

**"We are not put on this earth for ourselves,
but are placed here for each other.
If you are there always for others,
then in time of need, someone will be there for you."**

abhaya News update

May 2011

Dear abhayans!

Just think how true is this for all of us in life. You would surely agree that every one of us need to do community work in one way or the other. It is very important to do community work... **"Coming in unity for community"**. But very often we being asked a question:

Why do we need to do community service?

Community Service is an integral part of our life. As human being! service to others is what we need to do. Abhaya encourage its associates/ well wishers/ supporters always engage in community service.

abhaya require service hours from each one of you so that, we all can give our Support to Community. Our calling is to serve others in need. There is a need in abundance in this land. We are here to serve and not to be served as we are all elite citizens of this country and we are in better position than 100 crores of fellow

beings in the country. When we want to serve our motivations should not be what will I gain? But, as a true servant we must serve the mankind in need! This must be the feeling in every heart of abhayan.

Serving others should not be viewed as a burden! We should be willing to do more than what is been asked for and we should do our service cheerfully without griping about it! When you give to others through service, you get so much more than what is being given... Giving is Gaining!

Members who take pride in our organization and who want to be active members should always be willing to serve others.

Please do not lose sight of what it truly means to serve and care for others, which is what abhaya is all about. Spare at least 4 service hours per week to be considered as abhayan.

LOVE & LIFE for the Country

Abhaya TEAM



TM

abhaya FOUNDATION

an assurance for no fear...

“HEART” Health Care Update

Ramprasad need Helping Hands



I bring to your kind notice that my childhood friend Mr. D. Ramprasad, aged 63, resident of Kompalli met with an accident in the year 2002, his right leg was fractured beyond repair. Dr. Gurava Reddy has performed nearly 14 operations for the last 10 years which costed about Rs. 12,00,000/- but could not put him to the normal condition. Since, he was restricted to a room as his leg got stiff and able to move with the help and his movements were restricted. A man who has done marketing jobs and traveled across South India now restricted

to a small room. His income has come down drastically and all his savings were spent for operations and medicines. **One day I suggested him to get his leg amputated so that he can start his life afresh with artificial leg and lead life without any body's help and offered to do service till he get the artificial leg fitted, so we started working on that.**

In the mean time his daughter who is living in U.S.A. came down, we told our proposal to her; She also agreed and promised to help financially and morally. She approached Dr. Gurava Reddy and requested him to get the leg amputated. She spent around Rs. 30000/- and returned to U.S.A. She also promised some more funds for the artificial leg. I extended my support to him and used to visit him weekly once to kompalli to monitor his health and also I started approaching people for funds to acquire artificial leg for him.

His wife and other 2 dependent daughters are living separately since many years. Trails of well wishers failed to bring them together. He now lives on consultancy services in

Ayurvedic Medicine. He may be earning about Rs. 5,000/- every month with lots of difficulties. His situation is pathetic and he needs love and care in life. Right now maid servants are taking care of him out of good will.



abhaya considering the facts on hands and empathizing with the hopeless condition of Mr. Ramprasad decided to extend its best support. Accordingly called his friend Mr. Akbarkhan and also the girl who referred abhaya to them. abhaya sanctioned Rs. 25,000/-.

abhaya wish to seek further support of Rs. 25,000/- now for Mr. Ramprasad and place this appeal in your hands.

Ms. Bhavani who stays in our colony, who had seen your program on Maa TV on January 2nd 2011, suggested us to contact abhaya. We collected phone number and Mr. Ramprasad contacted abhaya volunteer Mr. Siva Krishna and briefed him his condition and requirement. After getting a



positive reply from him Mr. Ramprasad along with me visited abhaya and shared everything in detail with abhaya team. He has placed an order for artificial leg with M/S. Endolite India Ltd, Plot 88, Sagar society Road No.2, Banjara Hills Hyderabad and paid Rs. 10,000/- as advance and he pooled Rs. 1,20,000/- and needed Rs. 25000/-, against the total amount of Rs. 1,57,000/-. We are thankful to abhaya for readily granting us Rs. 25,000/-, we further need to have at least another Rs. 25,000/- for meeting various other expenses like transportation, medicine, special shoe, post operative care for next 6 months.

Now I request all the kind hearted people to extend their helping hands for this mission to bring Ramprasad on his feet.

I request abhaya to arrange funds by 19th of May by cheque in favour of M/S. Endolite India Ltd, so that Mr. Ramprasad can go to the company from 23rd may onwards for trials and get Fitment of AK Prosthesis (artificial leg) and lead a normal life. – **Akbarkhan**, TV Film Director, Hyderabad.



“I thank you very much for the financial assistance rendered to me by arranging a cheque for Rs.25000/- through Mr. Akbar khan. I am putting my leg on 24th of this month. After fixing the leg it takes about a week for rehabilitation through exercises and physiotherapy by the company. After the rehabilitation I would personally come and meet you. But for your kind gesture the fixing of leg would have taken some more time and I would like to thank you once again and your organization for the help extended to me.

-D. Ramprasad.

”



Before

After

Mission Sofiya Glory

She became a normal girl, what ever the complexity developed at March end got sorted out. She goes to regular check-up to St. John. Current academic year she can resume going to school.

It is informed that, the release of sanctioned Fund by TATA foundation is still expected. I tried to contact Mr. Bijo he had not taken the call.

For past 6 months, the family has been incurring Rs. 4,500 to 5,000 p.m. towards her daily medicine. Mr. Chakravarthi informed me that if the medicine is procured from out side, the cost of medicine would come down by Rs.1,000/- p. m. for which Hospital is not allowing them. He informed the same to Mr. Bijo but no use.

- **CS G. Thirupal**, Company Secretary, Bengaluru.



Mission Satyavathi

By this week end or Monday, Mr. Jitender is sending the silicon pad for better support to her. As Mr. Jitender updated us from Darmavaram, it seems lower limb is very useful she is able to stand and make some movements.

With respect to both the hands, as the stumps are very less, she may not be in a position to utilise them as expected. However, Left hand would be little support with stick in making her to walk confidently. It is informed by Mr. Jitender, if she gets normal strength to her body she can use both the hands to some extent in attending her day to day chores.

