



TM

abhaya FOUNDATION

an assurance for no fear...

One at a Time

abhaya
News update

July 2011

"A friend of ours was walking down a deserted Mexican beach at sunset. As he walked along, he began to see another man in the distance. As he grew nearer, he noticed that the local native kept leaning down, picking something up and throwing it out into the water. Time and again, he kept hurling things out into the ocean. As our friend approached even closer, he noticed that the man was picking up starfish that had been washed up on the beach and, one at a time, he was throwing them back into the water. Our friend was puzzled. He approached the man and said "Good evening, friend. I was wondering what you are doing."

"I'm throwing these starfish back into the ocean. You see, it's low tide right now and all of these starfish have been washed up onto the shore.

If I don't throw them back into the sea, they'll die up here from lack of oxygen."

"I understand," my friend replied, "but there must be thousands of starfish on this beach. You can't possibly get to all of them. There are simply too many. And don't you realize this is probably happening on hundreds of beaches all up and down this coast? Can't you see that you can't possibly make a difference?"

The local native smiled, bent down and pick up yet another starfish, and as he threw it back into the sea, he replied, "Made a difference to that one!"

Abhaya news update is all about how we are making a difference to one such starfish in every single activity abhaya has taken up with H.E.A.R.T. Please read on and be with us in this Mission. - abhaya team

"The poor, the illiterate, the ignorant, the afflicted - let these be your God. Know that service to these alone is the highest religion"

- Swamy Vivekananda

“HEART” Health Care Update



DEPARTMENT OF HAEMATOLOGY
CHRISTIAN MEDICAL COLLEGE
VELLORE - 632 004, INDIA.

May 9, 2011

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms. Aishwarya G, CMC Hospital No. 873157D has been diagnosed to have paediatric myelodysplastic syndrome. This is a type of blood cancer. Her father is HLA matched and can serve as a peripheral blood stem cell donor and the best option for her would be to undergo an allogenic peripheral blood stem cell transplant (PBST). The estimated cost of PBST at this hospital is approximately Rs. 12,00,000/- (Rupees Twelve Lakhs Only). This cost may increase in case of any unforeseen complications. Any contribution towards her treatment can be sent via Demand Draft / Cheque drawn in favour of "The Treasurer, Christian Medical College, Vellore" indicating the patient's name with CMC Hospital number (873157D).

Dr. Biju George
Dr. Biju George, MD,DM,
Professor,
Department of Haematology.

Dr. Biju George, MD,DM,
Professor, Department of Haematology,
Christian Medical College,
VELLORE - 632 004, TAMILNADU, INDIA.



TEL : 0416 - 2282352 / 4212352 FAX : 0416 - 2226449 / 2220335 e-mail : haemat@cmvvellore.ac.in
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Aishwarya need aishwaryam: I am G. Aishwarya, 4.5 years old baby diagnosed to have Juvenile Myelomonocytic Leukemia (JMML) which is a serious chronic leukemia (blood cancer). At present my treatment is going on in Christian Medical College, Vellore, Tamil Nadu (Hospital No. is 873157D) under Dr.Biju George. Recent bone marrow test revealed that I have Acute Myelogenous Leukemia (AML) and no medicines are giving any improvement. So doctor said only way to control this is through Chemotherapy first and then Bone marrow Transplantation later.

about Rs. 20,00,000/-.



Since last couple of years I had to face so many complications and was kept in ventilation in ICU for 2 weeks. My father had incurred more than Rs.12,00,000/- till now. As CMC Vellore hospital is well known for Thalaseemia and Bone marrow transplantation i was shifted to here in Jan 2011 from Manipal Hospital and still my treatment is going on. Now all our money has exhausted and now i need have transplantation which may costs about Rs. 20,00,000/-.

My father is a teacher and my mother is house wife... and we don't have any other income sources also...so I humbly request you to support me to get cured from my disease and kindly share my appeal with all known friends and pals in your circle.Please send personal emails to those people who can understand my problem and can help.



G.Aishwarya D/o G.Shashidhar, Sardharnagar, Utkoor (Post), Mahabub Nagar (Dist), Andhrapradesh - 509311

సాధ్యం కోసం ఎదురుచూపు

పదమూలమేట, న్యూస్ పేపర్:

