





# abhaya FOUNDATION

an assurance for no fear...

## About abhaya News Update:

abhaya touches the heart of every one's life through its social work. We are committed to support and empower the most deserving communities in the country. abhaya team upholds its noble activities every month through this news letter. abhaya SoulDears (Volunteers) work tirelessly with abhaya's project work related data, updates, reports, photos, feedbacks, quotes, donations, etc., to design and update every news. The "abhaya News Update" reaches about 25,000 abhaya donors, well wishers, supporters, corporate, NGOs and others across the globe in the first week of every month by email and further posted on FB, WhatsApp, abhaya web links, Blog and Twitter, reaching another 25,000 people. This task of sharing our experiences with people has been going on since 2006. We aim to make people aware of our tremendous effort at abhaya for the betterment of human lives and we need your kind consideration, care and support. Your association with abhaya and feedback would help us transform lives and help people reach their full potential.

please share this newsletter within your community. With your support, we can create significant and long-term change in the social work for people who rely on it.

### Editorial Team

Balachandra, Founder

Dr K Sailatha (Content/Editing)

A Rajasekhar Reddy (Special design support)

G Srinivasulu (Designing & Publishing)

**STOP**

**READ**

**MOVE**



### PARTICULARS

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# abhaya's Champions of Compassion: Gratitude to Corporate Donors



Thank You Donors



**56<sup>th</sup>**  
**BIRTHDAY**  
**Fund Raiser**

**Countdown to Eternity: 56  
Sunsets Behind, 560 Umbrellas  
Ahead**

As I stand at the threshold of 56 years, I'm reminded that life is fleeting!

But what endures is the love we share, the kindness we show, and the difference we make.

That's why I'm launching My Birthday Fund Raiser to distribute 560 umbrellas to those who need them most.

I invite you to join me on this journey. To kick-start this campaign, I am transferring Rs.5600 as a humble beginning and also started serving the deserving.

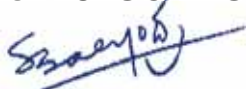
Now, I invite you to donate Rs.560 or in multiples of it, while you wish me on my 56th Birthday (6th April) and together, let's bring shade and joy to those who need it most.

Every contribution counts, every umbrella matters. Let's make a difference, one umbrella at a time.



**Donate to abhaya Foundation**  
**S.A/c No: 910010042902046**  
**IFSC : UTIB0000008**  
**Bank: AXIS Bank Ltd**  
**Branch: Begumpet**  
**Hyderabad**

**With Love & Life**



**Balachandra**  
**abhaya Home of Happiness**  
**6th March 2025**

**Beyond a Birthday – A Festival of Giving**

While most birthdays are celebrated with cake and candles, our Founder chooses to light up lives. As he turns to 56, he chose to make a difference, launching a mission to distribute 560 umbrellas to those struggling under the blazing summer sun. Yes, His 56th birthday is a reminder that true happiness lies in giving, and real celebrations happen when we uplift others.

This initiative, part of "**abhaya Hunt the Summer - 2025**", is not just about numbers...it's about offering relief to thousands of roadside vendors and small business owners across the country. These individuals toil under extreme heat, with their livelihoods directly impacted. The campaign aims to provide them with much-needed shade and comfort.

Founder has set the tone by donating Rs, 5600 as a humble beginning, encouraging well-wishers to contribute Rs. 560 (or multiples of it) as a way to send birthday wishes. What followed was an outpouring of generosity...within 12 days, over 120 SoulDears across the country have contributed around Rs. 5,60,000, helping to distribute 1200 umbrellas across four states.

More than just financial contributions, 100 abhaya rural women trainees stepped forward, pledging to personally distribute umbrellas in villages. All these proving that when a cause is pure, kindness flows effortlessly.

The first phase of distributions has already begun, bringing immediate relief and joy to those in need.

But the mission isn't over yet! The goal is to raise another Rs. 5,60,000 by April 6th 2025, ensuring that even more individuals are protected from the brutal summer heat. - **Team abhaya**

## A Son's Love, A Mother's Blessing



Amidst the countless acts of generosity, one story stood out...a young man donated Rs.5880 as a prayer for his mother's well-being. His heartfelt message was a testament to the emotional connection people share with abhaya's mission of love and service.

"Your kindness and selflessness in dedicating your

birthday to a cause bigger than yourself truly speak volumes. Wishing you good health, happiness, and the strength to keep making a difference."

This initiative is not just about donations; it's about spreading kindness, gratitude, and care.

So do you want to be part of the distribution? Let us know! Your hands can bring direct joy to those in need.

### Donate to abhaya Foundation:

A/c No: 910010042902046

RTGS/IFSC Code: UTIB0000008

Bank: AXIS Bank Ltd, Begumpet, Hyderabad.

**Every rupee counts!** We urge you to contribute generously to this noble cause. Your support will help us make a tangible difference in the lives of these hardworking individuals.

Let's come together to Hunt the Summer with kindness and compassion! - **Team abhaya**

**HUNT THE SUMMER 2025**

**THE NEED**

**THE LEAD**

**THE FEED**

[www.abhayafoundation.org](http://www.abhayafoundation.org)

**ONE APPEAL @ 7PM ON 4TH MARCH 2025 - LOOK AT HOW MIRACULOUS THE RESPONSES ARE!...ALL IN ONE HOUR**

"Dear Sir, Namaskar Sir! How are you. Hope all is well at your side we have an unspent CSR Fund. Can we use it for befitting community work before 31st March 2025" - MNC, Company Secretary, Hyderabad

I will contribute 500 from my side 🙏🙏 - Dr Giriraja Shankar, abhaya Educare Team

"Dear Sir, Blessed with grandson a month back sir. Transferred 10000 for summer hunt" - S Chakradhar, Vijetha Constructions, Hyderabad

"First 2500 transfer chesanu... then i realised that i didn't donate for long time, so sent 2500 again for Hunt the Summer" - Praneeth, Hyderabad

"Just sent 3000. This is small contribution in memory of my father, Late K Pullaiah Setty" - CA KV Rammohan Gupta, Bengaluru

"Hello Uncle, I saw abhaya appeal in regard to Hunt the summer 2025. I would like to Donate Rs 5,000 for this noble cause." - K Sandesh, CA Aspirant, Bengaluru

**If intentions are pure... Gods start working for the result. If all goes well with such spirit, we are confident of closing the project in next 24hrs with 3000 umbrellas. - Balachandra**

# 56th Birthday Fund for abhaya Hunt the Summer 2025

| Donor                              | Amount   |
|------------------------------------|----------|
| Yathapu Consulting Private Limited | 3,50,000 |
| Abhaya Foundation                  | 1,00,000 |
| M Mendu Rammohan Rao               | 1,00,000 |
| Ramesh Gelli Foundation            | 56,000   |
| CS Sudershan                       | 56,000   |
| Bharat                             | 56,000   |
| Acuvate Software                   | 50,000   |
| Nagamalleswara Sarma Pisupati      | 15,600   |
| S Ramaprasad                       | 12,000   |
| Pothuganti Radha Krishna           | 11,200   |
| CA R Namasivaya                    | 11,000   |
| Surapaneni Chakradhar              | 10,000   |
| Panduranga Rao Bommasani           | 10,000   |
| CA Sri Rama Chandra Murthy Ambaru  | 10,000   |
| CS Balachandra Sunku               | 5,600    |
| Tagore Mohan Grandhi               | 5,600    |
| Sri Rameshwara Associates          | 5,600    |
| Shaik Ramzan                       | 5,600    |
| Rashida Hatim Adenwala             | 5,600    |
| Raja Shilpa Penugonda              | 5,600    |
| Kothamasu Udaya Krishna            | 5,600    |
| K S V Siva Krishna                 | 5,600    |
| CS KVS Subramanyam                 | 5,600    |
| CS Konda Sateesh Gupta             | 5,600    |
| Chilukuri Venkatesh                | 5,600    |
| CA Sanka Narayana Murthy           | 5,600    |
| B V Shanthi                        | 5,600    |
| Khasyap Choksi                     | 5,000    |
| Vijay Krishna Mulpuri              | 5,000    |
| Grandhi Venkat Ramavataram         | 5,000    |
| Kanarlaparti Sandesh               | 5,000    |
| G V Sanath                         | 5,000    |
| Venkata Praneeth Gadhamsetty       | 4,996    |
| Siva Surya Tummepalli              | 4,480    |
| Sudha Sathish                      | 3,500    |
| T Jaya Chandra Reddy               | 3,116    |
| Venkata                            | 3,000    |
| Sandeep Agarbatti Company          | 3,000    |
| S Vinod Kumar                      | 3,000    |
| Malipeddu Nageswararao             | 2,800    |
| CS Sridevi Madati                  | 2,800    |
| CS Madineedi Adinarayana           | 2,800    |
| Bikshapathi                        | 2,800    |
| Aenugu Rajashekhar Reddy           | 2,500    |

| Donor                               | Amount           |
|-------------------------------------|------------------|
| Ratnakar                            | 2,240            |
| Dr. Snehitha                        | 2,200            |
| Chn Krishna Chaithanya              | 2,120            |
| Koppuravuri Srinivas                | 2,000            |
| Dr G Hima Bindu                     | 2,000            |
| Pravallika                          | 2,000            |
| Ramadugu Chakradhar                 | 1,680            |
| P Sankarappa                        | 1,620            |
| V K A Setty                         | 1,500            |
| Thadiparthi Ramireddy               | 1,260            |
| V Natarajan                         | 1,120            |
| Kiran Kumar Man                     | 1,120            |
| Kanneganti Siva Rama Krishna Prasad | 1,120            |
| Dr. P Thirumalesh                   | 1,120            |
| Narayana Swamy                      | 1,120            |
| Vandrasidurga Rao                   | 1,116            |
| J. Sreenivasulu Setty               | 1,116            |
| Chandra Sekhar Rao Y                | 1,000            |
| Bhargavan A                         | 1,000            |
| Atindrala Mandal                    | 1,000            |
| AbhayaFo                            | 1,000            |
| Surya Narayana                      | 560              |
| Sunku Krishna Murthy                | 560              |
| Sahithi A                           | 560              |
| S. Pratheep Kumar                   | 560              |
| Rajesh S                            | 560              |
| PV Ramanaiah                        | 560              |
| Gowri Vandana                       | 560              |
| Dr. Padmavathi Papolu               | 560              |
| C. Chakrapani                       | 560              |
| Arelli Aruna Prabhanjan             | 560              |
| Payal Sur                           | 560              |
| Dr Bhulakahmi                       | 560              |
| Gokula Krishna                      | 560              |
| Bhuma Suri.                         | 560              |
| Dr Prabhakar                        | 560              |
| Harekrishna Silver                  | 560              |
| Nagabhushanam                       | 560              |
| Dr Sai Latha                        | 550              |
| Dornadula                           | 500              |
| Sai Kiran                           | 500              |
| Boya Aparna                         | 200              |
| Surya Nandan                        | 140              |
| <b>Total</b>                        | <b>10,26,254</b> |



## Spreading Shade and Smiles

Join us in our mission to bring relief to those bearing the brunt of the scorching summer sun!

### Phase 1: South Indian States

Started distribution of 1000 umbrellas to the deserving in South India, providing them with a symbol of hope and protection.

### Phase 2: North Indian States

Another 1000 umbrellas are set to reach North India in March 2025, spreading joy and comfort to those in need.

Let's come together to make a tangible difference in the lives of our fellow citizens! - **Team abhaya**



[https://youtube.com/shorts/9ds7uf0FE\\_Y?si=H3c5o4CyDhqqoz84](https://youtube.com/shorts/9ds7uf0FE_Y?si=H3c5o4CyDhqqoz84)

## Remnants of abhaya Hunt the Summer

Surya Nandan donated Rs. 140/-



<https://youtube.com/shorts/2opLrLyZ8s8?si=hWz3tk56LxzzYTPc>

**Yathapu consulting Pvt Ltd - Very happy to know how abhaya cause is spreading to many good corporates in the country.**



# A BLESSING FOR THE LIFE!!

Wishing you an advance Happy Birthday! Your birthdays, as always, will bring hope, joy, shelter, and comfort to many people in need. For 56 years, you have touched countless lives with the language of love, a testament to the divine guidance of Sri Sathya Sai and HIS plan. As we celebrate this milestone, marking 100 years of HIS presence, I am inspired to donate ₹10,000 to the Umbrellas Campaign. Please check the details. - SoulDear

**Thank you Acuvate for the generous CSR Grant of Rs.50,000/-**

[www.abhayafoundation.org](http://www.abhayafoundation.org)





100 rural women who were Empowered with tailoring and beautician courses engaged in serving the cause abhaya Hunt the Summer by finding the most needy vendors on the roads exposing to the scorching summer. Photos and vedios are taken before and after the abhaya canopy which helps to propagate in serving the cause. Let's come together in volunteering the cause.

<https://youtube.com/shorts/Oez7xhJPHjI?si=3IXNwNRqIp7Od7BW>



హాట్ ద సమ్మర్ అనే ప్రత్యేక కార్యక్రమాన్ని ప్రతి ఏడాది మార్చి నెలలో ప్రారంభిస్తూ... ఎండాకాలంలో పని చేసుకునే పేద వృద్ధులకు, రోడ్డు పక్కన వ్యాపారం చేసే శ్రమ జీవుల కు మొదలైన వారికి సహాయం అందిస్తోంది.

అభయ ఫౌండేషన్ ద్వారా డ్రైవింగ్ శిక్షణ పొందిన మనోజ్ కుమార్ ఈ సేవను గమనించి, ఆయన స్నేహితుల తో పాటు స్వచ్ఛందంగా ముందుకు వచ్చి, గొడుగులు పంపిణీ చేసి తమ ఆనందాన్ని వ్యక్తపరిచారు.

అలాగే RR. రాజు సార్ (పుట్టపర్తి), బి. శ్రీనివాసులు గారు, ఉపాధ్యాయుడు (తాడిపత్రి) వారి వంతుగా ఈ సేవా కార్యక్రమంలో పాల్గొని... అర్జులైన వారికి గొడుగులు అందజేస్తామని సంకల్పం వ్యక్తం చేశారు. - బి. భార్గవ్, కోఆర్డినేటర్, అభయ CCL సాధికారత ప్రాంగణము, రోటరీపురం, అనంతపురం.

[https://youtube.com/shorts/9ds7uf0FE\\_Y?si=H3c5o4CyDhqqoz84](https://youtube.com/shorts/9ds7uf0FE_Y?si=H3c5o4CyDhqqoz84)



## Shine or Rain...Kindness is Divine!!

Dear Friends! It's time to shine with kindness! abhaya Hunt the Summer is on... a mission to provide 2000 umbrellas to those bearing the brunt of the summer sun. I am grateful for the overwhelming support - as of today, over 150 SoulDears have contributed Rs.7 lakhs+ since March 6th! in response to My 56th Birthday Fund Raiser campaign.

Join me in the Mission by donating or volunteering! - **Balachandra**





# CSR Update

Telangana

## A Heartfelt Thank You to Euroflex Transmissions (India) Pvt Ltd

We, at abhaya Foundation, are deeply grateful to Euroflex, Hyderabad, for their extraordinary generosity in lending CSR Fund to the tune of 60,00,000/- towards social service projects.

We are humbled by the trust and confidence that the Board of Directors has reposed in us over the past 5 years. Their unwavering support has enabled us to make a meaningful difference in the lives of thousands of beneficiaries across the country.

Their commitment to philanthropy and social responsibility is truly exemplary, and we applaud their efforts in standing apart from the crowd in CSR spending in South India. Their goodwill and generosity have inspired us to strive for excellence in our service to humanity.