Mr. Jitender is asking for the balance payment, the same may be released after getting feed back from Mrs. Satyavathi. I feel Mr. Jitender delivered the things as promised and committed. - **CS G. Thirupal**, Company Secretary, Bengaluru.



Mission Prashanth



Abhaya could provide close to Rs. 50,000/- towards treatment of Prashanth's kidneys till date for the last 5 months. His father Mohanrao is regularly in touch with abhaya team. Last week it has been decided to take Prashanth to Nagapur for an emergency operation which may cost about Rs.15,000/- abhaya immediately provided the support. As of now this boy is under Ayurvedic Medication. We are not sure how this would be curing his advanced kidney ailment. There is a need of Rs.6,00,000/- for Kidney transplantation which can be taken up only when abhaya get's good support from the well wishers all over the world.



Mission Santosh

Dear abhaya! Thanks for standing beside me when I was in crisis. It is un imaginable to know how abhaya took care of me at the hospital at every stage of treatment. I am slowly walking and am confident that very soon I would be in normal position. I would now focus on my Engineering Education and happy to associate with abhaya and its good work going forward. Thanks once again for the kind hearted support for my treatment. I convey my sincere thanks to my classmates, friends, relatives and well wishers for coming together to save me from death bed. - **Santosh** over Phone

Mission Raghavendra

Raghavendra is all set to get treatment at NIMS, Hyderabad. He is just short of Rs.1,00,000/- as against required Rs.5,00,000/-. The doctors at NIMS suggested him to under go a surgical treatment to his joints before taking up the main source of action under the supervision of senior doctors. He need to have another Rs.1,00,000 in next one month. Though there was wide coverage both in electronic and print media all across the state, the response is little slow. Abhaya request all the well wishers to pool resources for this young man who is in need of our support from coming out of death bed.



abhaya stood beside Sridevi



So many people are getting benefitted here at abhaya. Whoever may be seekers of help, their fear is vanished at abhaya. We never had even Rs.1000/- to spend for mother's treatment all these years. No one was there to come to our rescue. I was really afraid what is going to happen to my mother Sridevi (42Years) due to some health issues.

Though we approached abhaya seeking financial help to my brother Rajanikanth who is pursuing MBA... abhaya stood beside our family and got to know multiple issues in the family and started caring each and every issue which are bothering us for many years. With abhaya at our end, we took mother to Dr.Sujatha Kashyp during May'2011 and got all tests done. We are thankful to abhaya for supporting us in improving her health. Abhaya spent more than Rs.5,000/- for all the tests, medicines, diet. Now mother is recovering. Doctor suggested that if improvement in her health, no issues... else they would do operation in next 3 months. Thanks to abhaya for all its support



- Mangala Gowri, M.Sc., Hyderabad.



Sachina is gaining strength and abhaya providing regular support of Rs. 2,000/- PM. She is under the special care of Sweekar.

Mission Ramesh - waiting to get KIDNEY TRANSPLANTATION



Couple of well wishers (Ravi, a Government Teacher/Mahesh, a Marketing official) of Ramesh (whose both the kidneys failed and need to have transplanted) approached abhaya seeking help for his medical expenses. Ramesh (32 years) old son of a poor Tailor Sri Sathaiah from Rayapol



Village near Ibrahimpatnam. All that he earns is about Rs.5000/- PM as he is the only bread winner of the home. Ramesh stopped tailoring about an year back due to this deadly ailment.

Abhaya called all of them to meet and brief further details. KIMS doctors at Hyderabad suggested that renal transplantation can save Ramesh and found his Mother's kidney is matching for the operation. They being BC category, Government of AP is providing Rs.1.50 Lakhs for Mothers treatment. Whereas the total cost of entire operation is about Rs.4,00,000/-. They pooled a lakh of rupees as of date and Ravi/Mahesh are trying to pool further sum of Rs.50,000/-. Hence there may be a need of pooling about Rs. 1,00,000/- abhaya wish to provide Rs.50,000/-from its fund and request all abhayans to kindly extend their hearty help to Ramesh.



“HEART” Edu Care Update

MY journey with **abhaya** - C Baby BE

I am C. Baby, completed my B. Tech (IT) at P. Indra Reddy Memorial Engineering College (Chevella) now. It was in the year 2007 I moved from a remote village named Nalluru in Anantapur district to Hyderabad and since then i have learnt many things. I became a part of abhaya Educare team. We used to have Educare review meetings and all the abhaya students used to be there. We used to discuss about many things every time, I remember we had an opportunity to dwell up on "How to succeed in Life?", "What is a complete personality?", "How to lead a life" etc., We used to boost up our confidence levels in these meetings. Sometimes many successful people used to come to guide us in career and life.

There are seven kids of Abhaya in the hostel and i used to visit them every now and then to know about their progress and health condition. Whenever I visit them I used to tell about the correct behavioral patterns and how to study etc. I learnt how to deal with the children in the said process.

To spread the abhaya's good work around the student community we used to visit different Engineering colleges in and around Hyderabad during Technical festivals and in the process I learnt how to approach younger generation while talking about the good work, working in teams, coordination, organization skills etc., which really added a lot of value to me personally. The concept of "volunteerism" took birth during these festivals. All the abhaya volunteers meet every month, we used to interact with many people who are in need of support.

I learnt that, problems are not the obstacles in life but they are in fact steps for making life much better. I got moral support from abhaya in each and every step of my B.Tech which made me to become a complete personality. I am very much indebted to Abhaya in fact. I will continue to do the good work wherever I go as before.

I refined myself by doing community work along with studies. Now i am happy that i have completed my B. Tech., successfully with 72% aggregate and also got placement in good MNC's. I am now confident that I can lead my family with my own earnings and also do my bit for the community. I am thanking Abhaya from the bottom of my heart for its love which poured life into me. I swear that i will continue to be with Abhaya and work for it forever.



abhaya hosted a dinner for Baby & her family

Rajanikanth reprogramming his life



I am Rajanikanth. I heard that you are taken hearty care for my mother's health and from the bottom of my heart I wish to convey my sincere thanks to you. I will not forget abhaya in my life. Presently my semester exams are going on. I am studying well and preparation is satisfactory. Your help to us will not be wasted at any cost. We need your blessings all the time.