బ్రిడ్ క్యాన్సర్ వ్యాధితో 6 సంవత్సరాల బాలుగ పోలాడుతున్న ఓ వ్యక్తి చాతలు దంపతులది అల్లిక సాయం అందిస్తే అవకాశం లేకుండానేని విజృంభిస్తున్నాడు. మండలి కేంద్రమైన పదమూలమేటలోని మునస్వామి, మంగళ్ళులకు కుమారుడు బి.రవి(39) గత 6 సంవత్సరాలగా బ్రిడ్ క్యాన్సర్ వ్యాధితో బాధపడుతున్నాడు. సామాన్య కుటుంబంలో పుట్టిన రవి వ్యాధి నివారణకు సోమలేకు మింపి ఖర్చుపెట్టాడు. తల్లిదండ్రులు చిన్న బంధువులకుని అందులో వచ్చే ఆదాయంతోనే జీవనం సాగించేవారు. రవికి ఖాత్య, ఇద్దరు పిల్లలు ఉన్నారు. 6 సంవత్సరాల త్రితం రవికి క్యాన్సర్ వ్యాధి ఉన్నట్లు తెలియడంతో కుటుంబం తల్లిదండ్రులతో కలిసి పోలీస్ స్టేషన్ లో ఫిర్యాదు చేసింది. ఉన్న కొద్దిపాటి పొలం అమ్మి ఇంటిపై రుణం తీసుకుని వైద్యం చేయించుకున్నా పురోగమం మాత్రం కనిపించడం లేదు. రవి కుటుంబం నష్టాలు ఇప్పటి వరకు 8.70 లక్షల రూపాయలు మాత్రం వాడుతున్నా ప్రయోజనం లేదు. ఆపలేకనే చేయకపోతే బతకడని నైపులు చెప్పడంతో తండ్రి మునస్వామి గుండెపోటుకు గురై మృత్యు వెంటాడు. రోజు



క్యాన్సర్ తో బాధపడుతున్న రవి
రోజూ ఆ ఆస్థల క్షీణితా నడవడానికి కూడా ఇబ్బంది పడుతున్న రవిని వెంటనే బోస్ న్యూస్ లో ప్రాస్పెక్టివ్ లిప్స్ నేపథ్యంతోనే ప్రాణాలను గ్రామంలో ఇవ్వలేమని వెలూరు సీనియర్ వైద్యులు తెలిపారు. మొత్తం 18 లక్షల రూపాయలు అర్పణ అభ్యుదయం చేసిన వైద్యులు రవి అల్లిక పరిస్థితి తెలుసుకుని ఆరు లక్షల రూపాయలు తగ్గించారు. 12 లక్షల రూపాయలు కడితే డిసెంబర్ 20వ తేదీ ఆపరేషన్ చేస్తామని నిర్ణయించారు. స్నేహితులు, బంధువులు 5 లక్షల రూపాయలు సాయం అందించారు. ఇంకా 7 లక్షల రూపాయలు కావాల్సి ఉంది. మానవ త్వంతో సాయం కేయాలనుకున్న వారు 9440082388 నెంబరుకు సంప్రదించవచ్చును.

I spoke to Sri Varaprasad about Ravi. He told that even though the Operation part is success, the post operative maintenance is eating him and asked me to call him. I called Ravi and learnt that he has come back to home about 15 days back and at present is staying in village and going to Vellore weekly once. with all the help from good donors he was able get on up to this stage. But, recently he is affected with infection and Doctors have told that unless he takes costly anti-biotics, the infection would affect the replaced Bone Marrow and he should take those anti-biotics for about a year continuously. Each tablet costs around Rs. 480/- and hence as on today along with other medicines he needs to spend Rs. 1300/- per day. His children were left in a Hostel and in the village he and his wife only are staying. For the time being, he told he already mortgaged his house for Rs. 4.5 Lakh and he has borrowed a further Rs. 50,000/- temporarily from the same party. He desperately in need of help to survive.

Here, we are pursuing the with devotees to render whatever help they can to a person in need. Ravi earnestly requests ABHAYA to help him in his need of hour for survival.
- A. AMARNATH (29-07-11)

Mission Ravi accomplished



Abhaya health care is providing Rs. 5,000/- PM for next one year

Krishna Sharma, M.Sc., breathing love...



Abhaya, empathizing with Krishna Sharma's family paid a visit to them and understood the situation personally. Bhagavan, a childhood friend of Krishna teamed up with Chandra/Mathews stood besides them with all his support. Abhayan Subramanyan lead the activity from front.

Abhaya arranged to provide the following as per the plan with in 10 days time.


Issues to be addressed	what abhaya did
Life saving machine Bipap	bought it for Rs.50,000/-
Life saving machine Oximeter	bought it for Rs.41,000/-
Medicines (Anti Biotic and steroids)	NCR/N-Lite providing Rs. 3,000/-PM
Lab tests (ABG, TLC, Sputum Test etc.)	met by his Mother's pension
House Maintenance	monthly groceries are provided by Phani Sekhar and house on rent being searched



Now looking forward to have kind support of abhayans to meet the monthly expenses of this family (say Rs.5,000/-pm) for next one year or so.



Mission Raghavendra - update



Abhaya provided Rs. 2,00,000/- to Raghavendra. He has been administered 2 injections and is looking little healthy. Couple lakhs are still needed for him to come out of the crisis.



