelling. She is mingling with others. Kotamma is helping others despite her bad eye sight. She is helping others in wearing clothes and other petty works. Devamma garu is very happy but is gaining weight a lot. Subbamma garu is also suffering a little because of pains. Vasanthamma garu and Panduranga sharma garu are very happy. Vasanthamma garu is scratching because of diapers. That is leading to wounds, infections and scarring of skin. Sharma garu is also using diapers. Gopal got stuck in the small gap in the fencing while trying to pluck the Papaya fruit. All of us, tried hard to get him out but in vain. Vishwanath was outside and so we called Veeresh anna and he took him out. He keeps walking all night. He ate 10 chapathis at one night and by God's grace, everything is fine. Balaji garu keeps discussing

about Gopal all night and they are getting into arguments and fights sometimes. Reddy garu also fights with Gopal. Lakshman, usually, is good and fine. He is helping in cleaning the floor. He doesn't take bath unless someone insists him to do. He is filling water tanks switching the motor on. Pedda ramulu garu is helping in sweeping outside. Srinivas and Mariyamma left the house keeping for their bank work and never returned. Nanda Kumar is working well. He is helping Swapna, Suryakanthamma, Vasanthamma and Kamalamma in taking bath, washing clothes, giving tablets as well. He has many health issues though. He is suffering from diabetes and some issue related to heart.



Mittapalli Srinivas garu has sent 100kg rice bag this month too. Many thanks to him. A guy named Prashanth, has performed some celebrations here along with another guy, donated 25kg rice bag and fruits. This month a batch of 4 members have been given training on driving(reverse). With lack of house keeping staff, we ourselves are sweeping and cleaning the floor. We are also doing cleaning filter, watering plants, filling water bottles and keeping in fridge, bringing vegetables and all. Saraswthamma garu has joined the home on 20th. She is very heavy and one person is not able to lift her and it's little difficult in helping her take bath. Think she has bed sores too. Ten members in ladies driving batch received their LLRs. We Thank abhaya a lot for this opportunity. - **S Sowmya, Care Taker, abhaya Home.**



*She had no one to take care at this age. Relatives are ready to give some money but, expressed their inability to look after her. Her condition is critical...But not knowing what to do... Welcomed her.*



**Smt Saraswathamma (90+)**  
**Welcomed at**  
**abhaya FOUNDATION**



## కావలెను (WANTED)

అభయ ఫౌండేషన్ గత 14 సంవత్సరములుగా దేశ వ్యాప్తంగా ఎన్నెన్నో సేవా కార్యక్రమములు చేస్తున్న స్వచ్ఛంద సంస్థ. దక్షిణ భారత దేశములోని అన్ని రాష్ట్రాలలో ప్రస్తుతం శాశ్వత ప్రతి పాదికన విద్య, వైద్యము, ఉపాధి శిక్షణ, అనాధ సేవ మొదలగు కార్యక్రమాలు జరుగుతున్నాయి.

అభయ ఫౌండేషన్ వారికి అత్యవసరంగా ఈ క్రింద పేర్కొన్న స్థానాలకు అర్హత కలిగిన/ దూరలవాట్లు లేని / నితి నిజాయితీ, క్రమశిక్షణ కలిగిన వాళ్ళు అభ్యర్థులుగా కావలెను. ఎన్నిక అయిన అభ్యర్థులకు తగిన జీత భత్యములతో పాటుగా నివాసము కూడా కల్పించ బడును.

### అభయ ఫౌండేషన్ (హైదరాబాద్ లో)

1. మేనేజర్ (Age: 30 సంవత్సరాలు)
2. డ్రైవర్ (Age: 25 సంవత్సరాలు)
3. వంట మనిషి (Age: 22 సంవత్సరాలు)
4. ఫోటో /వీడియో ఎడిటింగ్ డిసైనింగ్ (Age: 25 సంవత్సరాలు)

### అభయ ఆనంద నిలయం (ఇబ్రహీంపట్నంలో)

1. అడ్మినిస్ట్రేటరు (Age: 35 సంవత్సరాలు)
2. హౌస్ కీపింగ్ (Age: పిల్లలు లేని భార్య భర్తలు)
3. నర్స్ (మహిళ /పురుషులు)
4. వంట మనిషి (Age: 50 సంవత్సరాల మహిళలు)
5. సెక్యూరిటీ గార్డు (Age: 35 సంవత్సరాలు)
6. డ్రైవర్ (Age: 30 సంవత్సరాలు)

