

# abhaya FOUNDATION

an assurance for no fear...



News Update  
June 2020





**abhaya FOUNDATION**

**an assurance for no fear...**

### About abhaya News Update:

abhaya touches the heart of every one's lives through its social work. We are committed to support and empower the most deserving communities in the country. abhaya team upholds its noble activity every month through this news letter. abhaya SoulDears (Volunteers) work tirelessly with abhaya projects work related data, updates, reports, photos, feedbacks, quotes, donations, etc., to design and update every news. The "abhaya News Update" reaches about 25,000 abhaya donors, well wishers, supporters, corporate, NGOs and others across the globe in the first week of every month by email and further it is posted in FB, WhatsApp, abhaya web links, Blog and Twitter, reaching another 25,000 people. This task of sharing our experiences with people has been going on since 2006. We aim to make people aware of our tremendous effort at abhaya for the betterment of human lives and we need their kind consideration, care and support. Their association with abhaya and feedback would help us transform lives and help people reach their full potential.

Please share this newsletter within your community and with your support we can create significant and long-term change in the social work for people who rely on it.

#### Editorial Team

CS Balachandra Sunku, Founder  
KSV Sivakrishna, Secretary (Content/Editing)  
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G Srinivasulu (Designing & Publishing)  
Manohar Choudhary (Social Media)

**STOP**

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#### PARTICULARS

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**Prime Minister Narendra Modi on Tuesday addressed the nation to address the coronavirus situation.**

**While speaking of the coronavirus pandemic, PM Modi hailed India's progress compared to the rest of the world. However, he pointed out that once the lockdown has lifted, people have gone back to the old ways. "This is a matter of concern. We had taken all precautions during the lockdown and now we have to take all necessary precautions, particularly those living in containment zones," the PM said.**

**PM Modi said those not adhering to rules will be penalised, he said. "It is your responsibility to take necessary precautions. Remember, nobody is above the**

**law. Not the village sarpanch nor the prime minister of the country," he said, even addressing how Bulgaria's prime minister was fined for not wearing a mask.**

**PM Modi added that during the lockdown, the top priority of the country was to ensure that the poor had fuel to cook food. "Be it central government, state governments, civil society, everyone has ensured that the poor don't go hungry," PM Modi said.**

**India and its people are taking timely decisions and has brought the Pradhan Mantri Gareeb Kalyan Anna Yojana as soon as possible. "This scheme will go on till November where people will get 5 kg wheat and rice, as well as kilo of channa. Rs 90,000 crore will be spent on this programme. If we incorporate the last three months of spending, then it would be Rs 1.5 lakh crore spent," the PM said.**

**Speaking on the One Nation, One Ration Card Scheme, PM Modi said that the same ration card can be used by migrants who move from one part of the country to another for a better life. These individuals need not make a second ration card, according to the scheme.**

**While speaking about the taxpayers, PM Modi hailed those individuals religiously paying taxes and said, "You have faithfully filled taxes, fulfilled your obligation, so today the poor of the country is able to cope with such a big crisis."**

**Stressing on the need to keep all social distancing norms in place, PM Modi added that the need of the hour was to stay safe.**





# abhaya FOUNDATION

## Projects need CSR Funds



Dear Corporate Heads!

### **Sub: Seeking your kind CSR Funds - Reg., Greetings and gratitude!!**

We wish to convey our gratitude to the Board Directors of each Indian Company who are doing their bit for those in need with the available CSR Funds with them. abhaya FOUNDATION (<http://www.abhayafoundation.org>), Hyderabad have their service projects across the southern states of India. Following are the projects we wish to present before you for lending your hands of support

#### **Empowerment Initiatives:**

1. Tailoring Classes for 30 Rural Women (1lakh per batch)
2. Driving Classes School for 10 Rural youth (50K per batch)
3. Driving Simulators for Youth Empowerment in AP, Telangana & Karnataka (Rs.3,00,000- per simulator)

#### **People Care Initiatives:**

1. Destitute Care at abhaya Home of Happiness (Rs.12,00,000/- PA to take care of 25 uncared people)
2. abhaya Hunt the Summer (Distributing Umbrellas/ Canopies for Street side Vendors Rs.5,00,000/-) during every Summer
3. abhaya Hunt the Winter - Distributing woollen blankets for needy (Rs.10,00,000/-) during every winter

#### **Educare Initiatives:**

1. abhaya Educare (Support for Poor and Meritorious students for perusing higher education (Rs.5,00,000/- per annum)
2. Breakfast service for 4 months to Class X students at Govt. High Schools (Rs.75,000/- per school)
3. Digital Class Rooms at Govt High Schools (Rs.2,00,000/-per school).

#### **Infracare Initiatives:**

1. abhaya Youth Empowerment Center, Anantapuram, AP under construction: Need is Rs.50,00,000/- for completion
2. abhaya Youth Empowerment Center, Bengaluru, Karnataka under construction: Need is Rs.20,00,000/-

Your supervision and feedback is needed to improve our systems, processes and procedures. We request you to support our highly committed and passionate team who support one another.

We will be more than happy to meet you to present the activities if given an opportunity. With Love & Life for the Country: **KSV Siva Krishna, Secretary, (9959220450)**





# abhaya FOUNDATION

## Imp Info for Corporate Donors



### Dear Corporate Donors!

While, we thank you for your patronage with abhaya Foundation...we wish to bring the following to your NOTICE. You are aware of pandemic prevailing in the world badly affected the life of humans. Inspite of lockdown in the country lakhs of people affected by Covid 19. But, abhaya with un wavering faith in GOD worked for the welfare of lakhs of common man in the country.

Except, Corona Relief Operations...No other activity moved forward. We wish to inform the Corporate Houses who had lend their CSR funds to various initiatives undertaken by abhaya:

Except Empowerment & Awareness Projects all other projects will be slowly initiated...Progress of these projects also be very slow.

If in case, the Donor wishes that such funds if not able to spend for specified projects...be better used by abhaya for any of the ongoing projects...we will be more than happy to do so considering the uncertain situation which may not allow us to go out freely for next 6 to 8 months.

Donors can contact the Sri KSV Sivakrishna, Secretary at [abhayafoundation@yahoo.com](mailto:abhayafoundation@yahoo.com).

**With Best Wishes**  
**abhaya Team**







# abhaya FOUNDATION

## Kamineni Hospital to Support



It is surely will of GOD which prompted us to meet Management of kamineni hospitals, Hyderabad. Team abhaya feels it blessed opportunity to impress upon them about various abhaya initiatives.

Kamineni Hospitals assured their best possible support in the following service projects:

1. Empowering Tailoring women with job work.
2. Identifying youth for care takers and training them at abhaya Home.
3. Connecting the deserving candidates for Para Medical Courses at Kamineni.
4. Awareness sessions from abhaya Team at Kamineni Establishments
5. Serving the destitute cared by abhaya Home at Kamineni Hospitals
6. Hosting periodical health camps at abhaya Home and other identified villages.

These are all not small thoughts...If translated into action...They will benefit 1000s of people and there by transform the society. We express our heartfelt gratitude to the Team Kamineni for joining us in serving the needy. The Team Kamineni visited abhaya Home and took stock of situation Further, Kamineni Hospital granted dress materials for stitching 500 Pairs of Uniforms to their staff in the first instance and the same is being distributed to more than 30 rural women. This is surely a blessing for those tailoring teachers and students who lost their earning since 4 months now. We are hoping that the job work will continue to boost the morale of the women. - **Balachandra, Founder**





# abhaya FOUNDATION

## Corona Relief Operations - Telangana



### AP Janmabhoomi Trust

AP Janmabhoomi Trust is a flagship social initiative by the NRIs settled in abroad comprising of three schemes – Digital Classrooms, Anganwadis Centers, and Crematorium. APJ acts as a bridge between the NRIs and their homeland by connecting them to their roots and giving them the opportunity to help achieve these goals for

their motherland. The project, launched in 2016, has digitised over 3000 government schools and affected over a million students in AP state.

Sri Jayaram Komati is the former president for Telugu Association of North America (TANA). He has been mentoring AP Janmabhoomi, trying to fulfill the vision of digital education.

He continues to encourage not only the team at AP Janmabhoomi but also NRIs to connect back to their roots and give back to their community. His encouragement has helped connect several NRIs to their country while helping students get the best equipment.

With such strong personalities mentoring and inspiring APJ continues to grow strong with their good work just not in AP but in TS as well. Their passion to lend helping hands always proved the fact NRIs may be far from India...But their hearts are always filled with love for their Mother Land.

APJ lead by Sri Jayaram Komati, very generously provided funds to the tune of \$28000/- for abhaya Corona Relief Operations in the Country. Their funds added life to thousands of families and school going kids at home during Corona Times.

Following is the brief account of exclusive conversation with Sri Jayaram Komati (JK)



### Early Life:

JK is born and brought up in a remote village Velvudam near Mylavaram, Krishna Dist, AP. His parents were Farmers and Finest Human beings. He studied in Govt School and completed his degree. With so many aspirations in life he headed to USA when he was just 21 years. He developed lots attachment to India, his mother land. He is very observant about the situations around. Very sensitive to problems faced by people.

### Career & Care:

JK is an Indian businessman & politician. He has built many businesses and became successful. He later connected to then CM Sri Nara Chandra Babu Naidu and with his excellent organisation skills and capabilities became Telugu Desam Party's NRI wing leader. He pioneered the concept of unity among Telugu speaking people and very actively propagated the cause of TANA (Telugu Association of North America). He lead it as Executive Vice President and later became the President of TANA.



He was the former Special Representative for North America by the Government of the Indian state of Andhra Pradesh. He served as President and Chairman for many Indian organisations in North America.

He is the founding members of AP Janmabhoomi Trust, USA which pioneered concept of Lending Hands to Mother Land in the field of Education, Empowerment and Social Care.

He has built his business ampire in USA since 4 decades. He is the man of Action. He has the distinction of hosting many meetings in USA and hosting many national and international leaders. He also met the Prime Minister of India, Narendra Modi. With a passion to do something for his mother land, he established a University at Faridabad near Delhi in India and also established colleges in AP. He is surely an inspiration for many Indians all over the globe.



### Family Life:

JK got married to Smt Kalpana and she is the best part of his life. Both of them were blessed with 2 children. Dr Rahul Komati, very famous Ophthalmologist in USA and Daughter Meghana Komati.

### Lessons of Life:

As his background is very ordinary and he has been nurtured with values since childhood he has learnt many lessons for life. When enquired about them he said,

- \* One need to be humble in life
- \* Keep the feet on the earth in life
- \* Never discount others capabilities
- \* Don't forget the mother & mothr land
- \* Always look for opportunity to serve
- \* Education ..The way for Empowerment
- \* When growing in life...Grow in giving



### Message for abhayans:

When asked to share his message for abhaya he humbly said...Every one of us are capable of standing on their feet and serve. Let's not degrade anyone...Let's stand by our country...He said.

He also said, He would like to thank Sri Garikipati Mohanarao Garu for introducing the great organisation like abhaya Foundation to them at USA.

He wish to appreciate abhaya Foundation for doing such an amazing job at time of Covid19 . He felt it as real fortunate thing to work with abhaya foundation.

He said, the Foreign Currency Funds granted by AP Janmabhoomi with the support of other well wishers to the tune of \$28000 to abhaya Foundation for Corona Relief and other Service Projects be best utilised for the betterment of our country men.