Kavitha fully recovered

In continuation of the previous mail regarding Mrs. Kavitha's treatment, I hereby inform you that she has taken around 15 injections for 15 days and joined as inpatient for one day at Rajyalakshmi Hospital then got further treatment till today as a out patient. She has recovered from the ailment nearly 90%. Today

she approached the Doctor once again who has prescribed medicines to continue for another one week. For further treatment they have purchased medicines worth Rs.100/- against the prescribed medicines costing Rs. 900/-. The doctor asked them to approach once again after consuming the medicines. Now I request you to arrange the amount to buy the medicines. So that she will be fully recovered after having the medicines and since her treatment has come to the last stage of recovery kindly do the needful. - **Bhavani**.



Engineering student supported to get appendicitis operation



A poor Engineering student been supported to get appendicitis operation done at BBR Hospital. Abhaya paid Rs.12,000/- for the same as his father is a daily wage driver from Eluru. Abhaya Truste, CS.PS Rao referred the case and he is now discharged from the Hospital.

Hema (Deaf & Dumb since 16 years) started new innings in life

K.Venkateswarlu, from village called Vadavalli (Krishna Dist.) visited abhaya with a request to help him to get his daughter check up done for deaf & dumb. It looks like they did not care her due to their poor economic condition. Though doctors advised him to get her operated long back, he could not progress on the same. Ultimately some well wishers advised him to approach abhaya.

On his first visit itself, abhaya understood the situation and further more concerned to see his matured daughter (16years). Send them to Apollo Hospital with a request to advise the case by Dr. Rambabu. Doctors suggested that Hemalatha need to use digital hearing aids for both the ears and start going to special school as doing operation at this age may not give desired result. Accordingly hearing aids worth Rs.22,000/- has been provided to Hema. Entire family went back to home promising that she would be admitted in the special school.



“HEART” Edu Care Update

Pravallika paid her college fee of Rs. 12,000/-



She paid her College fee and sent the receipt for Rs.12,000/- with a thank you note to abhaya. Such support is very easy to a number of people provided all abhaya's stretch their helping hands to pool the resources.



Rajesh & brothers settling life

Rajesh (who lost his father & living with ailing mother with 2 brothers) who is suffering from partial paralysis visited Rajyalakshmi Hospital taking abhaya's reference. After thorough check up, Dr.Sulapani advised that, his spinal cord & sensitive areas of neck were damaged beyond repair and considering his present condition, suggested not to go for surgery. Abhaya told his neighbor Upendra about the same and advised him to admit him for Mobile Repair training in Vijayanagar Colony.

Abhaya arranged to provide monthly provisions to Rajesh family and well wishers from Vijayanagar colony came forward to take care of this for next one year.

Both his younger brothers now admitted at Vivekananda Vikasa Kendra. The Managing Committee, considering the good work done by abhaya, readily admitted them with out any further enquiry. Both the young kids are now settled.



I am Leelavathi, completed Intermediate Vocational M.P.H.W (F) Nursing. In the month of June, I spent my time attending to different tasks. I was in search of getting GNM applications from couple of colleges. 14th June I went to Gandhi Hospital to take an application but the Hospital authority told that they would release the notification in the internet after supplementary results are out. So later I searched for the notification in the internet. I did not go to Sakunthala madam's home daily as I can't afford the bus charges. On 26th June I spent time in the satsang program along with my madam and RCC students. – **Leelavathi**



Message from Gowri

I am Gouri and doing fine here at Anantapur. I am also studying well. Now a days all of us are being deputed to the hospital every day between 1pm to 7pm. During the course of this training I started learning work relating to Nursing, like administering injection, checking B.P and taking blood samples from veins. I am happy to learn all these things within no time since I started going to the Hospital. I had the opportunity to conduct quiz in my college, I belong to B group and B group won. They gave gifts to us and I felt very happy. We are now preparing for exams apart from attending the duty at hospital. Please excuse me for the mistake if any in this letter. I am very sorry for not sending the monthly report before 7th of month. – **B. Gowri**, II B.Sc.,(GNM).



For ever I maintain my relation with " Abhaya "

I am **Rajanikanth**, from Vijayawada, studying M.B.A. Sorry for not sending my monthly report, as I am in the training we go to shop at 9:30AM and back at 11:00PM. There no scope to come out and there are no net centers near to the show room. Due to this only I am unable to send the report on time, next time it well not happened. In this training period ,they provide accommodation, will not give any salary.

Presently I am preparing for my final year M.B.A. 10th of this month, I will go to Chittoor for field work of our organization new showroom opening. I don't have any leisure time as I spend much time in the show room. Sir, before going to Chittoor, I need to pay college fee of Rs 7,200 /- for the final M.B.A.