### అభయ సాధికారత కేంద్రం (అనంతపురంలో)

1. కోఆర్డినేటర్ - యువజన సాధికారత (మహిళ)
2. ట్రైనింగ్ శిక్షకురాలు (మహిళ)

### అభయ సాధికారత కేంద్రం (బెంగళూరులో)

1. కో ఆర్డినేటర్ (Age: 30 సంవత్సరాలు)

ఆసక్తికల అభ్యర్థులు 9963002727 నంబరు కు ఫోన్ చేసి సంప్రదించి, సమయం తీసుకుని, వారి ధ్రువ పాత్రములతో పాటుగా వచ్చి కలవచ్చు. - ఇట్లు: KSV శివకృష్ణ, కార్యదర్శి, అభయ ఫౌండేషన్, 9959220450





# abhaya Home of Happiness

## abhaya Nithyaanna Seva Scheme

(abhaya NSS)



Day by day, the activities of abhaya Home of Happiness increasing. As abhaya is offering all the services free of cost benefiting Destitute, Patients, Unemployed Youth all through the year, the need is felt to launch abhaya Nithyaanna Seva Scheme at abhaya Home, S.No: 58, Vinobanagar Development Society, Ibrahimaptanm, RR Dist, TS. Accordingly abhaya team decided to launch a Scheme with simple guidelines. The food is provided on 1 day in a year or 1 day in a year for life time, coinciding Birthdays, Wedding days, Death Anniversaries, Festivals etc., at the choice of the Donor.

**Rs.1, 116/- for Annadanam on 1 day in a year**

**Rs.10, 116 /- for Annadanam on 1 day, every year for the life time**

### Notes:

1. The names of donors shall be displayed in Gratitude Board at abhaya Home Dining Hall
2. A certificate of appreciation in this regard will be provided to the Donor along with Receipt.
3. The donations collected under this scheme will be kept in the form of FDR
4. The interest generated on such deposit will be used for providing food.
5. Project Coordinator: K Ranga Rao (Mobile No: 9701360880)



abhaya Home of Happiness  
AXIS Bank, Hyderabad  
A/c No: 912010024839320  
IFSC: UTIB0000008  
ECS facility available





# “HEART”

## Transformation Update

### భారత దర్శన్... ఆత్మదర్శనాభిలాషతో!

(గత సంచిక తరువాయి)

**శ్యామల గజ జీవిత పరమావధి :**

CA. బి.వి. ప్రసాద్ గారికి ప్రయాణ విరూపిణి చేసినందుకు కృతజ్ఞతలు తెలుపుకున్నాను. మేము శ్రీవారి మెట్టు మార్గంలో కాలినడకన తిరుమల చేరుకొని నాలో ఉన్న అహం, వ్యతిరేక ఆలోచనలు నశించేయమని స్వామివారిని ప్రార్థిస్తూ శిరోముండనము చేయించుకున్నాను. గత ఏనిమిది సంవత్సరాల నుంచి ఇదే విధంగా నేను ఎక్కడున్నా ఇలాంటి భావనతోనే శిరోముండనం చేసుకుంటున్నాను. స్వామివారిని చూడటానికి సర్వదర్శనంలో నిల్చున్నప్పుడు, సాంప్రదాయేతర దుస్తుల్లో ఉన్న ఒక కుర్రవాడిని పోలీసులు అడ్డగించారు. అతను సహాయం కోసం అర్థిస్తుండగా చూసి నా భుజం మీద మేనుకున్న కందువాని ఇచ్చాను. ఎందుకంటే అక్కడ గంటల తరబడి నిల్చుంటూ, నడుస్తున్నప్పుడు భగవత్ దర్శనానికి చేరుకునే ముందుగా ఈ రకంగా ఆసీచేయబడటం ఎంత కష్టమో అర్థం చేసుకొన్న వాడిని కాబట్టి. నేను ఇచ్చిన కందువాను దరించి, భగవత్ దర్శనానికి ముందుకు కదులుతున్న అతని కళ్ళల్లో కృతజ్ఞతను చూసి నాకెంతో ఆనందం కనిపించింది.