- **Rajani Kanth** (MBA), Vijayawada.

I observed a good change in my brother's attitude post meeting with abhaya. I really do not know what happened there at abhaya! but he is behaving very nicely. He used to be very angry as he always used to feel that all bad things happen to him alone all the time in life and he was in state of depressed condition thinking that he will never achieve anything in life. But now he is very confident as he started thinking positively and responding to the people positively. This is all happened due to his association with abhaya and I wish to thank abhaya for all the good things happened in our life.

- **Mangala Gowri**, M.Sc., Hyderabad.



Shravanthi scored 70% in class X and got eligibility for getting admission at Government Polytechnic College at Hyderabad and abhaya would be taking care of her admission fee.

abhaya rural girls visit to Viveka Express - Exhibition

I am Gowri. I wish to share my experience during our visit to Viveka Express Exhibition on 29th May'2011. We [Nagaveni, Swarna, Leelavathi, Baby] went to Secunderabad Railway station where the Vivekananda Express being kept at plat form no 10. We entered inside and purchased plat form tickets. There after we have entered into exhibition express. We saw "Swami Vivekananda's Life and Mission in pictorial forms and descriptions. There is so many beautiful photographs of Swamyji, inspiring quotations. But there was no one to take us through entire exhibition. Each photo had one story to narrate, we understand very little as there was no guide. Sister Baby stood beside us and explained about exhibits. Thanks to her.

Vivekananda's father's name is Vishwanatha Dutt and mother's name is Bhuvaneshwari Devi. Swami Vivekananda was born on 12th January 1863. We purchased some books at the stall over there and returned to abhaya 6pm. - **Gowri**, II GNM, Ananthapur.



abhaya stood beside Rural Girls for 2 months



CS. Vasudeva Rao (NCC) & Family spend their time with Rural kids at abhaya



abhaya celebrated Nagaveni's Birthday



Sailatha... Mission to become a Doctor

I am N. Sri Krishna Chakravarthy, Volunteer from Kurnool City. This is to bring to your kind notice that K.Sai latha who is doing her 2nd Yr Bi.p.c (Narayana Junior College, A.K.Estate, Kurnool) needs your financial support. Her parents got divorced and her mother is working in a private firm. Currently she is getting a monthly remuneration of Rs2.500 (Rupees Two Thousand five hundred only). Sailatha and another younger sister stays along with her mother. She knocked the door of Abhaya for paying her 2nd year fee for Bi.P.C. For 1st year fee their maternal uncle paid. Even her maternal uncle is not capable because he got his own family and children. We sincerely request you to look into this matter immediately and provide the necessary help to K. Sai Latha.

- **N.Sri Krishna Chakravarthy, MBA**, Kurnool.



My name is K.Sailatha. I am studying Inter 2nd year at Narayana Junior College, Kurnool. My mother's name is Ms. Lakshmi Prasad. She works at a private firm M/s Dinesh Traders in the town as an Accountant with salary of Rs.2500/- I dont know about my father and where he is since last 6 years as there were some clashes between them they have separated. I am a student of moral classes conducted by Sai Seva Organisation and that is how I got connected to Chakri Anna and in turn being brought to abhaya for seeking their support. I have younger sister K. Dharani, 4th class.

My mother alone looks after us since young age. As her salary was not sufficient for paying school fee etc., She started tailoring during the leisure periods and holidays and earning about Rs.1000/- PM. My grandfather also used to care us often when he was working in a pvt. firm, but now a days he was unable to help us as he is also retired. My mother has to face a big problem.

I scored good marks in 10th class '551'marks (95%) hence Narayana College given admission on discounted fee of Rs. 17,000/- and the said amount has been taken from a dwacra Group " Podupu Lakshmi" and repaying it on monthly installments of Rs. 620/- it is about to complete in next 3 months. Now I got 95% in the first year Inter and stood in top 10 in the college, Now the college asked us to pay Rs.21,000/- without giving any further discount. This became a big problem to mother, she again took a short term loan of Rs. 10,000 from shop owner with a promise to pay back him in next 3 months.

Now abhaya stood by my side with an assurance of no fear and stated that they will lend their hand of support to me in pursuing studies. I will assure you that I will get rank of below '500' in EMACET with blessings of God and I will surely be taking admission in to Govt., Medical College. Once I become a doctor, I will definitely do service to the poor people by following human values that are being infused by Bhagawan Baba. Its my promise.

- **K.Sailatha** D/o: Ms. K. Lakshmi Prasad, H.No: 26/269, Chinna Market, Kurnool-518001



I am moved by the hopeless condition of Sailatha... I wish to provide immediate financial assistance of Rs.3000/- towards meeting her needs. This contribution is being given on behalf of Lakshmi Shankar, Visakhapatnam. I am hopeful of abhaya doing its bit in due course of time. - **Subramanyam**, abhayan



I am a bit confused about from where should I start saying something about the incredible experience which I had recently with Abhaya. I was amazed to see different kind of people with different needs discussed on one platform- Abhaya! I think it is an achievement in itself that Abhaya has gathered the people, not only the needy but also those who are ready to help them, under one roof. Hats Off to all those who are trying to make a difference in today's world of selfishness by doing relentlessly selfless work! May God give you more strength and more courage to continue the work for which we humans are meant for! **And on a separate note- Find this email as an assurance for (Dr) Sailatha. I would do my best to stand besides this meritorious girl throughout her career... off course with help of my friends and pals. - Gurpreet Singh**, Digital Marketing Manager, Zetainteractive.



abhaya supported Srikanth for Bank Exam Coaching

Last Sunday I have attempted Andhra Bank clerical exam. As per my observation & seniors instructions, getting coaching is highly required for me to get the job. Today I got the message from NSB, that tomorrow they are going to conduct a DEMO session. Classes will be starting from 20th May onwards. As you said I gathered Rs. 2,000 from my father. In the present crucial situation I could not gather more than that amount. So remaining balance of Rs.5,400/- need to be paid before 20th. These are the updates as of now and I need your support - **Srikanth**



Ms. Suneetha stood beside Nursing Students

Dear Ms.Suneetha & Mr.Sekhar

Salutations to the lord who is residing in your hearts and making you to do such good work. We are all very fortunate to have such feeling of doing good work for the community around. Whenever we receive such response from anywhere in the world our passion to do god's work would be multiplied in manifold proportions. Abhaya wish to welcome you as its true companions in serving the country.