As I spend much time in the office I do not have any leisure time, talking with my mother also for two or three days, not telling this for excuses. I am very much interested to connect with " Abhaya " but due to bad condition only I did not send report in time. For ever I maintain my relation with " Abhaya ".



My preparation is going well. Last Sunday I have attended a seminar conducted by our institute at ABIDS. Valuable tips are given by the experts during 4 hours of session. Every day I am going to library. but, having few problems with English Vocabulary. So I have installed Dictionary in mobile. And using frequently. I have received a message from Anusha that, Volunteers meeting will be conducted on tomorrow at ABHYA. But I have doubts clarification session tomorrow. – **Srikanth**



My name is **Ramaraju**, I studied my intermediate at Sri Chaitanya Jr, college, Vijayawada with the support of DRDA Programme, I studied my 10th class in APSWR school at Station Ganapur. I secured 524 marks in 10th class. And I got 886 marks out of 1000 marks in Intermediate, but I was not qualified to medical entrance because of age limit and later with the help of Pragati Seva Samithi I completed my long term coaching at Vizayawada. I secured 5776 rank in EAMCET'11. But with this rank I cannot get MBBS, but may get admission for BDS Govt/ A category colleges. I really want to study MBBS. But unfortunately I was unable to get a good rank and hence I am thinking of writing EAMCET again.

My family is very poor & parents are uneducated. We are 3 brothers. I am the elder one . My brothers just completed their graduations. They are in search of jobs. The admission may cost about Rs.1,20,000/- per year the total duration of the course is 4 & half years, so the total fee may be about Rs.4,80,000/- and book's costs about Rs.5,500/- per year i.e., Rs. 22,000/- per total course.

Being an SC candidate I'll get the reimbursement from Govt. The tuition fee and hostel fee is about Rs.1,20,000/- for 4 years. As the family is struggling in poverty, I found ABHAYA foundation through internet and immediately consulted the members and I got good response from them. If supported financially & morally, I will also help the poor in future.



REMEDIAL COACHING CENTRE (RCC) for economically and socially backward students



A SOCIAL SERVICE minded RETIRED TEACHER, residing in Ashok Nagar, Hyderabad, India wanted to contribute to the society at least some part of what she earned during her years of service by educating under privileged children living in the areas nonconductive to feel the need of education and uplift them to become responsible future citizens with minimum basic education.

As the parents are uneducated/illiterate, doing menial jobs like domestic servants, laborers on daily wages men etc., they prefer their wards to work in their trade to supplement their meager earnings than sending them to school. Unless children from such families are helped in time by explaining the need / advantages of basic education, they would dropout from school and become susceptible to anti social influences and thus a menace to the society.

Ms. Shakuntala (Founder of RCC Trust) was invited to visit abhaya. She was kind enough to accept the invitation. Her story is truly an inspiration to many. Abhaya took the opportunity to honour her by her own students (Venkanna & Leelavathi)



My name is **P. Rangarao**. I completed my MCA. I am in search of job & I am learning Java in an Institute at Ameerpet. My sister's name is P. Anuradaha, she has completed her D. Pharmacy. She has written E-CET exam & secured 64th rank. We are expecting admission in the university college, if not I will try to join her at some other good colleges in Hyderabad. We are in need of financial support for her education & accommodation. I would be grateful if abhaya can support me in settling my sister.

abhaya 's money is very sacred as the same is being used to save many!!...

Narasimha's association with abhaya started about couple of years back. He has been referred by abhayan CS.Jinesh stating that he is the son of a Watch Man in his locality. He is very committed boy and pursuing his Diploma in Polytechnic with his own earnings by doing couple of part time jobs. He always maintains to stand in top 5 in class. He never expected any support from abhaya till now barring little help for buying his books. He says that he do not want to take money... abhaya's money is very sacred as the same is being used to save many!!...



At last after couple of years, he approached abhaya requesting to support his Net Working course. Abhaya readily provided Rs.2,000/- to Narasimha.

Abhaya to support Vanaja Rani to become CA

She is the daughter of Veerabhadra Rao & Umadevi (Rajamundry) having an excellent academic track record since class 1. Her family consists of 5 members and father is the only bread winner in the family. She is presently pursuing her II Inter with CPT coaching at Sri Medha Jr.College with the kind help extended by the Municipal Commissioner of Rajamundry. She with her foresight wrote a letter(not mentioning the from address)seeking support from abhaya for her IPCC level.

Seeing her planning abhaya called the family after getting their old address in the ration card sent along with the letter, for an interview and promised best possible support to complete her CA at Hyderabad.





Abhaya Vignan U.P. (E.M & T.M) School

Yerragunta (V), Kanekal-(M), Anantpur (Dt.)-515871



Monthly Work Report:

MAY 2011

Training given to the children in drawing, painting & hand writing and some moral classes were also held.

Two teachers are engaged.

JUNE 2011

1-6-2011 to 12-6-2011 canvassing was done by all the teachers.