We are indebted to Euroflex & it's Team for this remarkable contribution. Thanking once again for their kindness, trust, and support. -

**Team abhaya**



**Euroflex granted  
Rs.60,00,000/- CSR Funds**



abhaya convey  
its H.E.A.R.T felt  
gratitude for your  
kind hearted support  
to the ongoing projects



**abhaya** FOUNDATION  
an assurance for no fear...

**Love & Life**

**Board Trustees & Members**

[www.abhayafoundation.org](http://www.abhayafoundation.org)

[www.abhayahome.org](http://www.abhayahome.org)



## A Rain of Realizations: Founder's Visit to Rangapuram Tailoring Center

100 Rural Youth in Vikarabad Dist being given free Livelihood Training at Sai Skill Center Rangapur



It has been nearly a year back, Agastya shed was provided to the Sathya Sai Skill Center at Rangapuram. The initiative has since then empowered hundreds of rural women with skills for self-reliance.

Agastya Agro Ltd, Hyderabad provided Rs.9,00,000/- towards empowerment initiatives of abhaya and based on their preference, Team abhaya decided to empower about 100 rural youth in and around Vikarabad Dist.

During a recent visit to the district, the Founder visited Skill Development Center run by Sompert Brothers at Rangapur and spend time with the trainees in a way that left a lasting impact with them.

As the founder arrived, an unexpected downpour sent everyone rushing to safeguard the sewing machines and materials. Once the rain settled, the founder turned the moment into a powerful life lesson. "If a sudden shower can disrupt us so much, imagine how unexpected challenges can disrupt our unprepared lives!! be it health issues, financial crises, or personal struggles. But remember, the skills you acquire today are your shield and sword for tomorrow. Tailoring is not just a craft; it's a tool that can rescue you in difficult times. So, learn with passion and make the most of this opportunity.

The words struck a chord with everyone. Even the in-charge, who had been unwell, was listening keenly from the next room while receiving IV fluids. Such was his dedication that, as soon as his saline infusion was complete, he stepped out to express his gratitude. With folded hands and a heart full of emotion, he thanked the founder for the visit, for the wisdom shared, and for inspiring everyone to see their training as a means of true empowerment.

Infact, Shruthi, his daughter who is teaching rural women at the center is live example of

such situation. She too said that realising the need of skill in life to face challenges...she started serving the people in need.

This visit was more than just a review, it was a moment of awakening, a reminder that skill and resilience go hand in hand in crafting a better future.

The plan is to provide livelihood training and life skills for 100 rural youth in next 6 months - **Team abhaya**



అభయ సాధికారత కేంద్రం (బ్యూటీషియన్), ఇబ్రహీంపట్నం, తెలంగాణ



Youth Empowerment Initiatives - 2025

Tailoring | Driving | Beautician | Computers

LOVE ALL - SERVE ALL

www.abhayafoundation.org



Free Beautician Course inaugurated at abhaya Home with 25 Rural Women

అభయ ఫౌండేషన్ ఆధ్వర్యంలో సింక్రోనీ వారి సీఎస్ఆర్ నిధుల ద్వారా మార్చి 3న బ్యూటీషియన్ క్లాసులు ప్రారంభమయ్యాయి. మార్చి 4న స్వామి బాలచంద్ర గారు స్వయంగా హాజరై, మహిళలు ధైర్యంగా స్వయం ఉపాధి ఎలా సాధించాలో సూచనలు ఇచ్చారు. శిక్షణలో భాగంగా ఐట్రోస్, ఫేషియల్, వ్యాక్స్, పెడిక్యూర్, మేనికూర్, హెయిర్ స్టైల్, హెయిర్ కటింగ్, హెన్నా మొదలైన అంశాలు ప్రాయోగికంగా నేర్పించారు. మహిళల ఆత్మనిర్భరత కోసం ఉచితంగా ఈ శిక్షణ అందించిన అభయ ఫౌండేషన్కు హృదయపూర్వక కృతజ్ఞతలు. - తిరుమల, ట్రైనర్, ఇబ్రాహీం పట్నం, రంగారెడ్డి జిల్లా, తెలంగాణ

## Empowering Rural Women at Synchrony Beautician Center, abhaya Home of Happiness

Swamy Balachandra visited the Synchrony Beautician Center at abhaya Ananda Nilayam, Ibrahimpotnam, and inspired the trainees. Breaking down the word BEAUTY into its core components, Swamy ji shared invaluable insights on the essential qualities required for successful training:



- B - Behaviour:** Embodying positivity and professionalism
- E - Energy:** Radiating enthusiasm and passion
- U - Unity:** Fostering teamwork and collaboration
- T - Time:** Managing time effectively and efficiently
- Y - Yearning:** Cultivating a deep desire for learning and growth

Swamy ji's interactive approach and humble demeanor made a profound impact on the students. He even offered himself as a teaching aid, allowing the trainer to demonstrate a pedicure on his feet.

He announced that those with perfect attendance for 45 days would receive full reimbursement of their transportation expenses. The students were thrilled to have Swamy ji among them and requested a group photo, which he graciously accepted.

This unforgettable experience will undoubtedly inspire the trainees.

- Team abhaya



<https://youtube.com/shorts/-N8c9GG1N9I?si=TClyeW5dpCta1aBB>

## JCI Deccan Hyderabad donated 6 swing machines to Ranga learning Center, Secundrabad

We extend our heartfelt gratitude to you and JCI Deccan Hyderabad for empowering deserving women with sewing machines and tool kits. Your generosity and commitment to creating a positive impact in the community are truly commendable.

Your contribution will go a long way in enhancing the livelihoods of these women, enabling them to become self-sufficient and confident individuals. Your support is a testament to the power of community service and the impact that can be achieved through collective efforts.

Thank you for being a beacon of hope and inspiration to those in need. We appreciate your collaboration and look forward to continuing collective efforts to make a meaningful difference in the lives of others.

Please accept our sincere appreciation for your kindness and generosity. - **With gratitude, Team abhaya**



**Thank you JCI Deccan  
for donating 6 Sewing Machines  
अशक्त को शसक्त बनाया**



### అభయ సాధికారిత కేంద్రం(టైలరింగ్), కానాజిగూడ, తెలంగాణ

ఫిబ్రవరి 20 నుంచి మార్చి 20 వరకు అభయ ఫౌండేషన్ ఉచిత టైలరింగ్ తరగతులు నిర్వహించబడ్డాయి. శిక్షణలో బ్లాజ్ బ్యాక్ షేప్, డిజైన్లు, రికార్డ్ సైజ్ కటింగ్, పెద్ద బ్లాజ్ కొలతలు ప్రకారం కుట్టడం నేర్పించాను. మహిళలు స్వయంగా కటింగ్, కుట్టడం ప్రాక్టీస్ చేశారు. ప్రస్తుతం లైనింగ్ పైపింగ్ బ్లాజ్ కుట్టడం జరుగుతోంది, త్వరలో డిజైన్ బ్లాజ్ శిక్షణ ప్రారంభమవుతుంది.

మార్చి 1న అభయ వ్యవస్థాపకులు బాలచంద్ర గారు, అభయ డైరెక్టర్ కృష్ణవేణి మేడం, JCI ప్రతినిధులు తరగతికి హాజరై, స్వయం ఉపాధి, ఆదాయం, ఖర్చు నిర్వహణపై మార్గదర్శనం అందించారు. ఉచితంగా మిషన్లు పంపిణీ చేయడం కూడా జరిగింది. అభయ ఫౌండేషన్ మరియు రీగల్ రెక్స్ నార్డు వారు మహిళల ఆత్మనిర్భరత కోసం చేస్తున్న ఈ సేవకు హృదయపూర్వక ధ్యవాదములు. - శ్రీలత, టీచర్, కానాజిగూడ, సికింద్రాబాద్, తెలంగాణ.

**అభయ సాధికారత కేంద్రం ( టైలరింగ్), ఇబ్రహీంపట్నం, తెలంగాణ.**



ప్రస్తుతం టైలరింగ్ శిక్షణ పొందుతున్న 17 మంది మహిళలు మార్చి 15 నాటికి మూడు నెలల కోర్సును పూర్తిచేసుకున్నారు. వీరికి టూల్ కిట్స్, కుట్టు మిషన్లు అందజేసి శిక్షణను అధికారికంగా ముగించినాము.

రెగ్యులర్ విద్యార్థిని షహనా కు ఉత్తమ హాజరు పురస్కారంగా రూ. 5000 ప్రైజ్ మనీ ఇచ్చారు.

అంతర్జాతీయ మహిళా దినోత్సవం రోజున టైలరింగ్ శిక్షణ పొందిన మహిళలు తమ చేతిపనులను ప్రదర్శించగా, వచ్చిన ముఖ్య అతిథులు వాటిని పరిశీలించి ఉత్తమ పనితీరు కనబరిచిన ఉషకు రూ. 1000 నగదు బహుమతి అందించారు.

అలాగే, బ్యూటీషియన్ విద్యార్థులు తమ టాలెంట్ ప్రదర్శనలో భాగంగా క్యాట్ వాక్ నిర్వహించారు, అందులో విజేతలను ప్రకటించారు. మహిళా సాధికారత పై చర్చ జరిపి, వారు స్వతంత్రంగా జీవించేందుకు అవసరమైన మార్గదర్శకాన్ని అందించారు. ఇంతటి అవకాశాన్ని ఇచ్చిన అభయాకు ధన్యవాదాలు. - పరీస్, ట్రైనర్, అభయ ఆనంద నిలయం.



అభయ ఆనంద నిలయంలో 17వ బ్యూటీషియన్ బ్యాచ్ శిక్షణ ఫిబ్రవరి 1వ తేదీతో ముగిసింది. 18వ బ్యాచ్ మార్చి 3, 2025న ప్రారంభమైంది. మార్చి 4న అభయ ఫౌండేషన్ వ్యవస్థాపకులు సుంకు బాలచంద్ర స్వామీజీ గారు శిక్షణార్థులకు జీవితానికి జీతానికి తగిన మార్గదర్శనం చేసారు. మార్చి 15 న టైలరింగ్ బ్యాచ్ కిట్లు, కుట్టు మిషన్లు పంపిణీలో ముగిసింది. కొత్త బ్యాచ్ కోసం 30 మంది మహిళలతో శిక్షణ ప్రారంభించేందుకు మోటివేషన్ కార్యక్రమాలు చేయబడుతున్నాయి.

59 వ డ్రైవింగ్ బ్యాచ్ కోసం 11 మంది దరఖాస్తు చేసుకున్నారు. వీరికి LLR పొందేలా మార్గదర్శనం చేయడం జరిగింది.

నారాయణా పూర్ గ్రామం లో 35 మంది మహిళలు టైలరింగ్ లో శిక్షణ ద్వారా లబ్ధి పొందుతున్నారు.

మిగతా శిక్షణలతో పాటు, మొబైల్ రిపేరింగ్ శిక్షణ కోర్సుకు కూడా ఉప్పరిగూడ, శేరిగూడ, మంగళపల్లి, నాగంపల్లి, పోల్కంపల్లి, రాయపోల్, నోముల, మంచాల్ గ్రామాల్లో అవగాహన కలిపించి, ప్రేరణ చేస్తున్నాం.

2025 - 2026 సంవత్సరానికి అభయ ఫౌండేషన్ కార్యాచరణ ప్రణాళికను రూపొందించేందుకు విస్తృతంగా కార్యక్రమాలు చేపట్టనున్నారు. సుమారు 1000 మంది నిరుద్యోగులు తెలుగు రాష్ట్రాలలో లబ్ధి పొందడానికి కావలసిన ప్రణాళికను తయారు చేస్తున్నాము. - మంగ, కోఆర్డినేటర్, అభయ ఆనంద నిలయం, ఇబ్రహీంపట్నం



## అభయ సాధికారత కేంద్రం (టైలరింగ్), నారాయణ పూర్ గ్రామం

అభయ ఆధ్వర్యంలో F5 Network, Hyderabad వారి CSR నిధులతో 45 రోజుల పాటు ఉచిత కుట్టు శిక్షణ కొనసాగింది. ఫిబ్రవరి 23 నుండి ఇప్పటివరకు గాగ్లీ, పంజాబి డ్రెస్, నార్మల్ పాయింట్, పట్టియాల పాయింట్, కలర్ టాప్, అంబ్రెలా టాప్, చూడి పాయింట్, అలాగే నార్మల్, క్రాస్, బ్యాక్ ఓపెన్ బ్లోజ్ల తయారీ శిక్షణ ఇవ్వబడింది.

మార్చి 8న అంతర్జాతీయ మహిళా దినోత్సవాన్ని ఆనంద నిలయం లో ఉత్సాహంగా జరుపుకున్నాం. ముఖ్య అతిథులుగా వచ్చిన వారు ఆత్మవిశ్వాసం పెంచే సూచనలు అందించారు.

ఏప్రిల్ 18న ప్రస్తుత బ్యాచ్ ముగించాక, కొత్త గ్రామంలో శిక్షణ ప్రారంభించేందుకు ప్రయత్నిస్తున్నాను. ఏప్రిల్ నుండి మరో నాలుగు బ్యాచ్లు నిర్వహించనున్నాను. ఈ అవకాశం ఇచ్చిన అభయ సంస్థకు హృదయపూర్వక కృతజ్ఞతలు. - లావణ్య, ట్రైనర్.



## నిరుపేద యువతి యువకులకు ఉచిత ఉపాధి తరగతులు

- అభయ స్వచ్ఛంద సంస్థ వ్యవస్థాపకులు స్వామీ బాల చంద్ర
- కరీంనగర్ జిల్లా కో ఆర్డినేటర్ అరుణ ప్రభంజన్



పెద్దపల్లి, మార్చి 23: (పిసిడబ్ల్యూ న్యూస్): హైదరాబాద్ ఇబ్రహీంపట్నం కి చెందిన అభయ స్వచ్ఛంద సంస్థ మరియు సింక్రోని సంస్థ వారి ఆధ్వర్యంలో నిరుపేద యువతి యువకులకు ఉచిత ఉపాధి తరగతులు నిర్వహించనున్నారని అభయ స్వచ్ఛంద సంస్థ, మహిళా సాధికారత, ఉమ్మడి కరీంనగర్ జిల్లా కో ఆర్డినేటర్ అరుణ ప్రభంజన్ అన్నారు. ఈ సందర్భంగా వారు మాట్లాడుతూ మహిళలకు కుట్టు శిక్షణ, బ్యూటీషన్, కంప్యూటర్, కార్ డ్రెవింగ్, జ్యూట్ బాగ్ తరగతులు నిర్వహిస్తామని, అలాగే

యువకులకు మొబైల్, ఆటో మొబైల్ రిపేరింగ్, హౌస్ వైరింగ్, కార్ డ్రెవింగ్, వాల్ పెయింటింగ్, కంప్యూటర్ తరగతులు నిర్వహించనున్నారని అన్నారు. ఆసక్తి గల వారు ఆడార్ కార్డు, రేషన్ కార్డు జిరాక్స్, పాస్పోర్ట్ సైజ్ ఫోటో తో పేరు నమోదు చేసుకోగలరని అన్నారు. కార్ డ్రెవింగ్ శిక్షణ నేర్చుకునే వారు 10 వ తరగతి ఉత్తీర్ణులై ఉండాలని, శిక్షణ పొందే వారికి, బోజనం మరియు వసతి గృహం పూర్తి ఉచితంగా లభిస్తుంది అన్నారు. నేర్చుకోవాలి అని ఆసక్తి ఉండి, ఆర్థిక ఇబ్బంది తో హైదరాబాద్ కి రాలేని వారికి, బస్ చార్జ్ అభయ సంస్థ ఇస్తుందన్నారు. మరిన్ని వివరాలకు [www.abhayafoundation.org](http://www.abhayafoundation.org) వెబ్సైట్ ద్వారా తెలుసుకోవచ్చు అన్నారు. అలాగే శిక్షణ అనంతరం వారికి ఉచితంగా టూల్ కిట్స్ ఇవ్వడం జరుగుతుందని ఆసక్తి గలవారు 9515823052, 9640789108 సంప్రదించగలరని ఓ ప్రకటనలో తెలిపారు.