**abhaya Thanked Sri Jayaram Komati, USA,** for sparing his value time to share his thoughts with abhaya Editorial Team over phone. - **abhaya Team**

Dear Siva Krishna garu

We have an organisation called APJanmabhoomi (501)C. We are willing to support covid19 activities you have taken up in this critical times in both Andhra and Telangana. I thank Garikipati Mohanarao Garu introducing the great organisation like abhaya Foundation to us.

I really appreciate your organisation for doing such an amazing job at time of Covid19 . We are really fortunate to work with Abhaya foundation. AP Janmabhoomi USA Total contribution is \$28000. - **Jayaram Komati, AP Janmabhoomi Trust, USA**





## abhaya Kalashams distributed with the support of AP Janmaboomi Trust

శేర్ లింగంపల్లి నియోజకవర్గం లోని ఆల్విన్ కాలనీ డివిజన్ లోని సాయి ఫంక్షన్ హాల్ లో మునిసిపల్ కార్మికులు మరియు పేదలకు 1500 మందికి అభయ నిత్యావసర సరుకుల కళశాలు పంపిణీ చేయడం జరిగింది ఈ కార్యక్రమంలో గౌరవనీయులు రాజ్యసభ సభ్యులు శ్రీ గరికపాటి మోహన్ రావు గారు, మేడ్చల్ జిల్లా బిభేషి అధ్యక్షుడు కాంతారావు, యోగానందు, మువ్వ సత్యనారాయణ, దుర్గ ప్రసాద్, ఇతర నాయకులు పాల్గొన్నారు



హైదరాబాద్ లోని ఆల్వాల్ లక్ష్మికళ థియేటర్ నందు జన్మభూమి ట్రస్టు చైర్మన్ ప్రవాస భారతీయుడు కోమటి జయరాం గారు మరియు డాక్టర్ కొడాలి నరేన్ గారి సహకారంతో జర్నలిస్టు మిత్రులకు మరియు పేదలకు సుమారు 500 మందికి అభయ నిత్యావసర సరుకుల కళశాలు పంపిణీ చేశారు. ఈ కార్యక్రమంలో ముఖ్య అతిథిగా గౌరవనీయులు రాజ్యసభ సభ్యులు శ్రీ గరికపాటి మోహన్ రావు గారు, లంకల దీపక్ రెడ్డి, సాయి మరియు ఇతర నాయకులు పాల్గొన్నారు.



ఖైరతాబాదు నియోజకవర్గం నంది నగర్ కాలనీలో పేదలకు సుమారు 500 మందికి అభయ నిత్యావసర సరుకుల కళశాలు పంపిణీ చేయడం జరిగింది ఈ కార్యక్రమంలో గౌరవనీయులు రాజ్యసభ సభ్యులు శ్రీ గరికపాటి మోహన్ రావు గారు, మాజీ ఎమ్మెల్యే చింతల రామచంద్రారెడ్డి గారు మరియు ఇతర నాయకులు పాల్గొన్నారు.





సికింద్రాబాద్ నియోజకవర్గం సీతాఫల్ మండి డివిజన్ మధురనగర్ కాలనీలో 500 మందికి నిత్యావసర సరుకులు పంపిణీ చేయడం జరిగింది ఈ కార్యక్రమంలో గౌరవనీయులు రాజ్యసభ సభ్యులు శ్రీ గరికపాటి మోహన్ రావు గారు, గ్రేటర్ హైదరాబాద్ అధ్యక్షుడు ఎమ్మెల్సీ రామచంద్రరావు గారు మాజీ ఎంపీ చాడ సురేష్ రెడ్డి గారు, మేకల సారంగపాణి మరియు ఇతర నాయకులు పాల్గొన్నారు.



జనగాం మునిసిపల్ పరిధిలోని జూబ్లీ ఫంక్షన్ హాల్ నందు 1000 మంది ఆటో కార్మికులు మరియు హిజ్రాలకు మందికి అభయ నిత్యావసర సరుకుల కళశాలు పంపిణీ చేయడం జరిగింది ఈ కార్యక్రమంలో గౌరవనీయులు రాజ్యసభ సభ్యులు శ్రీ గరికపాటి మోహన్ రావు గారు, జిల్లా బిజెపి అధ్యక్షుడు దశ్మంత్ రెడ్డి గారు, ఈగ మల్లేశం గారు, బొట్ల శ్రీను మరియు ఇతర నాయకులు పాల్గొన్నారు.







**1000 dry ration kits are getting ready for service at abhaya Home**



With kind hearted support from Aspire - Rs.1,00,000/- CSR Grant, abhaya Foundation & 100 Smiles Charity jointly conducted Corona Relief Operations in Telangana.

Dry ration kits consisting essential items like Rice, Dal, Oil, Atta, Suji and Soaps to 200 families who are Migrant Labors, Agricultural Labors, Panchayat and municipality temporary workers.

Following are the details of villages

1. Gungal Village, Yacharam Mandal, Rangareddy Dist (50 Families)
2. Manchal Village & Mandal, Rangareddy Dist. (50 Families including 25 Migrant Families)
3. Chintulla Village, Yacharam Mandal, Rangareddy Dist. (50 Families)
4. Warangal Urban Dist (50 Families of Municipality Temporary Workers)

The ration that we supported is sufficient for 7-10 days for a family. The distribution was taken up on 17th May for the villages in Rangareddy District and 2nd June in Warangal. We identified the beneficiaries with the help of village Sarpanch's and verified by Mandal Administration officers.

In Lockdown period, all these families haven't got any regular income and suffered a lot for basic needs. The grocery kit (abhaya kalasam) was a boon and need of the hour for all these families.

We thanks Volunteers Mr. Madhukar Kollam and Mr. Manoj Chittimalla from 100 Smiles Charity Foundation to personally take up this mission and distribute all the kits with prior permissions of authorities and following the physical distancing norms. - **KSV Siva Krishna, Secretary, abhaya Foundation**



**50 Swatch Sainiks served at Warangal**



**250 abhaya Kits served at Hyd**







**180 food packets getting ready for migrant labour leaving to Patna**



**Corona Relief Tools given to Spooriti Jyothi Foundation**



**Project Director - TS Women & Child Welfare Dept inspected**



**180 food packets in service of migrant labour leaving to Patna**



**Thermoscanners (2) Hands free Sanitizers (4) and 100 masks sent to Adilabad Govt Hospital, NGOs & Others (090624201)**



**Telangana Police Appreciated abhaya for the Good Work**



**Corona Relief Operations**





# abhaya FOUNDATION

## Corona Relief Operations - Tamilnadu



We sincerely thank you for your kind Patronage by which we were able to support Around 1800 Needy Families. Your contribution is very timely and useful

The Details of the beneficiaries are as follows.

Sr No	Catagary	Location	No Of Families
1	Physically Challanged	Thandayarpet - Chennai	50
2	Home for Special Children	Vasudevanallur - Thirune	44
3	Tribble	Acharapakkam	111
4	Tribble	Athipattu - Thiruvallur	100
Total Families			305

Once again we Thank you very Much for your continued support. Thanks - **Mani, NDSO**







# abhaya Youth Empowerment Project

## Anantapuram, Andhra Pradesh







# CSR Activities @ Karnataka abhaya YUVA Empowerment Center



As you all know, abhaya and Yuvashakthi Seva Foundation have jointly taken up a mission in Karnataka to come up with empowerment and transformation centre, near White field in Bangalore. We had paused the work for sometime due to COVID lock down, completion of documentation process, resumed work in first week of June 2020.

All the Machine work is 100% completed. Two coats of patti and one coat of primer completed inside. Also, 100% of Tiling work for First floor completed inside. 80% of Tiling work for ground floor completed inside. Kitchen is pending 50% of Tiling work for Terrace completed inside. Second floor room floor Tiling is also completed.

Now patti and primer outside, Final coat of painting, Tiling for Kitchen, half terrace and portico Electric work, Electric service, Plumbing work, Fittings, Solar, Bathroom fittings, Compound work and two toilets and a bathroom outside is pending.

abhaya has contributed Rs. 5,10,000 till now for this project. Looking for more Support from Corporates and Individuals for, Electricals, Plumbing and other wood work. We would appreciate any donation in the form of furniture, Wooden racks, Fans, Lights, etc.,

We are also looking for sponsorship for rooms. We are happy to name a room after their name (or their beloved one's name) if they pay 60% of the cost. We have 2 rooms and the kitchen available still. If any donors can come forward, it will help us a lot.

We are planning to come up with an executive committee for governing Ashram and Empowerment Centre. Requesting Trustees/Volunteers of abhaya in Bangalore to come forward in support of this. Happy to include couple of members into executive committee. Dhanyawad - **Bhushan Bharateeya, Yuva Shakthi Seva Foundation, Bengaluru**





# abhaya FOUNDATION - **EEE**

## Education



### **Sandeep B (CA)**

Dear abhaya, I am Pursuing my CA-Article ship at Bangalore. Got full length study leave for my CA final Examinations since 01-02-2020. Original Date of examination was in the month of May and due to unexpected covid-19 situations the exam date has been postponed. Latest notification states that examination will be conducted from 29th of July 2020. Situation is getting worse

day by day due to rapid hike in the cases . Due to this One of the petitioners challenged against ICAI w.r.t. examinations at Supreme Court. Post hearings SC ordered ICAI (dt. 29-06-2020) to issue fresh notification w.r.t. CA examinations along with proper guidelines and followed by approval from Ministry of Home Affairs by 02-07-2020. So, we will get to know information about examinations on 02-07-2020.

As continuation to above I was preparing well till the end of March 2020. Post March my focus got reduced to a bit due to external factors. At the end of March, I reached my hometown. My preparation strategy has been discussed in my previous report. After that I have done few LinkedIn Certification courses w.r.t. MS Excel. I spend some time at our grocery Store. I spare some time with my juniors in workings of their office work and also help them in handling MS Excel. I started to send a monthly donation of Rs.250 to abhaya since my article ship and the same has been stopped now due to study leave. Around 2.5 years of articles has been served and still 3 months of Article ship is remained as unserved. Once my article ship gets started, I will resume my monthly donation and increase my contribution to abhaya once I qualify as CA.

Studying and Helping to my parents while looking Kirana store at my hometown became daily routine right now. I hope every one is doing good. Please Take care of your health by yourselves and this is very important in the present situation.

### **Aaishwarya (CA IPCC)**

In the month of June I am preparing to my Ipcc group 1 exams which are going to held from 29th july. I applied only for single group which got postponed for 2 months.. I may go for 'opt out' option provided by ICAI if the pandemic is going to worse and in the times of no means of transport to Hyderabad. According to the situation I will move forward. As of now I completed my revision and ready for the exams.. If I have any doubts I approach some CA apps & you tube channels for my clarifications . The situation in our surroundings is very serious . We are taking precautions at home also by washing hands frequently and not going out unnecessarily. some how By God's grace we are safe and healthy. But there are times where we cannot even get food due to lack of job to my father. I thank our relatives who extended their hands to help us in tough times. I am very happy to serve my parents in their work at home . We adjusted as per the situation and now we are feeling better as my dad resumed to his work. In all these four months I spent most of my time in studying as well helping my sister in her 10th preparation. Abhaya helped me in my studies by paying the exam fee every time . I thank Abhaya for encouraging me to take up coaching In the times of my inability to clear the exams and preparing me give to my best possible shot . It is because of your support am here today & ready to face the battle.