13-06-11 classes started & new admissions were made.

- ◆ Two pairs of uniforms were given to each and every child which were donated by Sri. Srinivas garu Business magnet, Kurnool.



General time table has been followed in the school during in the month of June 2011

Strength during 2010 - 11: 151

No. of students left without joining 6th class: 23

Dropouts & unpaid of last year school fee: 28

Total 51

Net strength on 31-5-2011 100

Strength on 1-6-2011 100

New admissions 71

Strength as on 30-6-11 171

Priyadarshni Traders, Kurnool donated Rs. 1,20,000/- for the year 2011-12 to meet the expenses in running the school. abhaya wish to express its gratitude to Mr. Srinivasa Rao for his kind gesture.



“HEART” Awareness Update

abhaya need your liquid love..

Facts about blood needs

- ◆ Every year our nation requires about 4 Crore units of blood, out of which only a meager 40 Lakh units of blood are available.
- ◆ The gift of blood is the gift of life. There is no substitute for human blood.
- ◆ Every two seconds someone needs blood.
- ◆ More than 38,000 blood donations are needed every day.
- ◆ Facts about the blood donation process
- ◆ The actual blood donation typically takes less than 10-12 minutes. The entire process, from the time you arrive to the time you leave, takes about an hour and 15 min.
- ◆ The average adult has about 10 units of blood in his body. Roughly 1 unit is given during a donation



Facts about donors

- ◆ The number one reason donors say they give blood is because they "want to help others."
- ◆ Two most common reasons cited by people who don't give blood are: "Never thought about it" and "I don't like needles."
- ◆ One donation can help save the lives of up to three people.
- ◆ If you began donating blood at age 18 and donated every 90 days until you reached 60, you would have donated 30 gallons of blood, potentially helping save more than 500 lives!
- ◆ Only 7 percent of people in India have O-negative blood type. O-negative blood type donors are

universal donors as their blood can be given to people of all blood types.

- ◆ Type O-negative blood is needed in emergencies before the patient's blood type is

known and with newborns who need blood.

- ◆ Thirty-five percent of people have Type O (positive or negative) blood.
- ◆ 0.4 percent of people have AB-blood type. AB-type blood donors are universal donors of plasma, which is often used in emergencies, for newborns and for patients requiring massive transfusions.

Phil Baird, 75, donated blood for the 231st time at the Australian Red Cross Blood Service Donor mobile on Christmas Eve - setting the new world record for the Most whole blood donations. Mr. Baird made his first blood donation at 19 years old when he enlisted with the National Service, and was named Cessnock City Citizen of the Year in 2009.

There are four main blood types: A, B, AB and O.

In 1901, Karl Landsteiner, an Austrian physician, discovers the first three human blood groups. On his birthday i.e. June 14th "World Blood Donors Day" celebrates. On October 1st 'National Blood Donors Day' celebrates in India.

What type are you?

Frequency of blood types

O+ 1 person in 3	O- 1 person in 15
A+ 1 person in 3	A- 1 person in 16
B+ 1 person in 12	B- 1 person in 67
AB+ 1 person in 29	AB- 1 person in 167

Let others benefit from your good health. Do donate blood if

- ◆ "You are between age group of 18-60 years.
- ◆ "Your weight is 45 kgs or more.
- ◆ "Your hemoglobin is 12.5 gm% minimum.
- ◆ "Your last blood donation was 3 months earlier.
- ◆ "You are healthy and have not suffered from malaria, typhoid or other transmissible disease in the recent past.

Only 1% are blood donors.
We need your type to make the difference...

For more information on our Mobile Blood Donation Drive, Please call **Srikanth** on **7842535406** or mail to **donate@abhayafoundation.org**



abhaya inspired more than 8000 students in Andhrapradesh in the month of July'2011



Abhaya interacted with unemployed youth whose lives are being re programmed by Sai Youth of ECIL. These youngsters are being motivated to have a PURPOSE in life.



Abhaya addressed about 1000 high school girls at Govt., Girls High School at Gorantla (Anantapur Dist, AP). A phone call to Manjunath and a request to Chandra Sekhar (Surpench) paved a way to inspire hundreds of rural girls about "True Education"



Abhaya addressed more than 1000 College Students at a private Junior College Hindupur. It was very heartening to understand how much was the passion for these students to listen to good things in life. Thanks to ICSI who provided opportunity to visit colleges under their "Career Awareness Program" (CAP)





Hindupur

Abhaya addressed more than 800 students at Saptagiri Junior / Degree Colleges, Hindupur. Though there were debates and arguments while making the points clear to the students community, overall outcome was very positive as entire gathering understood the spirit behind deliberations. Thanks to ICSI CAP.