# Regal Rexonord abhaya SUPER 60 - TELANGANA-2025

తెలంగాణ రాష్ట్ర ప్రభుత్వ పాఠశాలల్లో మార్చి-2025 లో 10వ తరగతి పరీక్షలకు హాజరవుతున్న విద్యార్థులకు సువర్ణ అవకాశం.(TGRJC / POLY CET ) ప్రవేశ పరీక్షల కోసం ఉత్తమ ఉచిత శిక్షణ.

ఎంపిక విధానం:



**విశిష్టతలు:**

- ✓ 30 రోజుల ఉచిత గురుకుల శిక్షణ.
- ✓ ప్రతి రోజు ప్రభాతపు యోగ, ప్రాణాయామం.
- ✓ తెలుగు మరియు గ్రామీణ నేపథ్యంలోని విద్యార్థులకు ప్రత్యేక శ్రద్ధ.
- ✓ సిద్ధాంత స్పష్టత, సమస్య పరిష్కార నైపుణ్యాల పెంపుదల.
- ✓ గణితం, భౌతిక శాస్త్రం, రసాయన శాస్త్రం, జీవశాస్త్రం, సామాజిక శాస్త్రం, ఇంగ్లీష్ పూర్తి పాఠ్యాంశాలు.
- ✓ ప్రత్యేక మెటీరియల్, టెస్టులు, పోటీ పరీక్షల మార్గదర్శనం.
- ✓ వ్యక్తిత్వ వికాసం, నైతికత, స్వీయ ప్రేరణ శిక్షణ.

1. మొదటి దశ (పాఠశాల స్థాయిలో):  
ఆసక్తి గల విద్యార్థులు ఈ లింక్ ద్వారా గురువు లేదా తల్లి తండ్రుల సహాయంతో రిజిస్టర్ చేసుకోవాలి:

2. రెండో దశ (ఆన్లైన్ పరీక్ష):  
రిజిస్టర్ అయిన విద్యార్థులకు ఏప్రిల్, 03, 2025 రోజు, గంటపాటు మీరు తెచ్చుకున్న మొబైల్ ద్వారా ఆన్లైన్ లో పరీక్ష నిర్వహించబడుతుంది.

3. మూడో దశ (రాష్ట్ర స్థాయి పరీక్ష):  
రెండో దశలో ఎంపికైన విద్యార్థులకు ఏప్రిల్ 07, 2025 న అభయ అనంద నిలయం, ఇబ్రహీంపట్నం లో ఆఫ్లైన్ లో పరీక్ష నిర్వహించబడుతుంది.

**శిక్షణా వేదిక:::**

అభయ అనంద నిలయం,  
ఇబ్రహీం పట్నం, హైదరాబాద్

**నిర్వహణ:::**

అభయ ఫౌండేషన్ & నిస్వార్థ ఫౌండేషన్, తెలంగాణ రాష్ట్రం  
[www.abhayafoundatio.org](http://www.abhayafoundatio.org)

## Telangana Super 60

1500 Students registered already...please share in every teacher and students group...

**Student Online Registration Form**

<https://forms.gle/S54SgcZVj78bPVDE6>

**Last Date:30/03/2025**

తెలంగాణ రాష్ట్ర ప్రభుత్వ పాఠశాలలలో, మార్చి2025 లో 10 వ తరగతి పరీక్షలు వ్రాస్తున్న విద్యార్థులకు, 09th April 2025 నుండి, అభయ ఫౌండేషన్ ఆధ్వర్యంలో TGRJC / POLYCET/ AGRICET ప్రవేశ పరీక్షలకు 30 రోజుల ఉచిత శిక్షణ చక్కని భోజన వసతితో ఆహ్లాదకరమైన వాతావరణంలో కల్పించ బడుతుంది. దానికోసం మీ పేర్లను ఈ క్రింది Link ద్వారా నమోదు చేసుకోగలరు.

<https://forms.gle/S54SgcZVj78bPVDE6>

<https://youtube.com/shorts/1MnoY-SWIAM?si=7pMtfFY537Js7Ch>



**Telangana Govt  
Most experienced  
Teachers joined  
The Mission**



[www.abhayafoundation.org](http://www.abhayafoundation.org)

The second meeting of TG Super 60 – 2025 was held at abhaya Central office, Masab Tank on 22nd March 2025. The members of the core team attended the meeting to discuss the execution of the Super 60 program, the admission process, and other key activities. With only few days left for the commencement of Super 60 on April 3, the team outlined the primary tasks to be completed.

## **Super 60 - Minutes of Meeting held on 27th March 2025 at GHS, Aliya, Nampally, Hyderabad**

1. Welcome and Gratitude: Swamy Balchandra welcomed the Super 60 Core Team and Office Bearers of Govt HMs Association, Telangana. He briefed them on the successful initiatives in Andhra Pradesh over the past five years and expressed gratitude for their association in Telangana Super 60.

2. Super 60 Mobile Exam: The exam will be conducted on April 3rd in the presence of HMs.

3. Strategy and Target: The strategy involves GHMs overseeing students writing the exam. The target is to reach 4000 students with 1000 GHMs encouraging four students each.

4. Super 60 Team:

- Sri Dinesh - Project Director
- Sri Vishwanadh Gupta - Advisor
- Sri Chaitanya - Coordinator
- Smt. Suhasini - Member
- Sri Ravi - Member

5. Arrangements for April 7th, 2025: Discussions were held regarding arrangements at Abhaya Ananda Nilayam, Ibrahimpatnam.

6. Field Trips: Options include Ramoji Film City, Samatha Murthy, Tank Bund, and other places.

7. Teacher Support: Digimore voice amplifiers will be purchased for teachers.



8. Mentors: A team of mentors, including Sri B. Gowrishankar, Sri Dinesh, Sri Balachandra, Smt Suhasini, and Dr. Kameswari, will be available at the campus for a week on a rotational basis.

9. Practical Sessions: Sri Lathif, Mobile Science Lab, will conduct practical sessions on Physical Sciences.

10. Recreational Activities: Mandatory chess games will be organized for Super 60 students.

11. Infrastructure: An IFB panel board will be installed at the ashram by April 4th, 2025.

12. Student Verification: Each student must apply for POLYCET and TSRJC.

13. Voluntary Teacher Support: Sri Dinesh will meet the Ranga Reddy District Educational Officer to facilitate on-duty support for volunteer teachers until April 23rd, 2025.

14. Time Table: The same time table used in the Anantapur campus will be followed for training.

15. Study Material: Sri Chaitanya, in consultation with the AP Program Director, will arrange study materials.

16. Transportation: Transportation will be provided for volunteer teachers from Ibrahimpatnam.

17. Student and Parent Transportation: Suitable transportation facilities will be arranged for students and parents on April 7th, 2025, for the final exam.

18. Standardization: All systems and procedures followed at Super 60 AP will be replicated in Telangana.





# CSR Update

## Andhra Pradesh

పుట్టపర్తి లో ఉన్న ప్రభుత్వ గురుకుల పాఠశాల సిబ్బంది గత ఎన్నో నెలలు గా స్థానిక రాజకీయ నాయకులను, అధికారులను మరియు రత్నాకర్ గారిని కలిసి అనేక సార్లు పాఠశాల లో కనీస సౌకర్యాలు ఏర్పాటు చేయాలి అని విజ్ఞప్తి చేశారు. గురుకులం వైపు ఎవరు కన్నెత్తి చూడటానికి రాలేదు. కానీ అభయ సంస్థ ఒక్కటి గురుకుల విద్యార్థినుల కష్టాలు చూసి దయార్థ హృదయంతో అర్థం చేసుకొని కేవలం ఒక్క లెటర్, కొన్ని ఫోటోలు, వీడియోలు పంపితే మమ్మల్ని నమ్మి వెంటనే Shar Projects వారి ఆర్థిక సాయంతో రూ|| 2.5లక్షల విలువైన లైట్లు మరియు ఫ్యాన్లను అందించడానికి స్పందించడం చాలా సంతోషంగా అనిపించింది. ఇంత మంచి పని చేసిన అభయ చంద్రుడు, గొప్ప హృదయం...మా అనంత ఆణిముత్యం అయినందుకు ఎంతో గర్వంగా వుంది. - జూటూరు ప్రతాపరెడ్డి, సామాజిక సేవకులు, పెనుకొండ, శ్రీ సత్య సాయి జిల్లా.

శ్రీ సత్య సాయి పుట్టిన ప్రదేశంలో సేవ చేసే మహద్భాగ్యం అభయది. మీ ప్రయత్నాలకు ఫలితం బాబా ఇచ్చారు అని తలవండి - బాలచంద్ర



<https://youtube.com/shorts/pThGRATJRkg?si=mmvoAX7NanpOwh2i>

## Ensuring Safety & Security for Tribal Girl Students at APTWRS (G), Tanakallu

**SHAR**  
PROJECTS



APTWRS (G), Tanakallu, Sri Sathya Sai District, is home to 480 tribal girl students from over 40 villages in the surrounding forest region. This institution serves as the sole educational avenue for these students, many of whose parents are daily wage laborers.

Despite the school's commitment to excellence—having received the State Excellence Award twice and producing top-ranking students in various competitive exams—the safety of its students remains a major concern. The compound wall, only 4 feet high, allows easy access to unauthorized individuals. Being located near the C.G. Project, the school faces repeated security breaches, with outsiders consuming alcohol and entering the premises, even damaging dormitory windows. These incidents have instilled fear and insecurity among the students.

To enhance security, the school urgently requires solar fencing around its compound wall. This crucial infrastructure will create a safe, protected environment for students, ensuring their well-being and allowing them to focus on their studies without fear. Approached with this appeal to abhaya Foundation. Within no time they responded in 48 hrs. Thanking abhaya in leading Regal Rexnord generous CSR Funds to resolve this decades long pending issue. No words to express our gratitude. - **A. Sushmitha Jyothsna, Principal, APTWRS (G), Tanakallu, Sri Sathya Sai District**



తనకల్లు గిరిజన బాలికల గురుకులం కు ఫెన్సింగ్ సమస్య గత 11 సంవత్సరాలుగా ఉంది. గురుకులమునకు సోలార్ ఫెన్సింగ్ ఏర్పాటు చేయమని అని అనేక మంది ప్రముఖులకు, ప్రభుత్వానికి, అధికారులకు, ప్రజాప్రతినిధులకు అనేక సార్లు విద్యార్థుల చెప్పారు. ఒక్కరు కూడా గురుకులం వైపు చూడలేదు. ఒక్క లెటర్ తో గురుకులం బాలికల కష్టం, ఇబ్బందిని అర్థం చేసుకుని వెంటనే సోలార్ ఫెన్సింగ్ నిధులు మంజూరు చేసిన అభయ చంద్రుడు ఈ బాలచంద్రుడు, మన అనంత ఆణిముత్యం, మన తాడిపత్రి వాస్తవ్యులు, నిరంతరం ప్రజా సేవా కార్యక్రమాలు చేస్తూ జీవించుచున్న బాలచంద్రుడికి నా హృదయ పూర్వక ధన్యవాదములు.

సాయి బాబా గారు జీవించినప్పుడు బాబా శిష్యులు గా జిల్లా లో దేశం లో విదేశాలలో అనేక మంది భారతీయులు, విదేశీయులు మానవాళి కి సేవలు అందించారు. అయితే బాబా శిష్యులు అయిన తరువాత ఒకే ఒక్కడు బాబా శిష్యుడు గా బాబా పేరు తో సేవా కార్యక్రమాలు చేసే వ్యక్తి అభయ వ్యవస్థాపకులు బాలచంద్రుడు. మీరు మానవ సేవ కోసం జన్మించారు. మీ సేవలు అమోఘం సార్.

<https://youtube.com/shorts/TQGH97bTB60?si=svzAIQrtEf9YBG28>

## Empowering Sustainability: abhaya supports Solar Roof Power Plant at Sri Vasavi Old Age Home, Anantapuram



abhaya is proud to have supported the inauguration of a 30KW Solar Roof Power Plant at Sri Vasavi Old Age Home in Anantapuram. This eco-friendly initiative aims to benefit 54 senior citizens residing at the home.

Recognizing the old age home's struggle with huge power bills and limited financial resources, abhaya granted Rs.2 lakhs in Nov 2024 towards the solar power plant and

Founder Swamy Balachandra laid Foundation stone. The project was completed at a total cost of Rs.12 lakhs, made possible through the generous contributions of NRIs and donors.

With the necessary approvals from the Electricity Dept forthcoming, the solar power plant is poised to significantly reduce the old age home's energy expenses, allowing them to allocate resources more efficiently. abhaya is committed to supporting sustainable initiatives that improve the lives of marginalized communities. - **Team abhaya**

## Eeswaramma Prerana Inc, USA support Sai Amruthadhara Project, Paderu, AP



With the divine blessings of our most beloved Bhagawan Sri Satya Sai Baba varu, we are delighted to share that we have successfully procured HDPE pipelines and cement bags and other material worth Rs.7lakhs for Sai Amruthadhara Water Projects

These projects will benefit 6 villages and approximately 500 families. We are currently in Phase 2, focusing on material procurement. Once completed, we will commence Phase 3, the execution phase.

We look forward to sharing photos and videos of our progress, showcasing the positive impact of these projects on the communities we serve. - **Coordinator, Sai Amruthadhara Water Projects, Paderu**




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NISWARTHA Foundation  
ANANTAPURAMU

ఉమ్మడి అనంతపురం జిల్లా ప్రభుత్వ పాఠశాలల్లో 10వ తరగతి చదువుతున్న 120 మంది విద్యార్థులకు APRJC/Polycet/RDT CET మొదలైన ప్రవేశ పరీక్షలకు SSC పబ్లిక్ పరీక్షలు ముగిసిన తరువాత 5 April 2025 నుండి 30 రోజులు ఉచిత విలువలు ఆధారిత గురుకుల శిక్షణ ఏర్పాటు చేయడం జరిగింది. 120 మంది విద్యార్థుల కోసం రెండు దశలలో ప్రవేశ పరీక్ష జరిగింది. 26 జనవరి 2025 న రెండు జిల్లాలలోని 14 కేంద్రాలలో 3000 మంది విద్యార్థులు చరవాణి ద్వారా పరీక్షలు రాయడం జరిగింది. ప్రతిభ ఆధారంగా 600 మందిని ఎంపిక చేసి 26 ఫిబ్రవరి 2025 న అభయ CCL క్యాంపస్ నందు 2వ దశలో ద్వారా తుది ప్రవేశ పరీక్ష నిర్వహించడం జరుగింది. ప్రతిభ ఆధారంగా ఎంపిక చేసిన 120 మంది విద్యార్థుల జాబితాను అనంతపురం జిల్లా విద్యాధికారి శ్రీ M. ప్రసాద్ బాబు గారు మరియు అనంతపురం ఉప విద్యాధికారి శ్రీ బడిగంటి శ్రీనివాసరావు గారి చేతుల మీదుగా 12 మార్చి 2025 న అనంతపురంలో ఫలితాలు విడుదల చేయడం జరిగింది. 60 మంది అమ్మాయిలు మరియు 60 అబ్బాయిలను ఎంచుకోవడం జరిగింది. అలాగే 23 మార్చి 2025 లోపు ప్రతి విద్యార్థి 2000 తిరిగి ఇవ్వబడు రుసుమును అభయ ఫౌండేషన్ వారికి పంపమని చెప్పాము. 1 ఏప్రిల్ 2025 లోపు విద్యార్థులను ఎక్కడైనా ఒక మొక్కను తప్పక నాటి ఫోటో షేర్ చేయమని చెప్పడం జరిగింది. వీరికి 5 ఏప్రిల్ 2025 నుండి సూపర్ 60 గురుకుల శిక్షణ ప్రారంభించబడుతుందని నిర్ణయం చేయడం జరిగింది. - వెంకట్ తాటికొండ, కార్యక్రమం సంచాలకులు, లారస్ అభయ నిస్వార్థ Super 60.