I am very grateful to Abhaya for it's continuous encouragement and support in Every step of my life.





### **T. Jayanth (NEET)**

My name is T. Jayanth. I am from mummdivaram east godavari, AP. Currently Taking coaching at maruthi academy KBHP hyderabad. In the month of march I returned my village due to covid lock down. since last four months am staying at home preparing Neet exam which has been postponed to 26th july. apart from regular book study I subscribed to byjus and crack neet 2020 for better understanding and attempting the mock tests while revising our campus materials and ncert books. My sister is studying in sri chaitanya kakinaada under DRDA quata . She has completed her first year successfully with 377/440marks

There are many covid positive cases in east Godavari. hope all abhaya's are safe. Am also taking care of my self.. currently am using homeo pills for my sinusitis problem. Coming to the family.. my father is working in hotel earning 7k per month where as mother working like a volunteer earning 5k per month and I will be helping them at home in all possible ways.

I felt very happy to see abhaya doing so many Corona relief programs, supporting hundreds of families of many states while working in collaboration with other NGO's and with kind support of many donors. I would like to stand by the side of abhaya by donating from the inception of my Career in the form of job . I thank all the donors who are kind enough in supporting many students like us.

### **V Hemalatha (B Pharma)**

I hope everyone is safe at home and healthy. thank you abhaya for standing by my side This is V. Hemalatha studying B.pharmacy 3rd year at Balaji college, Anantapur.

Since 4 months I am staying at home because of covid lock down. so college started providing online classes from April



1st week but because of some technical issues it was not continued later. for some days my schedule was like this .In morning section we have classes from 10am to 12 pm and in afternoon section we need to submit assignments and followed them regularly . Apart from studies I am trying to fetch my extra Curricular wing by drawing portraits, paintings, making crafts and posting them in my youtube

channel(hema\_arts). The response seems to be good from the viewers. So I started earning in a small way by taking little commission which lead to Rs.4000 /\_ for all the portraits. Simultaneously watching some videos to improve my skills .

Soon I am going to create one strong foundation to my skill with abhaya as my main platform. I Thank abhaya for standing by my side in different means and ways.



### **Rajesh (CA IPCC)**

For the last four months I involved in preparing to my CA IPCC examinations which are going to be held from 30th July 2020. Initially I applied for only one group, later thought of applying to second group because of postponement of exams from May 2nd to July 30th. But I could not find examination correction window in order to apply for another group. 1st group consists of 4 subjects , in that I have scored one exemption so I

am going to attempt only 3 subjects now.

Coming to my day ,daily I spare for 10-12 hours to my study. I have completed my first and second revision. now I am attempting Revision test papers. If I face any difficulty or doubt, I will watch YouTube classes or approach my seniors. I Hope I would clear this attempt to the best of my efforts.

Presently, I don't have any monetary Dear abhaya. My neighbours and my family all are in safe zone in this covid situation. I hope all are leading safe and healthy life. I Thank abhaya for your kind support



### **Prudhvi Raj (Inter)**

This is Prudhvi Raj from Vijayawada completed Intermediate at KBN college .For the past four months I am preparing for EAMCET&JEE MAINS at home .Coming to my daily schedule I spend 8-9hours for exam preparation , in between I watch online you tube classes , some time for learning C language and some time in discussion with friends . Hoping for the best in the upcoming exams. By the grace of God and basic precautions we all are safe and good In the times of covid I hope all are safe with healthy life .I thank for abhaya for standing by my side in all the possible ways.

### **K. Ashwini (B Pharm)**

This is K. Ashwini studying B. Pharmacy 3rd year at Balaji college of pharmacy in Anantapur. During lock down I planned to utilize my time for preparing GPAT and improve my communication skills by newspaper reading and attending interviews.. Because of extension of lock down our college management has started online classes in a scheduled manner. So I engage with classes from 10am to 12.45pm and afternoon section I have to submit assignment from 2pm to 4pm regularly and submitting before the due time and date.apart from routine schedule our teaching faculty is conducting online quiz helping us to participate with more enthusiasm.



### **Alekhya (Civil Engineering)**

I am B. Alekhya studying engineering 1st year in civil engineering department at velagapudi Ramakrishna Siddhartha engineering college, Vijayawada. I'm extremely sorry for not sending monthly report because of restriction of mobiles at our hostel. I deeply regret that I didn't get the thought of searching for possibilities of updating my report through post .I'll send report from this month without fail before 7 th of every month. Please excuse for this time

### **Dr. Sailatha (Educare Student)**

I would like to share a happy thing with all the abhayans. After my undergraduation I thought of doing specialisation with best possible skill in my professional life. For which I started preparing seriously to give a solid attempt in the NEET PG entrance exam .with the kind support of Abhaya I took coaching at reputed DBMCI institute and I have done to the best of my capability while leaving the rest to Almighty. Finally results were out and I am blessed with decent rank and allotted with MD. obstetrics and Gynecology (which is one of my dream branch) at Government medical college, Akola, Maharashtra. I am indebted to abhaya for its blessings and loving care. Now am proceeding to Maharastra with uncle by my side.Despite of this pathetic pandemic situation...he decided to come along with me to join me there as junior resident. .Mere thank you is not enough to express my gratitude for all these love and care . Prayers for all your well being. Thank you for everything



### **K. Ashwini (B Tech)**

This is S.Rohan Khanna , studying BTech 2nd year at JBIT college.For the Last 4 months am studying by listening to online classes . schedule used to be like 3 sessions per day for the completion of syllabus. I used to attend the classes regularly as well submit all the assignments before due time. For the past one month My father is not feeling well due to inappropriate blood sugar levels .so we admitted him at hospital ,he became normal with in one week and later discharged with good health.

I got an opportunity to participate in e-certificate competition conducted by some esteemed colleges and I have done well with good score. In last week the college displayed notification to pay exam fee. So I checked my fee status in the college site displaying Rs.15,000/- as due.I informed shiva anna..he with so much concern talked to the management people and they reduced to Rs.11,000/- considering my back ground. Now I paid all the due with the help of abhaya. I will be promoted to third year in the month of August.



## 3. సమయం లేదు



### సమస్య:

నాకు చదువుకోవాలని వుంది.

కానీ ఒక గంట కూడా చదువుకు కేటాయించలేక పోతున్నాను.

ఎన్ని విధాలుగా ప్రయత్నం చేసినా రోజులో సింహ భాగాన్ని చదువు కై కేటాయించడం కష్టం అవుతోంది.

ఇంట్లో నేను అమ్మ నాన్నలకు సాయం చేయాలి. ఇంట్లో అమ్మ లేదు, బాధ్యత నాదే.

నేను పార్ట్ టైం జాబ్ చేస్తున్నాను.

మాకు బజ్జిల బండి వుంది, సాయిత్రం 3 గంటలు అక్కడ చూసుకోవాలి.

నేను ఆటల్లో పడితే ఇక సమయమే తెలియదు. స్నేహితులతో గడపడం ఇష్టం దాంట్లో పడితే సమయం తెలియట్లేదు.

### వివరణ:

దేశంలో సామాన్య పౌరుడి కైనా...దేశాన్నేలే ప్రధానమంత్రి కైనా...భగవంతుడు రోజుకు 24 గంటలే ఇచ్చాడు అని అందరం చాలా సార్లు వింటూంటాము. ఆ వున్న 24 గంటలను ఉపయోగించుకునే విధానమే ఎవరినైనా సామాన్యుడిగా గా కానీ, అసామాన్యుడిగా కానీ చేస్తుంది.



మనము దేనినయినా చేతితో పట్టుకోగలం కానీ సమయాన్ని మాత్రం పట్ట కోలేము. సమయం నీరు లాంటిది, నీటిని మన దోసిళ్ళలో ఒడిసిపట్టినప్పుడు అవి మన దోసిళ్ళ లోనే ఉన్నట్టుగా అనిపిస్తుంది కానీ చూస్తే నీళ్లు అన్ని వేళ్ళ మధ్య వున్న స్థలం లో నుండి కారిపోతాయి. అదేవిధంగా సమయం కూడా అలానే గడిచిపోతూ ఉంటుంది.

నిజానికి, మిరాయి అంగట్లో ఏమి దొరుకుతుంది? మిరాయిలు కదా దొరకాలి? మినుములు మెంతులు దొరుకుతాయా? చెప్పండి. విద్యార్థి దగ్గర 24 గంటలున్నాయి అనుకుంటే ఎక్కువ గంటలు దేని మీద వెడితే వాడిని విద్యార్థి అంటారు చెప్పండి.



ఆటల్లో ఎక్కువ సమయం గడిపితే ఆటగాడు అంటారు...పనులు చేస్తూ ఎక్కువ గంటలు గడిపితే పని వాడు అంటారు...స్నేహితులతో ఎక్కువ సమయం గడిపితే జలాయి అంటారు. వంటింట్లోనే కాలం గడిపితే వంట మనిషి అంటారు. అంతే కదా. . . మరి విద్యార్థులు అనిపించుకోవాలంటే ఎక్కువ సమయం ఎందులో గడపాలంటారు. . . చదువుకోవడం, వ్రాసుకోవడం, స్కూల్ కి వెళ్లడం, పరీక్షలు వ్రాయడం, ట్యూషన్ కి వెళ్లడం ఇవే కదా మనము ఎక్కువ సమయం కేటాయించాల్సిన అంశాలు.

నిజానికి, ఇంట్లో సమస్యలు ఉన్నప్పుడే...చదువుకు ఎక్కువ సమయం కేటాయించాలి కదా. . . అప్పుడే కదా ఇంట్లో సమస్యలకు మనం పరిష్కారాలు చూపగలం. బీద పిల్లలయినా...ధనవంతుల పిల్లలయినా చదువుకు ఎక్కువ సమయం ఇవ్వాలిందే. మనము బాగు పడాలంటే ఎక్కువ సమయం చదువుకోసం ఖర్చుపెట్టాలి.

మీరు ఒక సారి చుట్టూతా జరిగే విషయాలు పరికరిస్తే, ఈ విషయం సుస్పష్టం అవుతుంది. మీరు పేపర్లో చూస్తుంటారు...ఆపన్న హస్తం కోసం ఎదురు చూస్తున్న అపర సరస్వతి అని. పేదంటి పాప బాగా చదివింది. పై చదువుల కోసం సాయం అడుగుతోంది అని. అలాగే ఒక ప్రభుత్వాధికారి కొడుకు ఉన్నత విద్య ప్రవేశ పరీక్షలో మొదటి స్థానం లో నిలచడాని...దీని అర్థం ఏమిటి? బీదైనా... సాధైనా చదువుకు ఎక్కువ సమయం ఇచ్చిన వాళ్ళు ఎప్పుడు విజయాలు సాధిస్తారు అనే కదా.

అంతెందుకు, అభయ ఫౌండేషన్ సాయం కోసమై వచ్చే పిల్లలను చూస్తే నాకెప్పుడూ గర్వముగా వుంటుంది. ఎవరిని చూసినా అద్భుతంగా చదువుతున్న వాళ్లే. అందులో పైన ఏకరపు పెట్టిన ప్రతి సమస్యల్లో ఎదో ఒకటి వున్న నేపథ్యమే. కానీ ఎక్కువ సమయాన్ని వారు చదువుకోసం కేటాయించడం వలన ఎంతో ప్రతిభను కనపరచారు. వాళ్ళను ఆదుకోవడం కోసం ప్రభుత్వమే కాదు...ఎవరైనా ముందుకు వస్తారు.