Abhaya wish to express its loving gratitude to CS.Kavitha Rani & family for connecting you people for good work.



God bless you with more strength to deliver your best for the communities. abhaya is proud of you and your association with abhaya. We hope to have such participation from you all wherever there is a possibility. There is nothing impossible to achieve....provided we have passion to do it! We keep you posted about the usage of funds donated.

abhaya Vignan School

Too good to know the work at abhaya Vignan School Project and thanks for sharing it with me. Request to remind me in case if I don't revert in next 10 days....regarding donation. Also, can I directly deposit a cheque in the Axis bank branch in Mumbai and will you get the credit or should I send the cheque to you?

One suggestion, in addition to meeting the need of education, you may also now start focusing on the quality of education and the knowledge / grades of the students studying at Abhaya.with an aim to make it a respectable name which can become benchmarks for all that an NGO produces high quality students. I suggest that instead of just providing the basic education....we should try and see that the quality of education is also improved such that the grades of the students are improved. let us say if somebody has scored only 50%, then going forward he scores 60%, 70% and so on.

Also, to focus on the quality from the point that the quality imparted be of such good level, that the students can also score ranks in the state wide examination (we call it SSC exams in Mumbai)....these are high goals, with the objective of becoming a benchmark or quotable example for all including the Government to take note that an NGO like Abhaya produces very good quality of students. Best of luck - **Kashyap Choksi**, VP, Antique Capital, Mumbai.



abhaya Educare Review Meeting (1st May' 2011)



abhaya-Educare Volunteers interacting with students

If I could have met you during my school or college days. I am sure I may have learnt so many things from you. I have to learnt lot of things in associating myself with abhaya. The patience, inter personnel skills, communication skills, drafting mails so on. I want to develop myself in a right way. I want to improve my communication skills and how to do that. How to talk to professional people.

– **Archana Niharika**, M.Tech



Thank you very much for your co-operation in coordinating the team for the meet and also spending time on your weekend. With your great effort, we are able to meet 65% of the team yesterday. Please send your feedback/findings on the event to have for further references. This is must for you.

– **KSV Sivakrishna**,
Coordinator, Abhaya
Educare TEAM.



It was the second largest meeting that I attended till now. I was very happy to see most of them coming to the meeting. I guess, whatever we wanted to know from the Educare team, we have made progress. We came to know about their problems, tried to advice some of them on what to do next and how to go about doing them. There was active participation from the volunteers as well as the Educare team. Though all of the team was not able to attend, we have tried to help whoever has come to the meeting. Most of all, the meeting was satisfactory.

– **Nishanth Shouri**, Trustee, abhaya



abhaya Educare Volunteers



“HEART” Awareness Update

abhaya well wisher from Proddaturu

Janardhan celebrated birthday with Samrakshana Kids



CS Raghubabu connected Srinivas Koppallo, (Former MD, R&D Division, Microsoft) to abhaya

abhaya Accounts work is further strengthened by Anjaneyulu

We wish to be available for doing accounts work. As we are accounting professionals we honestly feel that we can add value for abhaya with our skill. We propose to provide a tracking sheet from where we can capture the information about receipt of donations and disbursement of funds. It is easier to the Accountant to update the entries in the Tally.

4 formats are being designed in different work sheets bifurcated between Bank Receipts & Bank Payments and Cash Receipts and Petty Cash.

Bank Receipts - In this work sheet, all donations received through Cheques / Drafts / on line transfers, can be entered. At the same time date of credit in the bank can also be filled so as to track all cheque deposits are clearing in the bank or not. Currency column has provided to mention the name of currency i.e INR / USD / EURO. Off course, most of the donations are in INR, but still provision made

Bank Payments - In this work sheet what ever the cheques are issuing for disbursal of funds, to be filled including withdrawal of cash from the Bank.

Cash Receipt - In this work sheet, donations received through cash can be captured and at the same time on which date the cash is deposited in the bank shall be mentioned. If the

money utilized for petty expenses or other payments a suitable note can be mentioned in the Remarks Column. So that we will have total control over for receipt of donations through cash.

Petty cash - In this work sheet, we need to enter all cash withdrawals from bank, any cash receipt of donations with out depositing in the bank and utilizing for petty cash expenses, can be entered here along with daily Petty cash expenses / payments. What is the cash balance lying with us can also be tracked through this sheet.

We can start with these formats.

-Anjaneyulu & CA Satish



abhaya with Samrakshana Kids (12th May' 2011)



The annual meet with the children of Bahdurpalli went on as per schedule. Rani has taken the lead and arranged the get-together in 402 B Manjeera Heights. She has invited few of her friends around with their children. The interaction with new group is interesting. Priya is a helping hand, coming in time from Visakhapatnam.

Later we adjourned to ABHAYA another philanthropic Organization - 20 Kilometers ride from NTR Nagar to Masab Tank. There we met with the children's friends from abhaya FOUNDATION. Volunteers of abhaya spent their value time with the kids, also has lined up few more children of his neighborhood and the mixture of the two groups turned out to be knowing more friends.

They have taken full three hours and kept the kids in rapt attention with his able capacity of mixing with the children imbibing good qualities. It was full of food, fruits, fun and frolic. The children left us with happy faces anxiously wishing an early encounter again. -**Murty & Manorama**



thank you so much i am there at 6.45PM. since it is a children program. I would definitely would try for some good activity if possible from my end. - **CS. Santhosh Kumar**, Company Secretary, Hyderabad.