Kadiri

Abhaya addressed more than 2000 students belong to Govt Junior College (boys/girls). Though the meeting was organized in an open ground, their attention was amazing and no one to be seen diverted their focus during 4 hours session on "Career Options"



Kadiri

Abhaya addressed more than 300 students belong to Govt Degree College. Though there was non to organise the meeting... it was all along the great empathy shown by the students made the program successful. All those who were chatting under the trees came to the meeting hall realising that it was for their benefit.





Abhaya addressed more than 1000 students at SVGM Junior College, Kalyanadurg. Thanks to Sri Ramachandra Murthy for taking pains to make all the students to realise importance of careers in life and also the values. It was almost 4 hours session and still no student went out of the ground.



Abhaya addressed more than 1000 students at Govt. Junior College, Rayadurg. Though it was post lunch session abhaya could make a difference for those students with lively and interactive session on life skills and career options.



Abhaya interacted with unemployed youth whose lives are being re programmed by Sai Youth of Vanasthalipuram. These youngsters are being trained to get call center related jobs. abhaya presented before them "how to have a PURPOSE in life".



“HEART” Rural Infra Update

Kanthamma & family to reprogram their life

My name is B. Priyanka, studying 6th class. We are 8 members in our family and their names are Kumar, Balu, Devi, Nagaraju, Kanthamma, Dharshini & Harini. My grandmother does some household works and earns for us. The only male member is my uncle in the family and is bed ridden due to disk relocation in the spinal card. I want to study & do a job. My mother died with brain tumor and father also died in an accident. I am staying with my grandma. I am not going to school as I can't afford. We are so poor and can't even afford to eat daily. Our neighbors told about abhaya and asked us to approach for our good. Our house owners admitted us in the hostel at Allagada in Kurnool Dist. They are not good, yet we stayed there for one year. They beat us like animals. We do works like washing and watering plants. Please do help us.

Abhaya wish to set up “Aathma Viswasa Tiffen Center” to provide livelihood for them.



1

The team interviewed the family members.



2

Abhaya visited the locality and their house.



3

Situation is very sad & poor



4

Abhaya made expert to speak to them



5

Made them to prepare break fast

Further enquiries are being made to provide life sustenance now.

The cost of setting up a Tiffin Center will be Rs. 30,000/-.

abhaya request well wishers to extend hands of help in reprogramming their life.

“HEART” Transformation Update

Most beloved Board Trustees of abhaya!

Good day and Greetings. Hope you are doing well and fine with your schedules. It is very heartening to note how all of us came together in the year 2006 and started working for the community. It is undisputable fact that we all did tremendous work all across the country since 2006. More and more people are approaching abhaya seeking support and help. As of now with your support we are able to serve as much as we can. **It is believed that henceforth the work which is going to be handled by abhaya is magnanimous in days to come and this needs more attention of members at the Board level.**

Now it may be difficult to manage the Mission for couple of people until and unless all of us spare time and energy. It was on 15th August'2009 we reshuffled the board thinking that this can be restructured once in 2 years giving opportunity for others to lead.

We sincerely wish to have your empathy for the foundation... you will appreciate, how the service initiatives are happening through abhaya. Following are the few things, you as a Trustee can take up invariably as part of daily routine. **We request you to connect to Mother Bharath and let us build abhaya as a world class Institution.**

- ◆ **Promoting the Cause**
- ◆ **Public Relations**
- ◆ **Resources**
- ◆ **Leadership**
- ◆ **Awareness**
- ◆ **Spreading the cause**
- ◆ **Look out**
- ◆ **Branding**
- ◆ **Use of V cards**

If all of us spare little time uniformly at our convenience then we are sure this would create miraculous work in the country. We look forward to have your kind support on the above listed issues. We appreciate your thoughts and useful suggestions which are beyond the points listed for the benefit of our good work.

A Meeting of Board of Trustees being proposed at Bengalure on 15th August'2011... request all the Board Members to be there in Bengalure. - Founder, Abhaya Foundation



Abhaya Board to meet on 15th August 2011 @ Bengalure

It would be our pleasure to invite all Trustees and Board members of Abhaya to my home for the Board meet scheduled on 15/8/11 at Bengalure. We shall make necessary arrangements along with Lunch n Snacks... Address as under.

- Hari Prasad SV

President, Mob:+91-98450-33564, H.No-1390, 39th Main, 9th 'E' cross, Near Indira Gandhi circle at SARAKKI Gate (Near Banashankari Temple), JP Nagar, 1st Phase, Bengalure-560078.



It is fine with me. i can join for meeting on 15th Aug 2011. The issues raised by you are very important for taking Abhaya to next level. Going forward it may be difficult doing everything alone. We can consider last 5 years as phase I, as we move into next phase the challenges will be different how well we are prepared and how we deal with them is important. Let us spend a day and charter this. I need to spend more time for Abhaya will try and do.