ఇక రోజుకు 24 గంటలు వున్నాయి కదా...ఒక సారి శ్రీ సత్య సాయి బాబా గారు విద్యార్థులలో మాట్లాడుతూ భాగవంతుడిచ్చిన 24 గంటలను విద్యార్థి ఎలా వాడుకోవాలి అన్నది చెప్పారు.

రోజుకు 24 గంటలున్నాయి కదా, వాటిని 4 భాగాలుగా విభజించమని చెప్పారు. మొదటి 6

గంటలు నిద్ర, రెండో 6 గంటలు సంత పనుల కోసం, మూడో 6 గంటలు స్కూల్ కోసం ఇక నాలుగో 6 గంటలు చదవడం కోసం. అప్పుడు మేల్కొని వున్న 18 గంటలలో సింహ భాగం చదువు కోసం వెచ్చించిన వాళ్ళవృత్తాము కదా. రోజుకు 12 గంటలు విద్యాభ్యాసం లో వెచ్చిస్తే ఆ విద్యార్థి ఎంతైనా సాధించ గలడు.

కానీ మనము ఏమి చూస్తున్నాము...రోజులో ఎనిమిది గంటలు నిద్రకు పోతుంది, ఎనిమిది గంటలు స్కూల్లోనో లేదా కాలేజీ లోనే గడిచిపోతుంది, ఇక మిగిలిన ఎనిమిది గంటల్లో అనేక రకాల పనులల్లో మునిగిపోతాము. మహా అవుతే ఒక 2 గంటలు చదువుకుంటాము. అలా చేస్తే నిజంగా మనలను విద్యార్థి అంటారా?

సహజంగా విద్యార్థులు ఇంట్లో చేసేవి లేదా చెప్పే పనులు ఏంటంటే టీవీ, ఆటలు, ఫోన్, స్నేహితులు, షికార్లు, వంట పని, ఇంటి పని, పార్ట్ టైం, ఇలా ఏమి చేసినా పైన చెప్పిన రెండో 6 గంటలలోనే చేసుకోవాలి తప్ప...చదువు కోసం పెట్టిన 12 గంటల నుండి ఒక్క క్షణం కూడా ఖర్చు చేయొద్దు.



సమయాన్ని వృధా చేసేది ఏదైనా మన జీవితాన్ని పాడు చేసేది అని పిల్లలు గ్రహించాలి. ఆటలు, పాటలు, మాటలు, స్నేహాలు మన జీవితంలో ఒక చిన్న భాగమే తప్ప...జీవితం కాదు. ఇవన్నీ మన ఆరోగ్యాన్ని కాపాడుకునే మందులు (Medicines) లాగా ఉపయోగ పడాలి తప్ప మన జీవితాన్ని పాడు చేసే మందు (Drinks) లాగా ఉండరాదు.

ఒక వేళ నిజంగా మీరు పైన పేర్కొన్న విషయాలలో సమయం ఎక్కువ గడుపుతున్న సందర్భాలలో కూడా...వాటిలో మునిగివున్నా సరే...ఏ విధంగా చదువుకు సంబంధించిన విషయాలు నేర్చుకోవచ్చు అన్నది గుర్తుంచుకోవాలి.

ఆటలలో భౌతిక శాస్త్రం, పాటలలో తెలుగు, తిరుగుడులో సామాజిక అంశాలు, మాటలలో ఒక పాఠం గురించిన చర్చ, ట్రావెల్ లో వుంటే సామాన్య శాస్త్రం, అంగట్లో వుంటే గణిత శాస్త్రం, ఇలా ఎన్నో విషయాలు మన పాఠ్యాంశాములకు అనుగుణంగా తీర్చిదిద్దుకోవచ్చు. మనసుండాలో కానీ ప్రతి విషయంలో కూడా మనము పాఠాలు నేర్చుకోవచ్చు. మనకున్న పరిమితులనే అవకాశాలుగా మలచుకోవచ్చు. ఏమంటారు కాదంటారా?



### సూచనలు:

1. మీ కంటే ఎక్కువ కష్టాలలో వుంటూ బాగా చదివే వారిని గమనించండి.
2. 24 గంటలను 4 భాగాలుగా విభజించి రోజులో సింహ భాగాన్ని చదువుకోసం కేటాయించండి
3. సమయం విలువను ప్రస్తుత కష్టాలతో కాక రేపు మీరు సాధించే విజయంతో ముడి పెట్టండి
4. మీ ఉజ్వల భవిష్యత్తు కు సమయమే ఒక విలువైన పెట్టుబడి అని గ్రహించండి.
5. సమయాన్ని గౌరవించిన వాడిని రేపు సమాజమే గౌరవిస్తుంది.





**ప్రేరణ మంత్రం:**

**Time waste is life waste - Bhagavan Sri Sathya Sai Baba**

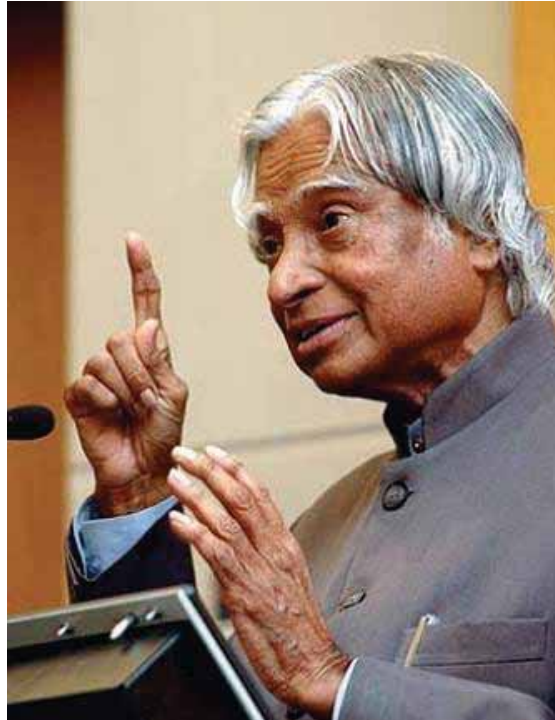
**సూక్తి:**

మన అందరికీ తెలుసు భారత రత్న Dr APJ అబ్దుల్ కలాం గారి జీవిత కథ. ఉమ్మడి కుటుంబం, బీదరికం, చదువుకోవాలన్న ఆకాంక్ష, పార్ట్ టైం జాబ్, అంతత మాత్రమే చదవరి...కానీ ఈ నేపథ్యం ఏది తన విజయాలను అడ్డుకోలేక పోయింది. తన చేతుల్లో మిగిలి ఉన్న సమయాన్ని పూర్తిగా చదువు కోసం కేటాయించారు. అందరికీ సూక్తి దాయకమైన జీవితాన్ని అందించాడు.

పిల్లలూ... కష్టాలు, నష్టాలు, ఇంటి పనులు, వంటి పనులు, స్నేహము ఇలా అందరికీ వుంటాయి కానీ ఎవరైతే విద్యార్థిగా వున్నప్పుడు ఎక్కువ సమయాన్ని చదువు కోసమై కేటాయిస్తారో వాళ్ళు తప్పక అద్భుతాలు సాధిస్తారు.

సమయాన్ని చక్కగా వినియోగించుకుంటే ఆ సమయమే మన అభివృద్ధికి బాటలు వేస్తుంది లేదంటే ఆ సమయమే మన జీవిత సాధానికి బీటలు వేసి కూల్చేస్తుంది. సమయాన్ని వృధా చేసి ఎందుకూ పనికి రాకుండా వున్న ఎంతో మందిని మనం నిత్య జీవితంలో చూస్తుంటాము. ఈ రోజు మనం సమయము లేదు అంటూ...వున్న విలువైన సమయాన్ని వృధా చేసుకుంటే రేపు మనమే ఒక Bad Example గా మిగిలి పోతాము.

పిల్లలూ... సమయం అత్యంత విలువైన వనరు భగవంతుడు మనకు ఉచితంగా ప్రసాదించాడు. దానిని మనము నిజంగానే ప్రసాదంగా స్వీకరించి మన ఉన్నతి కోసమై వినియోగించాలి. అప్పుడు ఇక ఏమి చేసినా విజయము మనదే.



**Review of Book authored by the Founder for students**







# abhaya FOUNDATION - EEE Empowerment



We are aware that abhaya Empowerment activities are happening since 8 years in 4 South Indian States in 100s of remote villages, empowering 1000s of unemployed rural youth with wide variety of activities like tailoring, beautician, fashion designing, electrical house wiring, maggam, me hindi, jute bags, Ties, driving, computer courses etc

As of now more than 6500 rural women got trained in tailoring skill, around 2000

youth got well versed with driving, 300 women were trained with beautician course, 100 youth got trained in electrical house wiring, 100 people with maggam and 50 computer skills. Further about 50 Trained and experienced teachers were able to lead their life with dignity and respect. Now they are happily leading their lives with lively hood ranging from 2k to 20k per month. Every 3 months Team abhaya is able to empower at least 300 youth.

Where as the recent pandemic, Corona halted the good work for the past 4 months. All the empowerment activities were stoped temporarily during lock down. But abhaya did not stoped its services...it started showeing further more love by unlocking other ways of services to the most deserving needy people.

With the network of good people & support of kind hearted abhayans, the team started distributing 1000s of abhaya kalasams to the needy people touching all the corners of the Telangana, AP and other states. Further cooked food was distributed to the coolies, road side people,

destitutes. The team visited most remote hamlets and distributed groceries to families, sanitisers, sanitising stands, thermo scanners, masks etc., while creating health and hygiene awareness about the usage of the masks, importance of repeated hand hygiene, social distancing...what not it worked in all the possible ways that it can. ...abhaya created an opportunity to 30 empowered tailors by connecting them to Kamineni Hospital for stitching uniforms..they expressed their gratitude for showing them a way in such hard times too.

Now with all the necessary precautions we are resuming classes from 24th June at Sultanpur (Deccan support) and Lingapur (Dhanush Support)







We closed centers by distributing 60 sewing machines, certificates for successfully trained women beneficiaries at Mall & Kulakulapally during the month of June 2020

The ladies driving classes also were concluded with 10 rural women getting their DLs during the month. We thank RTA and their staff at Ibrahimpatnam for the support and guidance in this regard.

Further, Centers at LIC Colony, Saidapuram, Kakkalapally, Ibrahimpatnam which were just started before lock down was declared has been shutdown considering the prevailing Corina Virus. These classes will be resumed once the normalcy is restored.

I salute abhaya for giving me an opportunity to serve people irrespective of caste, creed, colour, religion etc., - **Ch Manga, Coordinator, abhaya Women Empowerment Initiatives, Hyderabad**



ZPHS SULTHANPUR  
Ameenpur  
SSC 2020 Results  
25/25



GPA 10 - 13  
GPA 9.8 - 03  
GPA 9.7 - 01  
GPA 9.5 - 03  
GPA 9.3 - 02  
GPA 9.2 - 03



**Following Covid 19 Precautions - Tailoring & Beautician Classes started at Sultanpur**





## Coming Home Checklist

You should minimize going out except for essential things. These are the important steps to follow when you come back home, to protect your family and reduce the chances of you bringing the virus home.