ముందుగా అనుకున్నట్లుగానే నేను తాడిపత్రి ఆలూరుకోనలో కొలువై ఉన్న మా ఇంటి దైవం, కుటుంబంలోని వయోవృద్ధుల ఆశీస్సులు తీసుకోవడానికి వెళ్ళాను. మే 5, 2019 నాడు తాడిపత్రి చేరుకున్నాను. అన్నయ్య కుమారుడు శ్రీ సుంకు బాలకృష్ణ ఆలూరుకోన వెళ్ళడానికి నావాసం ఏర్పాటు చేశాడు. నేను బయలుదేరి ముందు నాకు ఒక క్రొత్త పంచెలచావు ఇచ్చారు ఎంత వర్ణనా కూడా. ఆశ్చర్యకరమైన విషయం ఏంటంటే 'అది' పరిగ్గా నేను తిరుమల సర్వ దర్శనకూర్లో ఒకతని అవసరార్థం ఇచ్చిన కందువాయే అవ్వడం. ఈ విషయం నిజంగానే దేవుని ఆశీస్సులు అని అనిపించింది.

నా జీవితంలో మొట్టమొదటిసారిగా ఆలూరుకోనలో ఉన్న శ్రీరంగనాథునికి ప్రత్యేక అభిషేకం

చేసుకొన్నాను. పూర్వం దండకారణ్యంలో శ్రీరాముడు తాటకిని చంపినప్పుడు ఆమె శరీరం పడిపోయిన స్థలమిది. కాలక్రమేణా తాటక పత్రము (తాటకి అకుల రాలిపోయిన ప్రదేశము), తాడిపత్రిగా మారిపోయింది. విశ్వామిత్ర మహర్షి ఇక్కడే తపస్సు చేశారు మరియు శ్రీరంగనాథుడు స్వయంభువుడిగా వెలసిన క్షేత్రమిది. ఆ తర్వాత అక్కడి రాజులు ఒక సుందరమైన గుడి నిర్మించారు. అభిషేక సమయంలో అక్కడి పూజారి నన్ను గౌరవామాలు అడుగగా నేను, కాశీగౌత్రం, భారతదర్శన సంకల్ప సిద్ధ్యర్థం, సకల జన సంరక్షణార్థం, సర్వలోక సంక్షేమార్థం, ప్రార్థనాం కరిష్యామి అని చెప్పాను. దాని అర్థం ఈ సమస్త లోకాలు భాగ్యుడాలని.

### శ్రీ బాలచంద్ర సుంకు

**పామమంతులవారి ఆశీస్సులు :**

నేను పూజ తర్వాత అభిషేక ప్రసాదం తీసుకొని బయటకు అడుగుపెట్టిన మరుక్షణం ఒక పెద్ద వానరం నా చేతిలోని ప్రసాదాన్ని ఉంచిన సంచిని అలవేసగా తీసుకుని, అందులో డబ్బాలో ఉంచిన పంచామృతాన్ని జుర్రుకొని అరటిపండు తిన్నప్పుడు స్వామి వారే వారి బంటునే నా భారతదర్శనానికి ఆశీస్సులుగా సంపించారని అనుకుని ఆనందించి ఆ వానరమునకు శిరము వంచి చేతులు జోడించి నమస్కరించాను.

**ఇంటి దైవమైన శ్రీరంగనాథునికి, శీతల యంత్రము :**

నేను గుడి బయటకు రాగానే, సుంకు కుటుంబంలో చిరపరచితులైన ఒక పూజారి నన్ను గుడిలోని అంతరాలయానికి ఒక A.C. ఇవ్వమని అడిగాడు. ఇది నేను అభయ ఫౌండేషన్ స్థాపకుడనని అయినకు తెలియకనే, అభయ ఫౌండేషన్ సభ్యులకు తెలియచేయమని అడిగిన కోరిక. నేనా కోరికతో సంప్రమాళ్ళరసందాలకు గురయ్యాను. భారత దర్శనానికి ముందే నా ఇంటి దైవానికి నేను చేయగలిగే

గొప్ప సేవగా భావించి ఒక మూడు రోజులలో ఆ శీతల యంత్రము అందించగలమని చెప్పాను. పూజారి గారు ఆ గుడి పాలకమండలి తరపున ధన్యవాదాలు తెలుపుతూ అందరికీ మంచి జరగాలని ప్రార్థించారు.