We the students of Samrakshana, thank you for having a get together with all of you. We had a great time with you all. We enjoyed a lot all the time which we spent with you. We liked the clippings you have shown. We thank you very much for your affection you showered on us. You are always welcome to visit Samrakshana. We hope that you will convey our regards to all the participants. Once again we all thank you very much. - **Samrakshana Children.**



abhaya rural girls site seeing at Hyderabad



Abhaya foundation has taken us to Salar Jung Museum, Charminar, Mecca Masjid and Nehru Zoological Park for one day trip. Abhaya provided car for all of us. It seems rather long trip, as it is we were also expecting traffic. We all felt the trip is going to be a sunny, beautiful and a warm day; we were all thinking about how much fun we were

going to have during our visit. It was amazing & hoping that this is going to be a memorable trip. While we were all still talking, we reached Museum gate:

Salar Jung Museum: This is of great historical and cultural value. Sculptures, utensils, coins, paintings, musical instruments, dresses, weapons of the past armies, swords of kings, jewels worn by queens, pottery used by nobles etc., are being displayed there in the Museum. It also contains skeletons of animals (dinosaurs etc.). Old manuscripts and ancient household articles also to be seen over there. This is the best known museum in India. Though it is a one man's collection, it is well maintained and additions are being made by the government off and on. There are interesting sections in the museum, like children's section, coins section, painting sections, weapons, kings and queens wear, ornaments section, sculptures section (we could see a life-size statue of Mona Lisa). A visit to a museum is education in respect of many subjects. A look at the weapons of war, paintings of art, and robes, give the visitor an idea of life in the middle ages. The old manuscripts contain lots of information on medicine, astronomy and astrology. The zoological section helps one to understand the process of evolution.



Charminar & Mecca Masjid: We were all felt very happy to see Charminar, the pride of Hyderabad which is the mark of heritage for ages since Kuli Kuthubsha built it. Today it stand there with a 39 ft attracting crowds and tourist from all over the world. We climbed Charminar and seen the beauty. There after we paid the visit to famous Mecca Masjid, prayer place to Muslim communities in the city.

Nehru Zoological Park: Zoo is a place where various birds, animals and reptiles are kept. A zoo does not contain ordinary birds and animals which we usually see in our villages and towns. It contains those birds and animals which we cannot generally see. Most of them live in forests. Some of them are brought from other countries also, as they are not found in our country. A visit to a zoo is a pleasure. It is informative and educative too. Many people, young and old, boys and girls, from villages and cities visit this zoo every day. It is located on the outskirts of Hyderabad.

There are separate enclosures for birds, animals and reptiles. Tigers and lions have separate well protected enclosures. After entering the zoo which has a beautiful garden in its front, one comes across the enclosures meant for birds. One can see there different kinds of parrots, pigeons, peacocks and other birds of different colors and from different countries. One can also see the ostrich, a bird which cannot fly. It is an African bird. In the next enclosure deer of all kinds, including black bucks, a rare Indian variety, are kept. Then one goes to the enclosure of elephants and camels.

There are canteens to take lunch and benches to take rest under the green woods. On the other side one can see different kinds of monkeys, chimpanzees and guerrillas which are man's ancestors. Then comes the reptile section where different kinds of snakes are kept. There is a separate enclosure for animals and reptiles which move during nights. The enclosure is dark and has dim light. One can see the nocturnal creatures moving about in darkness. There is a train to take one on ride all around the zoo. Overall we enjoyed a lot. - **Bhavani**, abhaya Volunteer.



abhaya's nomination for JINDAL PRIZE

Let us examine or explore whether we can nominate Abhaya for this award. Let us think in which category we would like to apply (may be education could be right category, we can plug in career counseling etc.,). Nomination will not be an issue, R & A can nominate or we can request some of the corporate in the country to do that.
- **CS Raghu Babu**, Partner, R&A Associates, Hyderabad.



Our country needs a change. To encourage and inspire those who have served the society while promoting moral values, peace, health, education and national integration and have made a difference, Sitaram Jindal Foundation has constituted a prestigious award – Jindal Prize. The annual prize will recognize exceptional contribution by an individual or an organization in each of the following five categories :

- ▶ Rural Development & Poverty Alleviation
- ▶ Health including drugless healing
- ▶ Education with emphasis on moral upliftment
- ▶ Science, Technology and Environment
- ▶ Peace, Social Harmony and Development

Each prize winner will be awarded a sum of ₹ One Crore, a citation and a memento.

The prize winners will be selected by a jury of nine eminent persons.

NOMINATIONS

Last date of nomination has been extended to 30th June 2011.

Further details and prescribed nomination forms (Form 1A for an individual and Form 1B for an organization) are downloadable from our website www.jindalprize.org

Self nomination is not permissible.

Duly filled & signed nomination forms (hard copy) in English or Hindi can be sent to:
The Secretary General, Jindal Prize Secretariat,
11, Green Avenue, Vasant Kunj, New Delhi 110 070. Email: info@jindalprize.org

THIS ADVERTISEMENT IS SPONSORED BY JINDAL ALUMINIUM LIMITED, BANGALORE



abhaya FOUNDATION
an assurance for no fear...

an Appeal to NRI's
Saving for a cause...
can save Many!!!

Registration No: 463/IV/2006

Tax Exemption: 80G APPROVAL REF:DIT(E)/HYD/79(3)/08-09 Dt. 04.09.2008

FCRA Regn. No: 010230854 dt.18.04.2011

Support Needed...

- For running "Abhaya Vignan School" to make it sustainable.
- In developing "Community Centers" to improve skillset.
- In establishing "Abhaya Home of Hope" in Hyderabad.
- Opening "Value Centers" at all the district head quarters.



APPEAL: SAVE \$1 per day... DONATE \$30 per month. This would be a great support from those settled abroad. We appeal to all NRI's to empathize with the needy. Mail us: donate@abhayafoundation.org with your kind confirmation.

“ At the outset let me congratulate the team abhaya foundation for the laudable initiatives undertaken for the betterment of lives of those who not only most need but also deserve such benevolence. - **CA.Suryanarayana**, Chartered Accountant, Hyderabad ”

“ It is indeed a great work down by the persons involved in obtaining this FCRA approval. I thank all those involved deserve our sincere applause. This certainly enables the foundation to enhance its sources in many folds. I have certainly no. of friends staying at abroad willing to participate in good work of Abhaya. Now I can approach them - **CS Thirupal G**, Company Secretary, Bengalure. ”



abhaya pray not to smoke!

Dear abhayans!