Wipe your mobile, keys, and anything else you took outside with you, along with all the items you purchased from outside with a cloth dipped in water and soap or disinfectant.



Change your clothes. If possible, take a bath.



Take off your footwear and leave them outside.



Wash your hands with soap and water for 20 seconds



- Remove your mask from behind the ear without touching the front
- Wash store bought vegetables and fruits with water. Again wash hands.
- When you are able to, wash your clothes and make with soap and water, and dry in the sun.

The items you bought from the store might have coronavirus on them. Leave what items you can near the door to your home for a few hours.



MINISTRY OF  
HEALTH AND  
FAMILY WELFARE  
GOVERNMENT OF INDIA



## SAFEGUARDING OUR MENTAL HEALTH IN TIMES OF COVID-19 (1/7)



### Handling Social Isolation



Keep yourself busy. Have a regular schedule



Rekindle your hobbies like painting, gardening or stitching



Eat well and drink plenty of fluids



Be physically active. Do simple indoor exercises to keep you fit



Sharing is caring. Be willing to share if someone needs food or other essentials



Elderly people may feel confused & lost. Help them get what they need like medicines, groceries, etc.



If you have children, involve them in household chores to make them feel responsible & to acquire new skills



## Breaking the Chain of Transmission

### When to Seek Medical Attention



Difficulty in  
breathing



Persistent  
pain/pressure  
in the chest



Mental confusion  
or mental  
instability/depression



Developing bluish  
discolorations of  
lips/face

Date: 29 April, 2020



## SAFEGUARDING OUR MENTAL HEALTH IN TIMES OF COVID-19 (2/7)



### Focus on Facts, Reject Rumours



Access only reliable source of information



Do not spread or share any unverified news or information



Practice hand hygiene, maintain social distancing, etc.



Follow etiquette of sneezing, coughing, avoiding spitting in public places, etc.



Most Corona cases are mild which do not require hospitalisation

## SAFEGUARDING OUR MENTAL HEALTH IN TIMES OF COVID-19 (3/7)



### Handling Emotional Issues



Feeling lonely or sad is quite common. Stay connected with your family & friends



Even when feeling afraid, ask yourself these questions:



What is under my control?



Am I unnecessarily worrying about the worst thing that can happen?



When I have been stressed in the past, how have I managed?



What are the things I can do to help myself & be positive?

## SAFEGUARDING OUR MENTAL HEALTH IN TIMES OF COVID-19 (4/7)



### Handling Emotional Issues



Practice breathing slowly for a few minutes



Think of something calm & serene



To calm your mind, count back from 10 to 1



Discuss happy events, common interests, exchange cooking tips, share music with others



If loneliness or hopelessness persist, talk about it with someone, contact your doctor or call 080-46110007 for advice

## SAFEGUARDING OUR MENTAL HEALTH IN TIMES OF COVID-19 (5/7)



### What is Advisable



Avoid tobacco, alcohol & other drugs. Using them can worsen physical, mental health & reduce immunity



Do not stigmatize COVID patients. While maintaining physical distance, remember they need care & concern



If you know someone who might have the infection, inform about precautions, how to get medical assistance



If you are infected, Do not panic. Practice self-isolation & take medications as advised. Remember most people recover

## SAFEGUARDING OUR MENTAL HEALTH IN TIMES OF COVID-19 (6/7)



### Handling Mental Health Issues



Recognise mental health problems in your near & dear ones

Be sensitive towards their issues, which may include:



Changes in sleep patterns



Difficulty in sleeping and concentrating



Worsening of health problems



Increased use of alcohol, tobacco or drugs



If the problem persists, call 080-46110007 or contact your doctor/mental health professional

## SAFEGUARDING OUR MENTAL HEALTH IN TIMES OF COVID-19 (7/7)



### Caring for Persons with Mental Illness



The fears and stress regarding COVID-19 may worsen their previous mental health condition



Social isolation may make them more withdrawn, moody & irritable



Support from family members & caregivers is vital as they may not get easy access to medicines & counselling



Keeping them engaged & positive, following daily routine & taking prescribed medicines regularly to be ensured



# abhaya Home of Happiness

## Latest Update



All the inmates and staff at abhaya Home are hale and healthy. The scorching heat which was beating the inmates at Home for the past 3 months slowly subsided due to transition to rainy season.

With the grace of GOD, there were no major health issues to anyone at Home. Thanks to Dr Ch Sulapani & Dr Ch Himabindu, Rajyalakshmi Hospitals, Hyderabad for their kind and continuous support.

We are happy to share the news that Kamineni Hospitals agreed to take care of inmates and their health as part of their Foundation Work. They assured us that all emergency cases will be taken care of by them totally free of charge. We thank Dr Shashidhar and the Team Kamineni for their empathy and support. Kamineni staff visited the inmates and noted the requirements.

The newly appointed staff Venkat is able to manage the day today affairs.

All the vehicles (Ambulance, 3 Cars & 2bikes) are serviced as they were under lockdown since 4months. The cost of all the repairs & maintenance is approximately Rs.1,00,000/-

Considering the situation of destitute turned into inmates at home, in order to give them true and fair identity, we have taken up getting their Aadhar Cards with abhaya Home Address for the ones who don't have any address. The process of changing the address of those who are having Aadhar cards also begun.

Maharshi Rice Mills, Dharwala Industries and Srinivas lending their supplies to home every month. Further during the month Deccan Chemicals provided groceries for one month. We thank each one of them for their support.

abhaya Teaching Staff: Vijaya celebrated her daughter's 6th Birthday at abhaya Home. They joined inmates for lunch, they brought vegetables for 15 days. They spent time for packing abhaya kits, the child was asked to give a donation to abhaya, cut the cake in the presence of inmates and friends... All this melted our hearts. We pray for the child and her accomplished life ahead.



Sridhar, the man behind **Madhura Audio**, Hyderabad visited abhaya Ashram and expressed his desire to provide abhaya, a theme song from their side. The Founder presented him souvenirs while he was returning. Thanks to our Board Members S Kalyana Chakravarthi & CS Ramakrishna Gupta for connecting such people.







We at Home prepared 1000 chapatis for 200 migrant labour leaving to Patna. Further packed the kit containing, water, juice, chudva and snacks along with Chapatis. More than 10 volunteers lead by CS Ramakrishna Gupta lend their hands of support. National Law School Alumini members facilitated the work as part of their community work.

Ms Santhis Shree, Project Ditector, WCDSC, Ibrahimpatnam, RR Dist inspected abhaya Home of Happiness. Served Notice to get licence from the Govt of TS to run destitute home. The Dept is not aware of the home till date. Also noted findings during her visit to home.



Upon understanding our work since 2006...She sought our help and support to serve Anganwadi Centers in 5 Mandals in and around Ibrahimpatnam. Further, knowing the requirement, we handed over 1 Thermo Scanner, 1 Hands Free Sanitizer, 10 units hand sanitizers and 500 masks for their use in their offices.

We hope to complete the application formalities shortly for abhaya Home.

We thankfully acknowledge the kind empathy and support received from the following abhayans for the abhaya Nithyanna Seva Scheme in the month of June 2020:

01062020: CS B Venkatesh Babu (Son - B V Varunesh Birthday)  
 02062020: Vijaya (Daughter Nithya Sri Birthday)  
 05062020: CS KVS Subramanyam (Daughter - Sriya Birthday)  
 07062020: CS M Adinarayana (Annivervy of father M Ramakrishna)  
 11062020: Shipla Penuonda (son - Suraj Penugonda Birthday)

12062020: Sai Krishna V (Anniversary of father Venkoji Rao)  
 17062020: A Durga Raghava (Wedding Annivrsary of Parents)  
 A Suresh, GHM (Daughter A Vaishnavi Birthday)  
 D Varalakshmi (Daughter Sangha Mitra Birthday)  
 SNR ( Anniversary of Father SS Rangaiah)  
 19062020: Master Sunku Lalith Ranga on his Birthday  
 21062020: Birthday of Padmasri late Dr M V Rao  
 Manoj (Birthday of his father Sri Subhash Chander)  
 30062020: Subhashini Ramu (Daughter Manasvini Birthday)

As abhaya Home became the residence to the Founder...Every activity is happening under his direct guidance and direction. Many well wishers, donors, visitors are visiting him and surprised by the way he is leading simple life.

Founder, considering the lock down in the country for the 3 months...Authored a book for the sake of students and youngsters in the Country. The book titled as "Vidyarthula Jivitaniki - Vijaya Deepika. Many educationalists visited home to review the content. A special workshop is hosted at abhaya Home for reviewing the book by Head Masters, Volunteers and Educationalists to fine tune the content in the book.

abhaya child, Dr K Sailatha, MBBS who got admission for PG Course at Akola Govt Medical College, Maharashtra visited home and the founder. Founder personally accompanied her to the college considering the corona situation.

Slowly abhaya Home is turning to be a home for many things.

**- abhaya Team.**





# abhaya FOUNDATION



## Board Update

### Minutes of Meeting of Board Trustees of abhaya Foundation held on Sunday, the 14th June 2020 at 11 AM through Google Meet

#### The Board Trustee Present:

Sri Meda Narasimhulu, Chairman  
Sri K. Ranga Rao, President,  
Sri KSV Siva Krishna, Secretary,  
CS R Ramakrishna Gupta, Treasurer,  
CS PS Rao, Trustee  
CS G Raghubabu, Trustee  
CA S Narayana Rangaiah, Trustee  
CA S Radha Krishna, Trustee  
Sri G Vidya Sagar, Trustee

Sri Sunku Balachandra, Founder is also part of the meeting.

#### Further,

Sri Ramesh Gelli, Member  
Sri Ramakrishna KV, Member  
CS Rashida Adenwala graced the meeting from abhaya National Advisory Council

#### Also Present

Sri PSR Murthy, Director  
Smt K Krishnaveni, Director  
CA KSB Subramanyam, Statutory Auditors,  
Sri J Prabhakar, NDSO, Tamilnadu  
Sri SVN Achary,  
Sri S Kalyan Chakravarthi, USA

The Secretary welcomed everyone to google meet by connecting them to the platform. Sri K Rangarao, President chaired the meeting.

#### 1. CORONA Relief Activities Brief:

Then, all the participants briefed about the Corona Relief Activities taken up for the past three months. abhaya received donations worth Rs. 1Cr for Corona Relief and it's been spent on procuring material for abhaya Kalashams, Masks, Thermo Scanners, Hand Free sanitizers, Migrant labour transportation, and food supplies, etc. The Newsletters with COVID updates were shared with all the participants on the screen and thanked all the members, Corporates, NGOs associated with pooling the resources, and participated in the distribution. Secretary shared that the activities are taken up across 7 states and reached about a million people, who are in need.

Founder Balachandra briefed about the Corona Relief activities and appreciated the efforts put in by each member of the Board. Especially appreciated the efforts put in by CS Ramakrishna Gupta.

#### 2. Empowerment Activities – Way forward

Later Founder shared update on the classes at different Women Empowerment centers, which are on hold with lockdown and sought the guidance from National Advisory Council on the way forward in the indefinite Corona time.