30 రోజులపాటు అభయ CCL ప్రాంగణములో నిర్వహించనున్న సూపర్ 60 విద్యార్థులకు వేసవి తాపాన్ని దృష్టిలో ఉంచుకుని విద్యార్థులకు మరింత అనుకూలమైన వాతావరణాన్ని అన్ని సౌకర్యాలు అందించేందుకు ముందు జాగ్రత్త చర్యలు తీసుకున్నాం. నీటి కొరత రాకుండా అదనంగా 3,000 లీటర్ల సామర్థ్యం గల వాటర్ ట్యాంక్ ఏర్పాటు చేశాం. కొత్త పైప్లైన్ ఏర్పాటు కోసం ₹31,600/- ఖర్చు చేయడం జరిగింది. వేసవి వేడిమి తాకకుండా గ్రీన్ నెట్ ఏర్పాటు చేసి ఎండ తీవ్రత నుండి రక్షించే ఏర్పాట్లు పూర్తి చేశాం. అంతే గాక సూపర్ 60 విద్యార్థుల కోసమై వారికి కావాల్సిన సామాగ్రి, కిట్స్, మెటీరియల్ మొదలగునవి అన్ని కూడా సేకరించడం జరుగుతోంది. సమాజంలో సేవా స్ఫూర్తిని వ్యాప్తి చేసే అవకాశం కల్పించిన అభయ ఫౌండేషన్ వ్యవస్థాపకులకు హృదయపూర్వక ధన్యవాదములు. - బి. భార్గవ్, కోఆర్డినేటర్, అభయ CCL సాధికారత ప్రాంగణము, రోటరీపురం, అనంతపురం.





# NGO Update

## Andhra Pradesh



## Renovation Work Status: Andhra University College of Pharmaceutical Sciences, Old Building First Floor

We are pleased to share the successful completion of two separate renovation projects on the first floor of the Andhra University College of Pharmaceutical Sciences' old building.

Project 1: Rooms 201 and 211

Project 2: Rooms 204-209

The renovation works, undertaken in March 2025, encompassed:

1. Ceiling works
2. Panelling and partitioning
3. Electrical installations (lighting, ceiling fans, DBs, switchboards)
4. Wall finishing (putty, painting) including old doors and windows
5. Carpentry works
6. Tile fixing and cleaning for walls and floors
7. UPVC windows and grills
8. Fittings and fixtures (Aldrops, tower boots, door closers, hardware)
9. Installation of interactive screens in classrooms 201, 204, and 211
10. Installation of air conditioners (1.5 tn) in rooms 206, 208, and 209

The renovated spaces are now fully functional, with rooms 201 and 211 being utilized as classrooms and the staff room, store room, and waiting room being used by staff and scholars.

We extend our gratitude to all stakeholders involved in the successful completion of these projects. - **Dr Gowri Shankar, Principal, AU College of Pharmaceutical Sciences**





**NGA Update**  
Andhra Pradesh



## Transforming Nandivelugu Village Government High School



The MemuSaitham Seva Samithi team, in collaboration with the Abhaya Foundation and other stakeholders, is revamping the Zilla Parishath High School (ZPHS) in Nandivelugu,

Tenali Mandalam, Guntur District, AP.

### Project Goals (2024-2027)

- Create a vibrant learning environment with affordable education
- Reduce migration for education
- Introduce new sports facilities
- Increase enrollment from 155 to 300 by 2026-27

### Progress Update (Feb 25th – Mar 24th)

- ✦ Construction of drainage canal, stage, and entrance arch underway
- ✦ Campaigning for 2025-26 admissions with pamphlet distribution
- ✦ Upcoming works: Enhancing sports facilities (volleyball, kho-kho, and long jump courts)

We appreciate the support of our stakeholders in transforming the school and providing a better education for the students. - **Memu Saitham Team, Nandivelugu**





# NGO Update Karnataka



ಅಭಯ ಯುವ ಕಂಚಿ ಮಠದ ಸಹಯೋಗದಲ್ಲಿ ನಡೆಯುತ್ತಿರುವ ಜೇನುಗೂಡು ಆಶ್ರಮದ ಮಾರ್ಚ್ ತಿಂಗಳ ವರದಿ.

ನಮ್ಮ ಆಶ್ರಮದಲ್ಲಿ 30 ಜನ ಗಂಡು ಮಕ್ಕಳು ಶಾಲಾ ಶಿಕ್ಷಣದ ಜೊತೆಗೆ ನಾದಸ್ವರ ಮತ್ತು ಡೋಲು ಪಾಠವನ್ನು ಅಭ್ಯಾಸ ಮಾಡುತ್ತಿದ್ದಾರೆ. ಪ್ರತಿ ದಿನ ಟ್ಯೂಷನ್ ತರಗತಿ ನಡೆಯುತ್ತಿದೆ. ಮಕ್ಕಳಿಗೆಲ್ಲ ಪರೀಕ್ಷೆಗಳು ನಡೆಯುತ್ತಿದೆ. ೨ ನೇ ತರಗತಿ ಮಕ್ಕಳಿಗೆ ಪರೀಕ್ಷೆಗಳು ಮುಗಿದಿವೆ. 4 ನೇ ತರಗತಿಯಿಂದ 8ನೇ ತರಗತಿ ಮಕ್ಕಳಿಗೆ ಪರೀಕ್ಷೆ ಮುಗಿದು ಒರಲ್ ನಡೆಯುತ್ತಿದೆ. ಈ ವರ್ಷ ೭ ಮಕ್ಕಳು SSLC ಪರೀಕ್ಷೆ ಬರೆಯುತ್ತಿದ್ದಾರೆ. ಈ ತಿಂಗಳು ೭1 ನೇ ತಾರೀಕಿನಿಂದ SSLC ಪರೀಕ್ಷೆ ಪ್ರಾರಂಭವಾಗಿ ಏಪ್ರಿಲ್ 4 ನೇ ತಾರೀಕು ಮುಗಿಯುತ್ತದೆ. ಈ ತಿಂಗಳು ಕೊನೆಯಲ್ಲಿ ನಮ್ಮ ಆಶ್ರಮದ ಮಕ್ಕಳಿಗೆ ನಾದ ಸ್ವರ ಮತ್ತು ಡೋಲಿಗೆ ಸಂಬಂಧ ಪಟ್ಟ ಪರೀಕ್ಷೆಗಳು ನಡೆಸಲು ತಯಾರಿ ನಡೆಸುತ್ತಿದ್ದಾರೆ.

ಈ ತಿಂಗಳು 16 ನೇ ತಾರೀಕಿಗೆ ಇಮ್ಮಡಿಹಳ್ಳಿಯಲ್ಲಿ ರಾಷ್ಟ್ರೀಯ ಸ್ವಯಂ ಸೇವಕ ಸಂಘದ ವತಿಯಿಂದ ನಡೆದ ಆರೋಗ್ಯ ತಪಾಷಣೆ ಶಿಬಿರದಲ್ಲಿ ನಮ್ಮ ಆಶ್ರಮದ ಎಲ್ಲಾ ಮಕ್ಕಳ ಆರೋಗ್ಯ ತಪಾಷಣೆ ನಡೆಸಿದರು.

ಈ ತಿಂಗಳು 16 ನೇ ತಾರೀಕು ನಮ್ಮ ಆಶ್ರಮಕ್ಕೆ ಅಭಯ ಫೌಂಡೇಷನ್ ಸಂಸ್ಥಾಪಕರಾದ ಶ್ರೀ ಯುತ ಬಾಲಚಂದ್ರ ಗುರೂಜಿ ಅವರ ಸಹೋದರ ಮತ್ತು ಅವರ ಮಕ್ಕಳು ಬಂದು ನಮ್ಮ ಮಕ್ಕಳಿಗೆ ಟೀಶರ್ಟ್ ನೀಡಿದರು. ಇವಿಷ್ಟು ಮಾರ್ಚ್ ತಿಂಗಳ ವರದಿಯಾಗಿದೆ. ಧನ್ಯವಾದಗಳೊಂದಿಗೆ - ಮಾಲಾ ಸಂಜಯ್

## Heartfelt gratitude to Srinivas, Founding Member of abhaya Foundation, for visiting abhaya Yuva Campus, Bengaluru!

We celebrated a special milestone - his son Kousthubh's outstanding achievement in CA Inter! To share this joy, Srinivas and his children Kousthbh and Lalith distributed quality T-shirts and a meal to students of Kamakoti Nadaswara Pathashala.

Congratulations to Kousthubh on his remarkable success!

Special thanks to Smt. & Srinivas for making this celebration truly unforgettable! Your kindness and generosity inspire us all! - **Team abhaya**







# abhaya Home of Happiness



ISB

Alumni  
Association

## abhaya Ananda Nilayam – A Sanctuary of Service & Self-Reliance

At abhaya Ananda Nilayam, lives are touched in profound ways—from providing care for the shelterless elderly to empowering Unemployed youth through skill training.

### Key Highlights of the Activities:

#### Care for the Elderly:

- 1) Nutritious meals that cater to their dietary needs
- 2) Timely medical assistance and monthly health check ups by Dr. Sulapani
- 3) Special attention to bedridden individuals, providing comfort and dignity
- 4) Emotional support, making them feel valued and cherished
- 5) Bhajans and Prayers for the souls

#### Skill Training for the Unemployed Rural Youth:

- 1) Unemployed rural youth receive beautician, tailoring, Driving and vocational training, helping them become financially independent.

We have inaugurated Free Beautician Course on 3rd March 2025 with 25 Rural Women coming from different villages in and around Ibrahimapatnam. Srilakshmi is trying to provide the best possible training and the values and life skills are being provided by the team.

#### Community Engagement:

So far 3000 Rural men and women are encouraged to uplift their families through hands-on learning and self-employment opportunities at abhaya Home of Happiness since 2012.



## Social Initiatives

- 1) abhaya Nityaanna Seva Scheme (aNSS) is an initiative happening with public donations on their special occasions
- 2) National days and festivals are celebrated religiously by the residents and trainees
- 3) Donation drives are on reinforce the spirit of service.
- 4) Seasonal service like Hunt the Summer, hunt the winter like activities done by the staff and volunteers

So far, over 100 elderly individuals have received care and support at abhaya Ananda Nilayam. Currently, 10 elderly residents are staying at the home, finding peace, love, and companionship. Many have lived their final days with happiness and contentment, leaving this world with dignity.

In their last moments, our staff stood by them, ensuring that they were not alone. The cremation rituals were performed with respect and devotion, giving them a dignified farewell—one that every soul deserves.

we believe that service is the highest form of devotion. Every contribution, every celebration, and every compassionate act helps us move closer to a world filled with love, care, and humanity.

By blending care, training, and empowerment, abhaya Ananda Nilayam continues to be a beacon of hope, touching countless lives with compassion and purpose! We are thankful to Maharshi Rice Mills, Miryalaguda for their generous donation of Rice to abhaya Home of Happiness. - **Team abhaya**



అభయ ఫౌండేషన్ మరియు సింక్రోని సంస్థ ఆధ్వర్యంలో ఉచితంగా ఇబ్రహీంపట్నంలో గల అభయ ఆనంద నిలయంలో ఉచిత వసతి భోజన సదుపాయంతో టైలరింగ్ / బ్యూటీషియన్ / కంప్యూటర్ / మగ్గం / నర్స్ ఉపాధి శిక్షణ తరగతులు నేర్చుకునే సౌలభ్యం కల్పిస్తుంది. శ్రద్ధ ఉన్నవారు అవకాశాన్ని వినియోగించు కోవచ్చు. శిక్షణ విజయవంతంగా మిగిలిన వారికి పూర్తి ఉచితంగా టూల్ కిట్స్ కూడా ఇవ్వడం జరుగుతుంది. గ్రామీణ యువతులకు మాత్రమే - వయస్సు 18 నుండి 35 ఏళ్ళు - 10వ తరగతి / ఇంటర్ వాళ్ళు - జీవనోపాధి కోసం కష్టపడే వారు - జీవితంలో ఏదో ఒకటి సాధించాలి

అప్లికేషన్ తో పాటు ఇవ్వలసినవి: ఆధార్ కార్డు కాపీ, రేషన్ కార్డు కాపీ, మార్కుల మెమో, పాస్ ఫోటోస్ 2, ప్రవేశ రుసుము 500/- . వివరాల కోసమై సంప్రదించాల్సిన ఫోన్ నంబరు: 9515823052.



**Youth Empowerment Initiatives - 2025**

**Tailoring | Driving | Beutician | Computers**

**LOVE ALL - SERVE ALL**

[www.abhayafoundation.org](http://www.abhayafoundation.org)

నిరుద్యోగ గ్రామీణ యువతులకు ఇబ్రహీంపట్నం దగ్గరగా వున్న అభయ ఆనంద నిలయంలో వసతి భోజనం తో కూడిన ఉచిత ఉపాధి శిక్షణ కార్యక్రమాలు.

**వెంటనే సంప్రదించండి**

**9515823052**



## Women's Day @ abhaya Home - Breaking Barriers & Building Futures!!

International Women's Day Celebrated at abhaya Home on March 8, 2025, with immense joy and fervor. Over 100 rural women, teachers, and staff gathered for the event, which was graced by esteemed guests CS Rashida H Adenwala, Member, abhaya National Advisory Council, CS Lalitha Devi, former Chairperson of ICSI, Hyderabad, and Smt Sudha Subramanyam, Social Worker.

The celebration commenced with a vibrant tailoring exhibition, where students showcased their meticulously crafted garments, reflecting their skill and creativity. The event also featured a fashion show by beauty students, who confidently sashayed down the ramp, showcasing their talents. Cash prizes were awarded to the top performers, acknowledging their hard work and dedication.

The guests motivated the gathering with inspiring words, emphasizing the importance of self-confidence, honesty, and faith in overcoming life's challenges. Their words of wisdom resonated deeply with the audience, leaving a lasting impact.

Swamy Balachandra hosted the event in an interactive mode, encouraging participation from all attendees. He delivered a heartfelt speech on breaking barriers and building futures, emphasizing the need for women's empowerment and collective growth.

100 rural women took away 100 umbrellas, pledging to distribute them to 100 deserving individuals in need. The founder's oath to distribute 560 umbrellas in the summer served as a powerful reminder of the organization's commitment to serving humanity. The event will be etched in the memories of all attendees, inspiring them to strive for a brighter, more compassionate future.

The program concluded with a positive note, followed by lunch. The event was a resounding success, fostering a sense of community, empowerment, and compassion. The old teachers and staff showed their love and concern by bringing cash, clothes, fruits, and gifts for the residents of abhaya Home. - **Team abhaya**

అందుకో సలాం! లోకమంతా నీకు గులాం!! - దత్తాత్రేయ, టీచర్, వెలిజర్ల



అమ్మగా అక్కగా ఆలిగా చెల్లిగా చెలియగా చివరికి ఆకాశము కూడా చేరినావు! నీవు అబలవు కాదు మహిళా! ఆదిపరాశక్తి నీవు మహిలోన కనిపించే... మహిమవూ నీవు అందుకో సలాం! లోకమంతా నీకు గులాం!!

కూసింత ప్రేమకే కరిగి ముద్దై పోతావు పండగలకు సందడివై... ఆనందం పంచేవు కలలన్నీటిని కాటుక మాటున కప్పేస్తావు సోగ కన్నుల అందం లోకానికి చూపిస్తావు అందుకో సలాం! లోకమంతా నీకు గులాం!!

కార్యేషు దాసివీ... కరుణేషు మంత్రివీ నీవే! కత్తి పట్టి కదన రంగంలో కాళికవైనా నీవే! ఇంటికి దీపం నీవే, కంటికి వెలుగువు నీవే! స్పృహకి మూలం నీవే, దృష్టికి గాలం నీవే! అందుకో సలాం! లోకమంతా నీకు గులాం!!