You or may be known people in your circle are habituated to spend time in smoking very often... during the day!! Many people in the country tried their best to keep a full stop for this deadly habit... who ever tried with their heart...they succeeded in their attempt... Today they are very happy...healthy...holly...hearty...

But you/they may not be one among those who stopped smoking... so abhaya just thought it should place before you the following facts for taking a wise decision to stop the habit as this would not only save you from unexpected things but also your family from passive smoking! Abhaya request those who are not a Smoker, please share and discuss these things with those who are smoking! it would be a great service! on the eve of **World no Tobacco Day on 31.05.2011.**

As per Govt. smoking is banned in all public places. That means people can smoke in their homes, but not in any other place... if we do that, then surely homes would become hells with our own kith and kin affecting with passive smoking... remember the impact is more while smoking inside closed environment than in roads or streets.

40% of deaths occur in India due to tobacco related diseases while two-third of deaths occur due to smoking, junk foods and usage of drugs.

ALL SMOKERS KNOW THE ADVANTAGES IF THEY DECIDE TO STOP SMOKING

HEALTH:

- reduced risk of cancer, heart attack and respiratory diseases for you and your family;
- fewer coughs, colds and less influenza;
- less bronchitis and other respiratory infections for your children;
- your heart and lungs will completely recover in a relatively short time;
- more stamina for sports and exercise in general;
- better concentration and grasp of intellectual activities

SELF ESTEEM:

- personal satisfaction at overcoming an important challenge;
- a sense of freedom at no longer conditioned by physical and psychological dependence.

APPEARANCE:

- whiter teeth, clearer skin and pleasant breath;

- pleasant odors in the home, in the car, on one's clothes.

BE AN EXAMPLE:

- a good example for your children, grandchildren and friends.
- a healthy behavior model, for those who work in education or the health sector or corporate sectors, towards pupils/patients/colleagues

SAVE MONEY:

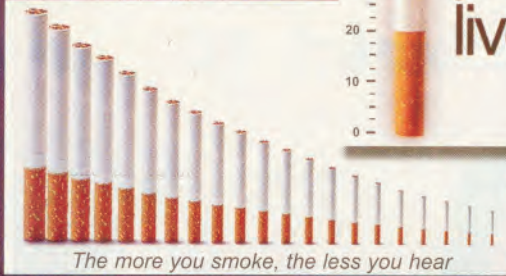
- **With the first 10:** Un smoked packets a pizza with a friend...You can have good FRIENDS
- **With 20:** a pair of designer jeans...you can look smarter
- **With 30:** a watch...so that you can watch carefully
- **With 60:** monthly installment for a bike...your mobility increases
- **After 2 smoke-free years:** a scooter... comfort grows in life
- **After 5 years:** a small car...Life style changes
- **For life:** a house in our dream city...your life becomes an Inspiration for many.

'పాగ' పెడుతుంది

Downloading Cancer



'పోతావ్ రారేయ్... నాశనమైపోతావ్' అని అదేదో సినిమాలో బ్రహ్మానందం కనిపిస్తూ... 'ఎవరు తీసుకున్న గోతిలో వాణ్ణి వదలారు' అని పెద్దలు సుతిమెత్తగా చెప్పినట్లు... 'తప్పు చేసినవారిని చెప్పి తీసుకు కొట్టినట్లు... భవిష్యత్తును కళ్లకు కట్టినట్లు ఎంత బాగున్నాయి కదూ ఈ చిత్రాలు. నిజానికే ఇవి ప్రకటనలు. 'పాగతాగడం ఆరోగ్యానికి హానికరం' అనే ప్రాథమిక విషయాన్ని ప్రభావవంతమైన ప్రకటనలుగా ఎంతో నృజనాత్మకంగా తీర్చిదిద్దారు కొందరు సృజనకారులు. మనదేశ జనాభాలో సుమారు 25కోట్లకుపైగా పాగరాయుళ్లైనట్లు. అందుకే ఏటా



10,000 కోట్లకుపైగా సిగరెట్లు తయారవుతున్నాయి! ఈ లెక్కన ప్రపంచవ్యాప్తంగా అన్ని కోట్ల సిగరెట్లు తయారవుతున్నాయో, ఎంతమంది వాటిని ఊదేస్తూ ఆరోగ్యాన్ని తద్దారా జీవితాల్ని కాల్చేసుకుంటున్నారో ఊహించుకోవడానికే కష్టం. అలాంటి వాళ్లకోసమే ఈ ప్రకటనలు. ఎందుకంటే, మే 31... ప్రపంచ పాగాకు వ్యతిరేక దినోత్సవం.



Courtesy: Eenadu Sunday Magazine

Beyond all you can donate that saving to do the community work

But abhayan...

If you/they STOP this deadly habit...sure there would be HEALTH... HAPPINESS... HEARTINESS amongst our own homes. If you/they really feel stopping this ugly...deadly...un hygienic habit...RESOLVE & DECIDE NOW... to become a Healthy Individual. PRAYING GOD to Give you /them wisdom to stop this habit...let him give you/them strength to do that.

“HEART” Rural Infra Update



Mission Ananth:

out of Rs.50,000/- transferred to my account by abhaya FOUNDATION,

I have released Rs.20,000 as 1st installment to Sunil on 18th May,2011 and the plan of action is decided as below. 2nd Installment on 27th May - 15000 3rd Instalment on 31st May,

2011-5000. He will have to complete the work by latest 2nd June and the inagural date is fixed as 5th June,2011. The final payment of Rs.10,000/- would be then released.

The name of the saloon would be named as "ATHMA VISHWASA MEN'S PARLOUR" (established with financial support of ABHYA FOUNDATION) - **Rama Krishna.K**, Partner, SVS Credits, Bengalure.

The shop would be ready with minimum two serving chair in another 5 days. Mr. Ananth is envisaging to another chair to add. I told we can add up the same based on demand.

The amount is going to be released as per given schedule. We are going to visit to assess the work-in-progress and update abhaya.

- **CS G. Thirupal**,
Company Secretary,
Bengaluru.