Sri Ramesh Gelli, commended the job done by abhaya during the crisis and opined that this time should be spent on streamlining the procedures, enrolling new volunteers and work on connecting and collaborating with like-minded people to strengthen the organization to re-start the works when the situations are back to Normal.



Smt Rashida too appreciated the efforts put by team while doing Corona Relief activities and shared how CS Ramakrishna jumped into action when she shared about food service opportunities recently. She echoed with Ramesh Gelli garu on strengthening and streamlining the procedures.

CA KSB Subramanyam shared a thought to work with Govt Schools to connect with students remotely in the pandemic time.

President K Rangarao felt like creating awareness about the health strategies that one need to adopt in this pathetic pandemic situation..with the help of doctors wing from abhaya.

CA S Radha Krishna asked to connect media so that the purpose of reaching mass will be fulfilled.

### **3. New trades in Empowerment**

Sri KV Ramakrishna felt that there should be some focus on medical-related jobs like Nursing, as that is the need of the hour for the next few months, till the situation comes to Normal.

### **4. Kamineni Hospital – Empowerment Proposal**

Treasurer Rama Krishna Gupta connected Kamineni Hospitals for Women Empowerment project, where trained Ladies can stitch dresses for Hospital staff. We have received a sample from the Hospital and the team is working on the training for the selected women to take up the mission.

Later Founder shared from ground zero about the activities happening in the live meeting. He showed first ever driving ladies' batch and their training at Manneguda RTO office. Also showed the preparation happening for the Kamineni Hospital empowerment initiative. 20 selected women are been trained on stitching uniforms for the Hospital staff. If this project works out well, abhaya can establish a center where the trained women can benefit by doing job works.

## **5. Donations**

While discussing about Donations and CSR funds, Founder appealed all the Board members to focus on abhaya Home of Happiness, Empowerment projects at Anantapur and Bengaluru, as these projects are eligible to receive CSR Donations.

Adding to this, Siva Krishna shared that there are about 250 monthly donors with a monthly flow of 2 Lakhs, but recently the flow got reduced drastically, so he requested all the trustees to get more monthly donors and follow up with the members for continuous donation.

## **6. Anantapuram & Bengaluru projects**

With Corona effect else the projects could have been inaugurated by this time. For now, the works at Anantapuram and Bengaluru just resumed.

At Anantapuram, pending works may need about Rs 50Lakhs and Sri Challa Rajendra Prasad, Chairman of Continental Coffee Limited gave a commitment for Rs.25lakhs. The founder requested Sri CS PS Rao to follow up and take it to a positive conclusion. Further, Founder informed the board that proposals seeking a kind supply of 3000 bags cement is submitted to My Home Industries, Hyderabad, and further proposal for kind supply of hardware items being given to Sattva Group at Bengaluru for the project over there. They responded positively

It was observed that Corpus fund is being used for Civil Work at Anantapuram. It was informed that the used corpus be built back soon with the support of donors.

## **7. Provisional Accounts 2019-20**

CA KSB Subramanyam briefly explained about accounts for the year ended 31st March 2020 and he stated that abhaya received donations worth Rs.1.6Cr during last financial year and also placed other documents before the board. Audited Report will be forwarded shortly, and the team will provide a monthly cash flow statement to Board by 10th of every month.

The board requested him to take up FCRA related filings and applying for 80G /12A under IT Act, 1962 as per new amendment. The Founder appreciated CA KSB and team for digitalizing the receipt, which is in plan for many years.

## 8. Inducting New Trustees

CS Ramakrishna Gupta proposed to induct Sri Kalyan Chakravarthy from the USA into abhaya Board of trustees and the Founder proposed to welcome CS SVN Acharyulu to the Board replacing CS Shujath Bin Ali and Sri Sharath Pola for their services during their tenure. All the Board members welcomed the new members who will be joining the board with effect from August 2020.

While adding two new members into Board, the founder also requested CS PS Rao to motivate the youngsters CS Mohith & CS Jinesh to come into Board as official trustees. CS PS Rao assured his best support to abhaya in all ways and always.

## 9. Other points

S Kalyan Chakravarthy, the proposed trustee shared the following his thoughts to get good awareness for abhaya Foundation.

1. A Theme song for abhaya Foundation to promote that in all the social media and FM Radios
2. Get endorsement from Film personalities, as the reach will be more for celebrities
3. Maintaining greenery at abhaya Home of Happiness and create an ashram environment
4. Building the Corpus by moving 10% of donations
5. Invest corpus on the land, if that is permissible by Board.
6. Connect Donors and well-wishers on their special days by sending a personalized greeting and inspire them to do their bit on special occasions
7. Leverage the connection with great people/ famous personalities to reach the next level
8. Get support from Government for the activities taken up
9. Catch hold of Beneficiaries to give back to society in terms of time and money.

All these thoughts are taken note and the Board thanked him for the valuable feed. After this, President proposed vote of Thanks





**We wish to thank our beloved CS Shujath Bin Ali, Hyderabad and Sri Sarath Pola, USA for their contribution at the board level since 2 years. We express our gratitude for them for paving the way to the new trustees with effect from 15th August 2020.**

### Kalyan Singamala, USA



Kalyan Singamala from D h a r m a v r a m (Anantapuram, AP) son of Smt Suvarna & Sri Nagabhushanam... Born in 1974 and settled in USA since a decade. Presently Working in an MNC in USA as IT Director. Works for LAM Research as IT Director.

Married to Radhika Singamala and blessed with two lovely daughters Niyathi and Cheitra.

His dad was very hardworking man and tried his best to give best for the family. His mom has instilled so many human values right from his childhood by telling many epics and stories. His mother is instrumental for what he is today. His mom always said "immense pleasure exists in giving than taking", "one should not have guilt in any form".

Kalyana Singamala college life was spent in a grocery shop and completed graduation with great difficulty. He secured rank in MBA entrance which took a big turn in the life and changed dynamics of entire family.

Started career in 1998 in IT field and traveled around 33 countries as part of job and as part of passion. He loves traveling, wild life, cosmos etc.

He knows the Founder, CS Balachandra Sunku, since 1991 and the first connection happened during Ganesh festival at RCVS Home Anantapuram. After a gap of 28 years again got connected to Balachandra and abhaya through another common friend CS R. Ramakrishna Gupta. Was inspired with corona charity activities undertaken by abhaya and started inclining towards abhaya to do his part.

When asked him to share his thoughts on service, he said! Passion in every activity I do. Rides with emotions. Involves with honesty and dedication in all things I take up. Very punctual in work. India rich in diversity power in unity...He added.

## Srirangam Venkat Narayana Charyulu (Achary)



Srirangam Venkat Narayana Charyulu (Achary), born on 11th Oct 1972 to Smt S Sarojni & Sri S Narasimha Charylu. Father was a Temple Priest, he migrated to Hyderabad in 1965. Parents are the role model for him and his siblings to grow in life,

His father used to say that... help others in the best possible way and rest God will take care. His mother was a

teacher, she always believed in hard work, she lead the life with positive attitude inspite of obstacles.

Achary's childhood was linked with the temple in SR Nagar and while performing archaka duty he used to study until B.Com (1992). but he never thought that he will become Company Secretary in life.

He started his career after marriage with Aruna Sri in the year of 1994, during that time he happened to go to Anandanagar to perform Varalakshmi Vratam in a house which is located next to Hyderabad Chapter of ICSI. He could see many students at 7.00AM there for attending oral coaching classes at chapter premises. Thats how he got to know about CS Profession. He then registered for the course.

His father passed away in the year of 1997 and there after mother too passed away when he has been to exam for CS. But her wish for him was completing CS.

He was determined to write exams keeping her mother's wish and he wrote all exams and cleared first level of CS course.

He got connected to the Founder CS Balachandra Sunku in 1996 during CS Final Coaching Classes at Little flower school, Abids and both of them completed the course together and travelled together in life for 25 years there after, with inspiration drawn from the founder and Parents, he decided to help others and for that he felt to do hard work thinking that some thing can be done to the society,

He is blessed with two children (daughter and son), SKH Chandana pursuing her CA Final and son SKS Nandan pursuing CS Final

He is happy with what he is today and now want to serve society as much as possible by becoming the Board Trustee of abhaya Foundation and very much happy to Love all & Serve all.



### మన పీవీ శత జయంతి

నెహ్రూలా నేపథ్యం లేదు... ఇందిరలా బలం లేదు...  
రాజీవ్ లా బలగం లేదు... వారసత్వపు ముద్రలేవు...  
కుటుంబాల అందజేపు... కూటమిల సాయం లేదు...  
తను నమ్మింది కృషి... ఆయన్ రాజకీయ రుషి...

బహుముఖ ప్రజ్ఞాశాలి... ఎన్నో భాషల్లో నిష్ణాతుడు...  
రాజకీయ సోపానంలో ముఖ్యమంత్రిగా... కేంద్రమంత్రిగా...  
ప్రధానమంత్రిగా... వీ పదవి చేపట్టినా... ఆయనది మునీశ్వర  
తత్వమే. కర్మయోగిలా తన పని చేసుకుంటూ వెళ్ళడమే  
ఆయన నైజం. భారత రాజకీయ యవనికపై తనదైన  
ముద్రవేసి, ప్రగతి ఫలాల కోసం చెట్లు నాటి మనకు  
అందించిన దార్శనికుడు. స్వతంత్ర భారతావనిని అధునిక  
ప్రపంచంతో అనుసంధానించి... మార్పులు, సంస్కరణలు  
తెచ్చిన ప్రగతిశీలవాది పీవీ నరసింహారావు.

[www.abhayaafoundation.org](http://www.abhayaafoundation.org)



### సాయి గ్రామం:

శ్రీ కె. ఎన్. ఆనంద కుమార్ గారు నన్ను వ్యక్తిగతంగా సాయి గ్రామానికి తీసుకొని వెళ్లారు. కొల్లం జిల్లా ఏర్లాకులం నుంచి ఐదు గంటల ప్రయాణ దూరంలో ఉన్నది ఈ ప్రదేశం. శ్రీ సత్య సాయి ఆర్పనేజ్ ట్రస్టు, కేరళ లో 1996 జూన్ 17 వ తేదీన ఒక స్వచ్ఛంద సంస్థ లాగా ఏర్పాటు చేయబడింది. దాన్ని ప్రారంభం నుంచి, ఈ ట్రస్టు పవిత్రమైన నినాదం " మానవ సేవయే - మాధవ సేవ " ముందుకు నడుపబడుతుంది, ఇది భగవాన్ శ్రీ సత్య సాయి బాబా వారి దివ్యాదేశం మేరకు ఈ ట్రస్ట్ ను ఏర్పాటు చేశారని విన్నాను. వ్యవస్థాపకులు, శ్రీ కె. ఎన్. ఆనంద కుమార్ గారు మరియు జస్టిస్ చంద్రశేఖర్ మీనన్ గారు ఈ సంస్థను భగవాన్ శ్రీ సత్యసాయి బాబా వారి అంగీకారంతో ప్రారంభము చేసినారట. స్వామి వారి దివ్య సూచనల మేరకు గత 25 వసంతల నుండి కేరళ రాష్ట్రం లో ఈ ట్రస్ట్ నిస్వార్థ సేవలను అందిస్తూ, సమాజిక, సాంస్కృతిక, నైతిక మరియు ఆధ్యాత్మిక స్తంభాలను బలోపేతం చేయడానికి కృషి చేస్తున్నది.