**అపగాహనకు అతీతమైన అద్భుతపదాలు :**

భారత దర్శనానికి ముందుగా ఎంతోమంది శ్రేయోభిలాషులు మరియు అభయ కుటుంబ సభ్యుల ప్రేమ, సంరక్షణతో పాటుగా నా జీవితంలో ఉన్న మరింతో మంచి సహృదయులు, నా క్షేమాన్ని ఆకాంక్షించారు. ప్రేమించారు, సంరక్షించారు, కాపాడారు, మార్గదర్శనం చేశారు. నన్ను కార్యోన్ముఖుని గావించి మూర్తి నింపినారు. ఇంతకుమునుపు నేచేసిన తీర్థయాత్రలు అన్నీ కొద్ది గడువులోనే, కావల్సినంత సదుపాయాలతో నా జీవితము వెచ్చించి చక్కగా ముగించేవిగా ఉండేవి. కానీ ఎప్పుడైతే నేను NCC గ్రూప్ లో కంపెనీ పెట్రోలింగ్ 2013లో పదవీ విరమణ చేసి పూర్తిస్థాయి అభయ సామాజిక కార్యకర్తగా మారానో, అప్పటి నుంచి పరిమితమైన నిధులతో నడుస్తున్న నాకు వందల కొద్దీ శ్రేయోభిలాషులు సుమారు 6,00,000/- డాకా పేకరించి ఇచ్చారు. అందులో వయోవృద్ధులు, గృహిణులు, పిల్లలు, విద్యార్థులు, ఉద్యోగులు, బంధువులు, స్నేహితులు, సహఉద్యోగులు మరియు అభయ ధర్మకర్తలు అందరూ చేయూతను ఇచ్చారు. నా భారత దర్శనానికి అందులో ప్రతి ఒక్కరి గురించి మూర్తి నిచ్చే కథని వ్రాయుల్సి ఉంటుంది కానీ కృతజ్ఞతలు మినహా నేను ఏమి ఇవ్వగలను? అభయ ఆశ్రమంలో ఉన్న వారి నుంచి, అభయ కార్యకర్తల నుంచి వచ్చిన ప్రేమ మరియు కృతజ్ఞతతో కూడిన చిన్న మొత్తాలు నా హృదయాన్ని మరి వెచ్చనయిన ప్రేమతో నింపాయి. వారి నుంచి పొందిన ఆ ధన సహాయం నా హృదయం తేనెతో నింపినట్లుగా అనిపించింది. అదే విధంగా నా భారతదర్శన యాత్రలో ఎంతో మంది తెలియని వారి నుంచి వచ్చిన ఆదరణ సహాయాలు, ఈ యాత్ర దీర్ఘక్షయ సాధనకు ఆ దేవదేవుడు నన్ను నడిపిస్తాడు, కాపాడుతాడు, సహాయ పడుతాడు అన్న దానికి నిదర్శనం అని నేను అనుకుంటున్నాను.

**శ్రీ సత్యసాయిబాబా - నా సూక్ష్మ ప్రదాత :**

నా తదుపరి క్షేత్ర దర్శనం పుట్టపర్తి, నా ఇష్టదైవం, నా గురువు, నా మార్గదర్శి, నా రక్షకుడు అయిన

భగవాన్ శ్రీ సత్యసాయి బాబా వారి దివ్యసన్నిధిలో ప్రార్థనలు చేసుకొని శరణువేడి బెంగుళూరులో ఉన్న నా తల్లిదండ్రులను కలవడానికి బయలు చేరాను. నా తండ్రిగారు '83' ఏళ్ళ వయోవృద్ధులు - మంచానికి పరిమితమైన వారు. మా అమ్మగారు, ఒక సహాయకుడి సహకారంతో ఆయనకు సేవలు చేస్తున్నారు. నేను నా 'భారత దర్శన్' గురించి నాన్నగారికి తెలియపరచడానికి ప్రయత్నించినప్పుడు ఆయన అర్థం చేసుకున్నట్లుగా కమస్సెగతో అంగీకారం తెలిపారు. అమ్మ నా కష్టతర ప్రయాణం గురించి భయాందోళనలకు గురి అయినప్పటికీ తన ఆశీస్సులతో ప్రయాణానికి అనుమతి ఇచ్చారు.