కాలం వెంట పరుగు తీస్తావు! చివరి దాక కాడెద్దులా ఇంటిని మోస్తావు! ఎప్పుడాగక కరుణతో అందరినీ కాస్తావు! విశ్రాంతి లేక నువు లేని లోకం ఐపోదా నిస్తేజం ఓ నేస్తం అందుకో సలాం... లోకమంతా నీకు గులాం



# Educare Update



## **Kokila (Final-year MBBS)**

I am Kokila, a final-year MBBS student at KIMS, Amalapuram, and a resident of Vijayawada, Andhra Pradesh. My father works as an RTC bus conductor, and my mother, who was a tailor, is now unable to work due to spondylitis and severe back pain. With my father's limited income, managing household and educational expenses became a challenge.

In search of financial assistance for my education, I came across abhaya Foundation through Google. I reached out to Siva Krishna Sir, and soon, Dr. Sai Latha Ma'am connected with me, guiding me through the process. Eventually, I had the privilege of meeting Balachandra Sir in person, which turned out to be a life-changing experience for me.

During my meeting with Balachandra Sir, I received invaluable guidance on various aspects of life:

- 1) Reducing Expenses – Sir advised me to shift from my college hostel (Rs.1,50,000/year) to an outside PG hostel (Rs.70,000/year) to cut down costs.
- 2) Becoming Self-Reliant – I was encouraged to take up a part-time job to earn my own pocket money instead of depending on my family.
- 3) Personal Safety and Courage – As a girl living away from home, Sir emphasized safety measures and how to be courageous in challenging situations.

4) Developing Communication Skills – I was guided on improving my interpersonal skills, which would help me become more interactive and confident.

5) Giving Back to Society – Sir inspired me to join Abhaya Foundation after my settlement and serve society through my profession.

6) Mindset and Personal Growth – I learned about developing the right Mind set, behavior, bright vision, service attitude (MBBS) to make a meaningful impact in the world.

7) Financial Support – Sir assured me of support for my education until my settlement, which lifted a huge burden off my shoulders.

8) Immediate Assistance – Understanding my situation, Sir also provided Rs.2,000 for my return bus tickets from Hyderabad to Vijayawada.

This journey with abhaya has given me not only financial assistance but also a new perspective on life, self-reliance, and the importance of service to society. I sincerely thank for the love and care of abhaya on me.





### **Akshaya (B. Com & CA Aspirant)**

I hope you all are doing well. I am feeling much better now after a tough phase of chickenpox. Although my health has improved, my family has advised me to stay indoors for a little longer, so I haven't been able to take my tuition classes this month. It may take another week for a full recovery. On a positive note, my aunt's daughter, who was hospitalized last month, is also recovering well. These situations have taught me a lot about patience and resilience.

Academically, I have started preparing for my CMA Inter as well as CA Foundation. After failing my first attempt at CA Foundation, I initially thought about skipping the Foundation exam and directly appearing for CA Inter after CMA Inter due to my fear of mathematics. However, I have realized that overcoming fear is better than escaping from it. So, I have decided to give my CA Foundation another attempt in May, hoping for the best this time! To stay more focused, I have taken some serious steps—by being away from social media. I strongly believe that this will help me manage my time more efficiently and stay dedicated to my studies. That's all for this month! Stay hydrated and take care!

### **Bikani Raju (B.Tech)**

This month has been a special one as it was the month of Holi, and I had a one-week holiday to celebrate the festival. Everything has been good for me and my family, and I am grateful that things are going well. On the academic front, my practical exams are now completed, marking another milestone in my journey. As in life, challenges come and go, but I am facing them with courage and determination. With the summer holidays approaching, I need to complete an internship in any software course, so I am actively searching for suitable opportunities. Thankfully, both my family and I are in good health, and I sincerely hope that everyone else is doing well too. Thank you for this wonderful opportunity!



### **Sai Kiran (M. Tech, NIT)**

I hope you all are doing well. I am doing great, and my health is good. With the last working day on April 3rd, my schedule has been packed with continuous presentations, lab exams, and assignment submissions. The workload has been intense—I even worked till 6 AM last Tuesday without sleep to meet a submission deadline. However, I am making the best use of my time and ensuring that I stay productive.



As part of our curriculum, we are required to complete a summer internship, which carries 2 credits. I am actively searching for internship opportunities through my network of friends. With semester exams starting on April 7th, I am putting in my best efforts to maintain a good grade this semester. Looking ahead, I am eagerly waiting to be part of "Hunt The Summer", which promises to be an exciting experience.

### **Dr. Giri Raja Shankar (Ph.D)**

Greetings to all! Hope everyone is doing well. This month marks an important milestone in my academic journey as I have begun writing my thesis, a significant step towards furthering my research contributions.



On the professional front, I am delighted to share the successful completion of the Eleventh Batch of Pharm D students under my mentorship. It fills me with immense joy and satisfaction to witness yet another group of students stepping into the next phase of their lives, ready to support their families and embark on promising careers. I extend my heartfelt wishes for their continued success. Another milestone worth celebrating is that my research has now gained visibility with 102 citations, a testament to the impact of my work in the academic community. I express my sincere gratitude to abhaya and every supporter for making this journey possible.



**CSR Update**  
*Bharat*  
 (అభియోగ సంస్కార కేంద్రములు)



## ASK Centers Monthly Chronicle

Illuminating Young Minds, One Lesson at a Time.

**Education for All:** The ASK Commitment. At ASK Centers, every teacher upholds the commitment to free education, dedicating two hours daily to shaping young minds. Through engaging teaching techniques, students experience holistic growth—both mentally and physically. Those demonstrating regular attendance and English proficiency are consistently recognized and appreciated.

**Learning Beyond the Classroom** ASK Centers incorporate Founder-authored publications, ASK and Compass, into the curriculum, ensuring student enrichment. To foster well-rounded development, a variety of interactive activities take place:

- Book Reading Sessions – Cultivating a love for knowledge
- Monthly Tests – Assessing progress and building confidence
- Parent-Teacher Meetings – Strengthening collaboration for student success.
- Weekly Games & Moral Classes – Nurturing values and teamwork.

With annual exams in full swing, teachers and students are devoted to thorough exam preparation.

### Looking Ahead

Post-exam summer initiatives will instill the values of service and responsibility in young minds. Selfless seva by distributing umbrellas through 'Hunt the Summer' and drinking water, instilling the spirit of service and compassion.

### Experiential Learning: Field Visits & Projects

Educational Explorations & Hands-on Projects

**Therkutheru Center:** Students embarked on a hospital visit led by Bhuvanewari Teacher and explored the Veeranjaneya Swami Temple, combining healthcare awareness with cultural learning.

**Ayingudi Center:** A temple visit enriched students' cultural insights.

**Vadakkuppatti Center:** Creativity soared as students engaged in handicraft-making from waste materials, promoting sustainability and artistic skills.

**Neduvasal Center:** Students were awestruck by the majestic 81-foot Shiva statue, fostering spiritual and historical awareness.

**Karutherkutheru Center:** Celebrated Science Day with an agricultural experience—observing peanut harvesting firsthand!

**Hasnapur Center:** Marked Science Day with enlightening sessions aimed at debunking superstitions through scientific reasoning.



## Teacher Empowerment & Training

New teachers were recruited, selected personally by the Founder from a pool of applications.

Monthly online reviews via Google Meet ensure continuous guidance and improvements.

All teachers, both new and experienced, are gearing up for the upcoming training at Abhaya Home of Happiness.

A 2-day immersive training program at Ibrahimpatnam will further refine teaching methodologies and enhance instructional effectiveness.

## Leadership & Engagement

1) The Founder, along with JCI Groups, recently visited the ASK Center at Telecom Colony, engaging with students and teachers.

2) The Founder continues hands-on supervision across Telugu states, ensuring excellence in execution.

3) Annadurai diligently reviews Tamil Nadu centers, ensuring consistent progress.

With unwavering commitment, ASK Centers continue to inspire, educate, and empower, creating a brighter future one student at a time!



## Review Call with ask Teachers from South India

Interested educated young women can apply now for new centers (2025 - 26)

[www.abhayafoundation.org](http://www.abhayafoundation.org)



Review of classes @ Ranga Learning Center, Secbad



**abhaya**  
**BHAVITA**

## Creating a Safer Tomorrow, One Girl at a Time

abhaya Bhavita is a transformative initiative committed to empowering young girls through education and awareness. With a vision to create a safe, inclusive, and supportive environment, this program has touched the lives of thousands, equipping them with the confidence and knowledge to navigate the world safely. By fostering resilience and self-reliance, abhaya Bhavita is shaping a generation of young changemakers who are stepping forward to uplift their communities.

Recently, impactful girls' safety awareness sessions were conducted at Karutherkutheru ASK Center, where young participants were trained in self-defense techniques and essential safety principles. These sessions provided them with practical skills to respond to real-life challenges, ensuring they feel empowered and protected.

One remarkable story of transformation is that of Ratnakar Raju, a student who was deeply inspired by a session led by the founder. His journey from a learner to an advocate for girls' safety is truly inspiring. Taking the initiative forward, he has reached 1,500 students across Sri Sathya Sai District, spreading awareness and reinforcing the importance of self-defense and safety education.

It is heartwarming to witness such changemakers visiting government schools and Zilla Parishad High Schools in Nyammadala, Kanumukkala, Siddarampuram, and beyond. They are actively engaging with students, sharing safety messages, and distributing flute boards and calendars, ensuring the initiative's reach extends far and wide.

<https://youtu.be/BLy6Q2tM5Jc?feature=shared>

As abhaya Bhavita continues to grow, it reaffirms its mission—to empower every girl with the knowledge, confidence, and support needed to build a secure and fearless future. Together, we are not just raising awareness; we are igniting a movement that will inspire generations to come.







A Movement for a Healthier, Safer, and More Responsible Bharat

Breathing Bharat is more than just an initiative, it is a transformative movement designed to breathe new life into individuals by enhancing effective communication, instilling essential human values, and fostering a spirit of service. In a world where cultural heritage and civic responsibility are often overlooked, Breathing Bharat serves as a guiding force, nurturing spirituality, strengthening moral character, and inspiring selfless action.

We invite every individual to join hands with abhaya in this powerful mission. Our nation needs us today—there is no better time to take action and create a lasting impact on millions of lives.

Together, we can:

- Break free from harmful habits
- Strengthen civic responsibilities
- Ensure safety and empowerment for all

This initiative envisions a future where every citizen thrives, contributes meaningfully, and takes pride in shaping the nation's progress.

Founder's Visit to Nethra Vidyalaya: A Lesson in Strength and Values

During a recent visit to Nethra Vidyalaya, founder extended warmth and care to the visually challenged students as they prepared for their annual tests. His presence was more than just a visit—it was a moment of inspiration and deep learning. He beautifully redefined the word TEST for the students,

turning it into a mantra for success:

- T – Time Management
- E – Eagerness to Learn
- S – Sincerity in Effort
- T – Target Achievement

The students listened in awe as Swamiji narrated an inspiring real-life story of tribal priests who attended a training program at his ashram. These priests, despite their extreme poverty and lack of daily wages, remained unwavering in their devotion—performing temple rituals with their own money, living a disciplined life without bad habits, and upholding their commitment to vegetarianism and purity.

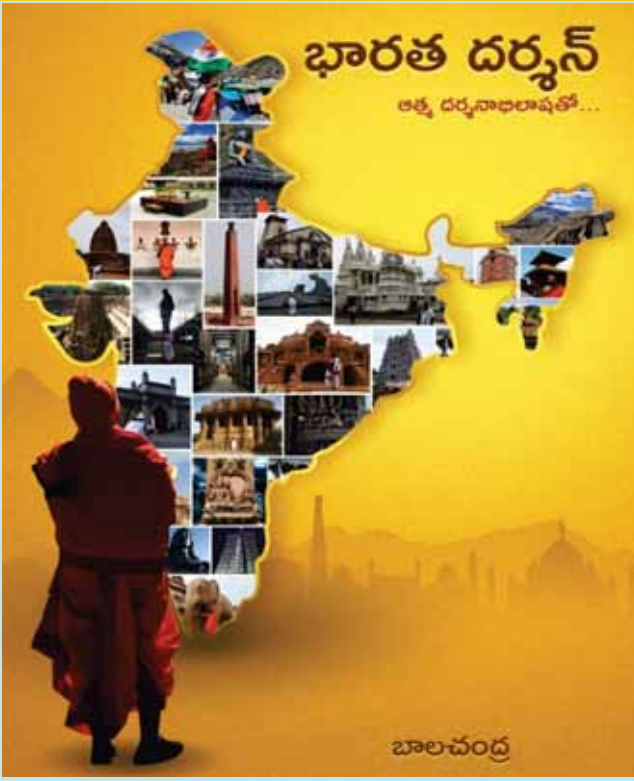
Their story served as a powerful lesson: True goodness is not defined by circumstances but by one's unwavering values and dedication to righteousness. The visually challenged students of Nethra Vidyalaya were deeply moved by this example, realizing that perseverance, sincerity, and integrity can lead to a meaningful and fulfilling life, no matter the obstacles one faces.



[https://youtube.com/shorts/8G9Qf15vIrE?si=o1VgI\\_5xnkApGJG](https://youtube.com/shorts/8G9Qf15vIrE?si=o1VgI_5xnkApGJG)

let's commit to nurturing values, empowering communities, and preserving the rich heritage of our nation.

Together, we can shape a Bharat that thrives on responsibility, culture, and service. - **Team abhaya**



### తరువాయి భాగం

మధ్యాహ్నం భోజనం తర్వాత మానసరోవర్ నుంచి 30 కిలోమీటర్ల దూరంలో (16 వేల అడుగుల సముద్ర మట్టం) ఉన్న దర్శన (దర్శన్) చేరుకోవడానికి బయలుదేరాము. ఆ గ్రామంలో మార్పులు చూసి సంభ్రమాశ్చర్యాలకు లోనయ్యాను. అప్పటికి ఇప్పటికీ హస్తీమస్కాంతర భేదం ఉంది. గత ఏడేళ్లలో ఊహకందనంత విధంగా రూపాంతరం చెందింది. హిమాలయా గెస్ట్ హౌస్ లో మేము బస చేసాము. పర్యాటకుల కోసం అద్భుతమైన ఏర్పాట్లు, వసతిని చేశారు.

మౌంట్ కైలాష్ లో ఉష్ణోగ్రతలు భారీగా తగ్గడం వలన, భారత్ చైనా దేశాల మధ్య ఉన్న సమయ వ్యత్యాసం (రెండున్నర గంటలు) తో నిద్రపోవడం చాలా కష్టమైన

పనిగా మారింది. ఒకటి రెండు గంటలు నిద్రపోగలిగితే అది ఒక వరంగా అనుకోవాలి. మూసి ఉన్న గదులు, చెక్క మంచాలు, పరుపులు, రెండు పొరల మందపాటి శీతాకాలపు దుప్పట్లు మొదలగునవేవి కూడా అక్కడి చలి నుంచి మా శరీరాలని కాపాడలేదు. ఎందుకంటే ఆ దర్శన ప్రాంతం సముద్రమట్టానికి సుమారు 15 వేల అడుగుల ఎత్తులో ఉంది. అక్కడి నుండే అందరికీ మొదటి సారి కైలాస పర్వత శిఖర దర్శనం జరుగుతుంది. అందుకే దాన్ని దర్శన్ అని పిలిచారు...అంటే మన భాషలో దర్శన్ అనుకోవచ్చు.

నేను కాల కృత్యాలు అంటే కేవలం బ్రష్ చేసుకున్నాను. నిజానికి అప్పటికి మూడు రోజుల నుంచి స్నానం లేదు. ఉదయం 7 గంటలకు అంత అన్ని వస్తువులు సర్దుకున్నాను. మేమందరము యమద్వారం చేరడానికి మా ప్రయాణాన్ని మొదలుపెట్టాం. కైలాశ పర్వత పరిక్రమ గురించి ప్రతి ఒక్కరికీ వ్యక్తిగత నమ్మకాలు, సిద్ధాంతాలు ఉన్నాయి. నాకు ఈ భారత దర్శనం వెనుక ఉన్న ఆలోచన లోక కళ్యాణం కోసమే అన్నది మరి మరి గుర్తు చేసుకున్నాను కూడా.