సుమారు 250 సేవా పథకాలతో...అద్భుత మైన దాత్వత్వ వ్యవస్థను ట్రస్టు చేపట్టింది. కేవలం 9 మంది అనాధలతో ప్రారంభమైన ఈ సంస్థ ఎన్నెన్నో సేవాకార్యక్రమాల ద్వారా, ఘనకార్యాల ద్వారా సదా సాయి ప్రేమ కాంతులతో మెరుస్తూ ఉండటానికి ఈ ట్రస్ట్ యొక్క శ్రద్ధ భక్తులే కారణం అని చెప్పొచ్చు.

### సాయి గ్రామం- History...HIS Story: An Inspiration:

ఒక వ్యక్తి తన జీవితంలో భగవంతుని వల్ల ప్రేరేపింపబడితే - అతను చరిత్రను (History) సృష్టించగలడు. కానీ నేను ఎప్పుడూ చెబుతుంటాను... అది చరిత్ర కాదు... అది అతని కథ (His Story) భగవంతుని పేరు మీద తర తరాల వరకు ప్రేరణను ఇచ్చే కథ. అద్భుత మైన సేవలో రెండున్నర దశాబ్దాల ప్రయాణం... జీవితంలో ప్రతి ఒక్క శ్వాస, ప్రతి ఒక్క గుండె సవ్వడి శ్రీ సత్య సాయి బాబా కోసమే చేసే పనితీరు, శ్రీ కె. ఎన్. ఆనంద కుమార్ గారి నిజ జీవితం. దేశ ప్రజల కోసం ఒక అద్భుతమైన కథను అంతర్నిర్మితము చేశారు. ఉదయం నుంచి నేను స్వేచ్ఛగా 30 ఎకరాల స్థలములో విస్తరించిన సాయి గ్రామంలో కనీసం ఒక 50 సేవా క్షేత్రాలను చూస్తూ తిరిగాను... ప్రతీది పూర్తిగా ఉచితంగా నిర్వహించ బడేదే.

శ్రీ సత్య సాయి అనాథ ఆశ్రమ ట్రస్ట్, దక్షిణ భారత రాష్ట్రాల్లో కేరళలోని అతి పెద్ద స్వచ్ఛంద సంస్థ గా చెప్పొచ్చు. ఏకాభిప్రాయం కల కొంతమంది స్వామి భక్తులు కలిసి ట్రస్టు ద్వారా అద్భుత మైన సేవలు అందిస్తున్నారు. ఈ ట్రస్ట్ మరియు వాటి కార్యకలాపాల గురించి చాలా తక్కువ కంపెనీలకు పరిచయమై ఉంటుంది అనిపించింది. నేను కేరళ రాష్ట్రంలోనే కాక దేశములో వివిధ ప్రదేశాలలో ఉన్న కంపెనీలకు విన్నపం చేసేది ఏమిటంటే దయచేసి ఒక్కసారి సాయి గ్రామాన్ని విచ్చేసి, అక్కడ జరిగే సేవలను గమనించి వారికి అవసరమయ్యే వనరులను సామాజిక సేవా బాధ్యత లో భాగంగా అందించ గలిగితే వాళ్ళ వనరులు తప్పక సద్వినియోగం అవుతాయి.

శ్రీ ఆనంద కుమార్ గారు మరియు వారి ధర్మపత్ని కేరళలోని అట్టడుగు వర్గాల కోసం వారి జీవితాన్ని అంకితం చేశారు. అక్కడ గడిపిన సమయం నాకు జీవితములో అత్యంత చిరస్మరణీయ మైనదిగా తలుస్తాను... ఎందుకంటే ఒక మనిషి భగవంతుని పై విశ్వాసం ఉంచితే ప్రపంచంలో తను ఏమైనా సాధించగలడన్న అనే దానిని నేను ఈ రోజు ప్రత్యక్షంగా నా కన్నులతో చూసాను.

అనాథ ఆశ్రమం, వృద్ధాశ్రమము, వైద్యాలయం, దేవాలయాలు, విశ్రాంతి గృహాలు, ఫలహారం శాలలు, మానసిక వికాస కేంద్రం, చేతి పనుల కేంద్రం, పుస్తకాల అంగడి, కళల కేంద్రము, వ్యవసాయం, పాఠశాల, కళాశాల, సభా మందిరం, పాఠశాల బస్సులు, పర్యావరణ సంరక్షణ, వర్షపు నీరు సాగు, సౌర కాంతి, చెరువులు, నదులు, లాండ్ స్కేపింగ్, గోశాల, గోబార్ గాస్, పర్యాటక కేంద్రాలు, ఆయుష్ కేంద్రము, మహిళా సాధికారత కేంద్రం... ఏది లేదు? ప్రతి ఒక్కటి సాయి గ్రామంలో ఉన్నవి. ఇవి కాకుండా కేరళ రాష్ట్రంలో 10 ఉచిత డయాలుసిస్ కేంద్రములు నడుస్తున్నాయు అంతే కాదు సుమారు 200 మంచాలు గల ఉచిత సూపర్ స్పెషాలిటీ వైద్యశాల కశర్గుడలో ప్రారంభం కానుంది అని విన్నాను

ఈ దివ్య సేవా కార్యములలో మునిగి వున్న శ్రీ కె ఎన్. ఆనంద కుమార్ మరియు వారి కార్య వర్గమునకు శిరము వంచి అభివాదం చేయాల్సిందే. సాయి భక్తులవరైన సరే, కనీసం ఒక్కసారైనా చూడవలసిన క్షేత్రం సాయి గ్రామం. కుమార్ గారి బృందం శ్రేయస్సు కోసం ప్రార్థనలు చేస్తున్నాను. వారి కథ నిజంగా భగవంతుని సొంత కథయే... అది కూడా భగవంతుని సొంత దేశమైన కేరళలో!!!





# abhaya FOUNDATION

## abhaya SoulDears



### **Celebration Silver Jubilee with my mentor Udayanna**

Feeling divine to have him in life since 2 and half decades at Hyderabad. He is the man who became the reason behind my coming to Hyderabad in the year 1996. It was with the divine command of Bhagawan Baba, he infused life in to my living nurturing my inborn talents. Its because of such people in Hyderabad alone....I played a key role creating best ever awareness about Sri Sathya Sai Baba, His Life, Mission and Philosophy amongst lakhs of youth in south Indian states from 1996 to 2006. My prime age sanctified by the association of such people. It was due to such people i could receive innumerable opportunities in service. He took care of me like father n mother. When i stuck, he lend his hands of support... mentored me in service. Just celebrating Silver Jubilee relationship at Hyderabad in serving mother land... expressing my gratitude to BFB for connecting M Udaya Bhasker Reddy to me and my life...



### **Happy Wedding Anniversary Dear abhaya SoulDears Meenal Jinesh Jain**

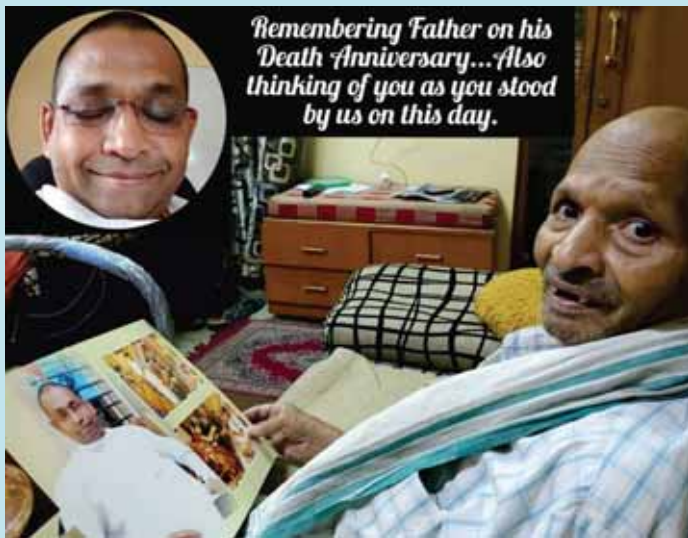


He is the selfless volunteer behind monthly news letters of abhaya Foundation since a decade. It's only because of such SoulDears...abhaya is able to do the good work. We pray for his well-being. Happy Birthday to Srinivas. While taking care of family and office...He dedicates his value time in the night for 5 days in the last week of the month to design the news letter. His dedication always inspire us. - **abhaya Team**





## Fathers Day Thoughts!



ఊహ తెలిసిన దగ్గర్నుంచి మేమంతా ప్రతి విషయంలో నాన్ననే ప్రామాణికంగా తీసుకున్నాము. వారు చేయి పట్టి నడిపించిన మార్గమే సరైనది గా ఎంచి...ఎదిగాము. వారి చదువును చూసి మేము కూడా ఉన్నత చదువులు చదివాము. . . వారు అనుసరించిన సమయ పాలన మేము అలవరచుకున్నాం.

వారి వాక్ చాతుర్యం మమ్ములను కూడా సాన పట్టింది. వారి క్రమశిక్షణ మమ్ము క్రమపద్ధతి లో నడిపించింది. జీవితంలో వారు ఎల్లప్పుడూ విలువలనే అనుష్ఠించారు కాబట్టి మేము ఈరోజు మంచి మార్గంలో వున్నాం. ఈ రోజు అంతర్జాతీయ పితృ దినోత్సవం కాదా... అందుకే మా అయ్యను తలచుకున్నాను. గత సంవత్సరం ఇదే మాసంలో వారు కన్ను ముసారు. మేమంటే అంటే వారికి ఎంతో ప్రేమ... కనిపిస్తే చాలు ఆనందం ఆయనకు. వారికి ఇప్పుడు కనిపించనే లేము కారణం వారు ఈ లోకములో లేరు. ఆత్మీయులరా ఇప్పుడున్న పరిస్థితులలో మనము అంతా ఎంత వీలవుతే అంత ప్రేమానురాగాలు. . . ఆప్యాయత. . . వాత్సల్యం నాన్నకు చూపించడమే మనము చేయగలిగినది

This Fathers Day weekend, I'm celebrating dads around the world who are doing everything they can to give their children the opportunities they deserve.