**శ్రీ చినజీయర్ స్వామి వారి ప్రసాదం :**

మే 13, 2019 తేదీ నాటికి నా ప్రయాణ సన్నాహాలు శిఖర స్థాయిలో ఉన్నాయి. ఎంతోమంది శ్రేయోభిలాషులు మరియు పిల్లలు నాలో కలసి వారికి తోచినంత సహాయం అందించారు. ఆ సమయంలో ప్రశాంతి నిలయం నుంచి సునీల్ వైట్ల కుటుంబము దివ్య సాకేతంలో ఉన్న శ్రీ చినజీయర్ స్వామివారి దర్శనం చేసుకోవాలని చెప్పే తోడు రమ్మని అడిగారు. అది ఒక బాధ్యత కానప్పటికీ వారికి తోడుగా వెళ్ళడం కూడా ఒక సేవ అనుకున్నాను. అంతేగాక స్వామిజీ వారిని కలవడానికి.. భారత దర్శనానికి ముందు వచ్చిన మరో అవకాశమని కూడా అనుకున్నాను. అనంతరం నేను, సునీల్ కుటుంబం, సీసీ నటుడు టార్జన్ ఆశ్రమానికి వెళ్ళాము. ఆశ్చర్యంగా స్వామి వారు మమ్మల్నందరిని వారి గదిలోకి ఆహ్వానించి, ఆశీర్వాదించి, ఆశ్రమంలో జరుగుతున్న లోకకల్యాణ యజ్ఞంలో పాల్గొనమని అదేశించారు. నాకు అక్కడ యజ్ఞకంఠగా దారణము చేయబడింది. భారత దర్శన్ సంకల్పం చేసాను. పూర్ణాహుతి అయింది. తీర్థ ప్రసాదాలు ముందు స్వామి వారికి, ఆ తరువాత యజ్ఞశాలలో ఉన్న వందలాది మందికి అందించారు. స్వామివారు మూడు సార్లు అరగింది తమ చేతిలో పెట్టుకున్న ప్రసాదం దొన్నెమ అన్ని వందల మందిలో నన్ను పిలిచి నా చేతిలో పెట్టి ఆశీర్వాదించారు. అలాగే నా భారత దర్శన్ ప్రణాళిక, లక్ష్యాన్ని గురించి అడిగి దిశనిర్దేశం చేసారు. ఇట్టి ఆశీస్సులు అందుకోవడానికి కారకులైన, నా స్నేహితులకి కృతజ్ఞతలు తెలుపుకున్నాను. (సోనం)





అమ్మ తనానికి నిలువెత్తు రూపం నువ్వు  
 అత్తయితకు నిలువెత్తు అద్దం నువ్వు  
 అనురాగమునకు నిండైన అర్థం నువ్వు  
 ఆ దేవుడి సృష్టిలో కెల్లా అద్భుతమ్ము నువ్వు  
 అంతర్జాతీయ మహిళా దినోత్సవ శుభాకాంక్షలు

అయినా మీరు లేని లోకం ఊహించ గలామా  
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 సుఖ సంతోషాలతో మీరుంటే ఇక అంతా క్షేమమే

ప్రేమానురాగములతో  
 మీ  
 బాలచంద్ర

అంతర్జాతీయ  
 మహిళా దినోత్సవ శుభాకాంక్షలు

You are the epitome of motherhood...  
 You are a Mirror image of affection!  
 You are the ultimate meaning of Love  
 You are a miracle that, God has created!  
 Happy International Women's day!

There is no Life here without You!  
 If you are in lead...victory for world!  
 All is well only when you are well!  
 Pray for ur well being always in all ways!  
 If you are Hale & Hearty...We are safe!!

Love and Life  
 Balchandra

**Best wishes on the eve of  
 International Women's Day**





11

11. ఆ.వె॥ బాధ దీర్ఘ మనుచు భగవంతు ।  
గోరకు తోడుదీసుకెక్కు తొలుగజేయ ॥  
అద్వైత మణ చేను రన్ని క్లేశమ్ములన్ ।  
వినుర బాలచంద్ర వినయసాంద్ర ॥

**భావం :** బాధలు తీర్చమని భగవంతున్ని కోరకు,  
భక్తితో భగవంతున్ని తోడుతీసుకుని పోరాడి  
బాధలను జయించు, జీవుడు దేవుడు ఒక్కటే  
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