మేము యమద్వారం చేరుకున్నాము. ఇది మరణ దేవత అయిన యముని అనుమతి గృహంగా అందరూ నమ్ముతారు. అంటే మన భాషలో ఆ పై లోకానికి



ఇమ్మిగ్రేషన్ కేంద్రం లాగా అన్న మాట. ఆ ద్వారం నుంచి వెళ్లేవాళ్లు ఈ యాత్ర విజయవంతం కావాలని ప్రార్థిస్తూ వెళతారు. అంటే యముని అనుమతి తీసుకుని వెళ్ళేది అనుకోవచ్చు. ఆది శంకరాచార్యుల మార్గంలో ఆ భగవంతుని దర్శించే అవకాశాన్ని ఆ భగవంతుడే నాకు ఇచ్చాడని అదేవిధంగా యమద్వారాజు ఆశీస్సులు అనుమతి కావాలి అని నేను ప్రార్థించాను.

12 కి.మీ పరిక్రమ 5 గంటలలో ముగించగలము, కానీ నాకు ఏడు గంటలు పట్టింది వివిధ కారణాలవల్ల. శ్రమతో కూడిన ఈ ప్రయాణము లో యాత్రికులందరు అలసి పోవడానికి నేను గమనించిన కొన్ని కారణాలు నేను ఇక్కడ పొందుపరుస్తున్నాను.

1. వయస్సు
2. శారీరక దృఢత్వం
3. అనారోగ్య విషయాలు
4. తీవ్రమైన వాతావరణ పరిస్థితులు
5. చాలా దుస్తులు ధరించడం
- 6 సరి అయిన ఆహారం లేకపోవడం
7. మనసులో అచంచల భక్తి లేకపోవడం
8. ప్రకృతి సౌందర్యం పై దృష్టి
9. భగవంతుడి ఇచ్చ (ఇది అన్నిటికన్నా ముఖ్యమైనది)





నా పన్నెండు కిలోమీటర్ల మార్గానికి సహాయకురాలిగా డోల్మా పాల్ అనే స్త్రీని యమ ద్వారం దగ్గర నాకు జత చేశారు. మధ్య వయసులో ఉన్న ఆమె చాలా ఆదరణతో నిండి ఉన్నది. పెద్దగా చదువుకోనప్పటికీ, ఆమెని నేను పర్యావరణ ప్రేమికురాలిగా గమనించాను. ఎందుకంటే మార్గ మధ్యములో మొదటి నుండి చివరిదాకా దారిలో దొరికిన చెత్తనంతా చెత్త కుండీలో వేయడం చూశాను. నా గురించి శ్రద్ధ తీసుకుంటూనే, చేతిలో జపమాలతో మంత్రం చేస్తూనే వుంది. చాలా ఆశ్చర్యం కూడా అయింది.

పూర్తి ప్రతికూలమైన వాతావరణ పరిస్థితిలో పర్వతాలను ఎక్కుతున్నప్పుడు, నిజంగా నాతో నేను యుద్ధం చేస్తున్నట్లు ఉంది. కానీ ఆ పరాత్పరున్ని నా హృదయంలోనూ పెదవుల మీద ఉంచుకొని అడుగు తర్వాత అడుగు వేసుకుంటూ ముందుకు సాగాను. నేను ఉదయం 11 గంటలకు ప్రారంభమై సాయంకాలం ఆరు గంటలకి బౌద్ధారామమైన ధీరపక్కి చేరుకున్నాను. బృందంలోని చాలామంది యాత్రికులు కొన్ని కారణాల వల్ల ముందుకు సాగలేకపోయారు. మరి కొద్ది మంది మాత్రమే ముందుకు ప్రయాణం సాగించారు.

మా బృందంలో 28 మంది యాత్రికులు మాత్రమే ఉన్నారు. అందులో ఇద్దరూ మాత్రమే తెలుగు మాట్లాడేవాళ్లు ఉన్నారు. మొదటిసారిగా నేను భాషా సమస్యను మిగతా వారితో

సంభాషించేటప్పుడు ఎదుర్కొన్నాను. ఎందుకంటే ఈ జట్టులో చాలామంది హిందీ మాట్లాడే వారే ఉన్నారు.

యాత్రలో కొన్ని విషయాలు నన్ను చాలా ఇబ్బందికి గురి చేశాయి. యాత్రికులంతా ఆధ్యాత్మికంగా కాక చాలా లౌకిక దృష్టితో ఉండేవారు. అందులో కొంతమంది పొగ తాగే వారు. మరి కొంతమంది మందు తాగేవారు, ఇంకొంతమంది మాంసాహారము / పొగాకు తినేవారు. వారిని చూస్తే నాకు చాలా బాధగా అనిపించేది. ఆధ్యాత్మిక ప్రయాణాల్లో కూడా ఈ ప్రపంచంలో చాలామంది ఇలా పొగాకు తింటూ ఆల్కహాల్ తాగుతూ మాంసాహారం తింటూ ఉండడం నన్ను ఎంతో వ్యాకులతకు గురిచేస్తుంది. అసలు ఈ యాత్రలు విలువలతో చేయాలి అనేది వదిలేద్దాం. కనీసం వాళ్ళ జీవితానికి హానిచేసే అలవాట్లకి వాళ్ళు దూరంగా ఉంటే అది మన దేశానికి వరం కాదా? నా ఆప్తులు అందరికీ నేను అభ్యర్థన చేస్తున్నాను... దయచేసి మీ అనారోగ్యానికి హాని కలిగించే వాటికి దూరంగా ఉండండి అని.

జట్టులో చాలామందికి నేను స్వామీజీ గానే సుపరిచితుని అయ్యాను నా పేరు ద్వారా కాకుండా. ఎందుకంటే నేను నా రోజుని ప్రార్థనతో మొదలు పెడతాను కాబట్టి. ఎప్పుడు అవకాశం ఉంటే అప్పుడు భోజన సమయ ప్రార్థన చేసే టీమ్ ఒకటి నాకు దొరికింది. వారికి నాకు తెలిసిన మంచి విషయాలు చెబుతూ ఉండేవాణ్ణి. యాత్రికుల అందరితో నేను కలిసి పోయేవాడిని.

నా పరిక్రమ సమయంలో మొత్తం నేను ఎన్నో దివ్య దృశ్యాలను చూడ గలిగాను. యాత్రలో అడుగడుగు, ఇంచు ఇంచు ఒక దివ్యత్వాన్ని సంతరించుకుంది. ఇక్కడ ప్రకృతి ఆ భగవంతుడి నిజమైన సహచరిగా గోచరించడం కళ్ళకు కట్టి

నట్టు తెలుస్తుంది. భగవంతుని పట్లనే హృదయానికి కేంద్రీకరించగలిగే వారికెవరికైనా ఈ దృశ్యాలు అన్నీ కనిపిస్తాయి. నాలుగు కిలోమీటర్ల పరిక్రమ తర్వాత కైలాస పర్వత దర్శన తో ఆత్మ తృప్తి పొందాను. దృష్టి ఎలా ఉంటే సృష్టి అలాగా ఉంటుంది. కృతజ్ఞతా మరియు భక్తితో కూడిన హృదయంతో ప్రార్థన చేశాను. ఒకసారి కైలాశ శిఖర పరిక్రమ లో ముందుకు వెళ్ళాము అంటే, చుట్టూ వున్న పర్వత శ్రేణువులు, శిఖరాలు కలగలిపి చూస్తే నంది, గణపతి, తపస్సులో మునిగి వున్న మునులు ఇలా చాలా దివ్యమైన ఆకృతులు చూడటం సాధ్యం అవుతుంది. సామాన్యంగా ఈ పర్వత శిఖరాలు అలా అందరికీ అగుపించవు. కారణం అంత తడేక దృష్టితో ప్రకృతిని గమనించే సత్తువ లేక పోవడమే అని చెప్పాలి. అలా చూడకుండా కొన్ని అడుగులు ముందుకు వేసినా ఆ అద్భుత మయిన ఆకృతులను చూసే అవకాశం కోల్పోయినట్లే ఎందుకు అంటే ఆ పర్వతా శ్రేణులను ఒక్కో కోణంలో చూసి నప్పుడే అవి దివ్యాకారములుగా గోచరిస్తాయి. నేను చూసిన... నాకు అగుపించిన ప్రతి పర్వతాకారములను నేను నా కెమెరా లో నిక్షిప్తం చేసుకున్నాను. కారణం కొన్ని అడుగులు ముందుకు వేసినా ఇక ఆ అమరికలు మనం చూడలేము. మున్ముందు ప్రయాణంలో ఇలాంటి రాతి ఆకృతుల్ని ఎన్నో చూడవచ్చు.



# Healthcare



జాతీయ క్షయ వ్యాధి నిర్మూలన కార్యక్రమం

పౌష్టికాహార దినుసుల పంపిణీ  
పెద్దపల్లి, తెలంగాణ

క్షయ వ్యాధి నివారణ దినోత్సవం - 24 మార్చి 2025  
[www.abhayafoundation.org](http://www.abhayafoundation.org)



Founder's visited Sri D Sridhar Babu, Minister IT, Govt of Telangana at camp office, Hyderabad. Briefed him about abhaya, TSSSIA & Govt of Telangana collaborative effort in combating TB in his constituency Psddapally. Invited to grace the distribution of 500 Food Baskets to TB Patients living in and around 12 PHCs in the Constituency. Also briefed him about ongoing empowerment initiatives in the country. He appreciated the efforts. We gifted him a copy of the Compass. - **Team abhaya**

<https://youtube.com/shorts/UF5pfEUE TUc?si=7tGTBYiJ9X3nDKJ1>

## Sustaining lives together: abhaya, TSSSIA & Govt. of Telangana's fight against TB

In a commendable initiative demonstrating compassion and community responsibility, the Telangana Small Scale Industries Association (TSSSIA), Hyderabad, in collaboration with the Abhaya Foundation and the Government of Telangana, has launched a noble project to support 500 tuberculosis (TB) patients across Peddapally District, Telangana. This initiative, aligned with the PM Nikshay Mitra program, aims to provide 3,000 nutritious food kits over six months, significantly aiding in the recovery and well-being of the beneficiaries.

## A Six-Month Commitment to Health and Well-Being



The distribution of food baskets commenced in March 2025, marking the start of a six-month-long commitment to improving the nutritional intake of TB-affected individuals. The Government Health Department identified the beneficiaries, ensuring that the support reaches those most in need. The initiative is designed to provide each patient with a nutritious food basket every month, totaling six kits per individual over the course of the program.

## Generous Contribution by TSSSIA Members



The entire project, valued at Rs.25 lakhs, has been fully sponsored by various industry members of TSSSIA through the Abhaya Foundation. This substantial financial commitment reflects the trust and faith that the industrial sector places in Abhaya's mission to serve society.

## Launch and Distribution on World TB Day

The official distribution of the food baskets began in the fourth week of March 2025, coinciding with World TB Day on March 24th. The kits were handed over to the deserving beneficiaries by Balachandra, President of TSSSIA and Founder of Abhaya Foundation, in the presence of the Joint Director and District Medical Officer of Peddapally District.



## Strengthening the Fight Against TB

This initiative not only provides immediate relief but also strengthens the long-term battle against TB by ensuring that affected individuals receive the necessary nutrition to aid their recovery. By working together, TSSSIA, Abhaya Foundation, and the Government of Telangana are making significant strides in improving public health and eradicating tuberculosis. As we move forward, sustained efforts like these will continue to inspire, heal, and uplift communities, demonstrating that collective action can create a lasting impact in the fight against TB. - **Team Abhaya**

<https://youtube.com/shorts/iOAAuEETRoU?si=puXQrfj1RrJxA2pO>



As the President of the Telangana Small Scale Industries Association, I am proud to share our association's active role in supporting the Nikshaya Mitra Prime Minister's Initiative to combat tuberculosis.

As part of our ongoing Corporate Social Responsibility (CSR) efforts, we have joined hands with the Abhaya

Foundation, a dedicated NGO, to make a meaningful impact in the lives of individuals affected by tuberculosis in Peddapally District, Telangana.

In March 2025, we were honored to distribute 500 nutritious food baskets to TB patients as part of six-month initiative. This contribution is aimed at providing essential nutrition to 500 TB patients, improving their health and supporting their recovery journey. Our goal is to ensure these individuals receive the proper care and nourishment they need to overcome this challenging illness.

This significant initiative is made possible with the collaborative efforts of the Government of Telangana, Abhaya Foundation. Our association is committed to continuing this work, ensuring that those affected by tuberculosis have the resources to recover and thrive.

**-Phani Shankar, TSSSIA - President**



# Enlightenment

షాహిద్ భగత్ సింగ్

మండే అగ్ని గోళం

జ్వలించే నిప్పుకణిక

ఎగిసేపడే విప్లవ పతాక.

పేరు వింటేనే మన రోమాలు

నిక్కబోడుచుకుంటాయి.

23 ఏళ్ల వయసున్న యువకుడు  
దేశము కోసం ఉరి కొయ్యను ముద్దాడాడు.

మార్చి 23, 1931 రాత్రి 7.30కి

స్నేహితులయిన విప్లవ యోధులు

సుఖ్ దేవ్, రాజ్ గురులతో

పాటు అసువులు బాశాడు.

నిరంకుశ బ్రిటిష్ ప్రభుత్వం వారి ముగ్గురినీ

వరుసగానిల్వోబెట్టి ఉరి తీసింది.

ఉరి కొయ్య ముందు నిల్చుని కూడా ఆ

ముగ్గురూ ఏ మాత్రం భయపడలేదు. ఆ

ధైర్యమే ప్రవాహంలా మారి తరువాతి

తరాలకు చేరింది.

దేశ స్వాతంత్ర్యం కోసం అలుపెరుగని  
పోరాటం చేసిన మహనీయులు సుఖ్ దేవ్,  
రాజ్ గురు, భగత్ సింగ్ లు అమరులయిన

రోజు ఈ రోజు. వారి బలిదానాలను

స్మరించుకుంటూ, వారి పోరాటాన్ని

స్ఫూర్తిగా తీసుకొని, వారి ఆశయ సాధన

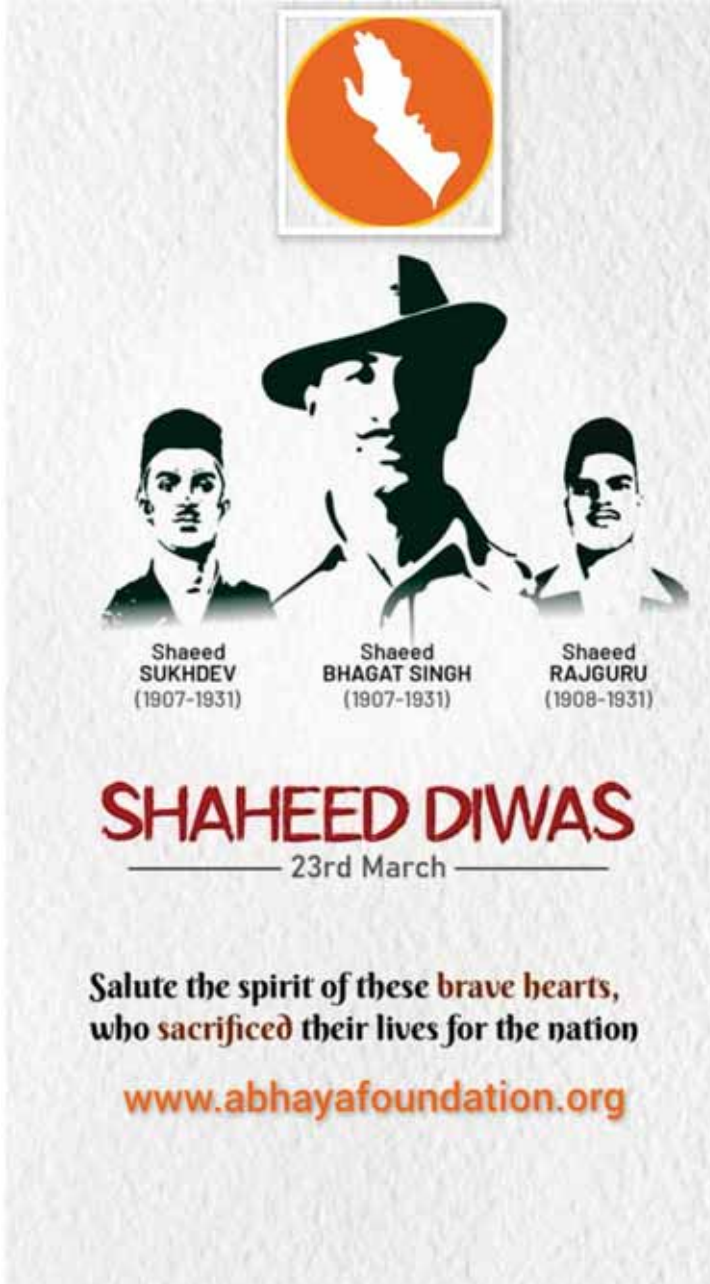
కోసం ప్రతి ఒక్కరం పునరంకితం కావాలి.