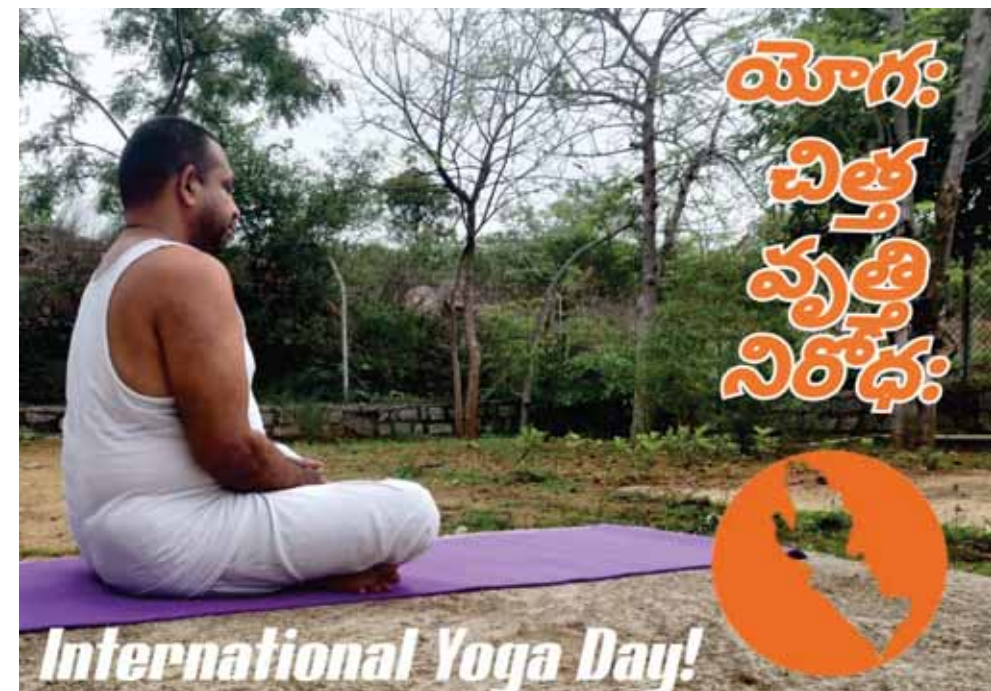
మా అన్నయ్య ను చూస్తే... చాలా గర్వాంగా వుంది. చివరి దాకా నాన్నను పిల్లాడిలా చూసుకునే అదృష్టానికి నోచుకున్నాను. మా కుటుంబాలకు అన్నయ్య నే...అయ్య లా మారిపోమరిప్పుడు. వారికి మరియు వారిలాంటి ఎందరో తండ్రులను ఈ రోజు తలచుకుంటూ వారి ఆరోగ్యం ఆనందం ఆదరణ కోసమై ప్రార్థిస్తూ... - ప్రేమతో బాలచంద్ర సుంకు

Thoughts are infinite to express Words are not enough to explain Deeds only possible in memory of brave hearts Yes...Soldiers like Santhosh can go and fight at the borders. They can happily depart in protecting us... Action for others! living for the country men. We shall become SoulDears and that's the only way to show our care and concern to those laying down the lives for the country's safety and security.

## Tributes to Soldier



Seeing the little one trying to hold the ritual pot at the funeral ground...Made us to cry aloud! Dear friends...Let's resolve to live for this country. Let's love all and serve all.







# abhaya FOUNDATION

## Concept Note



### **BHAROSA CENTRE, TELANGANA SUPPORT CENTRE FOR WOMEN AND CHILDREN.**



BHAROSA was established in May 2016, at Hyderabad as a Society for protection of women and children with logistic help, funding and support from the Department of Women and Child Development Telangana. The day-to-day operations of BHAROSA are handled by the Police Department, which supports its infrastructure and lends organizational strengths. The main purpose of BHAROSA is to provide integrated support to women and children who have been subjected to severe abuse, be it physical, sexual, financial or emotional. Victims approaching BHAROSA have unhindered access to all the support services that they need to overcome their abusive and oppressive circumstances and lead a joyful life thereafter.

Anyone knocking on the doors of BHAROSA will have immediate access to specialized services. Assistance is provided in an integrated manner through a slew of police,

medical, legal, and prosecution services, apart from psychotherapeutic counselling. This multi-pronged assistance culminates in relief and rehabilitation as per the requirements. That is, BHAROSA support center works on a holistic convergence approach where a victim in distress will get all the help and support at one place away from police stations and hospitals. The objective of the organization is to reduce re-victimization of women and children affected by violence and sexual abuse.

Bharosa was setup under the registration of AP Societies Registrations Act 2001. The society has obtained tax exemption under Section 80-G and 12-A of Income Tax Act. After the overwhelming success of Bharosa Centre at Hyderabad city it is now being replicated in all districts of Telangana.





## HOW IT WORKS:

- ☞ Bharosa's main mandate is to support victims of rape and those cases registered under the POCSO Act.
- ☞ All cases of rape and under POCSO Act are sent to Bharosa Centre for carrying out the mandatory provisions of Medical examination, recording of 161 Cr.P.C statement and 164 Cr.P.C statement.
- ☞ A lady police officer at Bharosa helps any client who requires police assistance in filing an FIR/DIR and follow up with the concerned police station. She also records the 161 Cr.P.C statement for all rape and POCSO Act cases.
- ☞ 164 Cr.P.C statement are recorded via video conferencing by the magistrate.
- ☞ Permissions to set up a medical facility were obtained from the Health Department. Currently (2) Medical Officers have been deputed to conduct and collect medical evidence in the Medical facility in Bharosa.
- ☞ The onsite ANM provides immediate medical support to victims in emergencies and provides assistance to clients in the process of medical examinations and medical evidence collection.
- ☞ "Bharosa" works on a holistic convergence approach where a victim in distress can also get all the help and support required for resolving domestic violence issues, redressal and rehabilitation at one place.
- ☞ Every client is assigned to a well trained counsellor who takes detailed notes of the client circumstances. After assessing the need of the client, the counsellor facilitates further process based on the need analysis
- ☞ A Legal counsellor is available to provide legal advice and support to facilitate legal process and take it to its logical end.
- ☞ Clinical psychologists provide therapeutic counselling for victims of violence and in cases of domestic violence, counselling for the couple and the family as need be.
- ☞ Child victims of abuse and sexual assault are met with by an expert in a child friendly environment, who provides support while the child statement is recorded.

- ☞ Wherever the client is in need of expert or specialised services, they are referred to an expert in the field from our panel members. We are working towards increasing our networks to benefit our clients.
- ☞ Each case is first registered in a systematic manner in specially developed dynamic software.
- ☞ Bharosa is active on social media like Facebook, twitter and wordpress blog for easy access to clients who can send messages or report abuse. The website of Bharosa has all the contact details and more information.
- ☞ A child friendly court has been setup next to the Bharosa Centre as per the guidelines of the POCSO Act and the Supreme Court.





## CHILD FRIENDLY COURT

Following the guidelines in the POCSO ACT, Bharosa-Support Center for Women and Children, set up a Special Child Friendly Court with all due permissions and directions from High Court of Telangana. This Child Friendly Court was inaugurated on 7th April by Justice Madan B Lokur, Hon'ble Justice, Supreme Court of India.

For the first time in India, such a special court for children has been set up which is away from the regular District Courts. All child friendly provisions were taken into consideration while designing this Court. Some of the special features of the court include:

- Separate entrances for the victim and the accused to ensure that the victim does not see the accused face to face anytime during the trial.
- A waiting hall with a play area for victims and their families.
- A room with video linkage facility in case the child does not feel comfortable in the Court room.
- A witness room for the accused with a one-way visible screen from which the accused can see the Court room and the proceedings. The room has a speaker/audio system for the accused to speak and hear the proceedings in the court room.
- A video screen in the Court room on which the child can see the accused during identification process.

Adhering to the child friendly practices, the victim is asked questions by the Judge with the help of a Support Person in a language the victim normally communicates in. All trials are done in-camera. A support person from Bharosa ensures that the child is familiar with the court proceedings before the trial begins, an interpreter/translator is provided wherever necessary, child is not called repeatedly to testify in Court and the child's identity is not disclosed.



**Court Room - Other Side View**



**Child Waiting Area**



**Accused Room - One Way Mirror Room**



**Video Linkage Room**



# feedback

Heard your interview in Mana Radio and was moved very emotionally. As you rightly said, you are one of those blessed souls, by God. May you accomplish your MISSION, as ONLY YOU can, and praying HIM, to guide you in that direction - **EJP Prasad, Hyderabad**



Pujyo Vivekananda Swamy ji said - He alone lives who lives for others. You are certainly doing that Swamiji. Congratulations on the May newsletter. It has found a new look and every word of it exudes brilliance of compassion with more passion and tenacity. The power of intention to serve the needy and underprivileged stands out. The greatest puja is through service of mankind.

I feel immensely humbled to be associated with you. Sending you some token amount hoping that these drops will add to your ocean and joy of giving. With gratitude and love - **Chandrima**

చేతనైన పనితో సేవించు లోకాన్ని!  
సేవితుడవు సృష్టి క్షేమ కరుడు||  
చిన్న , పెద్ద పనుల చింతన నొదిలేయి!  
వినుర బాలచంద్ర వినయ సాంద్ర||

చేత లెంత మెచ్చి సేవకు వాడేనో!  
క్షేమ కరము లయ్యె చేతులివి||  
ప్రతినిది వయినావు పరమాత్ము నెపికనో!  
వినుర బాలచంద్ర వినయసాంద్ర||



బాలచంద్ర గారికి హృదయపూర్వక ధన్యవాదాలు.  
మీలో, మన రేడియో వారు జరిపిన ఇంటర్వ్యూ విన్నాను.  
మీ జీవన యానం అత్యద్భుతం.  
విలువలతో జీవించాలి, విలువలతో మరణించాలి...  
దానికి పునాది అమ్మ గర్భంలో ఉన్నప్పుడే మొదలౌతుంది  
అని చక్కని నిర్వచనం చెప్పారు. భక్త ప్రహ్లాదునిలా భగవంతుడు  
మీకు శిశు దశలోనే మీలో ఒక  
ఆదర్శం అమర్చి పుట్టించాడు.  
అబ్దుల్ కలాం లాంటి వారు, మీ లాంటి వారు కోన్ని మహత్తర  
కార్యాలు చేయుటకై దివి నుండి  
భువికి దిగివచ్చిన అవతార పురుషులు. సాధించగలరు  
దేనినైనా... చేయగలరు ఎన్నైనా. మీ లాంటి వారి దర్శనభాగ్యం  
పొందిన మేము కూడా దన్యులమే.  
పాదాభి వందనాలతో  
కొల్లా భాస్కర రావు, విజయవాడ



ఆహార నిద్ర భయ మైదునాలతో బ్రతకటంకన్నా  
జీవచ్ఛవాలుగా మారి జీవించడము కన్నా  
స్వార్థముతోటి మనుగడ సాగించడం కన్నా  
సంపదకై దేవుని దయకోసం పాకులాడటం కన్నా  
సేవయే తన ఉచ్చాస నిశ్వాసములుగా చేసి  
కలియుగ పద్మవ్యాహాములను చేధించనెంచి  
నిజసేవ యనే గాండ్లవము ధరియించి  
అజ్ఞాన తిమిరాంధముల తుత్తునియల్ గావింప  
జీవితామునే సూర్యునకు నిజ అర్హ్యముగా సమర్పిస్తున్న  
బాలచంద్రుని జూచి ఆది దంపతులే అభయ మొసంగగాన్...  
నే ఆహారహము నమ్మి కోలిచే పాయి నాథుని సాక్షిగా  
చేతులు జోడించి అంజలి ఘటించును  
బాలచంద్రుని పాదపంకజములకున్.





**Parents: Pay Rents (Love & care) to Father & Mother,  
for the life time home (body) granted by them**

15

15. ఆ.వె॥ బ్రతుకు నిచ్చినోళ్ల బ్రతికించ నోరి దో,  
బ్రతుకు బ్రతుకే చూడ పశులు మేలు ॥  
నిస్సహాయులైన నింపవే కన్నీరు,  
వినుర బాలచంద్ర వినయ సాంద్ర ॥

**భావం:** కన్నవాళ్ళను కనికరించని వారి జన్మ కూడ  
ఓ జన్మనేనా? వాళ్ళకన్నా పశువులే నయము!  
చేతుడిగిన పశువులు కూడా కన్నీళ్ళు పెట్టు  
కుంటాయి.



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