Work under progress “ATHMA VISHWASA MEN'S PARLOUR”



18 Water drums to the needy at Jammalamadugu

78 years old retired Hindi Teacher by name Subbarathnam approached abhaya with a crisis which is being faced by residents of Rajeev Nagar at Jammalamadugu. There were about 50 families living in the locality and their lively hood is mainly with pushing carts on the roads. All of them belong to below poverty line and very tedious is their life style. Though water is coming in municipality taps at a particular point of time

during the day... they do not have anyone fill one/ two vessels in home as everyone are on the roads. Even if they want to fill the vessels they don't have storage facility there by facing crisis during the summer season. The retired Hindi Teacher brought out a proposal to provide water drums to the most deserving families. The estimated cost was about Rs.8,000/- the beneficiaries are about 20. Abhaya thought it is a good work and encouraged this old man to do the needful. Behold in 48 hours time, 18 water drums were provided to the poor families of the colony. This is something very unique experience to share with all the abhayns. If you have passion to do good work... god would respond and make it happen. Thanks to Subbarathnam for such a wonderful and kind gesture. - **abhaya team**



abhaya provided 2 wheel chairs to Jagannath & Manohar



Jairam Shetty supported by Subhash Chhabria, Bengaluru

We have arranged to deposit with abhaya account Rs.15,000/- in favour of Abhaya Foundation towards donation for Jayaram Shetty. Request you to kindly send us the receipt for the same to LALCHAND. K. CHHABRIA AND SONS CHARITABLE TRUST, Bengaluru. Thank you, we are indebted to you for such great service to mankind, which is truly the only way to serve god.
- **Subhash Chhabria**, Industrialist, Bengaluru.



When I Asked God for...

Strength... He Gave Me Difficult Situations to Face

Brain & Brown... He Gave Me Puzzles in Life to Solve

Happiness... He Showed Me Some Unhappy People

Wealth... He Showed Me How to Work Hard

Favors... He Showed Me Opportunities to Work Hard

Peace... He Showed Me How to Help Others

God Gave Me Nothing I Wanted... He Gave Me Everything I Needed

- abhaya sevak

“Sphoorthi Jyothi Foundation” need the support of abhaya



Sphoorthi Jyothi Foundation, a society registered under the provisions of Indian Societies Act in the year 2007 and the Founder is 26 years old Ms. Jyothi Chowdary, a B. Pharmacy graduate dedicated her life for the welfare of Blind Girls whose economic condition is very weak. She started the foundation with a vision to provide shelter, food, computer training, education, guidance for civil services exam on the pre text of lack of accommodation to number of blind students at the Government run hostels in the state. As of now she is taking care of 10 blind students. The donations if any given to the foundation is eligible for tax exemption under section 80G of the Income Tax Act, 1961.



Ms. Jyothi has been supported by Mr. Bhavani Shankar who is also otherwise able man working at Canara Bank Circle Office, Hyderabad. There are few individuals and couple of freedom fighters also supporting the foundation as of date.

At present they are operating from a rented accommodation located at No: 4-79, Midhani Colony, Injapur, Hayathnagar, Hyderabad and the Team Sphoorthi Jyothi foundation lead by its founder Ms. Jyothi approached abhaya seeking its support in meeting the expenditure for next one year in regard to any one of the items (Monthly Rent: Rs.3,000/-, Monthly ration: Rs.5,000/-, Transportation: Rs.5,000/-)

Abhaya though understood their passionate work... wished to have further clarity on the subject matter and made them to speak out about their Vision and Mission. It looks like they do not have clarity of what is to be done.



Considering all their inputs, abhaya conveyed them that their project needs to have Rs.25,000/- PM to cater the needs of about 20 girl students.

Whereas they just have about Rs.10,000/- in their hands that too irregular contributions from various individuals in the Midhani Colony. Understanding their needs and passion to work for the welfare of blind girls, abhaya wished to support them further in bringing all the stake holders of Sphoorthi Jyothi Foundation (Founder, Trustees, Father of Jyothi, Midhani well wishers, Srinivas who connected them to abhaya etc.,) for a Sphoorthi Jyothi Meeting on Wednesday the 1st June'2011. If they come abhaya is thinking to bring all the required support to run the foundation. **Abhaya awaits for their response now for taking further action from its end.**

I had the opportunity to see and interact with the team of "Sphoorthi Jyothi Foundation". I am very stunned to see them and listen to their words. Founder Ms. Jyothi looks to be very good lady. Because she is working hard to bring glory to Sphoorthi Jyothi Foundation. I felt very happy to see 2 girls (otherwise able). It was very inspiring to listen to song of Shanthi. It was very excellent. Though they are blind but they are doing very well in studies. I liked Ms Jyothi very much, because she did not get married and she is working for the welfare of blind girls in the society spending her life for that foundation. I liked them for helping the blind / poor girls as I know how the situation is at villages being a poor village girl. When I achieve a good position, I will also help such people.
- **Gowri**, II GNM, Anantapur.



Dear abhaya how are you! I am fine... please do not forget us. We are all admired listening to the founder during our visit to abhaya on 28th May'2011. People like us need your helping hands to progress in life
- **Shanthi**, BA and ambitious to become an IAS.



“HEART” Transformation Update

I would like to be part of your team

I am Madhava Reddy. I am working as a professional in reputed organization. I would like to transfer my funds to your organization up to my extent as I heard that ABHAYA FOUNDATION is a good organization. wI transferred the funds to your organization account as per the website information (AXIS BANK). Please explain what is the procedure for this and also I would like to participate in good work during my free time. Please guide the process and I would like to be part of your team in future as well. – **Madhava Reddy**, Hyderabad



In very right earnest under the Foundation aptly named 'Abhaya'. In my school days I recall the words from my teacher quoting a renowned philosopher coming repeatedly from the background over a microphone, while a play was being enacted, “The world will become a paradise only when love and charity take the place of greed”. I notice that you have created one path via which the above could be experienced. Please accept my best wishes in continuing to undertake your various pursuits in this noble direction with all courage and enthusiasm.

– **Wg Cdr Ravi K Suri (Retd.)**, ICOMM, Hyderabad

Keep the spirited work going

Great job you guys are doing. Keep the spirited work going. I spoke with my friend KSV Siva Krishna regarding Abhaya couple of days back and today I made a transfer of INR 5000 to 910010042902046 Axis account. Please hand over the receipt to Siva so that I can collect it. – **Prudhvi**, Ramp Infotech, Hyderabad

I setup a rule for transferring Rs.1000/- PM

I setup a rule for transferring Rs.1000/- per month. I request you to make use of the said resources for doing good work for those who are in need. – **Kartik Kumar A**, Team Lead, Microsoft, Bengaluru.