- G. Raghu Babu, Partner, R&A Associates, Hyd



It is a pleasure to meet all the trustees on that day. I would love to join this meeting to discuss on various issues pertaining to the activities of Abhaya.

- PS Rao, Corporate Consultant



All are facts and surely will have get together on Aug 15th. What a coincidence and auspicious day to think about our nation and people.

- Raja Sekhar, Camp: USA

I am available with a team (Subramanyam / Siva / Vishnu) from Hyderabad

- CS. Balachandra Sunku, Founder.

ok to meet 15th August'2011

- Sunku Srinivasa, B'lore

I am fine with 15th Aug.

- CA. Radhakrishna Sunku, E&Y, B'lore



I will be there always, to add my bit in whatever possible way. I understand the spirit of the meeting and its importance. And regarding the points you mentioned here, I am following those and sure, will try to expand the circle further.

- Siva.





Minutes of the Meeting of Volunteers held on 9th Day of July 2011 at abhaya Home, Hyderabad.



Members present:

1. CS. Balachandra Sunku
2. Mr. KSV Sivakrishna
3. Mr. G. Subrahmanayam
4. Ms. B. Sushma
5. Mr. UmaShankar
6. Ms. Anusha Jaladi
7. Ms. Khusboo Lakshmi Bhagath
8. Mr. Srikanth Reddy.

Agenda of the Meeting:

The meeting has been initiated at the request of the Founder with the intention of taking abhaya's good work to the next level. Following points are being placed before the members for their consideration and discussion:

Study increase in day to day affairs of foundation

Difficulty while handling the work, by couple of people.

Need to have further hands to carry out the work.

Non committal work done by volunteers, who come and go without any value addition.

Keeping all this into consideration the following tasks has been shared with the members with a request to choose and do what is best possible in their free time with little more focus and commitment. So that abhaya can accelerate its speed in delivering best work for the country.

- E-Mail administration on daily basis
- Website administration on weekly basis
- Blog/Twitter administration fortnightly
- Software Development and related aspects
- Accounts & Day book on Weekly Basis
- Keeping in touch with Health Care Missions
- Mentors for Educare Members.
- Preparation of News letter/Literature designing
- Pooling Resources
- Arranging for Meetings
- Visiting Colleges

- Orphan Care
- Hunt the Winter
- Abhaya Vignan School
- Editing/Corrections/Data entry/translation
- Handling Volunteers
- Blood Donation/Coordination
- Handling special events
- Handling educare review meetings
- Physical presence at Abhaya over weekends
- Helping the unemployed
- Interviewing the seekers of help
- Sending receipt to the donors on weekly basis
- Sending Thank you card to well wisher
- Value Centers-Care takers
- Foreign Contribution- Save a\$ per day
- Corporate Connect.

After thorough study and discussions the members presented their views along with their choice of tasks and the synopsis of which is as follows:

Mr. KSV Sivakrishna:

He informed the team, that he can understand the passion with which abhaya working and he is always try to be part of such godly work wherever there is an opportunity to spend his time and he agreed to take care of the following activities:

- i. Developing Software and related aspects.
- ii. Maintaining Web Site on weekly basis
- iii. Coordinating with abhaya Vignan School Project
- iv. Marinating social net work sites such as Face book, Tweeter, Blog etc,)
- v. Contributing & spreading the cause to increase the monthly pool
- vi. Working for Educare team by mentoring (speaking to them on regular basis)



- vii. Maintaining Monthly Pool
- viii. Hunt the winter
- ix. He will be there physically present on Sunday's to meet various people & speak to them.

Ms. Anusha Jaladi:

She opined that if abhaya can afford appointing full/part time employee who is in need of additional income and pay him Rs 5000/- P.M., so that he/she can take care of various activities like Preparation of content for the Newsletter, Sending newsletter, email administration, sending thank you letters, arranging for meetings, maintain accounts, front office, administration etc., there by members can spend more time on pooling of resources. So stating she agreed to take care of the following activities:



- i. Sending important cases to donors
- ii. Pooling resources, will try to pool resources from at least 5 members
- iii. Mentoring educare team
- iv. Keeping in touch with Health Care team.
- v. Making herself available at abhaya to counsel.
- vi. Hunt the winter.

CS. Khusboo Lakshmi Bhagath:

She agreed to take care of the following activities

- i. Helping unemployed by sending the various mail received pertaining to Job Vacancy
- ii. Coordination in preparation of Newsletters
- iii. Arranging for meetings
- iv. Staying in touch with Educare team
- v. Updation in Facebook
- vi. Spreading the message of good work.
- vii. Coordination in Volunteer Meetings
- viii. Hunt the winter



He at the first instance decided to take the task "arranging special events" and wish to observe for some more time and choose few tasks

G. Subramanyam

He opined that, choosing few important aspects would ease the work to a great extent and accordingly he decided to work on the following aspects:



- i. Pooling Resources
- ii. Physical presence at Abhaya over weekends
- iii. Interviewing the seekers of help
- iv. Value Centers
- v. Foreign Contribution- Save a\$ per day
- vi. Corporate Connect.