ఇదే మనం వారికి అర్పించే నివాళి.

దేశం మొదట కుటుంబం తరవాత నేను

చివర ఇది మన భావన అయినప్పుడు ఇక

భారతం వికసించినట్లే!!



Shaheed SUKHDEV (1907-1931)

Shaheed BHAGAT SINGH (1907-1931)

Shaheed RAJGURU (1908-1931)

**SHAHEED DIWAS**  
23rd March

Salute the spirit of these brave hearts,  
who sacrificed their lives for the nation

[www.abhayafoundation.org](http://www.abhayafoundation.org)



## Congratulations!

The astronauts who went for 7days got stranded & now return to the earth after 9 months. Welcome to Sunitha ji and others to the Earth . All our prayers for their wellbeing. -

**Team abhaya**

Viswasam in life alone brings God's grace in Viswvasu Year ahead. Just as Ugadi Pachadi's 6 types of tastes remind us to accept life's experiences with equanimity, may Viswasam guide us to navigate challenges with faith and devotion. Wishing you a Happy and Holy Viswvasu Ugadi filled with Love, Life, and Divine blessings.

- **Balachandra,**  
**Founder, abhaya Foundation, Hyderabad**



<https://youtube.com/shorts/qfINXNA95II?si=V72Gra8H37gbeob>



Founder had an opportunity to address hundreds of NGOs, Corporate CSR Teams along huge number of volunteers gathered at CSR Summit held at Shilpakala Vedika, Hyderabad on Sunday, the 16th March 2025. The session electrified entire gathering on CSR - Moral & Ethical Social Responsibility. We thank Vineel Reddy, CSR Summit Team for specially inviting the Founder and requesting him to speak at the summit. Founder appreciated Volunteers from Anurag University who hosted the summit for their good work. - **Team abhaya**



CSR Summit 2025 at Hyderabad. abhaya Publications to Movie Artist Ms Poonam Kour. Many NGOs wished to collaborate with abhaya for serving the deserving in their states in South India



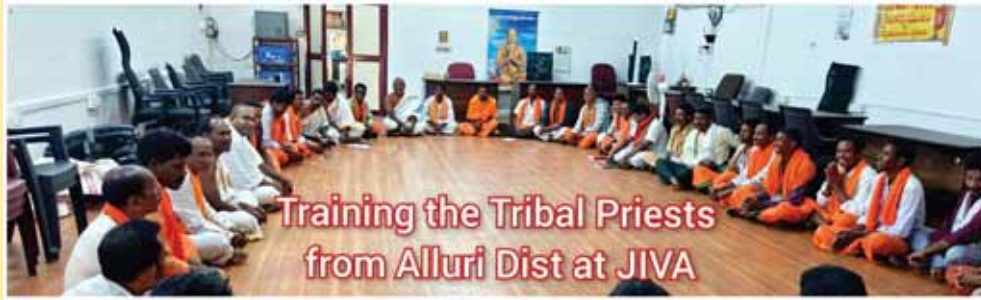
Mr. Balakrishna Garu, meeting you at the CSR Summit was truly an inspiring experience. Your incredible work through Abhaya Foundation, from supporting the destitute at 'Abhaya Home of Happiness' to empowering communities with education, healthcare, and rehabilitation, is a testament to your selfless service. Your journey reminds us that true change begins with compassion and action. As someone dedicated to empowering marginalized communities, I deeply appreciate your unwavering commitment to social welfare. Thank you for inspiring countless NGOs, including NEES, to dream bigger and serve better. We look forward to learning from your leadership and collaborating for a greater impact.

Founder had an opportunity to address hundreds of NGOs, Corporate CSR Teams along huge number of volunteers gathered at CSR Summit held at Shilpakala Vedika, Hyderabad on Sunday, the 16th March 2025. The session electrified entire gathering on CSR - Moral & Ethical Social Responsibility. We thank Vineel Reddy, CSR Summit Team for specially inviting the Founder and requesting him to speak at the summit. Founder appreciated Volunteers from Anurag University who hosted the summit for their good work. Many NGOs wished to collaborate with abhaya for serving the deserving in their states in South India- **Team abhaya**

Had the wonderful opportunity to meet Mr. Balachandra, the founder of abhaya Foundation, Hyderabad, established in 2006. The foundation is dedicated to serving society through education, healthcare, and empowerment initiatives, transforming countless lives. It was an inspiring conversation filled with insights and shared visions for making a difference! - **Praveen, TN**



# Empowering Tribal Priests: A Journey of Service, Learning & Celebration



With the Mangalasanams of HH Sri Chinna Jeeyar Swamiji, Vikasa Tarangan initiated an innovative program wherein the Team VT organized a 11-day transformative training program at JIVA Ashram, Muchintal, Telangana. This initiative was dedicated to uplifting 40 tribal priests from the Lambasingi

region of Alluri Sitarama Raju District, Andhra Pradesh. These unsung guardians of small village temples live simple yet profound lives, serving their communities with deep devotion despite having little formal education.

It was a divine opportunity for abhaya founder Swamy Balachandra to serve and guide these remarkable individuals personally, with the blessings of Sri Swamiji.

## The Unsung Custodians of Devotion

The training program revealed inspiring truths about these tribal priests:

They selflessly care for temples in their Hamlet.

They live pure lives, free from bad habits.

They contribute from their own pockets to sustain temple activities.

They possess an immense eagerness to learn and grow.

Despite limited formal education, they are determined to serve their people with devotion.

## A Transformative Experience: Learning & Teaching with Heart

During these 10 days, our founder Swami Balachandra employed unique and engaging methods such as motivational talks, bhajans, storytelling, group discussions, and interactive learning to instill in them essential skills for temple management and spiritual service. He volunteered to stay there during the camp and covered the following:

Qualities of an Inspirer

Singing Bhajans

Temple as a Hub of Service

Priestly Ideals

Management Skills

Leadership

Stories of Devotees

Art of speaking



Every session was an emotional journey, with the power of bhajans leaving a deep impact on both the participants and the mentor himself. The evenings ended in an atmosphere of divine ecstasy, where learning transformed into celebration.

Yet, founder felt he was the true learner in this experience. The innocence, sincerity, and hunger for knowledge he witnessed among the priests left him deeply humbled. As well His learnings from Swamiji's sessions made him sit in a state of mesmerization, absorbing profound wisdom at every step.

### **A Memorable Encounter with a Literary Legend**

During the program, Balachandra had the privilege of meeting renowned Telugu scholar, poet, writer, and lyricist Sri Jonnavithula Ramalingeswara Rao. In a moment of shared wisdom and devotion, he presented abhaya Publications to the esteemed scholar, marking another milestone in this journey of learning and giving.

### **A Gift of Memories & a Shade of Care**

The journey ended on a heartwarming note, as our founder ensured that the experience was immortalized in their hearts. He personally captured group photos with Swamiji at Statue of Equality and presented framed photographs to each participant as a token of remembrance. As part of the "abhaya Hunt the Summer - 2025" campaign, he also gifted them umbrellas, offering them shade from the scorching sun, just as they provide spiritual shelter to their communities.

### **A Legacy of Empowerment**

This initiative is not just about a 10-day training program, it is a movement towards empowering grassroots spiritual leaders who, in turn, uplift entire communities. Their transformation will

ripple across generations, preserving traditions, strengthening faith, and nurturing service-minded leadership in rural India.

With immense gratitude to HH Sri Chinna Jeeyar Swamiji & Vikasa Tarangani, Team Abhaya remains committed to standing by these silent warriors of faith in their journey of service and self-improvement. **-Team abhaya**



# abhaya SoulDears

## Congratulations to Sai SoulDears Jyothi Sagar on their 25th Wedding Anniversary!

It's an absolute delight to have this wonderful family as part of our Sai Organisation, dedicatedly serving Swami's mission for over three decades. Brother Sagar has been an invaluable resource, providing seamless support to the entire Sai fraternity across South Indian states.

Their selflessness and commitment are truly inspiring, and it's a rare privilege to have such SoulDears in our midst. I feel deeply grateful to have them as part of my extended family.

May this milestone anniversary mark the beginning of many more years of love, happiness, and devoted service to Swami's mission! Long live Sai Ideals.



**Congratulations!!**  
**Sai SoulDears**  
**Jyothi Sagar**



**Marriage: Raising the Self,  
Navigating Life's Mirages, Together.**



## KSV Sivakrishna, a blessing to the abhaya Foundation

Deep gratitude to KSV Siva Krishna, Trustee & Secretary General, abhaya Foundation, for his generous annual contribution of Rs.1,50,000 towards abhaya corpus fund.



**KSV Sivakrishna -  
A Blessing to  
abhaya Foundation**



Siva's unwavering dedication to abhaya since its inception is truly remarkable. Despite navigating challenging circumstances in his personal and professional life, his commitment to our mission remains unshakeable and inspiring.

I firmly believe that Siva is a divine blessing to abhaya. I pray that the Almighty continues to bless him and his loved ones with good health, happiness, and prosperity, enabling abhaya to serve the deserving eternally.

We need to have such SoulDears, who embody the spirit of selflessness to help us create a positive impact in the lives of those we serve.

Thank you, dear Siva, for being an inspiration and a shining example of kindness and generosity. Your association with abhaya is a treasure we cherish deeply. - **with Love:**

**Balachandra**

**Happy Birthday Dear CS Mohit**

AN EPICENTRE OF LOVE

A Finest Human being

A wonderful resource in abhaya since inception  
Our Future Board Trustee

Wishing a very Happy Birthday to abhaya SoulDear Lahari. She has been a rock support to the Founder on many literary projects. She gives her best possible support wherever there is a possibility. Best of luck to her. - **Team abhaya**



*Dear abhayans!*

It is almost a decade now since I am associated with Abhaya. I first got know about abhaya when I joined Surana Group, Hyderabad in 2003-04. I was working as Asst. Company Secretary reporting to the Founder, CS. Balachandra Sunku, the then Company Secretary of Surana Group. I may have joined Surana, with only one thing in my mind, I need to learn my work and come out as a matured CS professional. As with any other budding professional, I focused, all my efforts, time and thinking in learning and gaining work and related aspects.

It was one fine day in October'06, there was a call from the founder seeking my help! he asked me to come to Office of Sub Registrar, Punjagutta, Hyderabad for being a witness to a document. As I was just very nearby, I happily met him at the Office of Sub Registrar. Then only I realized the fact that I added my signature to abhaya Foundation's trust deed where founder was the settler. That is how, I became part of abhaya Story.

Over the years, I am proud to be associated and helping hand in... abhaya Hunt the Winter, Flood Relief, Orphan Care, Mission 1000, Propaganda & Awareness Programs, Thanks Giving Events, seeking/ getting corporate support and now serving abhaya Home as its Management Committee member with my might. I thank abhaya for giving me an opportunity to be part of the "Missions". All that I did may not be even a drop of the ocean... but, I am happy to be one such drop in the service of needy with abhaya at my side.

Now, I realized that GOD has given me such a wonderful Life. Though he gave problems... he granted me courage to face the issues as well. HOPE that, days will change for better... HOPE that, I can make it big in Life... so is my association with abhaya and its Mission to Serve with H.E.A.R.T

Dear Friends, Life is not all about making money, being successful in career. Life is bigger picture. It is our duty to give back to the society in every possible way. Life is about being content in life, being happy and Nothing gives you more Happiness, when u are the reason behind someone's SMILE/ Reason of HOPE.

Most of you are already doing great work by being with abhaya in every possible way. Still I appeal all of you, to spread the cause of abhaya and give your support more actively. "LET US BE A REASON BEHIND SOMEONE'S SMILE/ REASON OF HOPE".

*Signature Page*

In our break time, the Founder used to tell me about the miseries of people, who have come to him for some help. Some of the stories were so emotional, that it had shook my heart, as in most of these stories, people had lost HOPE for a better future. It was probably those experiences with which he founded abhaya Foundation in the year 2006. But, by that time I moved out of Surana and associated with PS Rao & Associates, Hyderabad...

CS. Mohit. Gurjar

Wishing our beloved SoulDear CS Mohit Gurjar a very Happy Birthday! @MohitCS thank you for being there as rock support to the good work for 2 decades. It was you who witnessed abhaya trust regn. We can never forget your love and care to abhaya. Prayers for your wellbeing. - **Team abhaya**

**Climbing for a Cause: Wishing abhaya SoulDear Bharat a successful Mt Everest Expedition!**

**A Decade of Enduring Bond: Bharat's abhaya Connection**  
A decade back, abhaya supported Bharat's ambitious Everest expedition, marking the beginning of a beautiful relationship. Over the years, Bharat's bond with abhaya has continued to grow, mirroring his personal and professional growth.

Bharat is a renowned mountaineer, having successfully summited some of the world's most treacherous peaks. He has also founded his own venture: Boots and Crampons, offering mountaineering training to high-net-worth individuals across the country. Moreover, he has mentored numerous aspirants, inspiring a new generation of adventurers.

Bharat visited the founder, seeking blessings and a token of abhaya's love - 500 - as he prepares for his forthcoming Everest summit in April 2025. We are honored to know Bharat and wish him all the best for his upcoming expedition! - **Team abhaya**



**DR GUBBA SAI CHARANASHRITH**

**S/o Smt G Sai Jyothi &  
Sri G Vidya Sagar**

[www.abhayafoundation.org](http://www.abhayafoundation.org)

Congratulations Dr Sai Charan MBBS

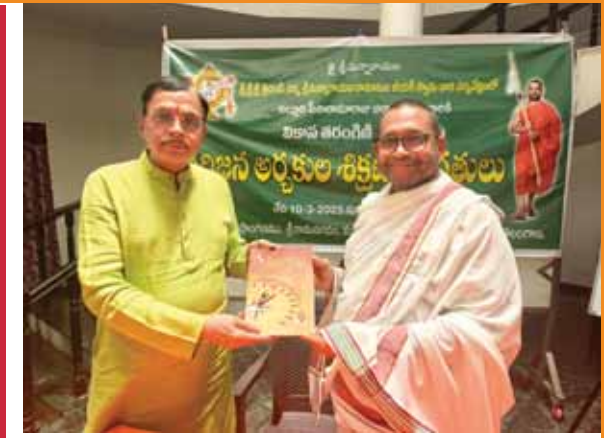
abhaya SoulDears Smt & Sri Gubba Vidya Sagar. Hearty congratulations to you both on the momentous occasion of your son's graduation as an MBBS doctor!