Keerthi, Infosys donated on her Birthday

On the occasion of my birthday (May 19th) I want to donate a small amount to Abhaya from my savings which can be used to people who are in need. An amount of Rs.2000/- being saved by not celebrating Birthday party with friends around as giving makes me happier than spending for birthday. I have transferred the amount to Abhaya axis bank. Please do acknowledge the receipt of same and thanks to abhaya which inspired people like me in doing good work.



– **Keerthi Athuluri**, Infosys, Chennai.



CS SVN Acharyulu promised Rs. 2K per month

We feel proud to note your kind hearted monthly contributions of Rs.2000/- every month on or after 25th. It is really heartening to see how kind you are for good work. abhaya would surely make use of these resources to the most needy in the country. we request you to spread the message of love and care amongst all the like minded people in your circle. – **abhaya TEAM**

I would like to visit abhaya

I take this opportunity to convey the happiness I felt when I came over to your place on 12th evening and share the joy you were spreading to the Samrakshana Kids and to the Members of the Abhaya Foundation. I am so sorry that I could not stay back and convey my regards to you as I had to leave for some other work. My sincere apologies. Shri Murthy is my Uncle (My Mother's Brother). Rama Aunty found a new friend and I understood why she spoke so eloquent about you when I visited your place and saw the activities there. I had association with Samrakshana kids and Shri. Krishna Rao through my uncle. I would like to visit your place again and know more about the activities of ABHAYA FOUNDATION on the date and time convenient to you. – **Venkat**, NIC, Hyderabad.



From Weakness to Strength!

I am now experiencing what is life. Till now if someone blames me, I used to cry and worry about it. But now I am analyzing that "whether I was wrong or is it the other one's unjust comment? If I realize that I committed a mistake I started correcting it and if there is no mistake with me simply and smilingly I started ignoring such comments. Now I am leading my life with more focus and very soon I would be joining as school teacher. Now I am trying to understand other's problems also. I find in myself that there is a great change in my life as I am a different person now changing my views on the world around. As of date due to my innocence I lost many things in my life. I gave so preference to parties/functions but I never thought of myself. Now I realized that "If I achieve great position in life then everyone will give respect to me, if not they will have a chance to comment me. First of all I want to realize my dreams and I try to make them true. I decided that not to waste time & I realized that "A MAN IS WHAT HE THINKS OF HIMSELF. It is really god's grace that I had the fortune of getting connected to abhaya. Thanks to my brother Rajanikanth pursuing his MBA with abhaya's support at Vijayawada. Now my duty is to prove myself. For which I started attending English Classes and also computer classes with the kind support of abhaya. I got lot of moral and financial support. I am surely a different person today. I am a confident lady – **Mangala Gowri** M.Sc.(Mathematics)



You were born to SUCCEED!

Great things are accomplished When you believe that what's inside of you is superior to your circumstances.

What you have outside you counts less than what you have inside you. You're more important than any of your problems. You're bigger than anything that can happen to you.

Courage is a special kind of knowledge. It's the knowledge of how to fear what ought to be feared and how not to fear what ought not to be feared.

True courage is a result of reasoning. A brave mind is always impregnable. Reality is something you rise above.

Feedback... it is always inspiring

I spoke to my MD

I would like to inform you that these I was busy with my course in Diploma in Excise, the course duration was 30 hours and exam for the same will be held tomorrow from 3:30 p.m. That's why I was not in touch with you. Further, as an Abhaya Volunteer, I have already introduced foundation to most of the people in all the 3 units of the Company. I personally spoke Managing Director, Plant Manager, Production Head about Abahaya and it's good work. I am also forwarding the abhaya news updates to many of my friends and colleagues. But till now I could not pool any funds for abahaya's good work but my effort will continue till I succeed and accomplish my mission. - **CS. Shambhu Kr.Jha**, Company Secretary.

abhaya is a bridge to fulfil my desire

I am srikanth (B.Tech) from Nellore, pursuing MBA final year in Hyderabad. For so many years I have been thinking to help someone regarding like anything whatever possible to me. I recently heard about ABHAYA FOUNDATION as it is helped and still helping so many people. Now I am thinking that ABHAYA FOUNDATION is the bridge to fulfill my desire. I want join my hands with you if you will accept. Kindly let me know how can I meet you. - **Sirkanth**.

The meeting is educative for me than students



I don't have any idea about educare review. The interactive session is very educating not only for the students came over there but also people like us. I came out from college 12 years back and I don't have any idea as to how students are thinking... what are their career choices... at present times. Abhaya had shown a way to interact with them there by people like us gained some knowledge and shared with students about what we know. Thank you for giving me such a good opportunity. I wish to participate just not in one program, but in every program of abhaya whenever there is a possibility of sparing time. - **Srilakshmi Prasad** W/o CA. Prasad Badam, NCC, Hyderabad.

Wish to add my little hands

Have seen the abhaya news letter.. I am missing a lot of good work to be done, just waiting for last one month of training at Mysore, Infosys to be completed and hoping to get the posting at Hyderabad to add my little hands back with you. Today being holiday, will transfer my monthly fund transfer on Monday. - **B.Sushma**, Infosys, Trustee - abhaya



IMPORTANT

Abhaya SB Account at **Andhra Bank** is designated account for **Foreign Contributions**.

All **Indian Donations** must be through **Axis Bank**.

Do not deposit / transfer any Indian Donations in / to Andhra Bank.

Quote Name, Nationality, Phone, Address, E-mail & PAN while sending contributions.

Indian Donors



Beneficiary : ABHAYA FOUNDATION
Account No : SB-910010042902046
MICR Code : 500211002
RTGS/IFS Code: UTIB0000008
Bank : AXIS Bank Ltd
Address : 6-3-879/9/B, I Floor, G. Pulla Reddy Bldg, Green Lands, Begumpet Road, Hyderabad-500016

Foreign Donors



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abhaya
FOUNDATION

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