Further saying so, he readily promised to extend all possible financial help to pay the annual rent for one year. He has kindly shared his thoughts on how easy it is to motivate someone to extend their helping hands to the needy. He strongly felt that saving a \$ per day also can be taken forward. His commitment and passion made other members to realize the importance of positive attitude in life.

Srikanth Reddy

He volunteered to take up the following tasks for abhaya

- i) Blood donation/Coordination
- ii) Investigations and enquires
- iii) Physical presence over weekends.

Further he presented his findings in regard to blood donation and started collecting the data base in the meeting itself.

CS. Balachandra Sunku

He after taking stock of situation, decided to take up the responsibility of attending to the following tasks till few more hands join the stream of volunteers. He further shared with the team that following members though not present, they would be taking care of few tasks for abhaya going forward:



For Accounts:

- CA. Vishnu Teja
- CA. Sateesh
- Sri S. Anjaneyulu
- Sri G. Shiva Reddy

For News letter/Designing: A Rajasekhar Reddy

And the tasks listed below, he said that he would take care.

- i. Pooling Resources
- ii. Visiting Colleges
- iii. Editing/Corrections/Data entry/translation
- iv. Handling special events
- v. Physical presence at Abhaya over weekends
- vi. Interviewing the seekers of help
- vii. Sending receipt to the donors on weekly basis
- viii. Sending Thank you card to well wisher
- ix. Value Centers-Care takers
- x. Corporate Connect.

Further it has been briefed to all the members that each and every single task need to be further deliberated by the respective teams so that best work can be done for abhaya.

As there was no other item that came up for discussion, the meeting concluded expressing thanks to all those who were present in the meeting.

- Minutes recorded by
CS. Khusboo Lakshmi Bhagath



There was a call from an undisclosed well wisher

If you have will to do good work, it is immaterial whether you have resources or not... still good work can be done. This is the experience abhaya gained during the month of July'11.

There was a call from an undisclosed well wisher stating that he wish to donate some electrical items to support the good work done by abhaya. Abhaya felt it as different experience and sent a volunteer to the address given by the caller from Vasavinagar in Secunderabad area.

He very kindly provided 3 ceiling fans, 4 tube lights and a chair with a request to make use of the same in any of the places where good work is happening. When enquired about the personal info, he said that is not needed as his gesture is very insignificant when compared to the work done by abhaya.

With a request the volunteer took a photograph and abhaya salute this gentle man for his kind gesture.

**Nothing is waste in life...
every thing can be used for some one's benefit.**



it is always inspiring!



A small token amount of Rs.1500/- has been transferred to Abhaya A/c. Everyone will have the charity things to do and only certain peoples will come to practical life and balance either someone come forward or for some reasons they fail to extend the arm. Mine is similar and would like to contribute monthly to all charity on rotation basis. God bless you for long life to provide life to others who are not able to stand on their own.

- **Vijayarajan R**, ICOMM, Hyderabad.

Thank you for spending time and letting me know the service activities done by ABHAYA. Interaction with you always gives me inspiration to practice the values learnt. I will try to serve/contribute to the possible extent & also inform and share with my relatives, friends & colleagues about various projects being done by ABHAYA for their support in this noble cause. Please accept my small contribution of Rs. 10,000/- for any of the project activity.

- **Ravindra A**, IBM, Hyderabad.

I have gone through with the recent News Letters and I felt very happy to be a part of ABHAYA FOUNDATION. Due to some health problems I could not able to be a active volunteer in our organisation and I will continue my support in future also.

I pray the almighty to give good health, wealth and support from all like minded people who wish to do good work for society to you and for our organisation.

- **S.B.N.DUTH**, Dy Manager, HIL, Hyderabad



IMPORTANT

Abhaya SB Account at **Andhra Bank** is designated account for **Foreign Contributions**.

All **Indian Donations** must be through **Axis Bank**.

Do not deposit / transfer any Indian Donations in / to Andhra Bank.

Quote Name, Nationality, Phone, Address, E-mail & PAN while sending contributions.

Indian Donors



Beneficiary : ABHAYA FOUNDATION
Account No : SB-910010042902046
MICR Code : 500211002
RTGS/IFS Code: UTIB0000008
Bank : AXIS Bank Ltd
Address : 6-3-879/9/B, I Floor, G. Pulla Reddy Bldg, Green Lands, Begumpet Road, Hyderabad-500016

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ABHAYA FOUNDATION
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abhaya
FOUNDATION

ABHAYA, 6-3-609/140/1, Anandnagar, Khairathabad, Hyderabad - 500004