This achievement is a testament to your unwavering dedication, support, and sacrifices. Your dream of seeing your son become a doctor has finally come true, and we can't be happier for you! As you celebrate this milestone, we hope you relive the memories of your son's journey, from his early days of curiosity to his current accomplishment. His success is a reflection of your love, guidance, and encouragement.

Please extend our warmest congratulations to your son on his achievement. We wish him a brilliant medical career, filled with purpose, compassion, and joy. Once again, congratulations to you all! - **With love and best wishes, Balachandra**



Long pending visit to  
Sri VSR Murthy,  
Spiritual Scientist, Hyderabad



Founder met reputed Telugu Scholar, Poet, Writer & Lyricist Sri Jonnavithula Ramalingeswara Rao and presented abhaya Publications

**आचार्य सविता ने सीएसआर फंड के संबंध में मार्गदर्शन के लिए स्वामी बालचंद्र से मुलाकात की पाणिनि कन्या महाविद्यालय - संक्षिप्त परिचय:**

यह महाविद्यालय आवासीय गुरुकुल पद्धति से संचालित हैं। यहाँ की दिनचर्या खान-पान, रहन-सहन पूर्णतः गुरुकुलीय हैं। भारत के सभी प्रान्तों की कन्यायें शताधिक संख्या में जाति, वर्ग, सम्प्रदाय के भेद से रहित होकर महाविद्यालय में शिक्षा ग्रहण कर रही हैं। यहाँ पाँचवीं से लेकर आचार्या (एम.ए.) पर्यन्त शिक्षा की व्यवस्था हैं। गत वर्षों से अन्तर्राष्ट्रीय छात्रावास की सुविधा भी उपलब्ध हैं, जिसमें त्रिपुरा, नेपाल आदि के अतिरिक्त कैलिफोर्निया, हालैण्ड, अमेरिका, कनाडा, आदि की कन्याओं व महिलाओं ने भी अध्ययन किया है। यहाँ आधुनिकता एवं प्राचीनता का मर्यादित सम्मिश्रण है, एतदर्थ योग्य शिक्षिकाओं की व्यवस्था की गई है। इसी के साथ अग्रशिष्य शिक्षा प्रणाली से भी पठन-पाठन होता है। गुरुकुल में हर प्रकार की शिक्षा देते हुए वेद भी सिखाया जाता है। इस प्रकार महाविद्यालय में छात्राओं का सर्वांगीण विकास करवाया जाता है।

वर्तमान में **30** छोटी लड़कियां हैं और प्रत्येक को केवल **5000** की आवश्यकता होगी। यदि रुचि है तो कृपया हमें एक साथ बुलाएं, हम समर्थन करते हैं।

**Acharya Savitha**  
(Vedaratna - Vyakaranasurya)

**Panini Prabhatha Kanya Mahavidyalay**

#3-787, Ext. Krishna Nagar Layout, Vayushakshi Nagar Lane, Dammalguda, Nagavaram, Medchal Dist. TS.  
Email: [acharyasavitha34@gmail.com](mailto:acharyasavitha34@gmail.com)

Cell: 80743 25521  
94408 91942

@paniprabhathakanyavidyalaya @savitha.acharya.7145 @ngvdpah



Dear Ashwitha, Thank you for donating your first salary to abhaya Home of Happiness! Your kindness and generosity inspire us.

Your parents, Smt & CS B Muralidhara Rao, My Home Group, have done an amazing job instilling values of kindness

**Thank You Aswitha** and empathy in you. We appreciate your selfless act and are honored to have you in our community! Thank you SoulDear of abhaya and be with us in doing good work. - Team abhaya.

<https://youtube.com/shorts/oa-B10XIEx0?si=K4OeP0GSDLVMhYIH>

**abhaya SoulDear CS B Muralidhara Rao,**

We are deeply grateful for your unwavering support to the abhaya Foundation. Your generosity has been instrumental in driving our mission forward, and we are thankful for your trust in our cause. Your selfless



contributions are a shining example of your compassion and commitment to giving back to society. Moreover, the values you've instilled in your children, inspiring them to follow in your footsteps, are truly commendable.

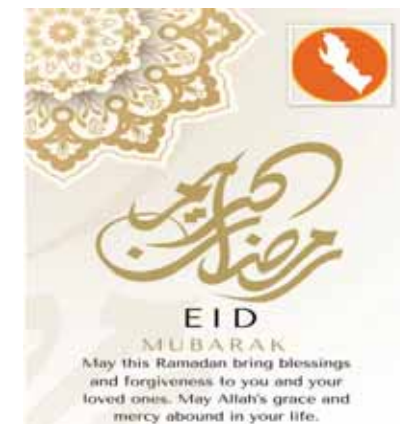
Your steadfast support and encouragement have meant the world to me personally, and I am humbled by your kindness. You are a beacon of hope and inspiration to us all at abhaya Foundation. Thank you for being an extraordinary individual and a true champion of kindness. - **Team abhaya**

[https://youtube.com/shorts/\\_rfpk8w3b5Y?si=nNsqkdSjjv33iC4O](https://youtube.com/shorts/_rfpk8w3b5Y?si=nNsqkdSjjv33iC4O)



All our best wishes to you dear Smt & Sri KVS while you crossed yet another milestone together. Thank you for your generous donation to abhaya Foundation and Prayers for your wellbeing. - **Team abhaya**

The DPR for the proposed ACE (abhaya Center for Empowerment) at Shamshabad by Ramesh Gelli Foundation is submitted to them for further action. We salute our beloved Chairman Sri KV Ramakrishna garu for his leadership and vision by which he completed the document favouring abhaya. We feel blessed to have such SoulDears with abhaya and I am confident that our journey with such people leading goes eternal. In spite of suffering from health issues...he has put in his best to bring a closure to draft DPR. Mere thanks is not enough to express our gratitude to him. Prayers for his wellbeing.





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# A Tribute to Sri Gowra Venkat Ratnam: A Life of Joy, Contentment, and Selflessness

అభయ నివాళి

ఈ జీవితకాల కష్టాధిక్యాన్ని భారాను  
వృద్ధులకు ఆకాశం కల్పించిన స్ట్రెట్ నివాళి  
వృద్ధుల ఆత్మగీరం పాక



శ్రీ గౌరా వెంకటరత్నం

"స్ట్రెట్ సెల్లర్" గారికి నివాళి.

For ever in our HEARTS

జననం :  
16.09.1925

మరణం :  
19.03.2025

exuded an aura of peace and happiness. As we spoke, I was struck by his remarkable philosophy of life:

Always be happy, Live life to the fullest, No desires, No expectations & No wishes

His words were a testament to his deep understanding of life's true purpose. He embodied the spirit of detachment, free from the burdens of desires and expectations. His presence was a reminder that true happiness lies within, and that life's simplest moments are often the most profound.

As we conversed, he shared with me his fond memories of visiting Prasanthi Nilayam in its early days, when there were

Today, as we bid farewell to Sri Gowra Venkat Ratnam, who left us on 19th March 2025, at the ripe age of 100, I am reminded of the profound impact he had on my life during our brief interaction. His passing leaves behind a legacy of joy, contentment, and selflessness that continues to inspire us.

I had the privilege of meeting Sri Gowra Venkat Ratnam about 8 months ago, and our conversation left an indelible mark on my heart. His radiant smile, twinkling eyes, and gentle demeanor

hardly 15-20 devotees. When I asked him what he had asked Swami during those visits, his response was humility personified: "I asked nothing!" This selflessness and lack of expectation were a hallmark of his remarkable life.

As I prepared to leave, I asked him what message he would like to convey to people like me. His response, once again, was a testament to his wisdom: "Nothing!" In that moment, I realized that sometimes the most profound messages are those that are unspoken.

As I reflect on our meeting, I am filled with gratitude for the lessons he imparted. His son, Sri Gowra Prasad, later shared with me the joy that our interaction had brought to their family, and I was humbled to have played a small part in creating those precious moments.

As we bid farewell to this extraordinary soul, we honor his legacy by embracing the values he embodied: joy, contentment, selflessness, and detachment. May his life serve as a beacon of inspiration, guiding us to live our lives with purpose, simplicity, and love.

May the divine energies guide his soul on its onward journey, and may his love, light, and wisdom continue to inspire us all. -

**Balachandra, Founder,  
abhaya Foundation**



## Tribute to My Beloved Mentor, Sai SoulDear Dr. Nalabala Anjanaiah M.A., Ph.D.,



I bid a heartfelt farewell to my revered mentor, Dr. Nalabala Anjanaiah, who breathed his last at the age of 90. His passing marks the end of an era, but his legacy will continue to inspire me and countless others.

I am forever grateful to Bhagawan Sri Sathya Sai Baba, who brought Dr. Anjanaiah into my life. He was instrumental in transforming my life and helping me discover my purpose.

Dr. Anjanaiah was a true SoulDear of Sai, and his life was a testament to the power of love, compassion, and selfless service. He embodied the values of Sai and inspired countless others to follow in his footsteps.

As my mentor, Dr. Anjanaiah gave me everything I needed to grow and thrive. He provided me with food, cloth, money, and morale, nurturing me like a father. His guidance, wisdom, and unwavering support helped shape me into the person I am today.

Throughout his life, Dr. Anjanaiah dedicated himself to serving humanity through the Sri Sathya Sai Seva Organisation, India. Even in his later years, when he lost his sight, his spirit remained unbroken, and he continued to inspire others with his wisdom and experience.

As he merges with Sai, I am filled with a sense of gratitude and reverence for this remarkable SoulDear. His life was a blessing to all who knew him, and his legacy will continue to inspire generations to come.

Please find a brief video tribute to Dr. Anjanaiah below:  
<https://youtu.be/mLYjLluyN10?si=Lb0oKha9nuZgudOR>

Praying Baba to lovingly welcome HIS SoulDear Dr. Anjanaiah at heavens. Here his love, guidance, and wisdom will never be forgotten by all of us in Sai Fraternity.

You can also download Sathya Spurthi containing brief notes on SoulDeards whom we lost in the last decade.  
( [https://abhayafoundation.org/Abhaya\\_Publications.aspx](https://abhayafoundation.org/Abhaya_Publications.aspx) )



# LOOKING FOR CHANGEMAKERS

Let's Unleash the Changemaker Within! Join the abhaya Movement! We're seeking 10 Dynamic Young Men (20-25 yrs) to empower India's future!

**Share your passion, skills & vision:**

<https://forms.gle/pUQf8MTpg3f8s2p99>

Selected SoulDears will receive:

Comprehensive support, Mentorship, Stipend and Leadership roles at abhaya

**APPLY NOW**

Don't miss this life-changing opportunity! Share with individuals who want to live & lead with a difference.

**With Love: Balachandra**

**Let's shape India's tomorrow, today!**



“

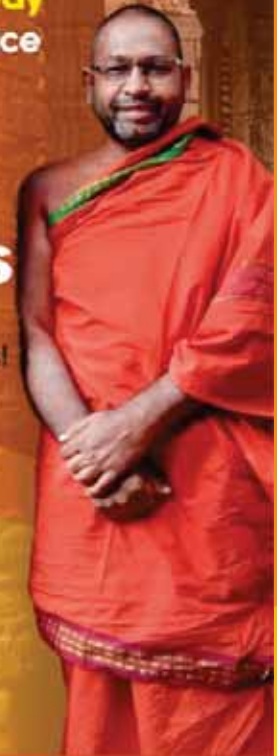
Give me ten genuine, young men,  
and I will change the face of India  
- Swami Vivekananda



**Celebrating National Youth Day  
and 18 Years of Selfless Service**

**Looking for  
Passionate  
Changemakers**

Join us in empowering the next  
generation of Leaders, our SoulDears!



## Are You Ready to Transform India?

We're looking for **10 dynamic young men** (20-25 years)  
who share our vision of creating a brighter future for India.

## Passionate About:

- Selfless work
- Making a difference
- Growing spiritually
- Serving the needy
- Developing skills
- Intellectual pursuits

## Join Our SoulDears Team to receive:

- Comprehensive support for personal growth
- Leadership development and mentorship
- Impactful projects that transform lives
- Monthly stipend for living expenses

## Our Expectations:

- Good character and habits
- Strong will to transform India
- Commitment to personal growth

## Take the First Step!

Share your brief details with us.  
We'll schedule a personal meeting.



## About "abhaya FOUNDATION"

- 18 years of selfless service impacting million+ people
- Education, Empowerment and Enlightenment
- Five centers across three states and 100+ volunteers
- Supported by 100+ corporates and partnered with 100+ NGOs

## Let's Transform India Together!

With Love & Life for the Country

Balachandra





85. ఆ.వె॥ మధుర జ్ఞాపకాలే మనిషి కాత్మ బలము ।  
బాధలెల్ల బాపు బలము నిచ్చు ॥  
గడచి నాపదలెల్ల గంభీర సుఖమేర ।  
వినుర బాల చంద్ర వినయ సాంద్ర ॥

**భావం :** మధుర స్మృతులు బ్రతుకుపై ప్రీతిమ బెంచి,  
వర్తమానములోని అపదలను దాటే సోపా  
నాలవుతాయి. గడిచిన అపదలు మనలో  
ఆత్మవిశ్వాసాన్ని పెంచుతాయి.



86. ఆ.వె॥ కోరిక బ్రతికించు కొన్నాళ్ళు కొన్నేళ్ళు ।  
అశబ్రతుక జేయునంతువరకు ॥  
అశయమొకటేర యమరత్న మిచ్చేది ।  
వినుర బాల చంద్ర వినయ సాంద్ర ॥

**భావం :** కోరికలు కోరేడి వయస్సు  
తీరేడి వరకు బ్రతికిస్తే ఆశలు  
వయస్సు తీరే వరకు బ్రతికిస్తాయి.  
కాని ఆశయాలూ చచ్చినా  
బ్రతికిస్తాయి.



## for abhaya Donors

As per the new amendments in FCRA act, **abhaya** has opened a new current account at **SBI, New Delhi branch for Foreign Contributions.**

All **Indian Donations** must be through **Axis Bank / State Bank of India**

**Please do not deposit / transfer Indian Donations in / to State Bank, FCRA Account**

Quote Name, Nationality, Phone, Address, E-Mail & PAN while sending contributions



**abhaya**  
R **FOUNDATION**

Central Office:  
abhaya, 502  
Vipanchi Residency  
Masab Tank  
Kahirathabad  
Hyderabad -028



**Foreign Donors**



|                      |  |  |   |   |  |
|----------------------|--|--|---|---|--|
| <b>Beneficiary :</b> | abhaya FOUNDATION  | abhaya FOUNDATION (General)  | abhaya FOUNDATION (Corpus)  | abhaya Home of Happiness  | abhaya FOUNDATION FCRA Account   |
| <b>Account No :</b>  | 33292038898  | 910010042902046  | 920010070298534   | 912010024839320   | 40101299440  |
| <b>MICR Code :</b>   | 500002074  | 500211002  | 500211002   | 500211002   | Swift Code:  |
| <b>IFS Code :</b>    | SBIN0004155  | UTIB0000008  | UTIB0000008   | UTIB0000008   | SBININBB104  |
| <b>Bank :</b>        | State Bank of India  | AXIS Bank Ltd  | AXIS Bank Ltd   | AXIS Bank Ltd   | SBIN0000691  |
| <b>Address :</b>     | Plot No. 1272<br>Road No. 63A<br>SPL PBB, Jubilee Hills<br>Hyderabad | 6-3-879/9/B, 1Floor<br>G. Pulla Reddy Bldg<br>Green Lands<br>Begumpet Road<br>Hyderabad - 500016 | 6-3-879/9/B, I Floor<br>G. Pulla Reddy Bldg<br>Green Lands<br>Begumpet Road<br>Hyderabad - 500016 | 6-3-879/9/B, I Floor<br>G. Pulla Reddy Bldg<br>Green Lands<br>Begumpet Road | State Bank of India<br>FCRA Cell, SBI<br>New Delhi Main Brach,<br>II Sansad Marg |